

Pearls & GEMS

February 2019

Vol. 1 No 2

Mini-Mag to Inspire Today's Urban Girl

Remembering Love
& Love Is All
Around

Love
Is In
My
DNA!

Your
"FUN"
Space

The Reading
Nook

*Madame Ophelia DeVore:
The First Lady of Etiquette*

Being My Own Valentine:
Loving Myself





Hey Pearls & Gems!

When you think about the month of February, both Valentines Day and Black History month comes to mind. So in this issue we invite you to take a look at the stories and poems written on love in addition to a special Black History article about Madame Ophelia DeVore, the first lady of etiquette. Of course, you will find quizzes, color pages, and even a crossword puzzle in this issue. We would also like to welcome our two newest contributors to the P&G family Aailyah Bowman and Raymona Pillow! Enjoy this months issue and always keep in mind...what the world needs now is **LOVE!**

Contents



Love Is In My DNA! **Page #3**

Madame Ophelia DeVore: The First Lady of Etiquette
Page #4

Inspirational Quote – You Are Incredibly Valued **Page #6**

Being My Own Valentine: Loving Myself **Page #7**

10 Affirmations of Self-Love **Page #8**

Just a Thought: Let's Get Healthy **Page #9**

Your Fun Space – The Reading Nook **Page #10**

Remembering Love **Page #11**

It's All About Love: A Crossword Puzzle **Page #12**

Books of the Month **Page #13**

A Princess Quiz - Who Are you the Most Like? **Page #14**

1 Corinthians 13 **Page #16**

Love Is All Around (A Poem) **Page #17**

John 13:34 **Page #18**



FOUNDER &
PUBLISHER
Cynthia M. Pillow

**PEARLS & GEMS
MINI-MAGAZINE
Vol.1 No.2
FEBRUARY 2019**

EDITOR-IN-CHIEF
Celena R. Pillow

GRAPHICS
Divine Press DTP

**CONTRIBUTORS
FOR THIS ISSUE**

Shaquida Ano
TEMPLE HILLS, MD

Aailyah Bowman
WASHINGTON, DC

Autumn Pillow
ATLANTA, GA

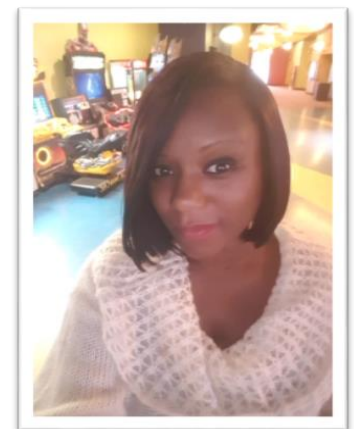
Raymona Pillow
ATLANTA, GA



Have you ever heard the statement “*treat people the same way they treat you?*” This is a statement that many girls are taught to live by. This statement implies that if someone calls you a name, then you should call them one back. It implies that if someone is rude and mean to you, then you should be rude and mean to them as well. This is just the opposite of what our father God wants us to do. The Bible tells us that we are God’s children and made in His image. No one knows what God looks like because He is a spirit. So, when the Bible states that we are made in his image, it means we have his character and his nature. Our God is forgiving, loving, and kind and we are to be forgiving, loving and kind, just as he is.

He tells us to love those who hate us. What that means is even though people may mistreat us, we are still required to love them. In fact, God tells us to never repay evil with evil, but to repay evil with good. Let me give you an example of what that means. Let’s say you rushed out of the house for school and during your lunch break, you discovered that you left your lunch at home. At the time you noticed that your friend had 2 sandwiches in her lunch bag, so you asked your friend to give you a piece of her sandwich, which would fill your tummy until you got home. Your friend responded by saying that she was hungry and refused to share with you. Your friend’s response really hurt you because even though she had more than enough to share, she chose not to. Our normal response would be to get angry and the next time your friend asked you for something, you would be tempted to treat her the same way: and say a big fat NO!

