



MHIA
Mental Health Association
in Michigan

2022 ANNUAL REPORT

TABLE OF CONTENTS

From the President & CEO.....	4-5
What We Do.....	6
Year in Review.....	7
Education.....	8-13
Financials.....	14
Board of Directors.....	15





What We Do

MHAM is the state's oldest non-profit organization and the only statewide, non governmental agency concerned with the broad spectrum of mental illness across all age groups. The Mental Health Association in Michigan's mission is to promote quality mental health and substance use disorder supports and services and the availability of mental health treatment through advocacy and education.

MHAM has worked to expand and protect the rights of people with mental health conditions and improve the systems that serve them. We know effective policies are only created when all stakeholders play a part in the process, so we advocate to make sure mental health is always a part of the conversation.

MHAM's vision is for equality, rights, the fair treatment and maximum quality of life for all those affected by mental illness, their carers, family and friends. As one of the most recognized advocacy organizations for people living with mental illness in the state of Michigan, we are well placed to make a direct impact on the care people receive.

But we have a much larger vision too – to transform at every level the way our state and nation approaches mental illness. Every year, our diverse range of information and support helps tens of thousands of people get through crises, live independently and feel that they do not have to face mental illness alone.

MHAM's primary role is to act as the "eyes and ears" for its constituents regarding state and/or national public policy initiatives that may negatively or positively impact their interests. MHAM's mission is to ensure that those individuals who are affected by public policy changes have a "seat at the table".

Additionally, we work with many partners to host and publicize webinars that bring public health information to as many people as possible. In these free 60-minute webinars, people will learn strategies that can be implemented to promote mental health and receive practical expert advice for themselves and their family members who may be struggling with different mental health challenges. The expert panel will discuss how to help overcome the stigma associated with mental illness, share practical solutions that can help us improve our mental health, and share the best resources available on the topic.

One of MHAM's priorities is to bring more programming services to constituents that provide information and coping strategies around common struggles that affect mental health.



Year In Review

MHAM continued to advocate for State policies that adopt evidence-based models of physical and behavioral health integration. The Mental Health Association in Michigan supports the notion that care for the body and the mind should be addressed equitably and in a holistic way. MHAM endorses the idea that the body and the mind are not separate entities and one impacts the other and vice versa. There is no way to divorce the body from the mind. The question is not "whether to integrate care or not." It is about "how" to accomplish this goal most effectively.

MHAM worked with a group of parents to create an advocacy group called, "Advocates for Mental Health of MI Youth," to assist families who are struggling to obtain mental health services for their children. The Facebook group, which was created by three parents of children with serious emotional disturbance (SED), garnered over 70 members in less than 30 days. MHAM worked collaboratively with the families to educate them about the public and private mental health systems and to help them advocate for appropriate mental health services for their children.

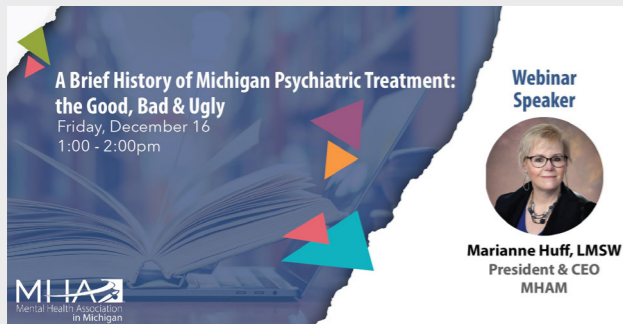
MHAM partnered with Mariners Inn to present the "Tee Off for Recovery" golf outing to raise funds and awareness of each organization's mission and build an effective relationship between two established organizations and accelerate a more innovative and effective partnership moving forward.

In June, MHAM gave testimony before the House Health Policy Committee in support of three mental health parity bills (HB 6137-6139) sponsored by Rep. Mary Whiteford, Rep. Julie Calley and Rep. Tommy Brann. MHAM worked collaboratively with the Michigan Psychiatric Society on this bill package, which only asks the Department of Insurance and Finance provide the oversight regarding the federal parity law as required and asks insurers be required to submit their self-analysis of compliance with the federal parity law to the Department of Insurance and Finance (DIFS) on a yearly basis.

