

# Jesus Heals a Man Who Could Not Walk

## Lesson 2



**Scripture:** Mark 2:1-12; Luke 5:17-26

**Bible Memory:** Psalm 147:5

"Our Lord is great and very powerful." (ICB)

"Great is our Lord, and of great power." (KJV)

**Focus:** ♥ Jesus always helps us.

### Heart to Heart Teacher Devotion

Today's story recounts a man who was carried to Jesus by his friends. Jesus healed the man's body, and he could walk again. We can take our friends to Jesus to be healed from their wounds. Pray today for an opportunity to help a friend who is struggling, by taking that person to Jesus. Your friend will never be the same. Neither will you.

### Bible Background for the Teacher

Jesus often made Capernaum His headquarters. Several miracles happened there. Peter lived there. Houses in Bible times had flat roofs with outside stairways. Families used the roofs as extra living space. Such roofs were made of tree branches over wooden support beams, covered with a mud and straw mixture that was baked in the sun. This construction would make it easy to create a hole as large as needed.

## Lesson 2 at a Glance

### 1 GETTING STARTED

Use one or more of these learning centers to help children *explore living in a Bible-times house*.



**Quick Step**  
Bible House Lift-a-Flap



Kitchen Play



Explore a Bible-Times House

### Immerse Materials

• *Make-n-Share* and sticker for lesson 2

### Other Materials

- scissors, tape, crayons
- cardboard box, scissors, sticks, iron pot, wooden spoons, bowls
- pottery bowl, wooden spoon, pottery water pitcher, natural fiber mat, iron pot

### 2 BIBLE DISCOVERY

Use all these activities to help children *tell who helped the man who could not walk*.



**Sing and Pray**



**Bible Time**  
Jesus Heals a Man Who Could Not Walk



**Bible Review**



**Bible Memory**

• *Resources* CD, *Resources* sheet 3 story-in-a bag indoor house scene 2a and figures 2b-2d, *Resources* CD Unit 1 Bible Memory Motions printable file

• CD player, Bible, 9" x 12" gift bag, string, tape, reusable adhesive, craft stick

### 3 GROW AND GO

Use one or more of these learning centers to help children *name ways that Jesus helps them*.



**Quick Step**  
"Our Lord Is Great"



"Jesus Helps You"  
Painting



Jesus Helps Game

• *Resources* CD, Scamper puppet

• *Make-n-Share* WATERPAINT picture for lesson 2

• *Resources* CD Jesus Helps Game Cards printable file

• CD player

• paper towels, cotton swabs, small cups of water, paint shirts  
• button

**Closing the Hour**

• *Heart Tugs* issue 2

# Getting Started (10-15 minutes)

- 1** Use one or more of these learning centers to help children **explore** living in a Bible-times house.

## Focus

♥ Jesus always helps us.

## Welcome

- Use a Scamper puppet to greet the children.
- Place a name tag on each child, gather necessary information from the adult bringing the child; then guide the child to a learning center.
- Provide a container in which children can place their contribution money.

## Quick Step Bible House Lift-a-Flap



Before class, cut out the houses and flaps from the *Make-n-Share* pages.

SAY: **Today's Bible story is about a time when Jesus helped a man.**

**Jesus was teaching in a house when He healed this man. ♥ Jesus always helps us. Let's find out how the house might have looked.**

Assist the children as needed in taping on the flaps and adding the sticker. As the children color, talk about the house.

Lift-a-flap books and activities are often a hit with children who enjoy predictable activities. Be prepared to offer extra assistance with tape and stickers, or simply make one ahead of time for a fun one-on-one review!

ASK: **How is this house different from your house?**

**What would you like about living in this house?**

## Kitchen Play

Before class, turn the box upside down and cut an opening in one side. This will represent a Bible-times oven.

SAY: **One day Jesus was teaching inside a house when some friends brought their friend to Jesus so Jesus could help him. ♥ Jesus always helps us. Let's pretend we are cooking and eating in a Bible-times house. We'll have to cook over a wood-fired oven and sit on the floor to eat.**

Show the oven. Guide the children to use sticks for making a fire in the oven. They can place the pot on top of the oven and pretend to serve food. Pretend to pour what has been cooked into bowls and sit on the floor while eating it. Talk about the dirt floor in a Bible-times house. Talk about the kinds of food people ate: fruit, breads, sometimes meat.