As children of God, we are not permitted to respond this way. God wants us to love people unconditionally. The proper response would be to let her know how her response made you feel forgive and continue to love her. At some point it will be her time of need and she will need to borrow from you. Your response should be to give her exactly what she needs, if you have it. This is what God means by repaying evil for good. Even though others may be “mean girls” you should demonstrate the love of God by being a “good girl”. Who knows, maybe, your kindness will teach others how to be kind. The next time someone mistreats you, remember that you are a daughter of a King and **LOVE** is in your **DNA**. You are required to love even those who hate you. Pray and ask God to help you to love everyone even those who mistreat you! Remember, we **LOVE** because God first “Loved” us!



Shaquida Ano



MADAME OPHELIA DEVORE: *The “First Lady” of Etiquette*

By: Lady Cynthia Pillow

In honoring Black History month, I am sure you can name a lot of people you are familiar with and talk about. However, this time, I want to share with you someone you may not have heard of. Madame Ophelia DeVore. I call her the “*First Lady*” of etiquette. Madame Ophelia DeVore is a legend in the field of Etiquette. She has helped to shape the image of countless actors, politicians and athletes while opening doors for African American models worldwide.



Madame DeVore was born August 12, 1921 in Edgefield, South Carolina. One of ten children, Madame DeVore was born to two mixed-race parents, John Walter DeVore and Mary Emma Strother.

In later years Madame DeVore became a prolific business woman by watching her father who was the owner of a traveling contracting company and her mother who was an etiquette instructor and musician.

Because her father’s business demanded him to travel a great deal as a result when she was 11 years old, she went to live with her great aunt, Stella Carter in New York. She attended and graduated from the prestigious Hunter College High School in Manhattan.

While in high school, fiends urged Madame DeVore to model and she began landing modeling jobs in Europe. Because of her fair skin, she was able to book modeling jobs darker-skinned models were not able to secure during that time. However, Madame DeVore did a lot in her lifetime to change discrimination in the industry.

Madame DeVore went on to receive her bachelor’s degree in mathematics, with a minor in several languages including French, Latin and German at New York University. In 1941 she continued her studies to include fashion, public relations and marketing. Later she married Vernon Mitchell.

After graduating from college and excelling in the fashion industry, Madame DeVore continued to feel the need to address the lack of opportunities in the fashion industry for women of color. As a result, she and friends came up with the idea to open a modeling agency that specialized in showcasing Black beauty. To better prepare herself, she attended Vogue’s School of Modeling in New York. Upon completing her studies, she became a feature model for Ebony magazine the leading black magazine at that time.

In 1946, Madame DeVore opened the first black-owned modeling agency in New York, the Grace Del Marco Agency. Two years after opening the modeling agency, she opened the Ophelia DeVore School of Self-Development and Modeling where she trained over 20,000 students on everything from etiquette to speech and ballet. Some of her class titles included Wardrobe I, II, and III, Figure Control with Fencing and Ballet; and Social Graces. Some of her students included, Diahann Carol, Beverly Johnson and the legendary Cicely Tyson.

Madame DeVore and her students achieved one of the highest honors in 1959 and 1960 when they became the first American of any race to win a title at the Cannes Film Festival. In 2006 she closed the doors to both her modeling agencies. She used those doors of opportunity that had been open for her through modeling and etiquette to empower her community.

On February 28, 2014 Madame Ophelia DeVore passed away in Manhattan, New York. She was 92. She was a true pioneer of etiquette in the Black culture.





COMING SOON!

The Etiquette Essentials Workshop

Two Sessions

SESSION ONE
"Mind Your Manners"
(Basic Etiquette skills)
Ages 6-11



SESSION TWO
"Etiquette & Leadership"
(Social & Life skills)
Ages 12-17

Dream...Inspire...Soar!

www.purebeautygem.com

You are
Incredibly
Valuable

DEEPLY
LOVED

mightily gifted

critically needed

AWESOMELY

put together

FOR A LIFE

of purpose!



