



NURSE ASSISTANT TRAINING PROGRAM

SMN Square, Inc and Precise Business Group, Inc are strategic partners with the American Red Cross. The Nurse Assistant Training Program offers students a chance to learn in a hands-on environment under the eyes of experienced licensed nurses, bolstered by a curriculum that meets or exceeds federal and state standards. Most program sites offers day, evening and weekend classes in a convenient location to meet student scheduling and transportation needs. Graduates of the program are eligible to take their state competency examination, and if they pass, be listed on their state's Nurse Aide Registry. The state competency exam includes both a written examination and a skills evaluation. The purpose of the state exam is to make sure that the graduate understands and can safely perform in the role of an entry-level nurse assistant.

Overview

Start a New Career in the Medical Field with the American Red Cross CNA (Certified Nurse Assistant) Training Program

Imagine a job that rewards you for caring about others...that is exciting and challenging...a job where you make a difference. Whether you're just starting your career or ready for a change, now is the time to consider becoming a Nurse Assistant. In most states a Nurse Assistant is referred to as a (CNA).

As a CNA, you will be an important part of today's world of health care, with knowledge and skills that are always in demand. The Red Cross CNA Training Program prepares individuals with the information and the experience needed to become a Nurse Assistant who will provide quality care for residents in long-term care facilities, hospitals, home health care and hospice settings.

The American Red Cross is the premier provider of Nurse Assistant Training (NAT) and has prepared individuals for work in the nursing field for over 100 years. The program is designed with input from educators, caregivers, and long-term industry representatives from across the United States.

Day CNA classes are available in which students learn in a hands-on environment under the eyes of caring and professional nurses, bolstered by a nationally developed Red Cross Curriculum that meets or exceeds state standards.

The program places a high emphasis on learning excellent communications skills and the Art of Caregiving to provide compassionate care for people in the health care system. Through lecture, DVDs, role-playing, and laboratory practice, students learn procedural skills such as vital signs, bathing, dressing and positioning. The classroom is equipped with hospital beds and medical equipment to practice skills prior to the clinical rotation.

An emphasis on academics and hands-on skills training, graduates of the NAT program are well prepared for the requirements to pass the state test as well as to be successfully employed in hospitals, long-term care facilities and home healthcare settings.

We offer one of the best NAT Programs* in the industry by using a combination of lecture, hands-on/on-site, and audio-video training.

*Based on % of our students passing State exam.

Course Benefits

- Small Class Sizes
- Accessible Locations (near public transportation)
- Hands-On Experience
- Licensed Instructors with Professional Experience
- Course Length 4-8 Weeks

Course Requirements

Training requirements for the Certified Nurse Assistant varies from state to state, these listed items are required for all Red Cross Nurse Assistant Training courses.

- Attend a local orientation information session
- TABE (reading and math assessment) OR verification of High School diploma or GED
- Must pass a Red Cross criminal background check prior to registration
- Completion of Red Cross physical form/TB test

The Nursing Home Reform Act, adopted by Congress as part of the Omnibus Budget Reconciliation Act of 1987 (OBRA '87), was designed to improve the quality of care in long-term health care facilities and to define training and evaluation standards for nurse aides who work in such facilities. Each state is responsible for following the terms of this federal law.

The State Competency Test is an evaluation of nurse aide-related knowledge, skills and abilities. The Pearson View test is made up of both a written and oral examination in addition to a skills evaluation. The purpose of the examination is to make sure that the student understands and can safely perform the job of an entry-level nurse aide.

Upon successful completion of the course students will qualify to take the State Competency Test to be a Certified Nurse Assistant (CNA). The course prepares students to seek employment in various health care settings, including skilled nursing facilities, hospice care, board and care/retirement facilities, rehabilitation hospitals, psychiatric hospitals, and day care facilities for the elderly.

Description

The Red Cross Nurse Assistant Training Program helps students learn skills that will enable nursing assistants to provide quality care for residents in nursing homes, as well as supplemental information and skills that will enable graduates to provide quality health care for clients at home and patients in hospitals.

In this course you will learn the following:

- CPR/FA/AED
- Infection control
- How to take vital signs
- Range of motion exercises
- How to be a valuable and adaptable employee
- Communication, teamwork and diversity skills for the workplace
- Important skills and techniques necessary to be a successful Nurse Assistant.

Our course curriculum includes textbook lecture and in-depth instruction in the following areas:

- The Art of Caregiving
- Promoting Safety
- Providing Care
- Special Care Instructions
- Transitioning from Student to Employee

Course Information

The Red Cross Nurse Assistant Training course has two components. Students must pass both portions of the training in order to graduate.

