

## Nine Secrets of Healthy Relationships

### Goodness – Part Seven

**Galatians 5:22-23 (NLT)** <sup>22</sup> But when the Holy Spirit controls our lives, he will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, and self-control. Here there is no conflict with the law.

#### Ancient Philosophies Concerning Goodness

**HAPPINESS:** Good is the experience of pleasure and the eradication of pain.

**EDUCATION:** Good is the acquisition of knowledge and the eradication of ignorance.

**DEMOCRACY:** Good is the greatest benefit for the greatest number.

**MATERIALISM:** Good is having goods!

- Each of these philosophies shares a common error – the idea that man on his own can choose **what is good for him!**

- The Bible teaches that people are not born good, but with a **sin nature**.

**Psalm 51:5** Behold, I was shapen in iniquity; and in sin did my mother conceive me.

- The Bible teaches that each person ultimately **chooses** their behavior, and bears the consequences!

**Romans 6:16 (NLT)** Don't you realize that whatever you choose to obey becomes your master? You can choose sin, which leads to death, or you can choose to obey God and receive his approval.

- The Bible teaches us that we have no **power** in ourselves to choose the right behavior, even if we want to!

**Romans 7:18-19 (NLT)** <sup>18</sup> I know I am rotten through and through so far as my old sinful nature is concerned. No matter which way I turn, I can't make myself do right. I want to, but I can't. <sup>19</sup> When I want to do good, I don't. And when I try not to do wrong, I do it anyway.

**Mark 10:17-18** <sup>17</sup> And when he was gone forth into the way, there came one running, and kneeled to him, and asked him, Good Master, what shall I do that I may inherit eternal life? <sup>18</sup> And Jesus said unto him, Why callest thou me good? there is none good but one, that is, God.

- We don't "get good to get God," we "**get God to get good!**"

**The Greek word for "goodness" is the word "agathosune."** It is a rare word that combines BEING good and DOING good. It means goodness that originates in our heart but manifests itself in our actions. It literally means, "to be godlike."

- Our most accurate modern word for "goodness" would be the word "wholeness," or "**INTEGRITY**."

- **INTEGRITY** is a decision to integrate my heart's values into **my daily living**.

**Proverbs 28:6** Better is the poor who walks in his integrity than one perverse in his ways, though he be rich.

**1 Chronicles 29:17a (NLT)** I know, my God, that you examine our hearts and rejoice when you find integrity there.

**Matthew 6:1 (NLT)** Take care! Don't do your good deeds publicly, to be admired, because then you will lose the reward from your Father in heaven.

**1 Samuel 16:7b (NLT)** People judge by outward appearance, but the Lord looks at a person's thoughts and intentions.

**Romans 12:9 (CEV)** Be sincere in your love for others. Hate everything that is evil and hold tight to everything that is good.

**Romans 12:21 (NKJV)** Do not be overcome by evil, but overcome evil with good.

- The only way you can beat the devil is to be the same in **private** as you are in public.