

Claiming the Promises of the Psalms

"I run in the path of your commands, for you have set my heart free" - Psalm 118:32

There is a reason why your Bible comes with its own built-in hymnbook. The Psalms convey the promises of God in the language of our hearts. It is the psalms, more than any other section of scripture, that realistically articulate some of the deepest emotions we will experience. In these marvelous hymns we find some of the richest resources for developing a healthy spirituality and for overcoming adversities.

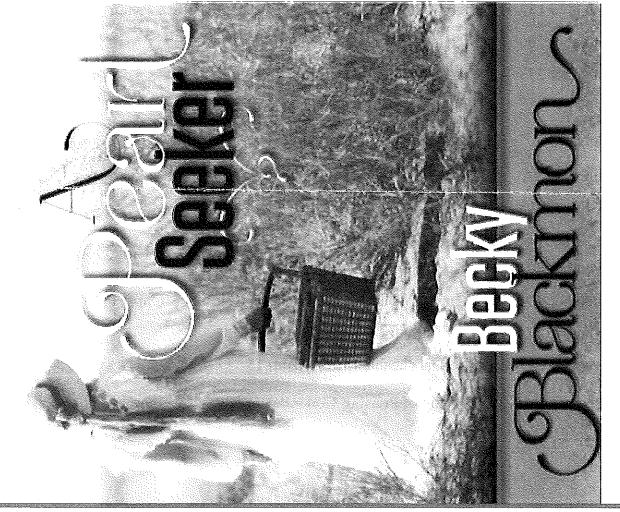
TENTATIVE SCHEDULE

August 16	Introduction to the Psalms
August 23 -	A HEART SET FREE: The Psalms As Word, Worship, and Spirituality
August 30 -	Salvation From Sin – Psalm 51
September 6 -	Release from Guilt – Psalms 51 & 32
September 13 -	Stability to Live a Productive & Happy Life – Psalm 1
September 20 -	Freedom From Fear – Psalms 27 & 118
September 27 -	Patience in the Pit – Psalm 40
October 4 -	Relief & Refuge – Psalms 2 & 4
October 11 -	Hope When God Seems Far Away – Psalms 42 & 43
October 18 -	Perspective to Resist Fretfulness & Envy – Psalms 37 & 49
October 25 -	Faith to Overcome Our Doubts – Psalm 73
November 1 -	My Heart May Sing To You – Psalm 30
November 8 -	Help in Times of Trouble – Psalm 46
November 13-	Renewal When We Experience a Spiritual Slump – Psalm 103
November 22 -	Thanksgiving Sing Night
November 29 -	An Unshakeable Life – Psalm 15
December 6 -	The Joy of Praising God – Psalm 100
December 13 -	Freedom from Anxiety – Psalm 23

There's been a change of plan!

Howe Ladies' Day Saturday,

September 23



Date