

# Pearls & GEMS

March 2019

Vol. 1 No 3

Mini-Mag to Inspire Today's Urban Girl



"Springtime  
In Paris"

Your Space

Spring Cleaning  
Check List

Fashion - "Be  
Unapologetically  
Stylish"

Fun places  
to Go on...

Spring  
Break

Moms & Mentors:  
Mentor Her Life-  
Leave a Legacy!

Etiquette WORD SEARCH Challenge





*Lady Cynthia and Ms. Celena*



**HELLO SPRING!** Yes that's us! A little younger of course (LoL!) We wanted to do something different this time. School is out for Spring break. It's time to have some fun. In this issue we have exciting places to visit during spring break. Even take a tour of **Paris!** Spring is also a time help mom with spring cleaning. We even created a "**Spring Cleaning**" check list for cleaning your space. Now that the weather is getting a little warmer, you can shed those winter coats for something nice and be "**Unapologetically Stylish.**" Of course, we still have the fun stuff that

includes a coloring page and a special "**Etiquette**" word search challenge. We are excited about our feature article for **Moms and Mentors!** Summer is just around the corner and we have included some exciting announcements as well. So make sure you mark your calendars!

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### **FOUNDER & PUBLISHER**

*Cynthia M. Pillow*  
**PEARLS & GEMS**  
**MINI-MAGAZINE**  
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**EDITOR-IN-CHIEF**  
*Celena R. Pillow*  
**GRAPHICS**  
*Divine Press DTP*

### **CONTRIBUTING WRITERS**

*Shaquida Ano*  
**TEMPLE HILLS, MD**  
*Aailyah Bowman*  
**WASHINGTON, DC**

*Vazena Chapman*  
**WASHINGTON, DC**  
*Autumn Pillow*  
**ATLANTA, GA**



# Spring Time in Paris

*By Autumn Pillow*

Last year for Spring Break, my family and I went to Paris, Francis. We were only there for four days, three nights. I had a great time! I wish we could have stayed longer. In the spring, it rains quite a bit there. It only rained one day; which was great. The average temperature was around 57°F. If you decide to go to Paris, take layered clothes for cooler weather, an umbrella, and poncho. You might also need sunglasses, a hat and lighter clothes for a sunny April day. You can use it if you have a walk on the *Seine river banks*.



We were on a Delta non-stop flight Atlanta to Paris. It took around 8 ½ hours for us to get there. It wasn't too bad because my Mom upgraded our flight to premium coach. Our seats were bigger and we had a lot of leg room sitting behind first class. We traveled during the night. After watching movies and eating dinner, I feel asleep.



After we got to the hotel and rested we walked around the streets of Paris and took a two day tour on the Big Red Bus. I want to share some of my best highlights with you.

You can spend all day at *The Louvre* and still not see everything! I don't really enjoy medieval art, but the museum is worth seeing. It is the world's largest art museum and a historic monument in Paris. The Louvre is one of the world's largest palaces. It was completed in 1852. I don't remember

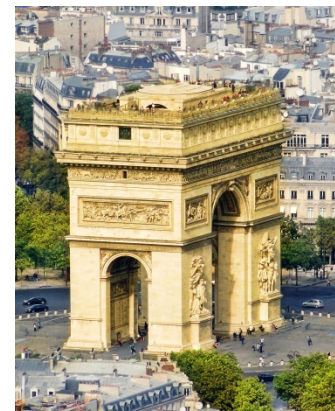
how much time we spent there, and I spent about five hours exploring all the masterpieces and marveling at the old royal palace.



It takes a full day to really enjoy a trip to the **Palace of Versailles**. Spend the day exploring the chateau, get lost in the surrounding gardens, and make sure you see Marie Antoinette's estate, which includes a fake peasant village. Versailles is beautiful, so don't rush it like we did. Most people see the Palace first, then the gardens, and then Marie-Antoinette's estate. If you do everything in reverse, you'll be

able to avoid the crowds.