ASK: **Would you like cooking and eating like people did in Bible times?**

**What foods would you miss eating if you lived during Bible times?**

## Explore a Bible-Times House

SAY: **Today's Bible story tells about a man whose friends lowered him through a roof so Jesus could help him. ♥ Jesus always helps us. During Bible times, people lived a little differently than we do. It would have been easier to take apart a roof that was built in Bible times. Let's look at some things that might have been in a Bible-times house.**

Show each item. Let the children handle the items and talk about life in Bible times. Explain how people carved spoons from wood and made their own clay dishes. Mats were necessary because they had only dirt floors.

ASK: **How was a Bible-times house different from your house?**

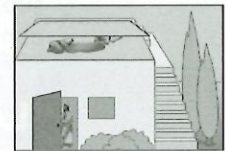
**What would you have liked about living in Bible times?**

**What would you not have liked?**

**Save all visuals for reuse throughout the quarter.**

## Materials

*Make-n-Share* and sticker for lesson 2, scissors, tape, crayons (or washable markers)



## Materials

cardboard box, scissors, sticks, iron pot, wooden spoons, bowls



## Materials

pottery bowl, wooden spoon, pottery water pitcher, natural fiber mat, iron pot



## Cleanup

SAY: **Let's pretend we are cleaning a Bible-times house.** Children can pretend they are picking up toys from a dirt floor. Roll up mats and put away other items used.



## Focus

♥ Jesus always helps us.

# Bible Discovery (20-25 minutes)

- 2** Use all these activities to help children **tell who helped the man who could not walk.**

### Materials

Resources CD tracks 2. and 5, CD player, Bible



### Sing and Pray

Sing "Jesus Went Around Doing Good" and "Our Lord Is Great."

PRAY: **Dear God, thank You for Jesus. He helps people. ♥ Jesus always helps us. In Jesus' name, amen.**

**Our story today is found in the book of Mark in the Bible.** Show Mark in the Bible. SAY: **Let's see how some people took apart a house to help their friend who couldn't walk get to Jesus.**

### Materials

Resources sheet 3  
story-in-a-bag indoor  
house scene 2a and figures  
2b-2d, 9" x 12" gift bag, string,  
tape (or glue), reusable  
adhesive, craft stick



### Bible Time

Before class, attach house scene to one side of the gift bag. Tie a string on each corner of mat 2d. Tape loose ends of strings to inside of bag, as illustrated on sheet 3. Attach man 2c to mat 2d, using reusable adhesive; hide mat inside bag. Attach a craft stick to figure 2b; place inside bag.

SAY: **One day Jesus was teaching in a house crowded with people.** Show scene. **Maybe the people had to stand on tiptoe or peek around corners to see Jesus. Can you do that?** Do so.

**While Jesus was teaching the people about God, four men brought their friend to meet Jesus.** Show 2b. **Their friend could not walk, and the men thought Jesus could heal him. But when the friends got to the house, they could not get in to see Jesus because of the crowd.** Remove 2b.

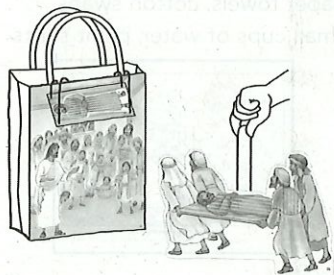
**The man's friends had an idea. The men climbed up to the flat rooftop. Let's climb with them. Pretend to climb. They made a hole in the roof tiles. Let's help lift out heavy roof tiles. Pretend to do so. Then the friends lowered their friend, who could not walk, right down into the house in front of Jesus!** Bring out from bag mat 2d with man 2c on it.

**Jesus stopped teaching. Jesus told the man, "The wrong things you have done are forgiven. Get up and walk."** Remove man from mat, and stand figure.

**The man stood. He could walk! He rolled up his mat and went home.** Remove man and mat. **The man's friends were probably excited that Jesus had helped their friend. Do you think they clapped? Let's clap. We can be excited because we know ♥ Jesus always helps us.** Have children clap.