MHAM developed a mental health education training program for employers designed to assist and support their employees in developing healthy ways to cope with the stress and secondary trauma they may encounter in their jobs. These trainings increase awareness of and sensitivity to the needs of individuals with or at risk for mental illnesses and/or suicide. It provides tools to recognize when someone needs help and how to respond.

Community Education

MHAM works with partners to host and publicize webinars that bring public health information to as many people as possible. In these, free 60-minute webinars, people will learn strategies that can be implemented to promote mental health and receive practical expert advice for themselves and their family members who may be struggling with different mental health challenges. Webinars presented in 2022 were:



A Brief History of Michigan Psychiatric Treatment: The Good, Bad & Ugly | December

A discussion about the evolution of the way individuals with mental health conditions and addictions have historically been treated by our state since the early 1800's as we moved from individuals roaming the countryside to individuals being placed in county-based poor farms and then state-run asylums and hospitals for people with communicable diseases such as Tuberculosis.

This overview included a history of psychiatric treatments including prefrontal lobotomy, ECT and psychopharmacology. We also talked about the current mental health landscape as it pertains to services for those in the public and private sectors.



2022 Annual Michigan Partners in Crisis Event | December

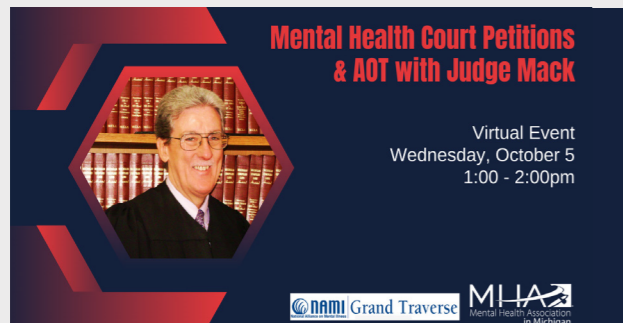
Michigan Partners in Crisis is a coalition of organizations and jurists dedicated to enhancing access to quality, clinically appropriate treatment and support services and settings for children and adults experiencing emotional disorders and mental illnesses. The Partners in Crisis coalition focuses on more than mental health issues.

This coalition seeks mechanisms that reduce the over-reliance on the criminal justice system as a response to mental illness and emotional disorders, while preserving the well-being and safety of consumers, families and the general public.



Early Identification of Psychosis...Why It Matters | November

Youth and adolescence is a time focused on creating identity and social relationships, preparing for careers, becoming part of the community, and establishing independence. The experience of early psychosis can interfere with these vital developmental tasks and lead to an accumulation of difficulty. Early identification of psychosis and specialized intervention can help young people get back on their paths and lead full and meaningful lives. This webinar highlighted key factors in early identification and provide an overview of the importance of early intervention.



Mental Health Court Petitions & AOT with Judge Mack | October

This webinar looked at the facts, success and challenges presented on Assisted Outpatient Treatment (AOT) and a system that waits for crisis to act, which results in treatment delays, and examine these potential harms. This deep dive explained how standards are interpreted, orders are enforced and opportunities for diversion in the civil system.



Health Public Policy Update | September

MHAM presented a complimentary health public policy update with MHAM Lobbyist, Stephanie Johnson, from Khoury Johnson Leavitt and MHAM CEO Marianne Huff, LMSW. They discussed the latest happenings in Michigan's healthcare, including upcoming budget developments, status of Rep. Whiteford and Sen. Shirkey bills, and discussed upcoming election predictions and outcomes, to name a few of the hot topics on the list. This event was open to members and non-members.



Let's Talk About Integrated Care Series | March, April & May

(March and May) This series was an open discussion about the integration of physical and behavioral health care. What is it? What do you know about it? Why should you know about it?

The integration of physical and mental health care has been talked about in our state for many years and yet Michigan is one of the few states in our country that continues to grapple with integration. We also talked about "why" Michigan citizens with behavioral health conditions and addictions would benefit from an integrated approach to health care.