During our tour, we drove past the **Arc de Triomphe**. From the top of the panoramic terrace, you can see all of Paris. Architect was Jean-François Chalgrin who was inspired by the Roman Arch of Titus. The Arc de Triomphe was begun in 1806, on the orders of Napoleon I to honor the victories of his Grande Armée. Inspired by the great arches of antiquity, the monument combines the commemorative with the symbolic and it has always played a major role in the national republican consciousness. Every evening, the flame is lit on the tomb of the Unknown Soldier from the Great War. An exhibition portrays the history and explains its symbolic importance, nationally as well as internationally.



**Notre-Dame de Paris** was a sight to see. The line for this cathedral was very long, but worth the wait. **Notre-Dame de Paris** is also called **Notre-Dame Cathedral**. It is the most famous of the Gothic cathedrals of the middle ages and is known for its size, antiquity, and architectural interest. The cathedral was initiated by Maurice de Sully, bishop of Paris, who about 1160 conceived the idea of converting into a single building, on a larger scale, the ruins of the two earlier basilicas. Notre-Dame Cathedral consists of a choir and apse, a short transept, and a nave flanked by double aisles and



square chapels. Notre-Dame Cathedral suffered damage and deterioration through the centuries, and after the French Revolution it was rescued from possible destruction by Napoleon, who crowned himself emperor of the French in the cathedral in 1804. Notre-Dame underwent major restorations by the French architect E.E. Viollet-le-Duc in the mid-19th century. The interior of the cathedral is 427 by 157 feet and the roof is 115 feet high. Two massive early Gothic towers crown the western facade, which is divided into three stories and has its doors with fine early Gothic carvings and surrounded by a row of figures of Old Testament kings. The two towers are 223 feet high.



It was raining as we stood in line to visit the **Eiffel Tower**. We ran through the pouring rain, stepped in large puddles as we made our way to the tower. We had on ponchos, but we still got wet. The Eiffel Tower is beautiful and best seen in the early morning or late evening to avoid the crowds. If you get find yourself waiting in line Paris wasn't always called wasn't supposed to be a Tower was supposed to be a intended to stand for 20 1889 World Fair. You have the top unless you take the elevator! It on March 31, Tour Eiffel in French, was Exposition or World's Fair in commemorate the Revolution and to industrial prowess to the world. It weighs 10,000 tons and has 5 billion lights. The first platform is 190 feet above the ground. It has 108 stories. It now has several restaurants, eateries, and tourist stores.



there around midday, you'll for hours. Believe it or not, "Paris" and the Eiffel Tower permanent fixture. The Eiffel temporary installation, years after being built for the to climb 1,665 steps to reach elevator. We took the 1889. The Eiffel Tower, La the main exhibit of the Paris 889. It was constructed to centennial of the French demonstrate France's

I had a wonderful vacation and would love to go back. My parents are a great blessing for taking me and my sister on such great vacations! If you ever get a chance to go to Paris, remember there is so much to see.



**Showcase  
Your Creativity...  
Write For Us!**

**Pearls & GEMS Mini-Mag**

Do you have a great story to tell, tips to give or an inspiring poem to share? Do you just love to write? We encourage you to use your creativity to inspire girls like you!

### **HERE'S WHAT YOU HAVE TO DO**

Be sure to include:

- First and Last Name
- Address and Phone Number
- Photo with your Birthdate (include year)
- Parent's signature

Send your story and information to:  
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Limited!**

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**Ages 6 - 11**

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*(Etiquette and Social Skills for Leadership)*

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**11AM-1PM**

**Ages 12-17**

*Location:*

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*Lady Cynthia Pillow  
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*Online Registration will open April 15<sup>th</sup>*

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# Etiquette Word Search Challenge