### Something More!

Introduce this Bible story by letting children take turns lifting another child lying on a beach towel off the floor. Make sure the child is lifted no more than 2".



### Materials

Bible story gift bag and  
story figures 2b-2d  
from Bible Time



### Bible Review

SAY: **Let's remember how Jesus helped a man who couldn't walk.** Place all items in the bag. Have children choose a figure and tell a part of the story.

ASK: **Why were the men carrying their friend on a mat?** (He could not walk.)

**What did Jesus tell the man who could not walk?** ("Get up and walk.")

### Materials

Bible, Resources CD  
Unit 1 Bible Memory  
Motions printable file



### Bible Memory Psalm 147:5

Before class, print and display the motions from the CD.

SAY: **♥ Jesus always helps us. We can read in our Bible about the great things Jesus does.** Show Psalm 147:5. Ask the children to say the Bible Memory with you and review the motions.

## Grow and Go (15–20 minutes)

**3** Use one or more of these learning centers to help children **name ways that Jesus helps them.**

### Quick Step “Our Lord Is Great”

SAY: **In today’s story Jesus showed His power by healing a man.**  
♥ **Jesus always helps us too. Let’s sing our Bible Memory words to remind us of Jesus’ power.**

Sing “Our Lord Is Great” with the children. Use Scamper to encourage the children as they sing. Then have children name ways Jesus shows His power and helps them. (Examples: He listens to their prayers, teaches them what is right, forgives them, heals them, loves them.) Sing the song again.

ASK: **How does Jesus help you?**

**Can you say the Bible Memory verse?** Have children say the verse.

### “Jesus Helps You” Painting

SAY: ♥ **Jesus always helps us. Let’s paint a picture of a way Jesus helps you.**

Have children put on paint shirts. Give each child a WATERPAINT picture and painting supplies. Put a paper towel under each picture to help soak up the excess water. As children work, encourage them to name ways Jesus helps them.

ASK: **How is Jesus helping the child in the picture?**

**What is a way Jesus uses someone else to help you?**

**How can you thank Jesus for helping you?**

### Jesus Helps Game

Before class, print and cut apart the game cards showing people whom Jesus uses to help us.

SAY: ♥ **Jesus always helps us. Let’s play a game to tell ways Jesus helps us through other people.**

Lay out the cards and have children take turns dropping a button onto the cards. Each child should tell one way that Jesus helps us through the person pictured on the card that the button landed on.

ASK: **How does Jesus help you?**

**How can Jesus help you today? this week?**

#### Especially for 2s!



Show one picture to the children. Have them tell whom they see on the picture. Then tell children a way that Jesus helps us through that person. (Examples: provides care, food, protection) Repeat with other pictures.

### Closing the Hour

• Be sure children who are leaving have their activity projects and this week’s *Heart Tugs*. Encourage parents to sing “Jesus Helps Me” with their children. Note: A *Family Together Time* page is available online for families to download. See [www.21stcc.com](http://www.21stcc.com).

## Focus

♥ Jesus always helps us.

### Materials

Resources CD track 5, CD player, Scamper puppet



### Materials

Make-n-Share WATERPAINT picture for lesson 2, paper towels, cotton swabs, small cups of water, paint shirts



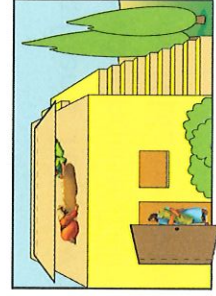
### Materials

Resources CD Jesus Helps Game Cards printable file, button (or coin)



### Teaching Tip

The Jesus Helps cards will also be used in lessons 4, 5, and 10. Printing the pictures on card stock will make them sturdier for this game.



### Instructions

1. Cut out the house picture, the door, and the roof flap.
2. Color the house and add the sticker inside the door.
3. Tape or glue on the door and roof flap.
4. Show your picture to a friend. Tell how a Bible-times house is different from your house. Tell what great thing Jesus did inside one Bible-times home.

**Jesus healed a man who could not walk.**

Mark 2; Luke 5

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Name