

IN MENTAL HEALTH

AGENDA | MAY 16

- 9:00 – 10:00 am** Check-in/Vendors
10:00 – 10:10 am Welcome
10:15 – 11:30 am **Introduction to Attachment Based Family Therapy** **1.25 CE**

Samantha Quigneaux, LMFT
National Director of Family Therapy Services
Newport Healthcare

This presentation will review the theory and clinical strategies of Attachment Based Family Therapy (ABFT). The model is organized by five treatment tasks that provide an organized yet flexible road map to facilitate the repairing of interpersonal ruptures that have damaged interpersonal trust. This presentation will encourage participants to both consider and conceptualize family dynamics in the treatment process.

- 11:30 – 11:45 am** Break/Vendors
11:45am – 1:00 pm **How to Navigate the Community Mental Health System** **1.25 CE**

Marianne Huff, LMSW
President & CEO
Mental Health Association in Michigan (MHAM)

Here we will discuss in detail how to navigate the community mental health system. Marianne is a former Michigan CMH Director and will walk attendees through in-depth steps to access the system. Attendees can ask questions and receive real answers on how to best help clients and family members.

- 1:00 – 2:00 pm** Lunch/Vendors
2:00 – 3:15 pm **Ketamine Therapy: A New Horizon in Behavioral Health** **1.25 CE**

Jessie Elliott
Community Liaison/Business Development
Mind Reset, the Ketamine Clinic

Ms. Elliot will speak to the controversial topic of Ketamine therapy. She will help attendees understand ketamine's mechanism of action, recognize benefits, identify appropriate candidates, discuss administrative protocol, evaluate evidence, consider ethical implications, plan for integration, and promote informed consent.

- 3:15 – 3:30 pm** **Q&A** **.25 CE**

Marianne Huff, LMSW
MHAM