**Church Health and Wellness Director Job Description**

**Position:** Health and Wellness Director
**Reports To:** Senior Pastor / Church Leadership
**Status:** Volunteer or Part-Time

**Position Summary:**

The **Health and Wellness Director** is responsible for developing and overseeing **programs that promote the physical, mental, and emotional well-being** of the church congregation. This role integrates **faith-based principles with health education** to create a holistic approach to wellness, ensuring that church members have access to resources, support, and activities that foster **a healthy lifestyle**.

**Key Responsibilities:**

**1. Health & Wellness Program Development**

* Design and implement **health initiatives, workshops, and events** that educate members on **nutrition, fitness, mental health, and disease prevention**.
* Organize **health screenings, fitness classes, and wellness fairs**.
* Develop a **holistic health curriculum** that incorporates **biblical principles of stewardship over the body** (1 Corinthians 6:19-20).

**2. Medical & Emergency Preparedness**

* Ensure the **church has a fully stocked first aid station** and emergency response plan.
* Coordinate with **church nurses, first responders, and medical professionals** within the congregation.
* Train staff and volunteers in **CPR, first aid, and emergency protocols**.

**3. Mental & Emotional Wellness Support**

* Provide resources and **referrals for counseling services** for members facing mental health challenges.
* Partner with the **pastoral care team** to offer prayer and spiritual encouragement for emotional healing.
* Address **stress management, grief support, and addiction recovery** in wellness programs.

**4. Community Outreach & Partnerships**

* Establish relationships with **local health professionals, clinics, and wellness organizations** to provide additional resources.
* Organize **health-focused community outreach initiatives**, such as food drives, exercise groups, or health literacy programs.
* Advocate for **preventative healthcare measures** within the congregation and local community.

**5. Health Communication & Awareness**

* Develop **health-related newsletters, social media content, and bulletin announcements**.
* Educate members on **current health concerns** and best practices.
* Ensure **church policies align with health guidelines**, especially regarding public health safety.

**Qualifications:**

* Background in **healthcare, wellness coaching, nursing, or public health** (preferred but not required).
* Strong knowledge of **faith-based health principles and biblical stewardship of the body**.
* Excellent **organizational and leadership skills**.
* Ability to **collaborate with church leaders, volunteers, and community organizations**.
* Passion for **helping others achieve holistic well-being**.

**Time Commitment:**

* Attend **church services, leadership meetings, and wellness events** as needed.
* Commit to **ongoing training and staying updated on health trends**.
* Be available for **urgent health-related situations within the church**.

**To Apply:**
If you feel called to serve as the **Health and Wellness Director**, please contact **[Church Office Email]** or speak with **[Senior Pastor / Leadership Team]** for more details.