

Unpacking the Legacy of Colonialism on the Latinx Psyche: An Exploration of the 'Chingada' Complex

Saturday, July 25, 2020 from 10:00 AM to 1:00 PM



Event Information

PUBLIC PROGRAM

Presented by: Jorge de la O, MA, LMFT, Jungian Analyst

REGISTER NOW. SPACE IS LIMITED.

****THIS SEMINAR WILL TAKE PLACE ON ZOOM****

"Group complexes litter the psychic landscape and are as easily detonated as the literal landmines that scatter the globe and threaten life – especially young life..."

Thomas Singer, *The Cultural Complex*

As current events reveal, these landmines, these group complexes threaten not only the wellbeing of People of Color but life globally. This presentation will focus on the "The Chingada Complex". La Chingada is a Mexican word that reveals the cultural unconscious of the Americas. However, La Chingada is a multifaceted entity that reveals not only the Chicano/Mexican psyche but our collective wound in the United States and abroad. By focusing on the cultural images used by Indigenous and Chicano clients in therapy, this workshop intends to heighten the clinician's awareness of the cultural psyche. We will examine the cultural unconscious using myth, art, sandplay, and dreams of Latinx clients.

The naming and honoring the sol y sombra of this archetypal pattern embedded in this particular culture complex must be viewed bi-directionally. The therapist must also see La Chingada as a cultural strength and understand the therapist's place in the Chingada complex currently and historically. The clinician must be open to entering into a relationship with the Chingada Complex. This approach seeks to be of a more inclusive process where clients and analysts are both subject to change. This sort of clinical work demonstrates analytic psychology as an inclusive approach to healing that honors the cultural unconscious and the influence of cultural-based trauma.



"Coatlicue and Chola" By Pola Lopez

Learning Objectives:

1. Develop an understanding of the ongoing impact of the Conquest of America from a Jungian perspective.
2. Explain the archetypes that manifest in the images found in the Chingada Complex.
3. Examine how the therapist can utilize this cultural imagery in psychotherapy using sandplay and dreams.
4. Describe an understanding of bi directionality in analytical psychology.
5. Increase sensitivity to culture and diversity and broaden an awareness of how culture controls behavior in deep and persistent ways, many of which are outside the awareness and, therefore, beyond the conscious control of the individual.
6. Identify how a cross-cultural approach supports the worth, dignity, potential, and uniqueness of each individual.

Tuition \$75 (with 3 CEUs Psychologist, LMFT and LCSW), **\$60** (without CEUs)

Intermediate post-licensure instructional level. Please bring writing materials.

Jorge de la O, M.A., L.M.F.T., and Jungian Analyst is in private practice in Santa Paula, CA. Jorge is a faculty professor at Pacifica Graduate Institute. He is also an instructor at the C.G. Jung Study Center of Southern California. He has taught and lectured on La Chingada in the United States and most recently at the IAAP conference in Vienna, Austria.

Policy Refund and Attendance Policy:

CANCELLATIONS are subject to a \$50.00 processing fee and must be received 14 days prior to be eligible for a refund. Contact: www.jungstudycenter.org.

Special needs, accommodations or requests: Facilities and programs are accessible to persons with disabilities. If you have a special need, please contact Nancy Romig at 619-729-6089. Please allow as much advance notice as is possible to ensure we have ample opportunity to meet your needs.

Grievance: If a grievance regarding CE's is brought to the attention of the Program Administrator, he/she will review it and respond to the participant in a timely, reasonable and ethical manner. If the Program Administrator deems the grievance valid, full or partial refund may be given or other appropriate accommodations made.

Course Credit Policy: Those who attend this workshop in full and complete the appropriate evaluation form will receive three (3) CE's for attending (1 CE per 60 minutes course time, no CE will be given for the 1 hour lunch break).

Please note that credit will only be granted to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credit.

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Event Location

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