

Beacon

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Special points of interest in March

- Holy Week Starts March 25 Palm Sunday Cantata
- Back by Popular Demand Balloon Bonanza at the Music Camp Fundraiser Ooh La La Brunch
- Beginner Handbell team forming, no experience needed
- Youth Group Sundays 3 pm SGR
- Potluck March 21, 6 pm Speaker on Alzheimer's
- Lay Servant Training

Let Us Be the Change

God sent Jesus, His only son, so we might learn through His example, yet as humans, we keep making the same mistakes over and over again.

We let FEAR, HATE, ENVY, HAUGHTINESS, and GREED rule our lives when we should let PEACE, LOVE, ACCEPTANCE, and KINDNESS, enter in.

How do we change the world? By changing ourselves.... 'Let There Be Peace On Earth and Let it Begin with me'.....'Look in the Mirror and start the Change', 'What we Need Right Now is Love Sweet Love,' all good words to live by through the decades we've sung them...

Now let's live them and make God proud

Especially during Lent, but all year long, let's begin the change and pass it on so we will always strive to do what pleases God.... by improving ourselves.

*In Jesus Name hear our prayer Oh God,
Amen.*

Nancy L Fox
February 18, 2018



From The Desk of William M. Finnin Jr. Th.D.

Dear Ones in Christ Jesus,

When you read this a group of ten servant-missioners will be on our way back from the Lower Keys and several days of recovery work occasioned by the passing of Hurricane Irma over Big Pine Key and leaving a wake of destruction that touched nearly every person and property in her path. Keep us in your prayers as we return home.

So ... grace and peace as we journey together through the remaining days and weeks of this Lenten Season. In the Christian liturgical vernacular, the conventional wisdom of the world --- both within and outside the church --- Lent is a time of renunciation, a time of "giving something up." A better word is "turning around" from the old to the new.

I grew up in this frame of Lenten thinking. As a youth, I'd search for something in my life that I could readily do without, something perhaps I'd already "grown out of or beyond." No sweat! And I got to eat fish on Friday to boot! like most

of my Roman Catholic friends ... a real plus for me!

As I became active in youth ministry and later as a youth minister, I discovered broader meanings to Lenten observance. I "took up ashes" for the first time in college ... had never done that as a Methodist in New Orleans. Felt cool about that smudge! Even if I hadn't really discovered by then the multiple meanings of "repentance" that my college chaplain called us to in Chapel worship services on those Ash Wednesdays.

The meanings of Lent continued to accumulate and expand as I grew more curious about theological issues -- to the point of entering The Divinity School at Duke University for more serious study of theology and the history of the faith into which I was growing. At some point in that journey at Duke I sensed what I came to recognize as God's call to a life that included but wasn't exhausted in study alone. Discipleship requires action, isn't a "spectator sport."

Still I think I still held back then the idea that Lent was more than a time to reflect upon my "little

sins." In a sense, I simply wallowed in a self-centeredness. The idea of authentically forgiving others as concomitant to my own quest for forgiveness was an order quite different and, in truth, much harder a task than glibly enumerating my own sinfulness. To think of actually asking someone to forgive me was still a foreign thought! After all, I could confess in private and forgiving someone was mostly an intellectual task ... right? At least until I had to relate to that person again. So it is today, Lent can still mean confessing a few "little sins." But Lent can also involve a resolve to change behaviors ... to actually respond to someone's misfortune and to stop "thanking God for the grace not to be in that person's shoes" but to empathize with his or her struggles ... to really wrestle with relating to someone easily ignored or at best superficially affirmed. Changing behavioral patterns isn't easy at all, and it always involves personal risk! As I've aged and as I hope grown in self-awareness, my own short-comings have become far more obvious ... not only to myself but to others as well, some of



whom eagerly point them out ... and not only to me!

