

Practicing the Way

Challenge Guide

Scripture

Daily

- Take twenty minutes. Choose a passage of scripture 3-5 verses in length. Read the passage slowly and then pause for prayer. Read it again out loud and pause. Read it slowly a third time and pray.
- Choose a significant or meaningful verse to commit to memory today. Throughout the day, take small breaks or pauses to recite and repeat the verse out loud. Before you end your day repeat it once more aloud.

Weekly

- Begin each day of your week with the twenty minute practice described above. Pay careful attention to words or phrases in the scripture that stand out to you.
- Choose a Psalm to memorize. Break it up into 5-7 chunks and then memorize one section after another until, by the end of the week, you can recite the entire Psalm by memory.

Seasonally

- Commit to the careful study of a particular book of the Bible. Invite a friend or your LifeGroup to join you in your study.
- Choose a letter in the New Testament to memorize. Create a plan to commit the whole letter to memory over the course of 4-6 weeks.