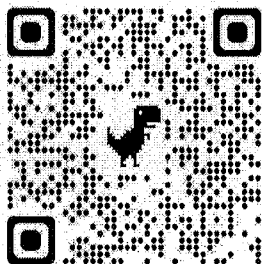


Step 1- Extent Local Wellness Policy Complies with USDA Requirements and Compares to a Model Policy Tracking Tool

Component	Description
<p>Select the Tool used for model LSWP comparison, upload the assessment in your folder: If another tool was used, list it here.</p>	<ul style="list-style-type: none"> • <u>Alliance for a Healthier Generation 10-step Checklist</u> • <u>The WellSAT 3.0 School Assessment Tool</u>
<p>Areas of Strength:</p>	<p>1. Goals for nutrition education for all grade levels are included within the Wellness policy.</p> <p>2. Provide recess for all grade levels with recess before lunch for all except K&1 due to scheduling conflicts.</p> <p>3. Provide learning opportunities in social and mental well-being.</p>
<p>Opportunities for Improvement</p>	<p>1. Further build upon nutrition education for grades 6-8</p> <p>2. Review all opportunities for increased physical activity throughout the school day.</p> <p>Update Wellness Policy to specifically address student well-being.</p>
<p>As a result of the comparison, was new language adopted in the LSWP?</p>	<p><input type="checkbox"/> Yes</p> <p><input checked="" type="checkbox"/> No</p>
<p>If yes, briefly describe what was adopted (include page numbers for new language if possible),</p>	<p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>

Component	Description
Have the changes been approved by the school board?	
Describe the next steps for strengthening your LSWP.	School Wellness Committee and Administration need to review the results of the comparison and work together to further implement wellness goals.

[Return to triennial assessment document](#)



Discussion/Notes:

Step #2: Progress in Reaching LSWP Goals Template

(make a copy for your own use)

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p><i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i></p>			
<p>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal</p>	Partially	<p>Pre-K are taught about being healthy all year especially during the "I am Special" theme week. K-2 have nutrition packets as well as activities in PE, Good Dental health and taking care of the bodies that God has given us by exercising, eating healthy and appropriate rest. Grades 3-5 have nutrition assignments on google classroom and 4th grade is taught the body systems and 5 food groups.</p>	
<p>2. Physical Activity Goal(s)- record goal</p>	Yes	<p>Provide recess before lunch for all grades except K&1 due to scheduling conflicts. Provide recess for all grades. 6th grade PE has unit on Health related physical activity and Fitness. Students grades 6-8 move every 30-40 minutes each day to change class.</p>	
<p>3. Other student wellness Goal(s)- record goal, this is often where goals to</p>	Yes	<p>Have School Counselor on site all days for all grade levels. Collaborate ith Catholic Charities for an additional Counselor</p>	

Nebraska Department of Education, Office of Coordinated Student Support Services

Adapted from the Let's Eat Healthy Program resources

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<i>support SEL and Mental health or staff wellness could be included</i>		1x/week. All students grades K-8 receive drug/alcohol/poisons education annually. Grades 2-4 receive education regarding healthy and unhealthy food choices including body movement. Grades 6-8 are provided education regarding their social and emotional well-being, online safety and social footprint.	
Additional Goal(s) <i>Add more rows as needed</i>			

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jessie.coffey@nebraska.gov

Step #3- Extent of Compliance for All Schools with the LSWP

(Make a copy for your use)

Policy Area** (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
Nutrition Education/Promotion Goal(s)		1	
Physical Activity Goal(s)			1
Other Student Wellness Goal(s)			1
Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance**			
Federal/State Meal Standards are Met			1
Foods Offered but Not Sold to Students Standards		1	
Food and Beverage Marketing (SMART Snacks regulations- ala carte and vending, food sales during the school day)			1

***If any of these requirements are not met, you will need to address how you will meet these requirements moving forward as part of the Triennial Assessment summary and how the summary is made available to the public.*

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement- how was the public included in LWP development? (parents, community members, etc.)	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Public Notification- how are you notifying the public about your assessment results?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

District LSWP Components	For the components below, indicate whether the district is in compliance.
Triennial Assessment- is this posted publicly? Provide the link	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

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Questions, contact: jessie.coffey@nebraska.gov

Step #4: Sharing Your Triennial Summary Results

Triennial Assessment Report to the Public (Public Notification is Required)

The summary should address both 1) any missing requirements from your local wellness policy noted in Step #1 and how you will review your policy to address the missing elements, and 2) a summary of how you met the three goals included in your wellness policy.

Target Audience(s)	Method	Date
Parents of students	School Virtual Backpack School Website	Planned for May, 2024
General Public	School Website	Planned for May 2024
School Board	Presentation during Meeting	Planned for April 2024 School Board Meeting
Link to the district website to meet the public notification requirement		

Example Process to Notify the Public

Target Audience(s)	Method	Date
Parents/Caregivers, teachers, community partners	School Newsletter	5/30/2022
District School Board	Presentation during School Board meeting	6/1/2022
Community Partners	Presentation during District Wellness Committee meeting	5/25/2022
Parents/Caregivers	Presentation during Open House event	5/25/2022