Lent has become a rather potentially profound and extended occasion for serious introspection and self-examination of my own brokenness and need of God's grace. Lent calls me to be far more aware of others' discomfort and personal pain that I'm comfortable relating to. But that's exactly the call the Lenten Season makes plain ... the summons to open myself to others ... to become vulnerable to their joys and sadnesses, their excitement and imagination as well as their frustrations and failures.

At this stage of my own life, Lent is a liberating movement of God's spirit that surprises me no end, even as that same Spirit calls me into account. Would that such a "wildness of spirit" had caught up with me at mid-life! Hard to imagine!

Continue the Lenten Journey as we join in worship and Holy Communion next Sunday. Meanwhile, blessings and peace.

Will



Beginner

Handbell

Starts

February 28

3:00 PM



Just a Note from Megan Mash

We are currently in the middle of the season of Lent. During this season we are called to intentional self-examination. Lent is a season where many people give things up. This was a practice I have done myself many times, however, I have found the seasons of Lent where I add to my life have been just as, if not more fruitful. By adding, I don't simply mean joining a new group or something like that. By adding, I mean a devotional, journaling or more time for intentional prayer. "Take Time to Be Holy" is a hymn that reminds us of the importance of these things.

This hymn begins by stating:

*Take time to be holy,
speak oft with thy Lord;
abide in him always,
and feed on his word.*

This first sentence reminds us of so much and of things we can easily take for granted. It reminds us to speak often with God. We should be in constant conversation with God. These conversations include seeking God's will for ourselves. It also reminds us of the importance of reading scripture. The second half of the first stanza calls us to service our neighbors. Spending time in prayer

will allow us to hear how God is calling us to serve our community. The second stanza begins this way, "Take time to be holy,/the world rushes on." Many of us have so many things to do. This meeting, that meeting, this project, church, cooking, cleaning, work and the list just keeps going. The world moves at a fast pace. Jesus showed us time and again the importance of moving away from the busyness of the world to spend time with God. The tiredness that comes from all the activities we do can make this even more difficult. The world will continue to move quickly and God's love will remain steadfast. We are the ones called to slow down. To bask in God's love to be renewed and inspired to spread God's love. The third stanza reminds us that God is our guide, however, just as Sharon said in her children's moment, we must make God our engine and not our caboose. The hymn reminds us not to run ahead of God. The final stanza reminds us of the calm we can find in God's presence. God's love can transform our lives in ways we could never dream if we allow it.

I encourage you through-

out the rest of this Lenten season to "Take Time to Be Holy" in a way that will help you grow closer to God. This may mean more time in prayer, memorizing scripture, journaling or simply sitting in silence seeking out the still small voice of God. I pray that each of us will find the time to hear that voice and respond to where God is leading us.

Therefore prepare your minds for action; discipline yourselves; set all your hope on the grace that Jesus Christ will bring you when he is revealed. Like obedient children, do not be conformed to the desires that you formerly had in ignorance. Instead, as he who called you is holy, be holy yourselves in all your conduct; for it is written, "You shall be holy, for I am holy." 1 Peter 1:13-16



Co Presidents
Mary Schultz
Ann McCullough

What a FANTASTIC FEBRUARY

At our meeting on January 19th two ideas were born. (program & fundraiser) By January 30th Ginger Horner had arranged for WAR (WOMEN AT RISK) to bring a program to our UMW meeting on February 16th. And Plans for a Spaghetti Dinner Fund-raiser on Wednesday February 21st were shaping up.

BOTH EVENTS were very SUCCESSFUL.

We had over 40 people (including 5 men) and ladies from Roseland UMW and ladies from Christ By the SEA UMW. **Quoting the thank you note from Nikki, " Thank you so much for hosting such a wonderful WAR event and yummy lunch. Through your efforts your event raised \$1021.70 which is enough to house a women in a safe house for 3 months" !. THAT IS AWESOME LADIES!!!** Christ BY the SEA United Methodist Women were so impressed they are planning to have WAR give a program there. They are also looking into ways this program can be presented to our schools
 THANK YOU Ginger.