NAT Program Part 1 (Theory/lab)

The first part of our nurse assistant training takes place in the classroom and lab settings. Students will learn all aspects of patient care, through lectures as well as demonstrations and hands-on practice. Students will need to pass several quizzes and a final exam, plus successfully demonstrate that they are able to do assigned skills.

NAT Program Part 2 (Clinical)

Upon successful completion of the theory and lab portion of the course, students will begin the clinical training part of the program. During clinical training students will work directly with residents of a long-term care facility. Students will be supervised by a licensed nurse, who has been certified by Red Cross as a Nurse Assistant Training Instructor. During the clinical rotation students will experience what working as a nurse assistant is like every day in a long-term care facility.

During This Course You Will Learn and Practice:

- Adult CPR/FA/AED, including first aid for choking
- Infection control
- How to take vital signs
- Personal care skills, such as bathing, grooming and assisting with feeding and toileting
- Range of motion exercises
- Positioning and transferring
- How to be a valuable and adaptable employee
- Communication, teamwork and diversity skills for the workplace
- Legal and ethical aspects of health care
- Caring for people with dementia and other conditions
- Other important knowledge and skills necessary to be a successful Nurse Assistant.

FIRST AID/CPR/AED

Summary

The First Aid/CPR/AED portion of this course prepares the layperson to respond to choking, breathing and cardiac emergencies—and how to use an automated external defibrillation unit in conjunction with CPR. This course meets the latest 2010 CPR and ECC Guidelines using a combination of instructor and hands-on training.

The First Aid portion of this course is designed for emergency response teams, safety personnel, supervisors and the general public, this course teaches how to respond to breathing emergencies, identifying and caring for bleeding, sudden illness and injuries and techniques for preventing disease transmission.

What You Will Learn

- Taking action in an emergency
- Assessing the victim
- Provide basic life support, including airway management, breathing and circulation
- Using an AED
- Recognize an emergency
- Act appropriately
- Sustain life until professional help arrives

Topics

Course Content

- Acting in an emergency

- Preventing disease transmission
- Checking the victim
- Basic life support
- Recovery position
- Choking
- Heart attack and chest pain
- Bleeding and wound care
- Shock
- Burns
- Serious injuries
- Bone, joint and muscle injuries
- Sudden illness
- Allergic reactions

Course: Babysitter's Training

Purpose

To provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid.

Prerequisites

None. Recommended age 11–15 years.

Learning Objectives

- Define leadership and identify role modeling, respect, communication, motivation, taking action and decision making as important leadership skills.
- Identify ways to respect diversity among the children they babysit.
- Apply the FIND decision-making model to common babysitting situations.
- Use safe and appropriate techniques for finding babysitting jobs.
- List good business practices and professional work behaviors for babysitting.
- Identify safety-related problems and know how to prevent, recognize and fix them to create a safer environment in and around the home.
- Identify which behaviors to expect from children based on their ages and developmental stages.
- Describe the importance of play for children's growth and development.
- List and apply appropriate techniques to prevent misbehavior and help children engage in desired behaviors.
- List at least three types of basic child care.
- Recognize an emergency.
- Identify and apply the emergency action steps: **CHECK—CALL—CARE**.
- Explain the differences between life-threatening and nonlife-threatening emergencies.
- Identify who to call and when to call in different emergency situations.
- Describe how to check a conscious child or infant.
- Explain how to care for bleeding and burns.
- Demonstrate the proper way to wash their hands.
- Demonstrate how to properly remove disposable gloves.
- Demonstrate how to pick up and hold an infant and toddler.
- Demonstrate how to bottle-feed an infant.
- Demonstrate how to spoon-feed an infant or toddler.
- Demonstrate how to diaper an infant or toddler.
- Demonstrate how to help a conscious child or infant who is choking.
- Demonstrate how to check an unconscious child or infant.
- Demonstrate how to give care to an unconscious child or infant who is not breathing.
- Demonstrate the steps to control external bleeding.

Length

6 hours, 30-minutes (excludes breaks and lunch)

Instructor

A currently authorized American Red Cross Babysitter's Training instructor.

Certification Requirement

- Attend all class sessions.
- Participate in all skill sessions and activities.
- Demonstrate competency in all observable skills.

Certificate Issued and Validity Period

Babysitter's Training: No validity period

Participant Products/Materials

American Red Cross Babysitter's Training (Stock No. 655633)