The Four Personality Temperaments Check-List

STRENGTHS	WEEKNESSES
A Delegator	A person with Tunnel Vision
A Fun Lover	Aggressive
A Planner	Appears Authentic
A Problem Solver	Argumentative
A Steady & Faithful Friend	
Accepting	Chronically Late
Affectionate	Compromising
Ambitious	Compulsive Talker
Apologizes Quickly	
	Deeply Affected by Tragedy
Cautious	Demands loyalty
Charismatic	Difficult to Please
Confident	Discontent with Themselves and Others
Confident	Discouraged by Failures
Considerate	Discouraging
Consistent	Doesn't like Change
Content with Themselves	Domineering
Curious	
Curious	Easily Distracted
	Exaggerates
Detailed	
Diplomatic	Forgetful
Easily makes friends	Gets bored easily with dull task
Efficient	
Excessive Planner	Impatient
	Impulsive
Focused	Indecisive
	Inflexible
Good at Preventing Problems	Intolerant
Great in an Emergency	
	Kind
Highly Creative	
	Loud

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Independent	Low on empathy
Leader like	Non-participative
Lively	Not Goal Oriented
Makes Friends Easily	Obsessive
Motivating	
	Passive & Aggressive
Observant	Perfectionist
Optimistic	Permissive
Organized	Pessimistic
Outgoing	Procrastinates
	Prone to Depression
Passionate	Prone to Moodiness
Peacemaking	Prone to Play the Martyr
Pleasant	
Practical	Relaxed
Preventor of Dull Moments	Rude and Tactless
Quiet & Calm	Sarcastic
B 1	Self -Absorbed
Rational	Shameless
Relaxed	Sometimes a Procrastinator
	Sometimes Shy
Schedule Oriented	Sometimes Too Happy
Sociable	
Spontaneous	Too busy for People
Thoughtful	Unable to relax
	Uncomfortable around emotions
Usually Right	Un-disciplined
	Un-enthusiastic
Warm-hearted	
	Very Cautious