Our UNITED METHODIST WOMEN are making a difference

**REMBMBER
 A SINGLE PEBBLE
 MAKES A RIPPLE THAT IS
 FAR REACHING**

If you missed the Spaghetti Dinner you missed a GREAT ITALIAN MEAL with MUSIC and Waitresses with Italian Accents. And MUCH THANKS to our 2 Male dishwashers (George Lambert and Ron Highhouse) ensuring we never had to use DIRTY PLATES It was a fun filled night. And The UMW made \$900 !! WOW
 A GREAT BIG THANK YOU to Sharon Johnson, all the crew-and everyone that helped in any way & especially all who ATE with us. Your participation in our fun Basket Raffle pushed us over that \$900 mark!

Our March meeting is Friday March 16th -10 am in fellowship hall. **Mary Jo Bray from Roseland UMW will share with us some of their books and give details of the Reading Program of the United Methodist Women.** **Please bring a Brown Bag Lunch.**
 We plan to leave by 11:30 for our field trip to Shiloh Ranch on Roseland Rd (one of our missions).

We will carpool from the church. Everyone welcome. It will be an informative and fun day. Thank you Sally for arranging this.

Other Events:

Friday March 2nd 9:30 am Church Women United are hosting 2018 HUMAN RIGHTS DAY -- at Unity Church 950 43rd Ave, Vero Beach ,FL
 Mary and I are participating in the program --- REACHING FOR WHOLENESS
 IN SOLIDARITY WITH GOD'S CREATION

March 17th-- (9am) is the UNITED METHODIST WOMEN -ATLANTIC CENTRAL DISTRICT'S -- SPIRITUAL DAY APART hosted by Christ By the Sea --3755 Hwy A1A Vero Beach FL 32963
 Ethel Logan our District President just sent an email asking that we please support CBTS by attending. There will be a lot of churches from our district in attendance. What a great way to meet other ladies -- make new friends and learn about their missions and projects. Watch for more details in upcoming bulletins

Wednesday March 7 is Christ By the Sea UMW meeting.



11:45 --Covered Dish Program --Staying Fit presented by Tracey LiMato (certified fitness trainer)

Thursday March 8 --10am is Roseland UMW meeting Program--Prayer & Self Denial Collecting backpacks for elementary school Refreshments served

Take a look at our NEW MISSION TABLE and Bulletin board for more information. ALL ladies and friends are always WELCOME to any of our meetings and events. Remember you do not have to be a member of the church--hope to see you there.
 Feel free to call Mary 772-664-6186 or Ann 772-589-9596 at any time.

LUCK OF THE IRISH TO ALL HAPPINESS
 Ann & MARY
 Co-Presidents

Sebastian United Methodist Women Annual Fundraiser
Spaghetti Dinner





Two little girls are holding each other

and the older one that is twelve years old is consoling her younger sister, Joan, who is eight years old. Joan who is crying uncontrollably says to her sister, "Why are we being punished? What have we done wrong? Why does our mother hate us?"

This is day one, of two years of separation from their mother.

Their lives from this day on will be as fragile as a glass menagerie.

Joan, who has given me the history of her time at the United Methodist Children's Home, is now in her mid-fifties. What can an eight year old child do wrong to be rejected by her mother?

Not only is she being separated from her four younger brothers and sisters she is still recovering from the loss of her father earlier in the year. Can you feel the emotions this little girl is experiencing? As much as you can feel the pain the little girl is going through let's take a quick look at her mother.

The mother of six children lost her husband earlier in the year. She has absolutely no job market skills what so ever. This took place during

the era when welfare, food stamps, S.N.A.P.S, aid to dependent children, free lunches, section eight housing, WIC program, etc., did not exist. There was no income coming in and because of that she was in the process of losing the only home she ever knew. She now has to make a decision on what is best for her six children. Some were placed with relatives and Joan and her sister where placed at the children's home.

