
Prescriptive Prayer Workshop



Constructing Prayers That Availeth Much

Many people find prayer difficult. We get distracted and struggle to know what to say. But following the model of the Lord's Prayer is a simple answer to these problems. HIS Model Prayer includes:

Adoration - deep love and respect - **Matthew 22:37** - Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.'

Intercession - praying on behalf of oneself or others. - **1 Timothy 2:1** - First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people.

Petition - a request to God that asks him to fulfill a need. **Philippians 4:6** - Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Confession - is the acknowledgement of our sin, or the affirmation of God's truth- Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy. **Proverbs 28:13**

Spiritual warfare - praying against powers of darkness and spiritual wickedness. **2 Corinthians 10:4** For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds.

Let's examine Jesus' Prayer

**Our Father who art in heaven,
Hallowed be thy Name.
Thy kingdom come.
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.**

Amen.



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Let's examine the tenets of the LORD's Prayer and how we can apply them to our prayer.

**Adoration = How do you
demonstrate your love for
GOD IS OUR FATHER?**

**GOD is our Father, HE has made Himself
know by other names and/or attributes.**

Find Scriptures that speak to the attributes of GOD

Yet for us there is but one God, the Father,
from whom all things came
and for whom we live;

and there is but one Lord, Jesus Christ,
through whom all things came
and through whom we live.

1 Corinthians 8:6

GOD IS HOLY -Hallowed be YOUR NAME is an invitation to worship.

Psalms 96:8-9 - Ascribe to the LORD the glory due His name; bring an offering and enter HIS courts. Worship the LORD in the splendor of His holiness; tremble before Him, all the earth.

John 4:23-25 - But a time is coming and has now come when the true worshipers will worship the Father in spirit and in truth, for the Father is seeking such as these to worship Him. GOD is Spirit, and His worshipers must worship Him in spirit and in truth.

Let your life bring HIM glory and honor

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**To Honor GOD we come
into HIS Presence with
praise and thanksgiving**

Praise Starters

- 1. God the Creator** — I praise you, God, because “You alone are the LORD. You made the heavens, even the highest heavens, and all their starry host, the earth and all that is on it, the seas and all that is in them. You give life to everything, and the multitudes of heaven worship you” ([Nehemiah 9:6](#)).
- 2. God the only Lord** — I praise you, God, because you are “the LORD, and there is no other; apart from [you] there is no God” ([Isaiah 45:5](#)).
- 3. God the Almighty** — I praise you, God, because “who is like you, LORD God Almighty? You, LORD, are mighty, and your faithfulness surrounds you” ([Psalm 89:8](#)).
- 4. God the Prince of Peace** — I praise you, God, my “Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace” ([Isaiah 9:6](#)).
- 5. God of love** — I praise you, God, because “God is love. Whoever lives in love lives in God, and God in them” ([1 John 4:16](#)).
- 6. God the triumphant** — I praise you, God, “who always leads us as captives in Christ’s triumphal procession and uses us to spread the aroma of the knowledge of him everywhere” ([2 Corinthians 2:14](#)).
- 7. God the faithful** — I praise you, God, for you keep your covenant of love to a thousand generations of those who love you and keep your commandments. (See [Deuteronomy 7:9](#))
- 8. God our refuge** — I praise you, God, because my salvation and my honor depend on you, oh God; you are my mighty rock, my refuge. (See [Psalm 62:7](#))
- 9. God the performer of miracles** — I praise you, God, for “you are the God who performs miracles; you display your power among all the peoples” ([Psalm 77:14](#)).
- 10. God the deliverer** — I praise you, God, for though I am poor and needy you are my help and my deliverer. (See [Psalm 70:5](#))

GOD IS SOVEREIGN - supreme power or authority

Ephesians 1:11

In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will,

Job 42:2 "I know that you can do all things, and that no purpose of yours can be thwarted."

