



**WORD FOR LIFE CHURCH MINISTRIES**

IN CHRIST: BELIEVING AND LIVING BECAUSE OF JESUS  
*a study of Ephesians*

Spring 2024

Rev. Larrin Robertson  
Pastor-Teacher



## Ephesians 6:1-24

### In Christ: Believing and Living Because of Jesus

Chapter 6 continues the household codes from Chapter 5. Added to these codes is the admonition to remain in Christ by practicing spiritual disciplines and faithful unity. The addition of the final portion of the letter indicates that when it comes to practically applying Christian faith, believers must learn to trust the Spirit who is within them to bring out the best in them.

**Theme:** Disciplined Christian living. What it takes to demonstrate faith in our various relationships.

**Reflection Questions:** When have you found it most difficult to demonstrate Christ-like character in your relationships? How have you grown in your practice of spiritual disciplines? In what ways are you still developing stronger practices of discipline?

### Lesson Outline

#### I. Instructions for Christian Households, Pt. 2 (Ephesians 6:1-9)

The underlying principle is that Christian relationships—familial and otherwise—should reflect the honor and glory we give to God.

##### A. Relationship between Children and Parents (Ephesians 6:1-4)

In a culture that holds “honor” in high esteem, it is significant that notions of honor are applicable to home life. Note that the idea of honor is best seen where it is mutually given; though in different ways.

1. A commandment to live by (*Exodus 20:12; Deuteronomy 5:16*) \_\_\_\_\_

\_\_\_\_\_

2. A promise to receive \_\_\_\_\_

\_\_\_\_\_

3. A future to cultivate (*Colossians 3:20-21*) \_\_\_\_\_

\_\_\_\_\_

##### B. Relationship between Slaves and Masters (Ephesians 6:5-9)

As with family relationships, “honor” is a two-way street even when considering the relationship between the slave/servant and the master. This is best seen under the light of one’s relationship with God through Christ.

1. Serve with \_\_\_\_\_: \_\_\_\_\_

\_\_\_\_\_



2. Serve with \_\_\_\_\_: \_\_\_\_\_  
\_\_\_\_\_

3. Serve with \_\_\_\_\_: \_\_\_\_\_  
\_\_\_\_\_

NOTES: \_\_\_\_\_  
\_\_\_\_\_

## II. Instructions for Christian Spiritual Warfare (Ephesians 6:10-20)

As the letter nears its end, the issue of divine power (from 1:19-21) resurfaces. This is no coincidence. It seems that the ways God has given believers to coexist will be put to the test. In God's wisdom, however, when testing time arrives, believers who practice spiritual discipline can emerge in victory.

### A. Reasons for spiritual discipline (Ephesians 6:10-13)

1. Immersion in the \_\_\_\_\_ will prepare you to withstand. \_\_\_\_\_  
\_\_\_\_\_

2. Attention to the \_\_\_\_\_ will enable spiritual insight. \_\_\_\_\_  
\_\_\_\_\_

3. Intention will lead to your \_\_\_\_\_. \_\_\_\_\_  
\_\_\_\_\_

### B. Exercise of spiritual discipline (Ephesians 6:14-20)

1. The belt of truth: \_\_\_\_\_  
\_\_\_\_\_

2. The breastplate of righteousness: \_\_\_\_\_  
\_\_\_\_\_

3. The gospel of peace: \_\_\_\_\_  
\_\_\_\_\_

4. The shield of faith: \_\_\_\_\_  
\_\_\_\_\_

5. The helmet of salvation: \_\_\_\_\_  
\_\_\_\_\_

6. The sword of the Spirit: \_\_\_\_\_  
\_\_\_\_\_



7. Prayer: \_\_\_\_\_

- a. Constant, Consistent, Commitment
- b. Intercession, Intention

NOTES: \_\_\_\_\_

\_\_\_\_\_

III. **Instructions for Christian Continuation** (Ephesians 6:21-24)

More than a simple conclusion of a letter, these verses offer a few principles by which Christians in community with one another can find the strength to remain connected to each other and committed to Jesus.

A. Be \_\_\_\_\_ by the welfare of others: \_\_\_\_\_

\_\_\_\_\_

B. Be at \_\_\_\_\_ in your union with each other: \_\_\_\_\_

\_\_\_\_\_

C. Be \_\_\_\_\_ to Jesus Christ: \_\_\_\_\_

\_\_\_\_\_

NOTES: \_\_\_\_\_

\_\_\_\_\_