

TVSBA 2022 Women's Retreat – *Whatever is...Phil. 4:8-9*

Due **MARCH 27** to your church coordinator. Cost: \$120 (to reach office by April 1)

Late Registration due APRIL 10th to your church coordinator. Cost: \$140 (to reach office by APRIL 14th)

ABOUT YOU: PLEASE FILL OUT ALL BLANKS, use N/A for fields not applicable.

Name: _____

Mailing Address: _____
(Street address, city, state, zip)

Home Phone Number: _____ Cell Phone: _____

Email Address: _____

Church with which you're attending: _____

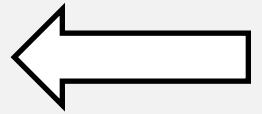


It is **MOST** important to me to be placed in a cottage by:

my quiet hour

OR

my friends.



ALL participants will probably be housed in the cottages. IF no other group is scheduled at the camp, we can accommodate those who should not be walking by housing them in the conference center. Cottages have two floors and have shared bathrooms. Rooms have bunks and one queen bed that is usually shared.

Please bring your own bedding (an egg crate mattress cover may be advisable, too).

PLEASE CHECK ALL THE APPLY; THE MORE SPECIFIC YOU ARE, THE BETTER.

1. Stairs are an issue for me, so give me a FIRST FLOOR room. Yes
 2. I am willing to share a queen bed. Yes _____ (with a specific friend?)
 3. I need a bottom bunk. Yes
 4. I need to be near an outlet. Yes (for medical devices, etc.)
 5. I need to be in the handicap accessible cottage or in the main lodge due to walking issues.
 Yes (If at all possible, we will try to house you in the main lodge.)
 6. I would like for my cabin to be quiet by ... (Breakfast is at 8 a.m.):
 10 p.m. 11 p.m. 12 a.m. LATE (talk with friend ahead of time!)
 7. I have a specific roommate(s) request. Yes _____

(names)
 8. I SNORE.
I DON'T SNORE—and won't be able to sleep well in a room with snorers.
I DON'T SNORE—but you may put me in a room with snorers.
- NOTE: You may need to talk with your friends ahead of time, so you can decide how important this is to you.*
9. I have food allergies or dietary needs. Yes _____ (explain)
 10. I have an allergy/medical condition that administrators should know. Yes

(explain)

11. I have another request/need. Yes _____
12. I am willing to share my contact information in our notebook. (name, phone, email) Yes
13. I speak a second language fluently: Yes _____ (list the language)
 I need a translator I could be a translator
14. If asked, I would be willing to lead a small group discussion (after speaker sessions). Yes
15. I am planning to bring a dessert or snack for the fellowship Friday night. Yes
16. My tee shirt size is (women's size): SMALL MEDIUM LARGE X-LARGE 2X-LARGE 3X-LARGE
 YES—I would be interested in a tee shirt for \$14. NO THANK YOU.

NOTE: Those who bought tee shirts in 2020 should bring them!

PAYMENT AND MAILING INSTRUCTIONS:

REGISTRATION FORM completed, and given to church coordinator.

COST: March 27 payment--\$120 to your church coordinator*

AFTER March 27, but by April 10th payment--\$140 to your church coordinator*

***ADD \$14 if you want a tee shirt.** *ONLY those who register on time may have a tee shirt. We cannot order extras.*

RETREAT MAILING ADDRESS

TVSBA Women's Retreat

c/o Michele Ring

1690 E 11th North

Mountain Home, ID 83647

Make checks payable to Treasure Valley SBA

Forms may be sent via mail or scanned and emailed to tvsbaoffice.mring@gmail.com

BUT payment MUST be mailed.

This registration form is also available online at treasurevalleysba.com. You will have to print and mail it. We're sorry, but we don't have the capability to fill out forms online.

If you have any questions call Michele at 208-442-4448, email her at tvsbaoffice.mring@gmail.com or see the TVSBA website treasurevalleysba.org

Did you miss both deadlines? CALL Michele, there may still be room.

***NO CHURCH COORDINATOR? REGISTER DIRECTLY with Michele.**

Return this page and the previous one
to Michele Ring at the address listed above.

