

**registration**Registration Fee: CAPA members-$60 – Non-members-$85.

Join CAPA by going to www.thecapa.org and click on “forms”.

Deadline for registration is January 17th. Space permitting, registration will be accepted at the door; however, lunch will NOT be provided.

Make checks payable to **CAPA** and mail to: Ginger Clark, 4902 Herndon Cir, Colorado Springs, CO 80920. If you have questions, contact Ginger @ 719-661-7855 or email emtclark@aol.com.

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Active Member? Yes\_\_\_ or No\_\_\_ Chapter (circle one): Den/Metro Northern NE Southern WS**

**Lunch Options (Check One): Turkey\_\_\_Ham\_\_\_Roast Beef\_\_\_Gluten Free\_\_\_Vegetarian\_\_\_\_**

**Hm Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Wk Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-Mail\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

\*\*\* If you wish to pay by Credit Card, go to [www.thecapa.org](http://www.thecapa.org) under “Events” then “NAP Day.” \*\*\*

**Session DescriptionS**

**“Wake Up The Fun!”**

 **Keith Horowitz**

**Learn some unique views of the world with perspectives on everyday living. Join in with trivia from the mid-20th century. Laugh as audience members answer strange interview questions!**

**“Effective Communications Strategies/ Understanding & Responding to Dementia Related Behaviors”**

**Tom Clark**

**Learn to decode behavioral messages, identify**

**common behavior triggers and learn strategies that will effectively help to communicate and intervene with some of the most common behavioral challenges associated with Alzheimer’s and Dementia.**

“Let’s Dance Activities – Transforming Entertainment in Memory Care, Long-term Care & Assisted Living Communities”

Hollis Taylor & Bright Hawk

*Let’s Dance Activities* demonstrates new techniques that can be applied to Activity programs in order to manifest deeper connections and joyful movements resulting in restorative entertainment for your communities.

**“Re-lighting the Fire”**

 **Sarah Snyder ADC**

***Re-lighting the Fire* is an engaging and interactive session ~ it is an open and inclusive conversation with many learning opportunities, topics include: what got you here, out-of-the-box activity ideas, how you market your activity program, emotional intelligence and how the activity department affects the community as a whole.**

**SCHEDULE**

**Friday, January 27, 2023**

7:30am – 8:30am

**Registration & Check-in**

8:30am – 8:45am

**Welcome & Announcements**

8:45am – 10:15am

**“Wake Up the Fun”**

**Keith Horowitz**

10:15am – 10:30am BREAK

10:30am – 12noon

**“Effective Communications Strategies…”**

**Tom Clark**

12noon – 12:15pm

**Photo outside**

12:15pm – 12:45pm

**Lunch Provided**

12:45pm – 1:15pm

**Live Auction**

1:15pm – 1:30pm BREAK

1:30pm – 3:00pm

**“Let’s Dance Activities”**

**Hollis Taylor & Bright Hawk**

3:00pm – 3:15pm BREAK

3:15pm – 4:45pm

**“Re-lighting the Fire”**

**Sarah Snyder**

**6 contact hours possible!**

***Have a safe trip home!***

**SSCHEDULE**

**Friday, January 28, 2022**

7:30am - 8:30am

**Registration & Check In**

8:30am - 8:45am

**Welcome & Announcements**

8:45am - 10:15am

**“Wake Up the Fun”**

 **Keith Horowitz**

10:15am - 10:30am BREAK

10:30am - 12noon

**“Effective Communications Strategies …”**

**Tom Clark**

12noon - 12:15pm

**Photo outside**

12:15pm – 12:45pm **Lunch Provided**

12:45pm - 1:15pm **Live Auction**

1:15pm - 1:30pm pm BREAK

1:30pm - 3:00pm

“Let’s Dance Activities”

 Hollis Taylor & Bright Hawk

3:00pm - 3:15pm BREAK

3:15pm - 4:45pm

“Re-lighting the Fire”

Sarah Snyder

 6 contact hours possible

Have a safe trip home!

## Praesent congue sapiensit amet justo.

Integer egestas orci quis lorem feugiat adipiscing.

Lorem
Ipsum Dolor



Colorado Activity Professionals’ Association

Presents

National Activity Professionals’ Day Workshop



**Sponsored in part by**

**Vivage Management**

**Friday, January 27, 2023**

 **8:00am-5:00pm**

**Vivage Management**

12136 W. Bayaud Ave., Suite 200 Lakewood, CO 80228

**Directions:**

I-25 to exit 209 6th Ave going West

Left on Simms St. Continue onto Union Blvd

Right on W Cedar Dr

Right on Urban which becomes Bayaud Ave

Destination on the left

**HAMPTON INN** $99 includes breakfast

137 Union Blvd., Lakewood, CO 80228

303-969-9900 “CAPA 2023” Block Code CAP

HOTEL LINK:

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=DENLWHX&groupCode=CHHCAP&arrivaldate=2023-01-26&departuredate=2023-01-27&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

**SPEAKER INFORMATION**

**Keith Horowitz**

Keith has the Distinguished Toastmaster Award (highest level of education award) as well as 82 other awards for communication and leadership. He is a member of the NSA Colorado (National Speakers Association). He has been presented over 400 speeches in the past 15 years.

**Tom Clark**

Tom serves as Community Engagement Manager for the Colorado Chapter of the Alzheimer’s Association, focusing on relationship building strategy, and associated program coordination to meet the demand for culturally sensitive education, information, care and support. Tom holds an MA in Environmental Policy with a focus on Social and Environmental Justice Studies from the City University of New York, a BA in Finance from Loyola University.

**Hollis Taylor & Bright Hawk**

Both Hollis Taylor and Bright Hawk serve as co-Presidents and founded the program in 2014. Hollis has worked with people with Dementia, people in wheelchairs and people with special needs. She holds certificates in Trauma Information, Mental Health coaching, Certified Nursing Assistant,Teepa Snow’s Natural approach to Brain Change Training and much more. Bright Hawk is an author and a life-long musician. She holds a certification with Boulder Hospice and has 20+ years experience performing, teaching and leading community drumming and storytelling events.

**Sarah Snyder ADC**

Sarah has worked in Skilled Care communities for eight years and has proven her ability to build a collaborative environment, creating long- lasting relationships by bringing residents, providers, physicians, ancillary staff, families and friends together. She is a CPI trainer and worked closely with CHCA, co-chairing the Activities Council and providing presentations and classes. She is a Certified Activity Director and serves as a company consultant in eight+ communities.

**Colorado Activity Professionals’ Association**

Ginger Clark, Treasurer

4902 Herndon Cir.

Colorado Springs, CO 80920-7048