

| WOMEN | | | MEN | | |
|--------|------------------|------------------|--------|------------------|------------------|
| Height | lower wt. (lbs.) | upper wt. (lbs.) | Height | lower wt. (lbs.) | upper wt. (lbs.) |
| 4'10" | 102 | 131 | 5'2" | 128 | 150 |
| 4'11" | 103 | 134 | 5'3" | 130 | 153 |
| 5'0" | 104 | 137 | 5'4" | 132 | 156 |
| 5'1" | 106 | 140 | 5'5" | 134 | 160 |
| 5'2" | 108 | 143 | 5'6" | 136 | 164 |
| 5'3" | 111 | 147 | 5'7" | 138 | 168 |
| 5'4" | 114 | 151 | 5'8" | 140 | 172 |
| 5'5" | 117 | 155 | 5'9" | 142 | 176 |
| 5'6" | 120 | 159 | 5'10" | 144 | 180 |
| 5'7" | 123 | 163 | 5'11" | 146 | 184 |
| 5'8" | 126 | 167 | 6'0" | 149 | 188 |
| 5'9" | 129 | 170 | 6'1" | 152 | 192 |
| 5'10" | 132 | 173 | 6'2" | 155 | 197 |
| 5'11" | 135 | 176 | 6'3" | 158 | 202 |
| 6'0" | 138 | 177 | 6'4" | 162 | 207 |

Cap Sizing Chart

| | <u>Inches</u> | <u>Size</u> | <u>Alpha</u> |
|---------------|---------------|-------------|--------------|
| Not Exceeding | 20 7/8" | 6 5/8 | S/M |
| Not Exceeding | 21 1/4" | 6 3/4 | S/M |
| Not Exceeding | 21 5/8" | 6 7/8 | S/M |
| Not Exceeding | 22 1/8" | 7 | M/L |
| Not Exceeding | 22 1/2" | 7 1/8 | M/L |
| Not Exceeding | 23" | 7 1/4 | M/L |
| Not Exceeding | 23 5/8" | 7 3/8 | M/L |
| Not Exceeding | 23 3/4" | 7 1/2 | L/XL |
| Not Exceeding | 24 1/4" | 7 5/8 | L/XL |
| Not Exceeding | 24 3/8" | 7 3/4 | L/XL |