I wonder if Job felt the same emotions that Joan's mother was feeling. Eventually they were reunited two years later.

Let me leave you with a couple of questions. Was Joan's mother a bad and uncaring mother? Was Joan, her brothers and sisters, such bad children that they were expelled by their mother? Joan did mention that the United Methodist Children's home helped her put life back together.

God Bless
Phil & Jan

Phil & Jan Molina
Sebastian UMC Representatives
Florida United Methodist Children's Home

5th Sunday Giving to the FL UM Children's Home

One of the vital means of support for the Florida United Methodist Children's Home is the Fifth Sunday Offering!! The Florida United Methodist Children's Home is now a diverse ministry that includes residential care, therapeutic group care, foster care, emergency shelter care, independent living assistance, and community child care center

**Day On Campus is coming -
March 17th!**

Day On Campus includes tours of the Enterprise campus, special performances by the children, testimonies from our youth, a picnic lunch and wonderful fellowship with others from across the state

Sign up by March 1, call SUMC church office 772-589-5230 Car-pool available



For Your Convenience Class Schedule for 2018



Basic and Advanced classes will be offered at all sites

- Cost: \$25 per course,
- Please bring a bag lunch, snacks and drinks provided
- Scholarships are available

Mary Lou Rothfuss, Atlantic Central District Director of Lay Servant Ministries

April 6th & 7th

Riverview UMC, Ormond Beach

Classes will be led by; Karen Turner from Covenant UMC, Ormond Beach & Pastor Joseph Kim Riverview UMC

June 29th & 30th

Sebastian UMC

Classes led by: Sharon Johnson & Bill Messersmith, from Sebastian UMC

October 5th & 6th

First UMC, Port St. Lucie.

Classes led by: Kathy Mergele, First UMC and the second to be announced.

For further information see Mary Lou Rothfuss or call her at 321-3397.

Blessings,
Mary Lou

Lay Servants are to serve the local church or charge in any way in which their witness or leadership and service inspires the laity to deeper commitment to Christ and more effective discipleship. This includes the interpretation of scriptures, doctrine, organization, and ministries of the church.

Holy Week

March 25—Palm Sunday Cantata 10 AM

March 29—Maundy Thursday Service 7 PM

March 30—Good Friday Service 7 PM

April 1—Easter Sunday Worship 10 AM

**Bring your fresh flowers for the wooden
Easter Cross on Easter Morning**

If you would like to purchase lilies or tulips in memory or in honor of a special person and have them on display in the Sanctuary, please complete the order form below. When finished, put the form and your payment in a pew envelope and drop it in the collection plate today or bring it to the church office. The cost per plant is \$7.50. You may take your flowers home after Easter Worship.

Make your check payable to: Sebastian United Methodist Church **(SUMC)**

Deadline for ordering is Monday March 19, 2018.

Given by _____ Phone # _____

Quantity of Lilies _____ Total _____ x \$7.50= _____

Quantity of Tulips _____ Total _____ x \$7.50 = _____

• Name: _____

In honor of _____ In memory _____

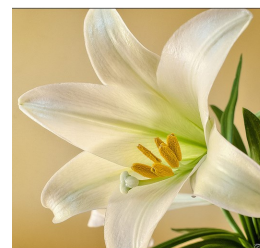
• Name: _____

In honor of _____ In memory of _____

• Name: _____

In honor of _____ In memory of _____

Easter Flowers



**Trustee**

The trustees will be meeting with an officer from the Sebastian Police department to discuss Church security. A thank you to Floyd Stanley for completing the parsonage Attic insulation. The third and final rest room renovation at the parsonage started last week. The trustees signed a contract with Curleys air conditioning to add 2 additional AC ducts in the choir area to improve air circulation and cooling. Jerry Lane has added 4 electric outlets on the outside of the Kitchen for use by the fish fryers and music and science camps. The Thrift shop renovation is almost complete. THANK YOU to all who helped.

