

Sunday Monthly Review
Quarter Theme: Enduring Beliefs of the Church
Unit 3: The Church and Its Teachings

Lesson 9
The Christian Church
Mark 4:26-32; Ephesians 4:4-6; 11-18
February 1, 2026

How does this lesson connect with the quarter's theme?

An enduring principle is that Christians grow together as the body of Christ, in keeping with God's expectation for the church. Striving to walk in the newness of life. Our Vision statement (Eph 4:12-13) directly ties into the Scriptures in this lesson.

Who are the recipients of Mark and Ephesians?

Mark has no stated recipients and more than likely documents the life of Jesus Christ as the first recorded account.

Paul writes to "To the saints who are in Ephesus, and faithful in Christ Jesus." (b clause of 1:1)

Take a closer look at these key words or phrases in the lesson Scriptures.

Grow; yields; sickle; and harvest (Mark)

Equipping; edifying; unity; wind of doctrine; and joint and knitted together (Ephesians)

What do you hope for your students to come away with from this lesson?

Each student is important to the body of Christ; when we grow together effectively, the body of Christ is strengthened as each person walks in the newness of life.

Notice the vision statement of our church.

The vision statement encapsulates the mandate to promote discipleship and Christian growth through sound doctrine.

Describe how the students can live out their purpose within the church?

Personally, I am committing to study the Word of God, to pray for personal growth, and to be an example for others to follow.

Look for Divine Principle(s)

The Lord expects continual growth in the person and transformation in the lives of those in the body of Christ.

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Lesson 10
Baptism and the Lord's Supper
Matthew 3:13-17; 28:19-20; 1 Corinthians 11:23-29
February 8, 2026

How does this lesson connect with the quarter's theme?

These are the two ordinances of our faith. These enduring ordinances have existed since the church's inception. On the Day of Pentecost, people were baptized and communed through fellowship in the breaking of bread (Acts 2:40-47), which is our annual theme. Also, Matthew 28:19-20 is our church's mission statement.

Baptism and the Lord's Supper are ordinances.

Baptism is an outward expression of what has happened internally by the Holy Spirit. 1 Cor. 12:13 For by one Spirit we were all baptized into one body—whether Jews or Greeks, whether slaves or free—and have all been made to drink into one Spirit. The Lord's Supper serves as a constant reminder of the Lord Jesus' sacrifice and salvific act of the shedding of His blood on Calvary.

1 Cor:11:24-25 and when He had given thanks, He broke *it* and said, "Take, eat; this is My body which is broken for you; do this in remembrance of Me."

²⁵ In the same manner *He* also *took* the cup after supper, saying, "This cup is the new covenant in My blood. This do, as often as you drink *it*, in remembrance of Me."

Key words and phrases in the lesson Scriptures?

Baptize; teaching; covenant; and "in remembrance of Me."

What do you hope for your students to come away with from this lesson?

Our church's emphasis this year is evangelism and discipleship. These are enduring principles of the church. We could be excited about both because heaven celebrates when the lost are found and is pleased when disciples are made.

Explain the depth of baptism.

Talk about the process.

Explain the Lord's Supper.

Talk about the process.

Look for Divine Principle(s)

God is pleased with obedience. Remembering the reason for these ordinances and their significance to our fellowship with Jesus Christ, who is the Head of the body of Christ.

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Lesson 11
The Lord's Day
Exodus 20:8-11; Romans 14:4-6; Revelation 1:10
February 15, 2026

How does this lesson connect with the quarter's theme?

The enduring belief of the church is that Christ will return. The church observed the Lord's Day on Sunday because of Jesus' glorious Resurrection. The Exodus passage connects to the Jewish understanding of the Lord's Sabbath and the creation narrative.

Know something about each Book?

Be able to summarize Israel's Egyptian narrative at least up to chapter 20.

The Romans' passage and its context to understand its content.

The Revelation passage and how it fits with the other two passages.

Key words or phrases in the lesson Scriptures?

Sabbath

Observes

"The Lord's Day"

What do you hope for your students to come away with from this lesson?

Make sure the students know the difference between 'The Lord's Day' and 'the day of the Lord.' And the difference between a Jewish week and our calendar week.

What does the Sabbath mean?

Sabbath in the Bible means the seventh day, a time of rest.

Are there other Scriptures that point to the Lord's Day other than the lesson Scriptures?

Acts 20:7

⁷ Now on the first *day* of the week, when the disciples came together to break bread, Paul, ready to depart the next day, spoke to them and continued his message until midnight.

Look for Divine Principle(s)

We worship and praise that Jesus, through the power of God, arose for us on an early Sunday morning.

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Lesson 12
Stewardship and Mission
Acts 1:6-8; 2 Corinthians 8:3-9
February 22, 2026

How does this lesson connect with the quarter's theme?

This title represents the enduring acts of the church. The first deals with the abiding power of the Holy Spirit. Right away, we cannot be stewards or mission-minded Christians without the Spirit of the Living God.

Define Christian Stewardship?

Stewardship - manager of a household or estate (house steward, manager). "one who rules a house" (Gal. 4:2) denotes a superior servant responsible for the family's housekeeping, the direction of other servants, and the care of underage children.

Define the Mission?

Mission (מִשְׁמֶרֶת) is found only in the OT, in 1 Samuel 15:18 and 20. Meaning - "way (path, road, highway); distance; journey; manner, conduct; condition; destiny."

Key words or phrases in the lesson Scriptures?

- You shall receive power
- Witnesses (whose?)
- Fellowship
- Ministering

What do you hope for your students to come away with from this lesson?

The hope is that each understands that Jesus Christ has entrusted the Great Commission (by stewardship) to be carried out (the mission) through the power of the Holy Spirit.

Discuss with the student ways for them to complete the ministry that Christ left the church to carry out.

Look for Divine Principle(s)

We are saved to be witnesses wherever Jesus sends us, always totally relying upon the Holy Spirit to witness.

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Lesson 13
Loving God, Loving Others
Mark 12:28-34; James 2:14-17
March 1, 2026

How does this lesson connect with the quarter's theme?

The enduring beliefs of the church are central to our Christian identity, and love is the gift God gives to the church.

Know something about the Book of James?

James is one of the first Books written to the early church. Written primarily to encourage dispersed Jews to leave their land because of intensive persecution.

Key words or phrases in the lesson Scriptures?

- Love
- All ... Heart, soul, mind, and strength
- Profit
- faith

What do you hope for your students to come away with from this lesson?

In our love for God and others, we are to serve God and our neighbors. All students should understand that James is not focused on salvific faith. In fact, because of being saved, we can see it in our works.

Find Scriptures that mention 'God or Jesus' love', other than the immediate lesson?

Prov, 3:12; John 3:5; 5:20; 10:17; 2 Cor 9:7; Heb 12:6; John 13:34; 15:12

Find Scriptures that command us to love others, other than the immediate lesson?

John 13:34; 15:12, 17; Ro 13:8; 1 Thes 4:9; 1 Pe 1:22; 1 John 3:11, 23; 4:7, 11-12; 2 John 5

Look for Divine Principle(s)

Allow love to be the motivating gift that causes actions in our lives that bring glory to God.