X F T F O Z U Z M T H U E V G N U J Q R H C X W G K G A A Z C T Q Y M X J Q J W  
H G R W W D Y T F C D S E Q Z U X Y D A V R D F N M S C D Z A Q A S X X M A B R  
K W P T M C U B Y C A M H P S A R F M N Y L Q S V M K Y P J X H O Q H I Y Y D O  
F Y T Z H R V X X G V P E B E E Z C M M Y S Y Y R A W F E I Z U F K T X L J B W  
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L L C E A S N N E E G G M F L I L M S J K M B J W C S C T F W M O S Q F V F K Q  
C Z X Z X D Y N V W E Q V Q F H N Y B N N I E D J K I M P J O Y A S R C I N B H  
T L F I A C N E O O K U P N Z W V U R W S K T F Y P M I X S P X A G C A U C O J  
U H T I O I M R D A E L E G A N C E Y T Y Y D Z P B T X B Y U M L I N M E Z Z C  
L Y G O D D L F I F M S Y O Q Z P D U N K F B E D V O M P I A H X Q Z X A S C M M  
K V K J F K I O A J N E H R E O L I I C Y G P S C Z E P O X K M F Z K J U K Z A  
P U P T S S L R C U O B Q E C Q T W A R A X D F F O Z T K X X A U X C N T U G K  
B F X O O I E K U T K Z R M V I F F Z F V L H C O H R D C W D Y O Q E E F R M U  
U A O O X Y I N M H P S N L A H E J S D R H A G D N I U K H F T U O G B I E M H  
A U B R N B O I I Y T I L A T I P S O H U G O T T X E B M H C D J M G T L A W G  
S N T S X I D W H T P K Z K P R L D R R N W U O G V R N C X R P B X M F I B D O  
X H N A X Q I Y C C S Q O O I M X I J T Q L S G K S E K G V N M H V Y X V C Z C  
X H H L Q I Y L X N O B F U Q C N B F O F C N U N M J O V H P Q C C R D O N R K  
C G D A T H N T O E Q T Y M S K D Y I U J S Y Q N R E X B X B N Z U U S B J C D  
J B N D X L I Z G R U A I G Q H F T Y G A Z S Q G I J U X H E R N V H N K V T T  
C R P F J O R S M J B D P L L V A R O P D Y O E S Q Q H E G A V X S A U U I Q W  
D N C O J O L Y O S Q E T J L O W S R E N N A M T A D H E Z M E C A R G P L I Q  
W S E R H Z O R P R O B U A Q I Z O R Y W T E C F S F O W F R D X H G E A B U K  
D S T K Y O I M J C G U Z L J M O G W H Y B O Y Y E O Z K P E P O G S D A R B N  
R T C K A G Y U A U S T B K G W F N J C N M G U P W A H C X W K T P Y R S M H C  
R J N X I V B Y V M R A N C U J N D K X R H E N F G M O U A C S J E M J Y Z T T  
Z Z U G X W W D F E C N P O H W O J M R V V P B Y K U P M G C J S H M B F U U M  
J M D U Z F F S H J C T G V P T H J T K M U T U K B P A H U Z W J O C M S D I B  
T Y F L K A U L Z A O E U E A D L S B M G P W O R W G B E L M V K J R R H T Q J  
G Y T V X Z R P M Z T H T R N B Q V B K K K Y F H D B H A X Z Q Q D I P K V J O  
F S K I O H M Y R O L Q S N E J F F P T B S O J K R G N P G R N C S J N B H Z Q

## WORD LIST:

CLASS  
COTILLION  
COVER  
DEBUTANTE  
DECORUM

DINNER COURSE  
DINNER FORK  
ELEGANCE  
ETIQUETTE  
GRACE

HOSPITALITY  
HOSTESS  
LADY  
MANNERS  
POLITE

SALAD FORK  
SOUP SPOON  
TEA CUP  
TINES  
TIP





## What Seeds Are You Planting?

By Shaquida Ano

**W**e have sprung into a new season!

March 20, 2019 was the first day of spring. For many of us spring is one of our favorite seasons. The weather is perfect. The sun is shining and the flowers are blossoming beautifully. In fact, blooming flowers are an indication

that spring has arrived. Most gardeners and landscapers plant flowers in the winter with the expectation that they will blossom in the spring. **Tulips, Daffodil and Cherry Blossoms** are amongst our favorite spring flowers. It's amazing how planting flowers have so much similarity to our everyday lives. If you want flowers to bloom in spring, you must do a few things.