Alan Hulse

alanhulse1@aol.com

Music and Worship Report

- The handbell choir participated in the Treasure Coast Handbell Festival on Saturday, February 10 which was led by David Harris, the director of the Raleigh Ringers. There were five other ensembles that participated in this event. The group is currently working on music for Palm Sunday and Easter. They will also begin preparations for our annual fall concert.
- The adult choir is working on music for Lent, Holy Week and Easter. They will also be working on music for the Spring Fling. Several members will be singing the Psalms throughout Lent in small groups or solo.
- The flute choir performed a great concert in January that benefited the Storm Grove Middle School Band. We recently began working on music for our next concert that will feature pop songs. We have added two new members to our ensemble with the possibility of a third. I am excited to see this ensemble grow!
- The children's choir is off to a great start this semester. We have gained a new member! They are working hard on music to present in worship this spring.
- The children's chimes choir has also gained a new member. Their music reading skills are getting better each week. They are prepared to play in worship soon and are working on an arrangement of "He's Got the Whole World" that will help push them to the next level.
- The brass group has gained some new members bringing the total in the group to eight. They are currently working on music to play in worship during March including Palm Sunday and Easter.
- The worship committee worked on special services including a Lessons and Carols service, Epiphany service, covenanting service and Ash Wednesday service. We are working on services for Palm Sunday, Holy Week and Easter.
- We have had an initial meeting for music camp and the cost will remain \$35. We will have our annual Ooh La La Brunch & Balloon Bonanza

on Sunday, March 18. Tickets will be \$7 and I have already begun getting some fabulous gift certificates for the balloons.

- We have one more concert in our series this year, The Spring Fling, which will take place on Friday, April 6 at 7:00pm. Groups are already forming to present an evening of entertainment!

Finance Report

- External Audit of the Treasurer's Books for 2017 is in progress
- One Great Hour of Sharing is now Called "UMCOR Sunday" and is March 11, 2018
- Call to Action Committee will starting up the Tree of Life to benefit Future Ministries Fund, Tree will be on the back (north) wall in the Fellowship Hall
- Final Giving Statements will be sent out to all this year not just requests

Mission Report

Seems like it has been quite some time since as Mission Chair, I have contributed to the Beacon, I am sad to say. Just this week I attended our Admin Council Meeting. For those who may not know, in many ways the Admin Council is the governing arm of the local church. Chair persons from each committee sit on the Admin Council and vote on various issues relating to our church. The meeting is open to the entire church. Attendance at that meeting gives an inside look at how our church functions.

In my opinion, if our church means more to us than Sunday morning service many more members need to be at those meetings. I do understand that none of us can make every single meeting. I know I can't. For example for this month's meeting I took the night off from work because I had missed the last meeting; and I felt I needed to know about issues important to our church. There were 12 people at that meeting. I know in my heart that many more than 12 people are interested in all aspects of our church. Some may think if they don't have a "vote" there is no point in attending. That is so very wrong. Every member of our church has skills & knowledge that can benefit our church. Those voices need to be heard, so that

voting members can make the best, most informed decisions about their vote. At this particular meeting, a non-voting church member brought very important information to the attention of the council which helped all of us when it was time to vote.

As Mission Chair, I really want to know what our members are thinking about how our church addresses issues. I want to know if there are missions we should be involved in that we may not be aware of. I have asked periodically for ideas from all of you regarding mission opportunities. Ideas brought forward can be discussed and voted on By the Admin Council Members.

