

# Ecopsychology

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Ecopsychology is an educative approach to understanding that the same ecological processes of energy, multiplicity, cycling materials, change, relationship, decay and renewal that affect complex narratives and behaviors of Earth affect the complexity of narratives and behaviors of human ecosystems.

We live with a planet that acts upon us as much as we act upon it, which requires humans to examine the narratives underpinning destructive practices.

Ecological psychology develops the ethics, capacities, and skills necessary to effectively transform narratives resulting in disparaging practices.



## Contact VGI

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email: [viridis@viridis.edu](mailto:viridis@viridis.edu)

(011) 805-889-0169

[www.viridis.edu](http://www.viridis.edu)

Ecopsychology can be applied in diverse professions: education, business & corporate management, sustainability administration, energy & land management industries, environmental and social organizations, community & civic leadership, city planning, coaching, environmental grief counseling & clinical practice. Graduates practice as non-licensed ecopsychologists, ecological sociologists, social or cultural ecologists, and environmental ecopsychologists.

Viridis Graduate Institute is accredited by the Distance Education Accrediting Commission (DEAC). DEAC is listed by the U.S. Department of Education as a recognized accrediting agency and by the Council for Higher Education Accreditation (CHEA).

Viridis Graduate Institute is in special consultative status with the United Nation's Economic and Social Council (ECOSOC) since 2015.

*Change the narrative -  
change the practice.*

# Viridis Graduate Institute

Ecopsychology and  
Environmental Humanities



*Ecology and psychology contain  
bewildering and wonderful  
alliances, unknowns, infinite  
possibilities and opportunities.  
Let's explore!*

-Lori Pye

# VGI Mission

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Viridis Graduate Institute, a non-profit, distance-learning institution, offers a distinctive education in ecopsychology and environmental humanities designed to prepare graduates with professional skills and collaborative competence needed to respond ethically and creatively to the challenging problems affecting the world.

*If one understands the workings of the world, one can understand the workings of humankind.*

- Paracelsus



## OVERVIEW OF PROGRAMS

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### Degree Programs

#### **Master of Arts in Social Science with Emphasis in Ecopsychology & Environmental Humanities**

2-year, 54 quarter credit program.

The MA.Soc.Sc is application focused and prepares students with ecological knowledge, psychological capacities, and communication skills necessary to facilitate change in human systems.

#### **Doctor of Arts in Ecopsychology & Environmental Humanities**

3-year, 90 quarter credit program.

This is a terminal degree that offers advanced ecological and psychological knowledge, research and communication skills, and applications for ecopsychology in professional practice.

## NON-DEGREE PROGRAMS

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### **Ecopsychology Intensives**

Intensives offer an ecological psychological education with practical and creative applications necessary to transform detrimental narratives and their practices for daily life, communities, business, industries, and professions. Course Offerings:

- Ecopsychology Intensive for educators and coaches.
- Ecopsychology Intensive for business executives, sustainability directors and managers.
- Ecopsychology Intensive for environmental grief counselors, therapists, clinicians.

## LEARNING OUTCOMES

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- Adaptive Leadership, Aesthetic Sensibility, Ecopsychological Knowledge
- Communication Competence, Creative & Critical Thinking, Ecopsychological Sensibility
- Ecological Ethics, Motivation for Lifelong Learning, Personal & Professional Identity

### **Distance Education**

VGI excels in distance education, bringing students and faculty from around the world in synchronous real-time classrooms via Zoom technology.