Being My Own Valentine: Loving Myself

By: Aaliyah Bowman

February, the season of Love, where people give candy, flowers, and gifts to show their appreciation for their loved ones, family and friends to celebrate Valentine's Day. Do you show love and appreciation for yourself? Can you be your own Valentine?

Self-Love is knowing and accepting who you are inside and out. Self-Love is an important aspect to self-growth and being the best you can be. It increases confidence and self-esteem. Some may struggle with this because others may judge them and try to put them down because they are different.

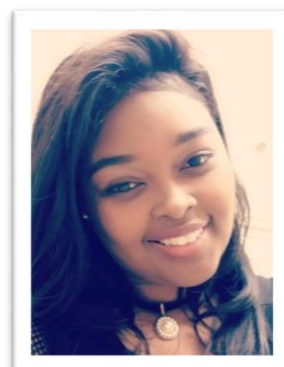
Social media influences so many ways we think of ourselves. From the way we look, the way we dress, to even our actions. Some of us are so concerned about what other people think that we forget about who we really are. So we become someone else, filtering who we are, just like we filter our pictures and posts, just to appease society. Sometimes Social Media makes you focus on what you or others may view as your "flaws" in a negative light. You may begin to change yourself for the wrong reasons or even put yourself down. That is not self-love.

Stop and take a moment to lift the filter. Take a look at who you are as a person. What are the things that make you who you are? What makes you unique and stand out from everyone else?

Loving yourself is accepting your "flaws". Embrace all that comes with you, the good and the bad. Know that you are Fearfully and Wonderfully Made. Everyday you wake up; you should look in the mirror and speak greatness to yourself.

Be your own Valentine. Show yourself love and appreciation for just being you by respecting yourself. Take pride in knowing that you are a unique force of greatness. There is only one you, everyone else is taken.

Try saying these affirmations everyday to ensure appreciation for oneself. You will begin to accept your weaknesses and grow your strengths. You will begin to live intentionally because you are here for a purpose.



Aaliyah Bowman

The background of the entire page is a soft, light pink color. Scattered across it are various pink-themed items: several heart-shaped popsicles with pink candy coating and white ribbons, a pink ice cream cone with pink swirls, and numerous small pink heart-shaped confetti pieces. Some of the confetti is shaped like the word 'love' in a cursive font. In the top left corner, there are two overlapping pink hearts. The top heart is smaller and contains the number '10'. The bottom heart is larger and contains the text 'Affirmations Of Self-Love'.

10

**Affirmations
Of
Self-Love**

I Love Myself

I Accept Myself

I Accept my Flaws

I Accept All Parts of Myself

I Am Worthy

I Am Beautiful

I Respect Myself

I Am Confident

I Am Important

LOVE YOURSELF, BECAUSE GOD ALREADY DOES!



#JustAThought

*God Wants You
To Prosper and
Grow...Let's Get
Healthy!*

by Ms. Celena

I pray that you have a good day today. Do good in school, be safe out there, and work hard. Also strive this year, month to month, even day to day to eat right, exercise. Overall, just make healthy choices for your life. Our Father in Heaven wants us to prosper/grow in so many things, and one of them is being healthy. When you get a moment read **3 John 1:2** (*from the message or living translation*).

God wants you and I to live long lives. But we can't do that by making bad choices when it comes to taking care of ourselves. Let's work together to being healthy physically, so we can do all that God has planned for us this year and in the years to come. Don't stop talking/praying to God. Don't stay down, get back up! You are valuable, no matter what your peers may say. Know that!

#justathought

#yourresponseisyourresponsibility

#yougirlsrock

"Dear friend, I hope all is well with you and that you are as healthy in body as you are strong in spirit." **3 John 1:2 NLT**

MANGO PEACH SMOOTHIE

As delicious as this smoothie tastes, it is *super* simple — just fruit, juice, and water. To make this smoothie lactose-free, simply replace the half cup of milk with good old water.

Ingredients:

- 1 peach, sliced
- 1 mango, peeled and diced
- 1/2 cup milk
- 1/2 cup orange juice

Directions: Place the peach, mango, milk, and OJ into the blender. Cover and blend until smooth.