1. **Determine which flowers you want.**
2. **Find out how long it will take for them to grow.**
3. **Determine where the best place is to plant them.**
4. **Dig up the soil.**
5. **Plant the seed.**
6. **In the right timing, the seed will grow into a beautiful flower.**



**T**his is the same process for our lives. Anything that you want to obtain in life, you must plant the right seeds. For example, if you want to have good grades than you plant the seeds by studying and completing your assignments. If you want to make friends, you must plant the seeds by being friendly. If you want to be healthy, then you plant the seeds by eating healthy and exercising. The bible tells us that **"Whatever a man plants, that he will reap"**. What you do good or bad is actually a seed planted in your life. Let's look at some negative seeds. A person who eats junk food in excess would eventually become unhealthy and overweight. A person who is mean or rude, would eventually be friendless. Someone



who never studies or does their homework assignments, would more than likely get bad grades. We must be mindful of our actions! We must be mindful to plant good seeds in our life and at the right time, we will reap the good benefits. I would like you to do an exercise with me. Get a pen and pad. Take some time to think about what you want out of life. Make a list of your desires **(I have given you a jump start below)**. Write each desire, write out the actions you will take or the seeds you will plant to accomplish your desires. Day by day, plant the seeds that will produce your desired results. Don't worry, it will happen! God can't lie! His words says...

**"You cannot fool God, so don't make a fool of yourself! You will harvest what you plant."**

Keep in mind, if you want to reap good results, you must plant good seeds. What type of seeds are you planting? Your actions will determine what **SPRINGS** forth in your seasons!

***Seeds I desire to GROW in My Life:***

**Desire**

**Action/Seed**

1. _____ _____ _____	_____ _____ _____
2. _____ _____ _____	_____ _____ _____
3. _____ _____ _____	_____ _____ _____
4. _____ _____ _____	_____ _____ _____



# Fun Places to

Cherry Blossoms



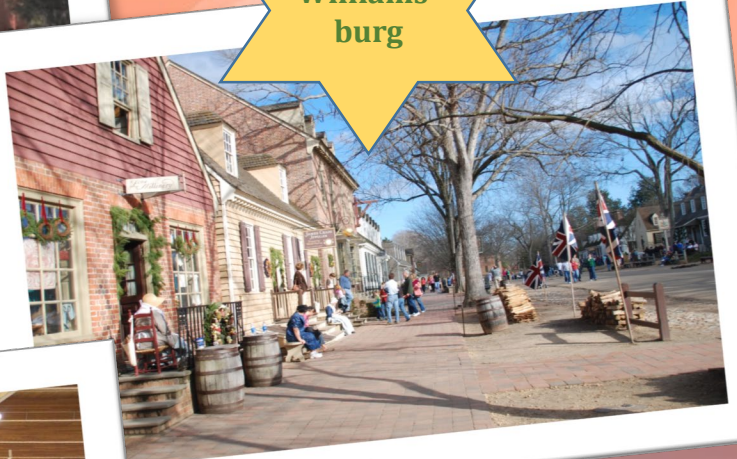
African American Museum



Bible Museum



Williamsburg



Go on...

Great Wolf Lodge



Spring Break



## ***Being the Future: Going Beyond the Stars***

***By Aaliyah Bowman***

The mighty month of March celebrates International Women's History Month paying homage to trailblazing women and their contributions they have made to society. Women all over the world have made tremendous accomplishments throughout history. This list includes but is certainly not limited to **Art, Technology, Engineering, Music, Dance, Science, Hair and Beauty**.

Women are behind some of the biggest advancements in history. Today, we reflect on the triumphs and contributions that accelerated cultural achievements for women today.



**Madam CJ Walker** was known her advancements in the hair care industry with her successful line of hair care products and the infamous "*Wonderful Hair Grower*" and her efforts to advocate for the advancement of African Americans. She became the first female self-made millionaire.

**Katherine Johnson** known as the girl who loved to count, was able to put her extraordinary math skills to work when as a computer for the Langley Research Center's Guidance and Navigation Department. As a computer, a human calculator, she calculated the trajectory for Alan Shepard, the First American in space!



**Mae Carol Jemison** was selected, along with 14 others, by NASA for an astronaut training program. Dr. Jemison completed her training as a mission specialist in 1988. In September 1992, she was a mission specialist aboard the Space Shuttle *Endeavour*, as the first African American woman to enter space.