TVSBA Women's Retreat Information

**April 29-May 1, 2022 at Trinity Pines, Cascade, Idaho
(Please READ and keep for your own usage—
DO NOT RETURN THIS PAGE)**

**Please arrive between 4:00 p.m. & 7:00 p.m. on April 29th.
Please stop by the registration table in the dining room at Trinity Pines
when you arrive.** Your room information, schedule, and folder will be
there. The registration table will be open from 4:00 p.m. – 7:15 p.m.

FRIDAY NIGHT DINNER—We are working on an idea of providing dinner for you
on Friday night, courtesy of the retreat planning committee. However, this is not
firmed up. We'll let you know.

FRAGRANCE FREE WEEKEND! Due to severe allergies, please DO NOT wear
scented perfumes and lotions, or use essential oils while at retreat;
it is a serious health issue for several women.

**Our BREAK OUT sessions were not finalized when this registration form was
printed. Once you are registered, you'll receive the list. Once you receive that
list, please contact us with your top 3 choices for breakout sessions by ranking
them 1-3 so that we can schedule the break-out sessions properly.**

Things to bring:

- Bible
- Pen or pencil
- Clothes--coat, hat, gloves, boots, and other warm clothes, (plus swimsuit and towel if you wish to go to Gold Fork Hot Springs)
- Please remember the weather; Cascade's average high in April is 50 degrees. Average low is 27. Check weather conditions before you leave home.
- Toiletries, towel, washcloth
- Bedding or sleeping bag, pillow. An "egg crate" mattress topper for comfort.
- Optional games (board games, card games for Friday and Saturday)
- Money for dinner Friday night (or eat with us!) and Sunday afternoon
- Money for: optional shopping on Saturday, Gold Fork Hot Springs - \$10 (PROOF

- of vaccination is required at Gold Fork), our “New to You” gift and book table to provide scholarships for next year.
- Snacks or soda for yourself –the dining hall has NO soda! (There is a full-sized refrigerator/freezer in your cottage for your use.)
 - A camera
 - A flashlight
 - Good walking shoes or boots – it is a short hike to the dining hall
 - An open heart!

Things to Know*:

- Trinity Pines is a camp, not a hotel. As part of our agreement with them, we must leave the camp clean, ready for the next guests. As a result, our cleaning time is built into the schedule. Plan to stay for that cleaning.
 - Feel free to attend as many or as few sessions as you’d like; if you need time to process or rest, please take it!
 - Depending on your cottage, many of the mattresses are reversible. One side is harder, and the other is softer! Take advantage of that!
 - There will be a “New to You” table, where there will be used books and girl gift-type items for sale. **(Please feel free to donate used books and new or gently used gift type items)**. All funds raised will go into our scholarship fund for next year.
 - **DON’T FORGET your dessert or snack, if you sign up to bring one!** We’re encouraging participants to bring some healthy snacks, too! There will not be a contest this year, so there’s no pressure!
 - **We try our best to accommodate your needs and wants!** Please forgive us if we err! Talk to us at the registration table if you need anything.
 - **We may not be able to give you a refund if you cancel at the last minute.** The camp has to charge us for the number for which we’ve committed.
- *Any changes to this information will be sent to you via email.

Emergency Contact Numbers:

You may leave these numbers with your family so they can contact you if you don’t have a cell phone. WARNING: Trinity Pines has spotty cell phone coverage.

Michele Ring, TVSBA administrative assistant: 208-442-4448 (cell) (Can be used for the family in emergencies or as a contact on Friday as you're traveling)

Trinity Pines 208-382-6200 (land-line). This is to be used only in extreme emergencies.

(Keep this page for your own usage—DO NOT RETURN)



Travel to Trinity Pines Camp and Conference Center

349 Cabarton Rd.

Cascade, ID 83611

208-382-6200

Directions from I-84:

1. Take exit #46 Eagle Rd (Hwy 55) north toward Eagle 6.8 miles. This is the exit with St. Luke's in sight.
2. Take a right onto E State St. (Hwy 55) and go 1.7 miles.
3. Take a left, following Hwy 55. Go 69.9 miles.
4. Take a left onto Cabarton Rd (this is just past the railroad tracks and immediately after Cascade Baptist Church, a yellow building).
5. Go .6 of a mile and Trinity Pines is on the right.
6. Stop in at the main lodge to register and get your sleeping arrangements.

Please make arrangements to travel with others in your church. If you'd like to combine rides with another church, contact the office at 208-442-4448 so we can connect you.