Your Fun Space



The Reading Nook



Your room is your own private haven. So why not create a cozy little fun space to relax, chill, and read a good book? The perfect solution would be to create a reading nook. Here are a few ideas to help you create your own cozy area.

1. *The first thing* is to create cozy seating. This could be a small chair, a large body pillow or a small mattress.
2. *Next*, a reading nook would not be complete without some throw pillows in your favorite colors. Different shapes, sizes and patterns.
3. *Now to add* a little privacy to your little oasis, ask your parents if you could hang a curtain to make a canopy.
4. *Don't forget* to add a little sparkle (lighting) to help you see better when reading.
5. *Your reading nook* would not be complete without some place to store your books and magazines. So shelves or a storage box would work.
6. *Finally*, the finishing touch is to add something special like your favorite stuff animal or poster.

Have fun creating your own private space!



February is a month when everyone thinks of Valentine's Day. As a teen, we may decide to have a movie marathon, babysit for parents or another couple, go shopping to take advantage of the sales, create or buy gifts for family and close friends or get a mani/pedi to treat ourselves. These are just a few ideas.

Did you know that the ancient Romans celebrated the feast of Lupercalia, a spring festival, on the 15th of February? With the introduction of Christianity, the holiday moved to the 14th of February – the saint day that celebrated several early Christian martyrs named Valentine.

But this is what I think about during the month of February. I think about the love and sacrifices that were made to make sure that someone like me would have a future. These are just a few people who have made an impact on me and I think of during this month.

I think of Phyllis Wheatley who when only 12 years old, became the first female African American author published. She taught us that no matter what happens in your early life, you can aspire to anything your heart desires.

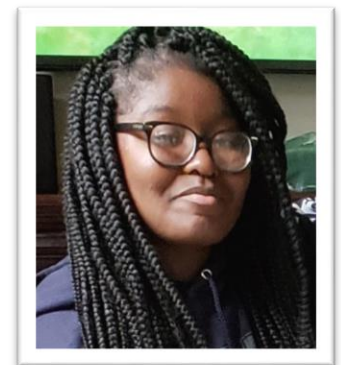
Of course everyone should think of Martin Luther King, Jr. who has to be admired for his love for equality. Did you know that he improvised part of his "I Have a Dream Speech"? He was disappointed at the numbers the media was reporting. However, after they reached the Lincoln Memorial, the numbers swelled. This probably inspired him to change his speech. This tells me



that plans can always change. You must be willing to adapt to change, but don't give up. If you listen to God's will and not your own, you will be surprised at how His love will pour out.

Do you know about Hattie McDaniel? She was the first African American to win an Oscar. Her performance as "Mammy" in *Gone With the Wind* (1939) won her Best Supporting Actress at the Oscars that year. Dream and dream big! Don't allow circumstances slow you down.

Remember the love that was shown that paved the way for you and me.



Autumn Pillow

"We love him, because He first loved us." 1 John 4:19 (KJV)



It's All About Love...



Created By:
Autumn Pillow

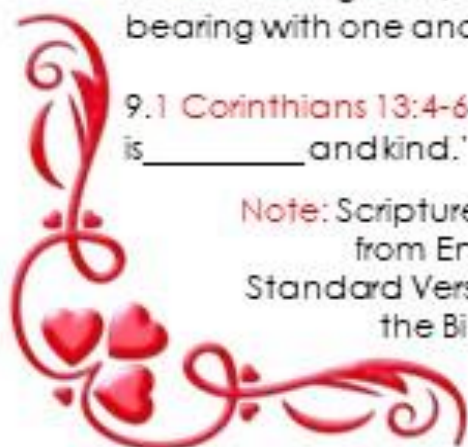
ACROSS

3. "_____ love has no one than this, than to lay down his life for his friends." *John 15:13*
7. "For God gave us a spirit not of _____, but of power and love and self-control." *2 Timothy 1:7*
8. *Ephesians 4:1-2* says "Be _____ humble and gentle, be patient, bearing with one another in love."
9. *1 Corinthians 13:4-6*, says "that love is _____ and kind."

