

“Do you need anything?”

This morning as I was going over my to-do list for the week and feeling a bit overwhelmed, I received the twice-a-week email devotional for men to which I subscribe. The message really resonated with me, and I think it’s a concept many people struggle with from time to time. It’s so much easier to help others than to ask for help ourselves. Asking for help can seem burdensome, but it’s an essential part of community.

I hope these words bless you as much as they blessed me. I encourage you this week to identify one of those people in your life God has sent to help carry your load.

It is a blessing to be your pastor and be in ministry alongside you to an amazing God.

Blessings,

Chris

Asking For Help Stinks!

God opposes the proud, but gives grace to the humble.—James 4:6



So, carrying burdens is something for which we are built . . . and something which we are supposed to do, as men. God designed us, built us, intends us—to lend our strength to others, to those who need it. “Bear one another’s burdens, and so fulfill the law of Christ” (Galatians 6:2). The problem is, most of us read Scripture one way only: that we are to carry burdens for others. Few read it the other way: that we must allow others to carry our burdens too. We don’t really like that reading. That reading causes our pride to rise up.

Like it or not, though, any one of us can carry only so much. Sure, we can “gut it out” with burdens that are too heavy . . . for a while, at least. Before long, however, they begin to grind us down. Anger, anxiety, burnout, depression and despondency, isolation and loneliness, or rebellion and sin emerge . . . simply because we’re neither designed, nor built, nor intended to carry our burdens alone. “One’s pride will bring him low” (Proverbs 29:23).

Okay, so what do we do?

Is there something you’re carrying that’s feeling too heavy? The burden of being a provider? Fears about finances . . . about work? The burden of children living up to expectations, in school, in athletics? A hidden sin? A hidden addiction? Another burden, perhaps?

If so, look around for that person with whom God intends you to share it . . . your friend, your spouse. Go to them today. Die to pride. Let them in. Explain the situation and let them respond. Fulfilling the law of Christ also means that we must, sometimes, surrender our pride, surrender the images we have of ourselves, get over ourselves, and ask for help. We are meant to live free and fast and light . . . and together.

June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 <i>Services</i> 8 & 10:00 am	3	4	5 <i>Be an Angel 10</i> <i>Tarsney Lunch 12</i> <i>Yoga - 6:15 pm</i>	6 <i>Men's Small</i> <i>Group - 7 pm</i>	7	8
9 <i>Services</i> 8 & 10:00 am <i>Food Drive</i>	10	11 <i>Association</i> <i>Meeting 7:30 pm</i>	12 <i>Tarsney Lunch 12</i> <i>Yoga 6:15</i>	13	14	15
16 <i>Services</i> 8 & 10:00 am <i>Food Drive</i>	17	18	19 <i>Be an Angel 10</i> <i>Tarsney Lunch 12</i> <i>Yoga - 6:15 pm</i>	20 <i>Men's Small</i> <i>Group - 7 pm</i>	21	22
23 <i>Services</i> 8 & 10:00 am <i>Food Drive</i>	24	25	26 <i>Tarsney Lunch 12</i> <i>Yoga 6:15</i>	27	28	29
30 <i>Services</i> 8 & 10:00 am <i>Food Drive</i> Fellowship Breakfast 9:00 am						



Hallowed Be Thy Name

*Reflections on
the Lord's Prayer*

June 16 - July 28

VOLUNTEERS NEEDED!!

VBS coming July 13th & 14th



We are trying a new format this year with One Day VBS - Sat. July 13th. **Helpers needed!!**

We will have a closing ceremony on July 14th followed with a family and congregation picnic.

Notify Sophie @ lakeratskier@gmail.com if you can help.

Lake Lotawana
Community UMC

**IT'S
VBS
TIME!**

July 13 & 14



www.lcumc.org

Fellowship Breakfast June 30, 9:00 am



Bring a dish to share and come learn about the church's current missions activities.