This month we discussed the value of outreach for our church & for our community at the Council meeting. We talked about how to do that. It would have been beneficial if we could have gotten input from many more folks. I believe we are a loving, caring, nurturing group of people. I feel an amazing presence of our Lord when I am at church, or involved in Small Group, or cooking for our seniors or our kids. I often think how different my life and my attitude was prior to joining SUMC. I think there are people in our community that may not know what they are missing out on, because

they don't know the people of SUMC. I believe it is our mission as a church body to reach those people, for their sake and because that is what Jesus would expect of us. I believe it takes a group of people to find ways to bring our church to our community. I can tell you I don't have the answers. I have ideas. I don't know if they are the best ideas for our church. The only way I could know is by a group discussion and possible implementation plans. I believe reaching out to our community is about something far greater than increasing membership. I believe it is about showing others the love & peace of our Lord.

The Welcome Table Mission didn't increase our membership numbers, but it does bring joy to 60 or 70 seniors every month. The Stroke of Hope may not have brought members but it sure does meet the needs of a group of people. There are other needs in our community. Young people have needs, young couples have needs, newly retired people have needs, poor families have needs, care givers have needs, I could go on & on and so can each of you I am sure.

- Is there anyone that

"In order for things to change, we need to get off our donkey"

would like to bring some love & joy to another's life in the name of Jesus?

- Is there anyone who would like to know that someone's life is better because we helped them to find our church?

I believe in a church as wonderful as SUMC there has to be! So if you have an idea, let the Admin Council know about it. If you aren't comfortable going straight to the Council, talk to me. Together we can really be a blessing to others, after all that is our mission. Is it not?

Please pray about this, for the benefit of our neighbors and our church.

To steal a quote

"In order for things to change, we need to get off our donkey"

Blessings, Joy & Peace Donna Osborne
Mission Chair



Music Camp Fundraiser
March 18 2018 After Worship
in the Fellowship Hall

Balloon Bonanza and "Ooh La La Brunch" & Silent Auction
Music Camp Fundraiser

Back by popular demand "Balloon Bonanza" purchase a balloon to see what you win!

Different Color Balloon's each with a special price.
The higher price of the balloon, the greater the prize!

"Ooh La La Brunch" only \$7 Tickets on Sale Soon

Menu includes: Omelet Station, Fruit, French Toast Casserole, Baked Ham and more!

All money raised goes to Music Camp

Silent Auction Bidding Station

Unique prizes, for Unique People! Place your bid on Special Gifts!

Get Your Act Together
For Spring Fling
April 6, 2018
SUMC Talent & Variety
Concert
DEADLINE FOR ACT IS
MARCH 11
See Megan

Shears to You

Pelican Diner

Sandwich Shacks

Mr. Oil

Twisted Pickle

Rib City

Mr. Manatee

Happy Birthday

Happy Anniversary

Ann & Ron McCullough March 5 54 years!
Sally & George Lambert March 20, 1979

Diann Flanigan	March 4
Jacque Crick	March 5
Floyd Standley	March 5
Eileen Harding	March 10
Lynda Chapman	March 11
Mary Lou Rothfuss	March 12
Jeremy Messersmith	March 17
Ed Johnson	March 19
Linda Orwig	March 20
Carmen Wilson	March 20
Sandy Wofter	March 22
Kathy Messersmith	March 22
Yvonne Oleksy	March 24
Donna Borchsenius	March 26
Alta Benjamin	March 28
Linda Pinkowski	March 30