Note: Scriptures are taken from English Standard Version (ESV) of the Bible

DOWN

1. *Mark 12:31*, says "love thy _____ as yourself."
2. "Let us not love with words or speech, but in actions and in _____." *1 John 3:18*
4. *1 Corinthians 13:13* says "And not these three remain: faith, hope, and love. But the greatest of these is _____."
5. *Romans 5:8* says "I loved you at your _____."
6. Where you go I will go, and where you stay I will _____." *Ruth 1:16*
7. We love because he _____ loved us." *1 John 4:16-19*





Books of the Month





Who Are You The Most Like?

Every girl loves a Disney princess movie. Which princess was your favorite? Who are you the most like? Belle, Cinderella, Merida, Mulan or Tiana? Take this fun quiz and find out.

1. **You get invited to the biggest party ever, which takes place in two weeks. You don't have a thing to wear, though. So you...**
 - a. Babysit or work some other part-time job to earn the money.
 - b. Sigh and say you can't go.
 - c. Borrow an outfit.
 - d. Look up a pattern in a book or on the internet and make an awesome outfit.
 - e. Go in your most comfortable clothes and dare anyone to say anything.
2. **Most people would describe you as...**
 - a. A hard worker
 - b. Too shy for your own good.
 - c. An ingenious risk taker.
 - d. A bookworm.
 - e. Headstrong and totally against the status quo.
3. **You need money for college, so you...**
 - a. Strive to get good grades to get a scholarship but work during the school year and every summer to save as much as you can.
 - b. Strive to get good grades to get a scholarship, but consider going to a community college for a year if things don't work out.
 - c. Figure out a way to get the college of your choice to give you a scholarship.
 - d. Strive for a perfect score on the SAT or ACT, since you already have good grades.
 - e. Take a year off to travel after high school until you can decide if college is what you really want.

princess


Who Are You The Most Like?

4. **When others disagree with you, you...**
 - a. Tell them about their faults.
 - b. Wind up taking their side.
 - c. Try to help them see your side of things.
 - d. Stand up for what you believe, but are willing to compromise.
 - e. Try to prove them wrong.
5. **When facing an impossible task, you...**
 - a. Work even harder.
 - b. Hope that someone comes along to help you.
 - c. Figure out a clever way to solve it.
 - d. Break the task into smaller goals you can easily reach.
 - e. Find a way to work around it somehow.
6. **When it comes to family, you...**
 - a. Are close to them.
 - b. Aren't very close.
 - c. Would take any risk to help them.
 - d. Take care of them.
 - e. Argue a lot, but when it comes down to it, you love them.



ANSWER KEY:


- If you answered mostly **As**, you're like **Tiana** – you are willing to work hard to reach your goal.
- If you answered mostly **Bs**, you're like **Cinderella** – sweet, but doubtful of your own strength.
- If you answered mostly **Cs**, you're like **Mulan** – you like to figure things out. You're the girl with a plan!
- If you answered mostly **Ds** you're like **Belle** – confident, into the books, but you love to have fun too.
- If you answered mostly **Es**, you're like **Merida** – you're willing to take a stand for what you believe is right. You want to chart your own path.

LOVE IS PATIENT
is Kind 

IT DOES NOT **envy**  IT DOES NOT

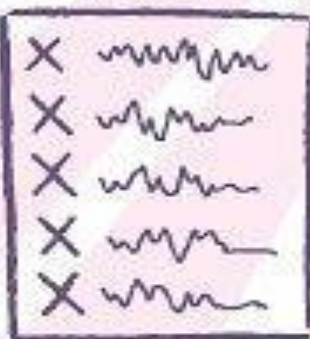
IT IS **PROUD** 
NOT

BOAST 

 it doesn't **DISHONOR**

it keeps NO RECORDS OF

WRONGS



IT IS NOT EASILY
ANGERED



IT IS NOT
**SELF
SEEKING**

IT  ALWAYS
PROTECTS. TRUSTS. HOPES
& PERSEVERES

LOVE

But rejoices with the **TRUTH**

DOES NOT  **DELIGHT**
IN *Evil* 

1 CORINTHIANS 13:4-8

Love
Never Fails! 



