

**registration**Registration Fee: CAPA members-$60 – Non-members-$85.

Join CAPA by going to www.thecapa.org and click on “forms”.

Deadline for registration is January 18th. Space permitting, registration will be accepted at the door; however, lunch will NOT be provided. Deadline for booking hotel with special rate is January 4th.

Make checks payable to **CAPA** and mail to: Ginger Clark, 4902 Herndon Cir, Colorado Springs, CO 80920. If you have questions, contact Ginger @ 719-661-7855 or email emtclark@aol.com. \*\*\*

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Facility Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Active Member? Yes\_\_\_ or No\_\_\_ Chapter (circle one): Den/Metro Northern NE Southern WS**

**Lunch Options (Check One): Plain\_\_\_Pepperoni\_\_\_Veggie\_\_\_Hawaiian\_\_\_Supreme\_\_\_\_Pizza**

**Cell Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Wk Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-Mail\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

\*\*\* If you wish to pay by Credit Card, go to [www.thecapa.org](http://www.thecapa.org) under “Events” then “NAP Day.” \*\*\*

**Session DescriptionS**

**“Positivity through Adversity”**

**Stephanie Lynn**

**This discussion aims to illuminate the transformative role that a positive perspective can play in enhancing the well-being of residents and care providers alike. Using real-life examples and anecdotes, Stephanie will illustrate how individuals can overcome adverse situations and even thrive!**

**“Creating Custom Care Plans & Resuscitating Resident Council Meetings”**

**Lisa Curtis, AP-BC**

**Create care plans that eliminate stock interventions, review pertinent information, and how to utilize other disciplines to make activity care plans unique. Bonus talk about Resident Council best practices.**

“Through the Eyes of a Former Surveyor”

Tana Dell, LCSW, NHA, QM LCSW

When survey enters your community, it can be very stressful. As a former surveyor, and as a staff member and consultant, Tana has been through more surveys than she can count. However, she will share some recommendations to reduce the stress during the survey process, and will also provide strategies to (hopefully) improve survey outcomes.

**“Harmonizing Care: The Vital Synergy between Act Prof & Clinical Staff”**

**Michelle McParland, NHA, BSW**

Michelle will give you valuable insights as an Administrator about fostering strong connections between activities and clinical teams, ultimately contributing to a more enriched and fulfilling life for your residents. We’re saving the best for last, so plan to stay all day!

**SCHEDULE**

**Friday, January 26, 2024**

8:00am – 8:30am

**Registration & Check-in**

8:30am – 8:45am

**Welcome & Announcements**

8:45am – 10:15am

**“Positivity through Adversity”**

**Stephanie Lynn**

10:15am – 10:30am BREAK

10:30am – 12noon

**“Care Plans & Resident Council Meetings…”**

**Lisa Curtis**

12noon – 12:15pm

**Photo outside**

12:15pm – 12:45pm

**Lunch Provided**

12:45pm – 1:15pm

**Live Auction**

1:15pm – 1:30pm BREAK

1:30pm – 3:00pm

**“Through the Eyes of a Former Surveyor”**

**Tana Dell**

3:00pm – 3:15pm BREAK

3:15pm – 4:45pm

**“Harmonizing Care: The Vital Synergy between the Activity Prof & Clinical Staff”**

**Michelle McParland**

**6 contact hours possible!**

***Have a safe trip home!***

**SSCHEDULE**

**Friday, January 28, 2022**

7:30am - 8:30am

**Registration & Check In**

8:30am - 8:45am

**Welcome & Announcements**

8:45am - 10:15am

**“Wake Up the Fun”**

**Keith Horowitz**

10:15am - 10:30am BREAK

10:30am - 12noon

**“Effective Communications Strategies …”**

**Tom Clark**

12noon - 12:15pm

**Photo outside**

12:15pm – 12:45pm **Lunch Provided**

12:45pm - 1:15pm **Live Auction**

1:15pm - 1:30pm pm BREAK

1:30pm - 3:00pm

“Let’s Dance Activities”

Hollis Taylor & Bright Hawk

3:00pm - 3:15pm BREAK

3:15pm - 4:45pm

“Re-lighting the Fire”

Sarah Snyder

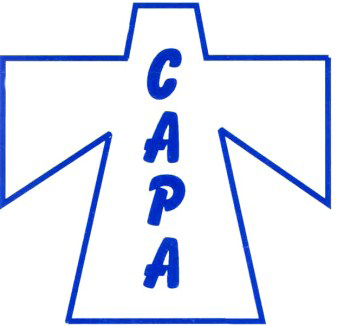
6 contact hours possible

Have a safe trip home!

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Colorado Activity Professionals’ Association

Presents

National Activity Professionals’ Day Workshop



**Sponsored in part by**

**Vivage Beecan Management**

**Friday, January 26, 2024**

**8:00am - 5:00pm**

**Vivage Beecan Management**

12136 W. Bayaud Ave., Suite 200 Lakewood, CO 80228

**Directions to Vivage Beecan Corporate Office:**

I-25 to exit 209 6th Ave going West

Left on Simms St. Continue onto Union Blvd

Right on W Cedar Dr

Right on Urban which becomes Bayaud Ave

Destination on the left

**HAMPTON INN** $104 (King) or $109 (2 Dbls) (plus taxes and fees) includes breakfast

137 Union Blvd., Lakewood, CO 80228; 303-969-9900

Phone reservations can be made by calling 1800 HILTONS & asking for the "**CAPA**" group rate (Group code:CA1)

HOTEL LINK:

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=DENLWHX&groupCode=CHHCA1&arrivaldate=2024-01-25&departuredate=2024-01-26&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

You must book your room by 1/4/24!

**SPEAKER INFORMATION**

**Stephanie Lynn**

Stephanie has been in the senior living world for 14 years and in activities since 2014. She has worked in all care levels, finding ways to enrich lives and help seniors of all stages find joy and purpose in life.

**Lisa Curtis, AP-BC** (Pending Test Score)

Lisa has been in activities since 2016 after going to CO Mesa University and spending some time getting certified as a firefighter. A woman of many talents, she enjoys training people to create the best care plans and calendars for long-term care residents.

**Tana Dell, LCSW, NHA,**

**QM LCSW**

Tana has worked in long-term care for 35+ years working with residents with dementia. She has a Master’s Degree in Social Work from CO State University in Ft. Collins. She is a Licensed Clinical Social Worker in CO and worked as a state surveyor for several years.

**Michelle McParland, NHA, BSW**

Michelle earned her bachelor’s degree in social work from Metropolitan State University of Denver and currently holds a State Administrator’s license. She has spent her entire career working in the healthcare profession. She has a wealth of knowledge and medical ethics and critical health decision-making are just a few of Michelle’s areas of expertise. She is currently the Vice President for Health and Supportive Services at Frasier.

**Colorado Activity Professionals’ Association**

Ginger Clark, Treasurer

4902 Herndon Cir.

Colorado Springs, CO 80920-7048