### Zion's News & Notes



### June Newsletter 2025

#### Zion Lutheran Church Zion News & Notes

Zion News & Notes Published monthly by the church office, newsletters include news of upcoming events, regular and special announcements, photos of current events, and other items of interest. Newsletter archives are available on our website: www.zionlutheranNy.org

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Grief is a strange thing. It lives in our bodies and accumulates over the course of a lifetime. We feel its presence by the way it weighs us down, makes us move more slowly, impacts our ability to make decisions or do ordinary tasks. Left unattended it can literally make us sick. Grief is also illusive. It is both a heavy thing to carry, but also deceptive in the way it shows up. We often don't link the way we are feeling or the illnesses and aches we have with grief.

One of the ways we process grief is in community, and especially in the community of faith. During the pandemic, our funerals were smaller, people kept their distance, or we didn't have a funeral at all. Since then, funerals continue to be smaller events, sometimes happening only on zoom or months after someone has died.

#### Past, Presence, Future: A Zion Retreat on June 7th, from 10-3:00

I'll be leading a retreat for Zion's council <u>and any other members of Zion who want</u> <u>to attend</u> on June 7<sup>th</sup>, at Zion, from 10 am to 3:00 pm. In the morning, we'll participate in a ritual around loss. We will talk about people from this congregation who have died since the pandemic. We will participate in a ritual that will help us process some of our lingering grief. It will help Deb and I get to know better the people who have died in this congregation and understand the void their death has left behind.

We will have a nice lunch to decompress. Then we will spend time dreaming about the future and thinking about those whose lives we honored in the morning, and how our plans now might carry on their legacies. My hope is that this exercise will free us from some of the grief we all are carrying and redirect that energy to move from a survival mindset to one of healing and growth.

# If you'd like to attend, please RSVP to Sara by Wednesday, June 4<sup>th</sup>, so that we can adequately prepare both materials and food.

If you have a photo or small item that connects you to a member or loved one who has died, please bring it with you.

"Now faith is the assurance of things hoped for, the conviction of things not seen. Indeed, by faith our ancestors received approval. By faith we understand that the worlds were prepared by the word of God, so that what is seen was made from things that are not visible. –Hebrews 11:1-3

With you...Pastor Marie

### June Announcements

#### Coffee Hour

Please join us for coffee hour every Sunday after the service. You are welcome to bring cookies, snacks, etc. Thank you to our many volunteers who help make this happen!

#### Zion Retreat

Pastor Marie and Deb Bohn are planning a healing retreat for the congregation to talk about your past, present, and future. Please refer to page one for more details!

### Walking With Friends

Zion's Walking Group meets on Thursdays at 11:00 am at New Hartford Town Park or at the Target wing of Sangertown (weather permitting). We stress friendship more than athleticism - please come and join us! Text Kim at 315-794-6233 for updates and walking locations should the location change to outside.

#### **Bible Study**

On June 4th, at 10:00 a.m. in the Fireside Room, Pastor Marie is beginning a bible study on the Book of Acts. We will meet on Wednesdays from 10-11. Please RSVP if you plan to join us so that we can have enough materials, and also keep you posted if plans change on any given week. The Book of Acts is a good place for a new pastor to begin with her congregation as it details what the disciples went through when they started the early church. Please join us!

### YouTube

Don't forget to subscribe to Pastor Marie's YouTube channel—and check this page often—this is where you can catch up on all of the sermons from both Zion and Trinity! www.YouTube.com/ @MarieNDuquette.

### Calling All Lovers of Card Writers!

The Prayer Fellowship team is looking for another person to send out cards to those we are thinking of. We send cards for birthdays, illness, get well, etc. As we write the cards, we pray for the recipient. If interested, please contact Loretta Berie.

## **Boilermaker Planning Meeting**

We will be having a planning meeting after worship on

Sunday, June 8th! We'll focus on our hospitality tent and

parking lot committee teams. Please see the sign-up sheet if

you'd like to attend the meeting as we begin the planning for

the 2025 Boilermaker on July 13th!



Don Gregory	3	Nathan Killian	20
John Blackburn	4	Robert Kulawy	24
Debra Tompkins	4	Jayden Silva	24
Danyelle Stevens	7	Jeanne Youngkrans	25
Alex McAllister	11	Linda Lambe	26
Phillip Renno	13	Sue Pardee	27
Gerrit Weir	13	Joanne Spetz	29
Christopher Pulliam	18	Barb Wilson	29
Alan Swierczek	19	Connor Russell	29

### Women of Faith

Patsy Glista will lead Zoom Bible studies for Women of Faith (WOF) on "Unnamed Women of the Bible" on Tuesday, July 15th and Tuesday, August 12th at 7 PM. Zoom links will be sent closer to those dates. All women are invited to participate and learn more about our faith. *To be sure you don't miss any special announcements or Zoom links, please let Sara know if you would like to be added to our Women of Faith emailing list.* 