Love is All Around

By: Raymona Pillow

Love is all around;
Inside and out.
When you give love;
You get it back.
Write it in pink, purple or black.
Give it to someone to move their day;
Send it your mother or father's way.
On Valentine's Day, it's all over the world.
Everywhere you look,
It's here and there.
You might not see it;
Trust me it's here.
You can even use it to replace your fear.
Surely love cannot be sold;
Not for a house, car or even gold.
It comes from the heart, so give it a try.
Love can even make people cry.
Even when you shed a tear, look around;
You'll find that love is always near.



Raymona Pillow



A NEW COMMAND
I GIVE YOU:

Love One Another

AS I HAVE LOVED YOU,
SO YOU MUST LOVE ONE ANOTHER.

— JOHN 13:34 —



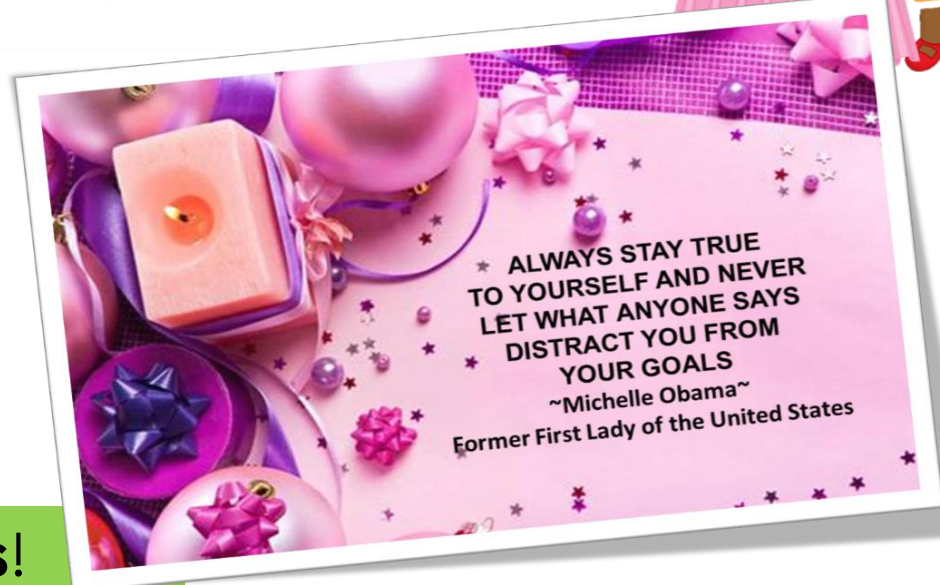
Wishing our **FEBRUARY** Pearls & GEMs!

HAPPY

birthday!



**THE LAST
WORD!
IS A GEM
WISDOM**



Write for Us!

Do you have a great story to tell, tips to give or an inspiring poem? Do you just love to write? We encourage you to use your creativity to inspire girls like you!

HERE'S WHAT YOU HAVE TO DO

Be sure to include:

- First and Last Name
- Address and Phone Number
- Photo with your Birthdate (include year)
- Parent's signature

Send your story and information to:

info@purebeautygem.com or
purebeautyqif1@aol.com. Allow 4 weeks for a response.



Pearls & GEMS

February 2019

Vol. 1 No 2

Mini-Mag to Inspire Today's Urban Girl

Each issue of Pearls & GEMS Min-Magazine Features

- Inspiring and Empowering articles.
- Quizzes
- Decorating Tips
- Health & Wellness
- Education
- Moms & Mentors *
- & More...

* Beginning in the
March Issue

Subscribe today
and get your copy

www.purebeautygem.com

Lady Cynthia M. Pillow
Founder & Publisher

Ms. Celena R. Pillow
Editor-in-Chief

Contact us:
301.213.2470