

Syllabus

COURSE: Navigating the Chaos Commandeering the Champion Lifestyle

COURSE DESCRIPTION:

A careful examination of the modern problems inherent in marital and family relationships leading to domestic violence. Suggestions for treatment of the victims leading to building self-confidence, self-worth, leadership, and initiative.

Rationale:

Counselors spend a great deal of time counseling families in various stages of dysfunctional relationship. The counselor must be well prepared to deal in an effective way by being totally familiar with the dynamics of communication and healing in cases of family and relationship dysfunction.

Prerequisites:

N/A

Program Objectives and Related Specific Objectives:

Cognitive:

1. Have a working knowledge of the concepts and terms associated with healthy marriage and family life.
2. Grasp the dynamics of interpersonal relationships and roles.
3. Awareness of the dynamics involved in successful adjustments in friendships, dating, marriage, and family relationships.
4. Be familiar with concepts relating to human sexuality.

Performance:

1. To be able to integrate the understanding of family dynamics with the Word of God.
2. To be able to develop teaching outlines for a class on family in the local church.
3. To be able to apply the knowledge of interpersonal relationships to the counseling situation with a family.
4. Understand the process of creating an action plan for future use.
5. Help the victims of abuse create a safety plan for staying or leaving that will protect them and their children, and pets.

Instructional/Learning Activities

1. The student will read the text in its entirety and complete the client workbook with one of their clients.
2. The student will complete the open book exam.
3. The student will do collateral reading including a bibliography of books read.