

## REGISTRATION FORM

(Cut and return this portion with payment.)

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Church: \_\_\_\_\_

I am registering for:

Sixteen Weeks Small Group – **Men**  
(Tuesday)

Sixteen Weeks Small Group –  
**Women** (Thursday)

Sixteen Weeks **End the Silence**  
Small Group – (Tuesday)

Twelve Weeks Small Group  
(Thursday)

Grief Small Group (Monday)

Enclosed:

Registration Fee

Check       Credit Card

Acct # \_\_\_\_\_

Exp. Date \_\_\_\_\_ CVC \_\_\_\_\_

Confirmation sent by email when noted

## THP SMALL GROUP MINISTRY

We all have had some traumatic experience(s) somewhere in our growth that tend to run our lives. The emotions that we deem too scary or embarrassing don't just go away. Some people try to forget about them through behaviors that make things worse. It is called "pain killing". We all can attest to the destructive impact of drugs or alcohol as "pain killing" but what about, overeating, gambling, shopping therapy, or any other addictive or destructive behavior?

What about performance and people pleasing? Whatever behavior is your painkiller of choice that which has hurt you in the past does not go away. This is a time to reflect on events in your life and bring them in line with the plan that a loving God has for you. It is a gentle way of allowing God to meet you in the unfulfilled places of your life and journeying with Him to an unimaginable place of love, safety, wholeness and rest in Him. The Healing Place is committed to your wholeness and wellbeing, offering several life-changing small group opportunities:

**The Sixteen-Week Group** - This Healing Care Small Group experience is designed to help people who are struggling with emotional and spiritual brokenness. The group offers individuals a safe place to heal from deep wounds, false beliefs, damaged emotions and dysfunctional behaviors in a confidential small group setting. (Meets Tuesday and Thursday 6:30pm – 9:00pm)

**Registration \$25.00; weekly fee - \$10.00**

**The Sixteen-Week Group (*End the Silence*)** This group is for those who have experienced or been affected in any way by sexual or domestic violence. The group will offer a tender look through a compassionate window as we investigate the dysfunctional patterns we have developed as a result of traumatic experiences. We will discover the gift of being ourselves as we uncover who God created us to be in the earth realm. (Meets Tuesday 6:30 -9:00 pm)

**Registration \$25.00; weekly fee - \$10.00**

**The Twelve-Week Group** is about your attachments. The focus is on helping you understand why you feel, act and relate the way you do. The goal is to identify unhealthy patterns rooted in childhood attachments, learn how to steer away from unhealthy and negative patterns, and learn to maintain healthier relationships throughout life. (Meets Thursdays 6:30pm – 9:00pm)

**Registration \$25.00; weekly fee - \$10.00**

**Grief Small Group** - Our grief healing care group is all about the needs of persons who are grieving past and present losses. This group will incorporate many of the same protocols and spiritual practices used frequently in our ministry such as Safe Place, experientials and centering prayer. Participants will work through the tasks of grief associated with losses such as the death of a loved one, divorce, loss of health, etc in a small group 12 week format.

**Registration \$25.00 Weekly fee-\$10.00**



### They Say...

- Feelings signal our spiritual condition and tell us a great deal about what we really believe deep within.
- Expressing and listening properly to our feelings can be the doorway to spiritual growth.
- Emotions can tell us where the questions, mis-beliefs and weak points are in our faith.



### Your Emotions are a Gift

- **WHOLENESS AND FREEDOM ARE POSSIBLE BY THE POWER OF THE HOLY SPIRIT.**
- "Jesus died for your wounds, whether physical, spiritual or emotional and He provides the necessary power for healing. But what is hidden must be brought out into the light." (Wardle)

**THP SMALL GROUP  
MINISTRY  
ORIENTATION MEETING  
Monday - August 27, 2018  
6:30PM**

First Shiloh Baptist Church  
Youth Center  
8150 Walnut Grove Road  
Mechanicsville, Virginia

**For More Information Contact:**  
Dr. Proctor N. Beard, or  
Dr. Sharon Siler

**The Healing Place**  
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**The Healing Place  
Center for  
Counseling and  
Spiritual Formation**

**Small Group  
Ministry**

