



Swift Transitions: Anticipating, Welcoming, and Celebrating the Moves of God

I Changed My Mind Session #5 – October 17, 2024

Life teaches us that new experiences, engaging with people from diverse backgrounds, learning new cultures, and becoming more knowledgeable all contribute to a person's ability and willingness to think differently. Our capacity to deal with this transition is greatly enhanced when we take the Bible as our guide. Changing how or what we think means unsettling matters that were presumably settled. While that may expose certain "issues" along the way, following Jesus sometimes requires pruning and refining as we grow and become.

Together, let's consider a few realities that can help us process the fact that our way(s) of thinking is subject to change.

The fact of a changed mind:

The fallout from a changed mind:

The fruit of a changed mind:

Have you had the experience of a changed mind? If so, what was the change? What prompted the change to begin? How did you recognize that the change occurred?



Matthew 5:21-48

The journey to new ways of thinking

As we read, note the aspects of changed thinking that can help us anticipate, welcome, and celebrate the idea that transition means changing how we think and act on our thoughts.

- 21-26: _____
- 27-30: _____
- 31-32: _____
- 33-37: _____
- 38-42: _____
- 43-48: _____

Strategies for navigating the journey of a changed mind

The “Sermon on the Mount” is a Christian call to exceed base standards of behavior. Jesus calls disciples to act counterculturally to reflect God in the world. This starts with a changed mind.

1. **Trust Jesus.** Jesus is the authority upon which our thinking is subject to change.

2. **Hang in there.** Christian ethics can include a conflict between comfort and calling.

3. **It’s bigger than “this”.** Jesus has higher and holier expectations for following Him.

4. **Think theologically.** God’s glory is the ultimate objective

NOTES: _____

God-honoring ways to view transitions of thought

What biblical principles and precepts exist to help us anticipate that our ways of thinking are subject to change and that we can welcome and celebrate these changes?

- Job 42:1-6: _____
- Proverbs 4:7: _____
- Romans 12:2: _____
- Philippians 4:6-9: _____