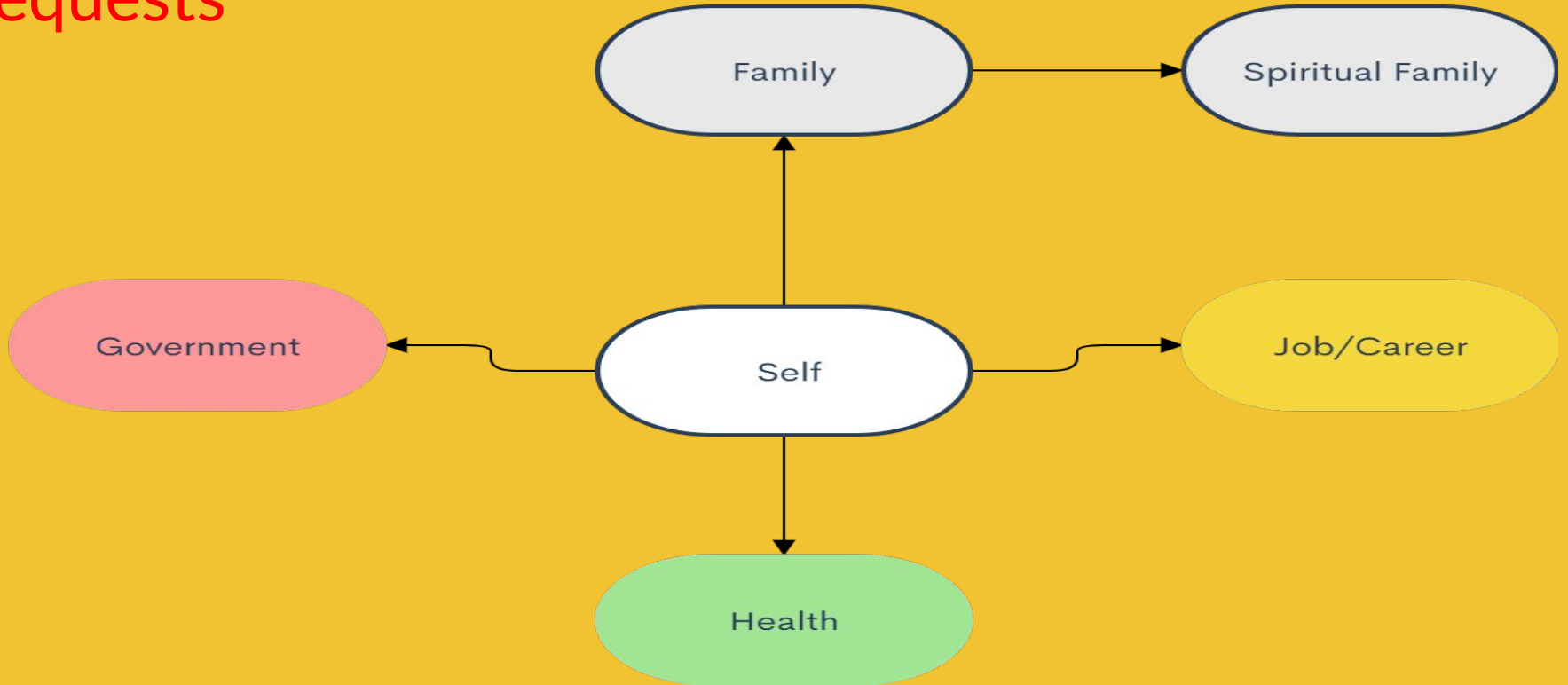
We must place Jesus Christ above everything else in our life.

Intercession

**When we honor JESUS' Authority
we give HIM the right to:**

**To act on our behalf as Guardian
and Guarantor of yours and others'
affairs.**

Use a flowchart or checklist to prioritize your prayer requests



We promote HIS Dominion - which is His Rule, His Power, HIS Kingdom, HIS Likeness here on earth. Which is HIS love, peace, salvation, healing, righteousness, deliverance, HIS heart towards a matter, HIS thoughts concerning a situation.

— Scriptures that Pertain to HIS WILL
and Kingdom.

