

## **Christian Life Coach Certification Program**

### **Syllabus**

Facilitator - Renae Sellers, Th.D., BCCC, CLC, CAMS-I, SYMBIS

Certified

### **COURSE DESCRIPTION:**

Assist others in achieving success in their careers, personal growth, relationships, finances, and other important areas of life. Identify and practice as a Christian Life Coach.

### **TWO REQUIRED TEXTBOOKS:**

*'Christian Coaching: Helping Others Turn Potential into Reality'* by Dr. Gary Collins, *'Coaching Questions: A Coach's Guide to Powerful Asking Skills'* by Tony Stoltzfus

**REQUIRED HANDOUT:** 6 Human Needs (Handout to be provided)

### **DISCLAIMER:**

Victorious Living Bible Institute is a certified National Association of Christian Counselors training center. NACC is a Christian service organization committed to the Lord Jesus Christ which believes that unless counseling is founded upon and directed by the Word of God, it is in vain. The National Association of Christian Counselors certifies, trains and licenses Christian Counselors.

This course, as well as any accompanying materials and instruction, is intended for educational purposes. The purpose of VLBI is to equip men and women of God with the tools necessary to be productive and functioning parts of the local Body of Christ. As a state-authorized (rather than regionally accredited) theological institution, VLBI accepts no government grants or financial aid. We thrive on the fact that students leave our school with greater knowledge and no debt.

**Students are not permitted to make copies of course material.**

To contact Dr. Sellers, please email [crsellers@victoriouslbi.org](mailto:crsellers@victoriouslbi.org) or 912-210-5997.

VLBI mailing address is 979 Tebeau Street, Waycross, Georgia 31501.

*Mission Statement:*

*Educating and training men and women to make an impact for Jesus Christ.*

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**COURSE OUTLINE:**

<b>Week One</b>	<b>September 18, 2025</b>	<b>Introduction to Christian Coaching:</b> This module will provide an overview of the course.  <b>Reading:</b> Christian Coaching Chapters 1-2
<b>Week Two</b>	<b>September 25, 2025</b>	<b>The Foundations of Christian Coaching:</b> This module studies Christian coaching, what makes a good coach. In addition to discussions on change and leadership.  <b>Reading Assignment:</b> Christian Coaching Chapters 3-4  <b>Quiz:</b> Complete and submit Quizzes 1-4
<b>Week Three</b>	<b>October 2, 2025</b>	<b>The Skills of Christian Coaching:</b> This module studies the coaching relationship, listening, questioning, responding, and coaching models.  <b>Reading Assignments:</b> Christian Coaching Chapters 5-7  <b>Quiz:</b> Complete and Submit
<b>Week Four</b>	<b>October 9, 2025</b>	<b>Assessment in Christian Coaching:</b> This module studies getting in touch with the present and the person.  <b>Reading:</b> Christian Coaching Chapters 8-9  <b>Quiz:</b> Complete and submit.
<b>Week Five</b>	<b>October 16, 2025</b>	<b>Vision in Christian Coaching:</b> This module studies vision clarification and moving forward with mission.  <b>Reading:</b> Christian Coaching Chapters 10-11  <b>Quiz:</b> Complete and submit.

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<b>Week Six</b>	<b>October 23, 2025</b>	<b>Strategy, Action, and Obstacles in Christian Coaching:</b> This module studies coaching for action and creating strategies.  <b>Reading:</b> Christian Coaching Chapters 12-13  <b>Quiz:</b> Complete and Submit
<b>Week Seven</b>	<b>October 30, 2025</b>	<b>Why Ask Questions:</b> This module studies becoming a master of asking questions and the top ten mistakes when asking questions.  <b>Reading:</b> Coaching Questions Section One  <b>Quiz:</b> Complete and Submit
<b>Week Eight</b>	<b>November 6, 2025</b>	<b>The Coaching Process:</b> The module studies conversational models, the Life Wheel, SMART Goals, and defining problems.  <b>Reading:</b> Coaching Questions Section Two  <b>Quiz:</b> Complete and Submit
<b>Week Nine</b>	<b>November 13, 2025</b>	<b>Advanced Asking Skills:</b> This module studies affirmation, decision making, habit change, challenges, and reframing.  <b>Reading:</b> Coaching Questions Section Five  <b>Quiz:</b> Complete and Submit
<b>Thanksgiving Break</b>	<b>November 27, 2025</b>	<b>No Class</b>

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<b>Week Ten</b>	<b>December 4, 2025</b>	<b>Six Human Needs:</b> This module studies the six human needs of psychology and how they bring fulfillment.  <b>Wrap Up</b>
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