# The Ultimate Summer Salad

#### 2 large limes, divided

1/2 small red onion

- 1 1/4 teaspoons granulated sugar, divided
- 3/4 teaspoon kosher salt, divided, plus more to taste 1 clove garlic
- 1/4 cup packed finely chopped fresh cilantro leaves 1/4 cup olive oil
- 1 medium head butter lettuce (about 1 pound)
- 2 Persian cucumbers, or 1 medium English cucumber
- 6 ounces multi-colored cherry tomatoes (about 1 cup)
- 2 large ripe peaches
- 4 ounces feta cheese
- 1/4 cup roasted, salted pumpkin seeds (pepitas)

Freshly ground black pepper



### June Worship Team Schedule

Date:	Worship Asst.	Pastor	Greeters	Ushers
June 1	Wendy Stevens	Pr. Marie Duquette	Gloria Cifonelli	Kim Marscher
June 8	John Blackburn	David Grindle, SAM	Kim Marscher	
June 15	Mark Thompson	Pr. Marie Duquette	Laura Hilt	
June 22		Rev. Jennifer DeWeerth	Jan Corn	
June 29		Pr. David Cleaver-Bartholomew	Linda Bennett	



### Gifts Given to the Glory of God

In Honor of:	То:	Given by:		
Linda Bennett	World Hunger	Kerstin Soykan		
Our family	World Hunger	Bob & Bonnie Loomis		
Karen Toepp & Janet Bagnall	World Hunger	Laura Hilt		
Pr. Marie's Installation	Biship's Fund	Zion Member Contributions		
In Memory of:	То:	Given by:		
Eldon DeWeerth	World Hunger	Linda Bennett		
Eldon DeWeerth	Memorial Fund	Wendy & Mike Stevens		
My Mother	Your Neighbors	Fran LaGase		
Doris Zillner	World Hunger	Jeanne Gymburch		

### Treasurer's Report

		A	oril Treasurer's Report			
	Apr-25	١	ear to Date	Budget	Ove	er/Under Budget
Income						
Giving	\$ 10,500.99	\$	49,738.58	\$ 52,066.72	\$	(2,328.14)
Other Income	\$ 2,125.71	\$	13,820.87	\$ 30,809.80	\$	(16,988.93)
Total Income	\$ 12,626.70	\$	63,559.45	\$ 82,876.52	\$	(19,317.07)
Total Expense	\$ 16,530.31	\$	76,539.07	\$ 86,692.76	\$	(10,153.69)
Net Income	\$ (3,903.61)	\$	(12,979.62)	\$ (3,816.24)	\$	(9,163.38)

### Notes of Gratitude & Other Communications

**Thank you to everyone** who helped plan, prepare, and lead my installation on May 17th. Everything was lovely -- the bulletins, flowers, candles, music, refreshments. We are grateful to be here, to be with you, to begin this new chapter in our lives together. It was a celebration worthy of having spent so long in the desert. To God be the glory. *Pastor Marie* 

#### Dear Zion Members & Friends,

Thank you for the outpouring of love. I am grateful and appreciative of your prayers. Zion's congregation meant a lot to my father. Jennifer DeWeerth

#### Dear Zion Lutheran Church Staff & Members,

I am writing to thank you for the generous donation of food that was delivered to Grace Episcopal Church on April 10th. On behalf of myself, the Reverend Christine Williams-Belt, the food pantry staff, and the congregation, we are thankful for your generosity. Your timing is always perfect as we were low on some inventory. Please know that you truly made a difference. Ever grateful, Valerie Montalbano, Grace Church

#### A Heartfelt Thank You to Our Amazing Volunteers

Your countless acts of service do not go unnoticed! Whether you're greeting with a warm smile at the door, setting up or putting away chairs, making coffee, setting up for communion, organizing meetings, offering prayers, or quietly working behind the scenes—*you are the heart and hands of church in action.* Our church is a more welcoming and compassionate community because of you. Each of you brings something unique and irreplaceable, and together, you reflect the very spirit of Christ's love. We are deeply grateful for you, and we thank God for your generous hearts! The Church Office



## Zion Food Ministry



**Can & Bottle Returns:** Please separate your glass bottles from the plastic. Cans & plastic bottles may be bagged together, but <u>please put</u> <u>glass bottles in the cardboard box by the recycling bin.</u> Food Pantries **April-June:** Food donations & bottle/can donations will go to St. Margaret's Food Pantry at Grace Church.



#### ZION LUTHERAN CHURCH

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The mission of Zion Lutheran Church is to prayerfully discern God's call to help people to become more fully devoted followers of Christ.







Pentecost Sunday is coming up on **June 8th**. We invite everyone to wear **red** to symbolize the fire of the Holy Spirit. Let's celebrate together in unity and joy as we remember the birth of the Church.

Come ready to worship—and wear red!