

Victorious Living Bible Institute / National Association of Christian Counselors

Christian Life Coach Certification Program – Spring 2026 Syllabus

Mission Statement: Educating and training dedicated individuals to make an impact for Jesus Christ.

Facilitator: Renae Sellers, Th.D., BCCC, CLC, CAMS-I, SYMBIS Certified

Course Description

This course assists individuals in achieving success in careers, personal growth, relationships, finances, and other important areas of life while identifying and practicing as a Christian Life Coach.

Required Textbooks

- Christian Coaching: Helping Others Turn Potential into Reality – Dr. Gary Collins
- Coaching Questions: A Coach's Guide to Powerful Asking Skills – Tony Stoltzfus

Required Handout: 6 Human Needs (provided in class)

Disclaimer

Victorious Living Bible Institute is a certified National Association of Christian Counselors training center. NACC is a Christian service organization committed to the Lord Jesus Christ, believing that counseling must be founded upon and directed by the Word of God.

This course and all accompanying materials are for educational purposes. VLBI equips men and women of God to be productive members of the local Body of Christ. As a state-authorized (not regionally accredited) theological institution, VLBI accepts no government grants or financial aid. Students are not permitted to copy course materials.

Contact Information

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Course Schedule – Spring 2026

Class Day: Tuesdays

Class Begins: February 17, 2026

Format: Weekly sessions

Spring Break: April 7, 2026 (No Class)

Week One – February 17, 2026

Introduction to Christian Coaching – Overview of the course

Reading: *Christian Coaching* Chapters 1–2

Week Two – February 24, 2026

The Foundations of Christian Coaching – What makes a good coach; change and leadership

Reading: *Christian Coaching* Chapters 3–4

Quiz: Complete and submit Quizzes 1–4

Week Three – March 3, 2026

The Skills of Christian Coaching – Coaching relationship, listening, questioning, responding, coaching models

Reading: *Christian Coaching* Chapters 5–7

Quiz: Complete and submit

Week Four – March 10, 2026

Assessment in Christian Coaching – Getting in touch with the present and the person

Reading: *Christian Coaching* Chapters 8–9

Quiz: Complete and submit

Week Five – March 17, 2026

Vision in Christian Coaching – Vision clarification and moving forward with mission

Reading: *Christian Coaching* Chapters 10–11

Quiz: Complete and submit

Week Six – March 24, 2026

Strategy, Action, and Obstacles in Christian Coaching – Coaching for action and creating strategies

Reading: *Christian Coaching* Chapters 12–13

Quiz: Complete and submit

Week Seven – March 31, 2026

Why Ask Questions? – Becoming a master questioner: top ten mistakes

Reading: *Coaching Questions* Section One

Quiz: Complete and submit

Spring Break – April 7, 2026

NO CLASS

Week Eight – April 14, 2026

The Coaching Process – Conversational models, Life Wheel, SMART goals, defining problems

Reading: *Coaching Questions* Section Two

Quiz: Complete and submit

Week Nine – April 21, 2026

Advanced Asking Skills – Affirmation, decision making, habit change, challenges, reframing

Reading: *Coaching Questions* Section Five

Quiz: Complete and submit

Week Ten – April 28, 2026

Six Human Needs – Understanding psychological needs and fulfillment

Wrap-Up

Final Note

This course is designed to equip you to coach with confidence, clarity, and biblical integrity. Come prepared to grow, be stretched, and walk boldly in your calling.

Be great—on purpose!