

Events

Friday

- 6 p.m. Check-in begins
7 p.m. Worship / Session 1

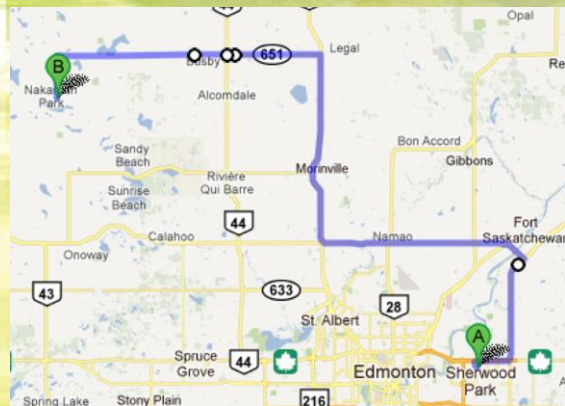
Saturday

- 8:30 a.m. Breakfast
9:30 a.m. Worship / Session 2
12:30 p.m. Lunch
Afternoon Free Time &
Optional Activities
5 p.m. Dinner
6 p.m. Worship / Session 3

Sunday

- 8:30 a.m. Breakfast
10:00 a.m. Worship / Session 4
12:15 p.m. Lunch
1:30 p.m. Leave camp

Map to Nakamun



From Heartland: (1 hour 30 minutes)

1. Head East on Highway 16
2. Take exit to go North on Highway 21
3. Turn left onto Highway 15 in Ft. Sask.
4. Turn right onto Highway 37 (West)
5. Turn right onto Highway 2 (North)
6. Turn left at Legal on 651 (West)
7. Turn left onto RR 22 (South)
8. Camp is on the right after 6 KM



132-2257 Premier Way
Sherwood Park, AB, T8H 2M8
www.heartlandalliance.ca

Satisfied



Finding God Moment by Moment

Heartland Women's Retreat

March 30 to April 1, 2012

*Come join us for a time of
renewal and reflection.*

Sandy Cooper



Guest Speaker

Sandy Cooper is a freelance writer, Bible study teacher and author of her personal blog, *God Speaks Today* (www.godspeakstoday.net). Her passion is to encourage women to live a life of balance through intimacy with God and hearing His voice in everyday life. Her greatest accomplishments include surviving the death of her 9-month-old son, surviving a seven-year battle with clinical depression, and finding a laundry system that actually works (the search for which may or may not have contributed to the depression). She lives in Louisville, Kentucky with her husband Jon and her three children Rebekah (12), Elijah (10) and Elliana (5).

Jeremiah 29:13

You will search for me. And when you search for me with all your heart, you will find me!

Come away with us and learn what it means to be satisfied with God. We will discover together how to experience God moment by moment. In four sessions, Sandy will share her heart with us. There will also be time to relax, go for a walk or a swim, enjoy each other's company, or simply spend some time alone with God.

As women, we are constantly giving. This weekend is about giving back to you and renewing your love for God. Take this time for yourself. "You are worth it!" (God speaking, not L'Oreal).

We will be staying at Camp Nakamun and meeting there on Friday, March 30 at 6:00 and will return home after lunch on Sunday.

Contact People:

Tyler Rowan - 780-570-0223 or
etrowan@shaw.ca

Kelly Stoski - 780-416-6397 or
kstoski@hotmail.com

The Details

Dates: March 30 – April 1, 2012

Where: Camp Nakamun



Cost: \$145 (registration deadline is March 10, 2012)

Includes:

- 2 nights accommodation (4 bunks per room)
- 5 meals - Friday evening meal is not provided

**Please advise if you have dietary restrictions or allergies.*

To Bring: Own bedding (pillow, flat sheet, blanket or sleeping bag) towels, swimsuit (if swimming), personal items, Bible, pen and notebook.

If the fee is a deterrent, sponsorship is available.