(April) This webinar focused on "Integrated Care 101" for the average person who isn't sure "what" it is or is not. Angela Pinheiro, MD, gave us an introduction to care integration.



Question, Persuade, and Refer (QPR) Training for Suicide Prevention | July

This Question, Persuade, and Refer (QPR) Gatekeeper Training for Suicide Prevention session was provided by a Hope Network certified QPR trainer and co-hosted with the Mental Health Association in Michigan.



Children’s Mental Health Services in Michigan Roundtable | August
 Michigan families who have children with serious emotional disorders are not receiving federally contracted services. This roundtable session with four panelists highlighted grievances and accountability in the mental health public system and discuss proposed solutions.



Building a Crisis Services System for All Michiganders: 988's & MiCAL's Role | May
 Krista Hausermann, LMSW, CAADC and Rachel Zaguskin, MPH, MBA, from MDHHS provided an overview of current efforts to build Michigan’s 988 crisis services system: someone to call, someone to respond, and somewhere to go. Attendees also learned about continued opportunities to help shape the system. There was a Q & A session at the end of the presentation.



Prescription Digital Therapeutics: For People Living with Addiction | April
 Providing care to patients struggling with substance use disorder (SUD) and opioid use disorder (OUD) has changed a lot over the past 2 years during the pandemic.

MHAM and Pear Therapeutics co-hosted a free webinar with Carolyn Warner-Greer, MS, MD, FACOG, FASAM, Medical Director of Bowen Recovery Center. She shared how Prescription Digital Therapeutics (PDTs) like reSET and reSET-O are helping to expand and enhance the treatment of SUD and OUD.



Public Policy Roundtable - Members Only
 2022 was an interesting year for mental health public policy in Michigan. The end of the year marked the end of the legislative session that began in 2020, and a great deal of activity happened during “lame duck.” This was a “MEMBERS ONLY” event. Our presenters were Stephanie Johnson of Khoury, Johnson and Leavitt and Marianne Huff, President and CEO, MHAM.



Financials

Receipts

United Way – Other	12,772.23
Mem/Legacies/Honor/Contributions	22,957.54
Grants/Contracts	67,000.00
Membership Dues	10,284.99
Transfers – Receipts	250,000.00
Golf Income	3,490.01
Tribute Dinner Income	4,115.00
Total Receipts	\$370,619.77

Expenditures

Salaries, Benefits & Payroll Taxes	277,770.98
Professional Fees	70,129.88
Supplies	2,537.77
Postage and Shipping	332.00
Printing & Publications	2,950.01
Dues & Subscriptions	7,950.06
Telephone	1,306.83
Rent	4,235.66
Meeting Costs	392.67
Organizational Insurance	4,016.00
Miscellaneous	111.30
Travel	(278.88)
Golf Outing Expense	1,377.08
Tribute Dinner Expense	6,283.45
Total Operating Expenses	\$379,114.81
OPERATING INCOME/(LOSS)	\$(8,495.04)



Board Of Directors

- Ben Robinson**, *Board Chair*, Harbor Springs
- David Gruber, ESQ**, *Vice Chair*, Lansing
- Arlene Gorelick, MPH**, *Treasurer*, Southfield
- Margaret Keeler, MSN, NP, PMHNP**, *Secretary*, Lansing
- Nora Baylerian**, Royal Oak, MI
- Oliver Cameron, PhD, MD**, Ann Arbor
- Nick Ciaramitaro, ESQ**, Roseville
- Mark Creekmore, PhD, MSW**, Ann Arbor
- Dawn Goldstein, PhD, RN, PMHNP-BC**, Lansing
- Joe Havemen**, Grand Rapids
- Marianne Huff, LMSW**, *President & CEO*, Lansing
- Judge Milton Mack**, Detroit
- Laura Marshall**, Cedar Springs
- Elizabeth Pratt**, Lansing



Address

1325 S. Washington Avenue
Lansing, MI 48910

Mailing Address

P.O Box 11118
Lansing, MI 48901

Southeast Michigan Office

318 John R Road, #346
Troy, MI 48083-4542

Fax

517.913.5941

Email

office3@mha-mi.com

Phone

517.898.3907

