**2023 St. John BWCA Itinerary and Pack List**

**Background:** Going to the BWCA is a great way to disconnect from regular life and connect with Jesus. Focus will be on bible study and daily devotions. We will canoe and kayak in the pristine boundary waters, fish and camp. We will need participation in Easter Breakfast and Pancake and Sausage Breakfast fundraisers. $50 trip cost due 3/31, $100 if not involved in fundraisers. Jason Krengel and Brady Lux are going to be adult leaders. We will need additional female leaders.

**7/20** 8:00 a.m./depart from St. John to Trail’s End Campground (may adjust due to VB camp)

· Visit multiple Minnesota North Shore state parks on the way

· Pizza in Two Harbors, MN and watch large shipping vessels come in the harbor $10

**7/21-23** Pick up BWCA canoes / canoe passes

· Travel on Sea Gull and Saganaga Lakes which are well known for world class fishing

· Hike in Superior National Forest

· Food will be determined in pre-meetings with youth going – campfires

**7/23** Leave End of the Trail Campground and head back to St. John. (ETA is expected to be around 8:00 p.m.) Two meals on the road $20 (may adjust to 7/24 due to VB camp)

**Youth Trip Packing List**

**Personal Items Check-List**

* + Life Jacket
	+ Rain gear
	+ Glasses/Contacts
	+ Sleeping Bag
	+ Compressions/stuff sack for sleeping bag
	+ Therma rest/mattress
	+ Flashlight/headlamp
	+ Extra clothing, socks underwear
	+ Swimsuit
	+ Sweatshirt, jacket fleece
	+ Towel
	+ Toothpaste and toothbrush, deodorant, soap
	+ Hat
	+ Sunglasses, Sunscreen
	+ Any needed medications, Lip balm
	+ Money $20-30 for meals
	+ Fishing license if 16 or older
	+ fishing pole, reel and tackle
	+ Water bottle