**Ella Fitzgerald** warmed the hearts of millions with her voice and songs. Known as the Queen of Jazz and First Lady of Song was the first woman to win a Grammy in 1959. She also received a Presidential Medal of Freedom and National Medal of Arts.



**Elizabeth Blackwell** observed as the first woman to receive a medical degree. This changed the face of medicine forever. One of her greatest achievements was that she and her colleagues founded the New York Infirmary for Women and Children.

**Gabby Douglas** is an Olympic gymnast known as the first African American to win gold medals in both the individual all-around and team competitions during the 2012 and 2016 Summer Olympics.



**"Hard Days Are The Best, Because That's When  
CHAMPIONS Are Made!"**

*Gabby Douglas*

There are so many more names that could be listed. Entrepreneurs, Activists, Artists, Dancers, Political Leaders, Musicians, Beauty Gurus etc. All Women! Strong, Ambitious Women!

**For the women of our past**, they have paved the way for us to stand up and be fearless. No matter the hardships you may have, you can overcome them.

**For the women of our present**, they are continuing those same feats and are showing us it's ok to be different. They are shining light on issues and fighting for the future. They scream the shouts of our past into the present and are armored with the force of beauty and intelligence, being graceful and fierce, being strong and compassionate.

**You are the women of the future.** The path has been set for the continuation of creativity. Whatever you are passionate about, be the best you can be in it. Educate yourself in that subject. Get everyone involved. Let everyone know so that they can help you find resources, schools, and tools to nourish your craft, gifts, and talents. Let them know you have a goal to reach. You must work hard to achieve the dream. Whatever sparks your fire, ignite it with light of your spirit. Your destiny has already established and all you must do is believe in it.



Isaiah 43:19a



See I am doing a new thing!



## Be Unapologetically Stylish

By Vazena Chapman

Dear Pearls and Gems,

**A**s we enter into the beautiful spring weather, we want our clothes to be beautiful and stylish as well. Let's jump inside our closets and become fashionistas and create styles for the Kingdom. When we think of fashion/style and being a Christian, we tend to think our clothing represents what's holy and what's not holy and that mindset is the furthest from the truth. "Clothing don't make you Holy". Obedience is the pathway to holiness. God is the creator of all things and we can experience God's beauty and creativity in all things including style.



*"The Sporty Girl" Sports bras should be worn under the t-shirt.*

**F**irst, let's allow our inward beauty to exude outwardly and wear clothes that complement our true selves. Clothes can tell a story about an individual although the story may not be true. Clothes can make a person feel and act a certain way depending on the outfit. In my younger years I thought wearing revealing clothes would make me look prettier, more attractive and sexy. I learned that sexiness is the quality of being sexually attractive or alluring and I began to attract attention to my body because of the revealing clothing oppose to my beautiful mind.

*"The Casual Girl" Cover a tank top with sweater or jacket.*



**G**od began to transform my mind; and as He changed my mind, my clothing changed and I learned that my clothing did not make me but I made the clothing. I wore certain styles of clothing that my friend's didn't wear or like and at times they would laugh at my choice of clothes (all in love) but I was a "style setter" and my friends now like the clothing I wore. The clothes I wore were considered out the box because it was different from the norm. So I had my own

style and I want each of you GEMS to have your own style and dress unapologetically with your style. Style-setters break rules like JESUS did and trendsetters follow rules. ***"Never confuse Fashion and Style. Fashion relies on unattainable looks on women/ girls with unrealistic bodies. Style is about utilizing the best aspects of you."***

**"God styled you perfectly; look at yourself in the mirror girl, you were created like your stylist, JESUS."**

--

God has given me a crown of beauty instead of ashes...





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Ages 12 - 16**



**Shaquida Ano**  
*Founder & Visionary*

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- ❖ *Healthy vs Unhealthy Relationships and How to Know the Difference*
- ❖ *Intimacy with God: Pretty Girls Pray*
- ❖ *Classy vs Trashy: Dressing for Success*
- ❖ *Make Up Application*
- ❖ *What Employers Want/Work Force Development & Entrepreneurship*
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## MENTOR HER LIFE – LEAVE A LEGACY!