Exalt HIM in the Earth

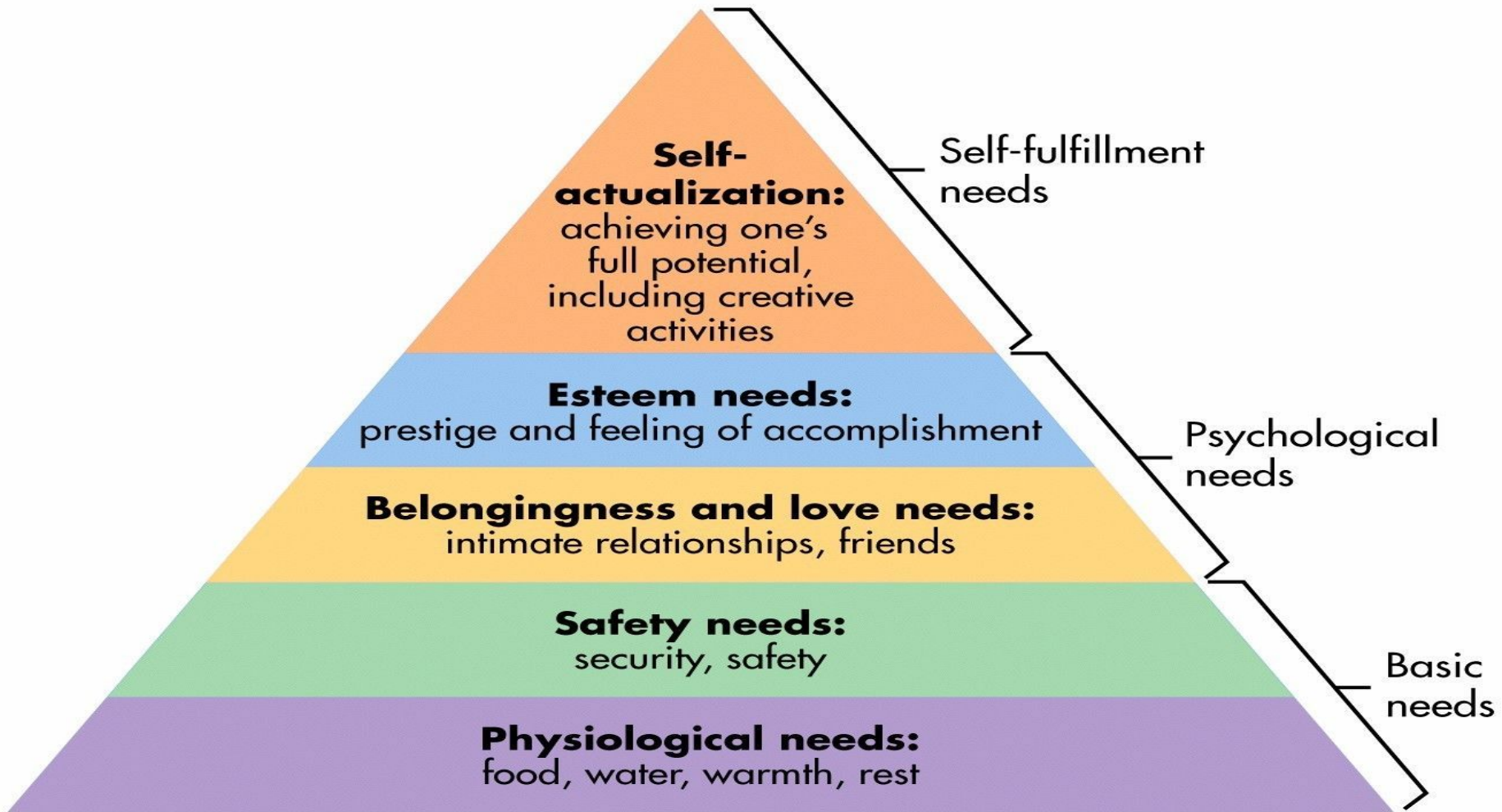
Exalt HIM above the situation

Petition

GOD is the source of our Provisions

Give us this day our daily bread' invites us to pray about our most practical needs.

Maslow hierarchy of basic needs



RIGHT RELATIONSHIP, RIGHT PERSPECTIVE

There are people in your life
Who've come and gone
They let you down
You know they've hurt your pride
You better put it all behind you baby
'Cause life goes on
You keep carryin' that anger
It'll eat you up inside baby

Romans 12:19

Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord

Keep our focus on HIM and help us to stay centered on HIM.

Matthew:26:40 Then he returned to his disciples and found them sleeping. “Couldn’t you men keep watch with me for one hour?” he asked Peter. 41“Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

James 4:7 Submit yourselves therefore to God.
Resist the devil, and he will flee from you.

Spiritual Warfare-cannot be avoided and should never be ignored. It is a cosmic battle against evil enemy forces.

Matthew 16:17-19

17 And Jesus answered him, “Blessed are you, Simon Bar-Jonah! For flesh and blood has not revealed this to you, but my Father who is in heaven. 18 And I tell you, you are Peter, and on this rock I will build my church, and the gates of hell shall not prevail against it. 19 I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven.”

Attestation and Proclamation of God's

Providence

Power

Presence

SITUATIONS CHANGE - CHANGE
THE PRAYER.

THANK GOD FOR BEING THE
PROVIDER WHEN HE CHANGE ONE
SITUATION THANK HIM FOR BEING
THAT HEALER, COUNSELOR - Avoid
vain repetition - be watchful and
mindful of GOD movement in your
LIFE.

Type it on the computer so that you
can change tenets are you see
situations change in your life.

Have a set time to pray.
Scripture encourages us to
meditate on God's Word day
and night.

Prayer in the temple was done
three times a day 9 am noon
and 6 pm

Ask GOD for your meeting time
with HIM

Important Resources that maybe useful.

1. [Building a Vocabulary of Praise.pdf](#)
2. [Praying in Victory. Pdf](#)
3. [Spiritual Warfare Manual.pdf](#)
4. [Fredrick Matsheza Prayer Points.pdf](#)

Scriptural Prayers

Peaceful Scripture - Youtube Channel

<https://youtu.be/5wNdRszzrOY>

<https://youtu.be/eh1IP2zJ25I>

<https://youtu.be/WtDsIhmuV0>

River in the Desert - Youtube Channel

<https://youtu.be/imJZlhOsPKM>

<https://youtu.be/1wfewVsldf0>

SoakStream - Youtube Channel

https://www.youtube.com/watch?v=V_m-nK9tZk

https://youtu.be/0g52bl_s-YU

Enjoying the Word - Youtube Channel

<https://youtu.be/x8BB3pAcZ5g>

<https://youtu.be/x8BB3pAcZ5g>

Abide - Sleep Meditations

<https://youtu.be/sghOAE6wSkI>