

Director's Notes

Developing A Grateful Heart

How can we help children develop a grateful heart when we live in a society that cultivates us to want more, more and more? Our current culture encourages us to feel we are entitled to whatever our neighbors have.

How can we at school, and you, as parents help develop grateful hearts? An article taken from Parenting Magazine, on "Raising A Child Who's Thankful (not spoiled)" lists 5 ways.

The first point is making manners count. We can do this by modeling, correcting and reinforcing manners, and building responsibility in helping with chores.

The second point is "count your blessings." This point talked about not just focusing on possessions but also on people. Make people more important than things. Be grateful for the love and support of the people in our lives.

The third point is to make sure your children are listening. Have them ask you how your day was and talk about what was the best thing in your day. Give them your undivided attention and let them tell you about the best thing in their day too.

The fourth point is to teach them the value of a dollar. During the preschool years, this is difficult, but learning to make choices between items of what they want to buy may help. "This is money you received for your birthday, you can buy this or that with it, not both." Also learning to wait will help develop delayed gratification.

The last point is to expose them to those less fortunate. Here at Zion we try to do this through our monthly offerings. Young children may not feel the pain of those who have less but they can learn to feel empathy and find ways to help them. As they grow, helping others becomes a way of life. This also teaches children to expand their perspective in thinking and problem solving as they learn more about other people.

Have a Happy Thanksgiving with your family and/or friends!

Holiday Worship Services at Zion

Thanksgiving Worship with Holy Communion
November 23 @9:30am

Advent Worship Schedule:

Sunday: December 3, December 10, 17 at 9:30am

Wednesday Midweek Services at 11:30 and 6:45pm

Sunday, Christmas Eve at 2:00pm & 5:00pm

Monday, Christmas Day at 9:30am

All are Welcome

Zion ECEC Christmas Program

Mark your calendars for the ECEC Christmas program on
Saturday, December 9 at 10:30 am.

You will not want to miss this special program. The children learn several songs to sing the true Christmas Story. On this day the children will meet in their classrooms around 10:15 and families go to the Church. After the program, lunch is served in Fellowship Hall.

We hope you can join us.

If you have any friends who are looking into preschools, pass along a good word of mouth for Zion Lutheran Early Childhood Education Center. Thanks!



November 2023

Zion Lutheran ECEC

204 S. Grant Street
Hinsdale, IL 60521
630-323-0065

www.zionhinsdale.org

Upcoming Dates:

- ☉ November 13 Chapel day
- ☉ November 22,23,24 -No School—Happy Thanksgiving
- ☉ December 9 @10:30—Christmas Program
- ☉ December 20—January 3 NO SCHOOL Merry Christmas and Happy New Year
- ☉ January 4 Welcome back!

The full School Calendar can be found on our school website.

<http://www.zionhinsdale.org>
zionlutheranecec@gmail.com

Facebook: [facebook.com/zionECECHinsdale](https://www.facebook.com/zionECECHinsdale)

Instagram: [Instagram.com/zionecechinsdale](https://www.instagram.com/zionecechinsdale)

YouTube: [YouTube.com/ZionLutheranECECVideo](https://www.youtube.com/ZionLutheranECECVideo)

"This is the day
the Lord has made"
.Psalm 118:24



"The mission of Zion Lutheran Early Childhood Education Center is "Building and Strengthening Relationships with Jesus and Each Other & Opening the Door to a Lifetime of Christian Education."