*By Lady Cynthia Pillow*

Nurturing and influence is a gift God has given to all women. It does not matter if you're a mother, grandmother, aunt, guardian or someone who simply has a heart and passion to make a positive impact in a young person's life. It is woven into our *DNA*.



You and I both know and see that being a girl in today's culture is tougher than ever. Times have changed and girls are struggling with and going through troubles, doubts and concerns we did not have at their age. Between the physical changes, there are emotional changes and pressures that are happening in their world as well. It is during these times when the relationship between mothers and daughters as well as those who play an influential role in her life are important.



It was through my relationship with my daughter that I quickly learned just how important it is to make her a priority and when she needed my undivided attention. This can be challenging with the busy lives we have. But we must realize how important it is not to give our girls the rest of us but the *"best"* of us. This means as mothers and mentors we have to make quality time for her and at times that may be very spontaneous. When she comes to you it may not be at the most convenient time, but make sure to acknowledge that she really wants time with you. Communication is key.

It's important to:

- Give her quality time although it may be spontaneous
- Establish a no judgement zone – allow her to be transparent (and you too!)
- Listen to hear her heart – not to fix it but to guide it
- Walk with her through the process of discovering who she really is and whose she really belongs to (the family of God)

They are listening, but most of all they are watching. What seeds are you planting in her life? We are charged to leave a legacy. So mentor her life according to God's word. *"Train her up in the way she should go and when she is old she will not depart from it."* Proverbs 22:6 (*Emphasis mine*)



## **Just A Thought: What's Your Passion?**

*By Celena Pillow*

Passion, it's an inner thing,

It comes from deep within you, and it comes out in what you say or do.

It doesn't feel like work, because you're doing what you love ❤️

God placed a passion or many passions within us, before we were formed in our mother womb.

Now we just got to use that passion/passions that

God has formed in us, for His Glory...

And not for ourselves, or our own selfish desires.

Because God placed that passion/passions in you, so why not give Him the Glory?

It will last, when you do, and not do it for your own personal gain.

Making it all about you.

It will only go downhill if you do.

So Question is,

What is your passion? Do you have more than one?

And when you're doing what you love,

Who is getting the glory out of it?

The Creator of Heaven and Earth 🌍?

God Your Father?

Or, You?

Whatever it is you are passionate about doing, God has placed it on the inside of you to do. So do your best. Give it your all and never stop trying.



**Go For It! God's Got Your Back!!**

## YOUR SPACE



Spring is in the air and do you know what that means? It's **Spring Cleaning** time! Mom has probably started doing little things around the house already. Ok, I know it's not high on your list of things to do. However, your bedroom is

your space. Your private domain and your responsibility. So let's be a help to mom and get started on your space. Here is a simple check list to help you get started.

- Make Your Bed
- Put Away Clothes
- 10 Minute Pick Up (things around the room)
- Dust Furniture
- Sweep Floor or Vacuum
- Clean Glass/Mirrors
- Refresh with Scents



"The best way to get things done is simply to begin."

~Anonymous~

## SPRING INTO READING







Wishing our **MARCH** Pearls & GEMs!

**HAPPY**

*birthday!*



The Last Word Is A  
GEM of WISDOM

*"God designed you to shine His Light in the  
places He's put you and with the people He  
intends for you to love"*

*~Elisa Pulliam~*



Pearls & GEMs April Issue Theme:  
**FAITH, FAMILY, AND FRIENDS**

Important  
Message

P&G would like **YOU** to be a part of our special **Mother's Day (MAY)** issue honoring **Moms & Mentors!** Send us your favorite photo of you and your mom or someone you who is like a mom to you. Or if you have a story you would like to share about your relationship please send it to us ([purebeautygif1@aol.com](mailto:purebeautygif1@aol.com)) **by April 30<sup>th</sup>.**

**IMPORTANT ANNOUNCEMENT!**

Pure Beauty's Annual tea has been moved to

**Saturday, September 14, 2019**

More information will be in the MAY issue of Pearls & GEMS



# Pearls & GEMS

March 2019

Vol. 1 No 3

Mini-Mag to Inspire Today's Urban Girl

hello  
Spring

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Destiny.  
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