Hillcrest Lee's Summit Apartments

Food Pantry

The food pantry at the Hillcrest Apartments assists the families during their three month transformation from homelessness to financial independence. Protein-rich foods are always needed; therefore, during the month of June we are collecting canned tuna, canned chicken, peanut butter, and food items to combine the meats with, such as Tuna Helper and Chicken Helper. There is always a need for fresh meats, so we will also collect cash that will be used to add fresh meats to the refrigerator at the pantry. If you donate money, please write "Hillcrest Food Pantry" in the memo line or on your envelope. Thank you for supporting this truly successful organization with your donations and prayers.

Evening Small Groups @ LLCUMC

For Women

IT'S NOT SUPPOSED TO BE THIS WAY

WOMEN'S DVD BIBLE
STUDY BY LYSA
TERKEURST

WHAT DO YOU DO WHEN GOD'S
TIMING SEEMS QUESTIONABLE, HIS
LACK OF INTERVENTION HURTFUL,
AND HIS PROMISES DOUBTFUL?

6 WEEKS, BEGINNING JULY 7
5:30-7:00 P.M.
LLCUMC SANCTUARY

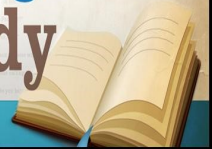
Contact Sara at sstephenson.snyder@gmail.com

For Men

First and third Thursdays
@ 7:00 P.M.

Come and Experience the Living Word

Bible Study



Contact Pastor Chris at chrissnyder@gmail.com

For Couples

On hiatus for the summer; will resume meeting this fall

Contact Wayne at w.rogers63@yahoo.com

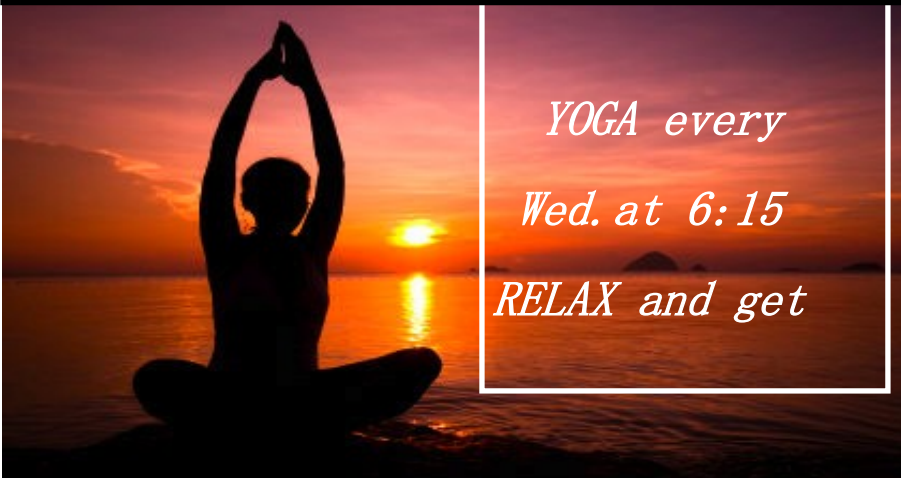
Small Groups provide the opportunity to connect with others
in a casual study/discussion environment as you strive
to deepen and enrich your walk with God

We Invite You to Attend!

Tarsney Lake Lunch Program

Lunches are every Wed. at 12 and everyone is welcome. Contact Tonia with questions.

Please check the CONNECT area for sign up sheets and monetary donations are always welcome.



Be an Angel

Come join this amazing group of women on the 1st and 3rd Wednesday of the month @10am to make needed items for our community.

Everyone welcome to join the fun!

POWER of PRAYER

Alex

Les Case

Sandy Case

Donna Casey

Dorothy Conn

Dionte

Janet Ford

Eric Harrison

Winnie Fuerst

John Hatfield

Michael Hatfield

Chuck Holland

Karin (Spreitzer)

Kathleen

Al Krashow

Don McGowan

Don Raymond

Steve Raymond

Randy Robinson

Rosemary Robinson

Nancy Rowe

Ginger Scott

Joseph Scott

Cole Von Ohlen

Family & Friends
of Fred McKenzie

Family of Genie Reid

Congregation
de Mellier

Heart and Soul

Children's

Learning Center

All Ministries
of the Church