

CUSTOMIZED MENTAL HEALTH TRAININGS

The Mental Health Association in Michigan (MHAM) has advocated for Michiganders since 1936. We provide education and promote productive conversations around mental health and substance abuse disorders in the legislature. With policymakers, mental health professionals and the general public, we facilitate important discussions that yield deeper understanding about mental health conditions like depression, anxiety, bipolar as well as substance abuse disorders, which have increased significantly across the state in the last four years. Now, we're extending the dialogue to Michigan's workforce.

In response to overwhelming demand, MHAM provides customized mental health and substance abuse education to employers in all industries. Customized virtual and in-person services include:

- Leadership training to handle mental health and substance abuse issues according to health insurance policies.
- Custom, tangible toolkits for leadership.
- Leadership sessions to critically examine and address your organization's pain points.
- Individualized training for leadership, members and volunteers.
- Contracts tailored to the individual needs of your organization.

Partner Testimonials

"The Michigan Association of Broadcasters is a proud partner with the Mental Health Association in Michigan which has consistently provided support and resources, particularly for journalists who are covering some incredibly challenging stories. MHAM President & CEO Marianne Huff and her team bring a strategic, thoughtful approach to training and education initiatives that benefit people who need support connect and identify ways to seek help. The commitment of MHAM to move the conversation of mental health in Michigan forward and back it up with action is an invaluable resource not only for the broadcast community we represent, but the entire state."

— Sam Klemet, President & CEO

Michigan Association of Broadcasters

"Grateful for the custom education MHAM has provided to our leadership and apprentices. We appreciate and value our members and sometimes we're required to have tough conversations. MHAM was able to give us specific mental health resources and how to facilitate necessary interaction with role playing and possible scenarios. Their ongoing training enables our apprentices to be better prepared for mental health and substance use issues that may come in life."

— Price Dobernack, Business Manager

United Association of Plumbers and Pipefitters

Local Union 333