March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Alanon meets Tue & Thurs 7:30 pm LCR AA Closed Session Tue 6:30 FH AA Step Group Wed 6 pm LCR Closed ACA Step Group Wed 6:30 pm SGR Closed				1 Sm Group 9:30 am SGR Sm Group 10 am LCR Exercise 1:30 FH Choir 7 pm	2 UMM First Friday fish Fry 5—7 PM	3
4 Worship 10 am After Coffee 11 am FH Brass 1 pm Youth Group 3-5 pm SGR	5 Music Camp Co 1:30 pm CO Ecumenical Cnc 4 pm LCR Child Chime 5 pm SPR 7 pm CO	6 Aphasia 10 am FH H&S 12 pm FH Child Choir 4:30 Flute 7 pm	7 Bible Study 10 am FH Girl Scouts 6:30 CCR Handbells 7 pm	8 Sm Group 10 am LCR Exercise 1:30 FH Choir 7 pm	9	10 United Methodist Men 8 am FH
11 Worship 10 am After Coffee 11 am FH Brass 1 pm Youth Group 3-5 pm SGR	12 Child Chime 5 pm Trustee meeting 7 pm CO	13 Stroke of Hope 9:30 am FH H&S 12 pm FH Child Choir 4:30 Flute 7 pm	14 Bible Study 10 am FH Sm Group 6 pm CO Handbells 7 pm	15 Sm Group 9:30 am SGR Sm Group 10 am LCR Exercise 1:30 FH Choir 7 pm	16 United Methodist Women 10 am FH	17
18 Worship 10 am Ooh La La Brunch FH Youth Group 3-5 pm SGR	19 Child Chime 5 pm Finance meeting 7 pm CO	20 Aphasia 10 am FH H&S 12 pm FH Child Choir 4:30 Admin 6 pm CO Flute 7 pm	21 Bible Study 10 am FH Potluck 6 pm FH Girl Scouts 6:30 CCR Handbells 7 pm	22 Sm Group 10 am LCR Exercise 1:30 FH Choir 7 pm	23 Welcome Table Kitchen GFWC set up	24 GFWC Fellowship Hall ALL DAY
Vet Training LCR 8 am—4 pm LCR						
25 Worship 10 am Cantata Palm Sunday Youth Group 3-5 pm SGR	26	27 H&S 12 pm FH Child Choir 4:30 Flute 7 pm	28 Bible Study 10 am FH Sm Group 6 pm CO Handbells 7 pm	29 Sm Group 9:30 am SGR Sm Group 10 am LCR Exercise 1:30 FH Maundy Thurs Worship 7 pm S	30 Good Friday Worship 7 pm S	31
HOLY WEEK						



Community Clergy Training to Support Rural Veterans Mental Health

Sebastian UMC

20-21 March 2018

*Recognizing the Challenges of Reintegration and
Building a Pathway to Care and Resources*

**Many Veterans and their family members seek help for their problems from clergy.
An upcoming event in Sebastian, FL can help prepare you to support them.**

Rural and smaller-town Veterans have limited choices for healthcare. As a member of the clergy, you and your house of worship are an important contact point for Veterans in your community. Sometimes clergy members aren't aware of the Veterans in their congregation or how they might help a Veteran and their family following deployment. Clergy may recognize Veterans who are struggling in their return to civilian life, but not know how to support them.

The **Sebastian United Methodist Church** and National Chaplain Center of the Department of Veterans Affairs (VA) invite you to attend a free interactive training in **Sebastian, FL**. We desire to host this event on the following dates **20-21 MAR** from **0900** until **1600** at the **Sebastian United Methodist Church**.

Training topics will include:

- Identifying potential conflicts between civilian and military cultures.
- Identifying actions community clergy can take to assist military personnel and their families with a healthy adjustment to a civilian culture.
- Types of common military events that can cause adjustment problems for military personnel and the psychiatric and psychological responses that often follow from them.
- Identifying the relationship between spirituality and "meaning making."
- The importance of Personal Narratives and Past, Present and Future Stories.
- Identifying pastoral responses and resources for clergy and their congregations.

We seek to hold this event when most convenient to the dates that work best for you.

Sebastian United Methodist Church 1029 Main Street Sebastian, FL 32958.

Check-in will begin at 8:30 AM. and the day should conclude by 4:00 PM.

Seating maybe limited for this free event, so please register TODAY. You can complete the Registration for this training by sending an email to james.pierce6@va.gov sharing your contact information.



*A collaboration of the First Christian Church, the National VA Chaplain Center,
and the Veterans Health Administration (VHA) Office of Rural Health (ORH).*

