



Rev. John Gill Wesley's 3 Simple Rules: # 1 Do No Harm

Music Minister, Megan Mash, MSM

January 31, 2021 9:00 a.m. Sanctuary 11:00 a.m. Sanctuary

Face coverings must be worn & social distancing observed

Livestream will now be at the 9 am Worship and available for viewing at 10 am <u>www.facebook.com/sebastianumc</u>

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Welcome to Worship

Welcome

Opening Voluntary

"Clair du Lune"

by Claude Debussy

*Psalter

Psalm 91

Those who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, will say to the Lord,

"My refuge and my fortress; my God, in whom I trust."

For the Lord will deliver you from the snare of the fowler and from the deadly pestilence and will cover you with his pinions;

Under the Lord's wings you will find refuge. God's faithfulness a shield and buckler.

You will not fear the terror of the night, nor the arrow that flies by day,

Nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday.

Because you have made the Lord your refuge, the Most High your habitation, No evil shall befall you, no scourge come near your tent.

For God will give you his angels charge over you to guard you in all your ways. They will bear you up on their hands lest you dash your foot against a stone. You will tread on the lion and the adder, the young lion and the serpent you will trample under foot.

Because they cleave to me in love, I will deliver them;

I will protect them, because they know my name.

When they call to me, I will answer them; I will be with them in trouble, I will rescue them, and honor them.

I will satisfy them with long life and show them my salvation.

Prayer of Illumination

Reading of the Holy Gos	pel Matthew 5:38-48	
Anthem	"Come Flood This Heart of Mine" by David Lantz III	Virtual Choir
Scripture Reading	Romans 12:14-18	
Message	Wesley's 3 Simple Rules: # 1 Do No Harm	Rev. John Gill
Offering #408 (p	"The Gift of Love" ut estimate of giving cards in the offering plate)	GIFT OF LOVE

Pastor John Gill

Doxology 94			
Prayers for the Co	ommunity		
*Hymn PP	"To L	ove Just Those Who Love You"	AURELIA
*Benediction			
*Congregational	Response 672	"God Be With You Til We Meet	Again"
Closing Voluntary			Megan Mash, MSM
Liturgists			
9 am Worship	Donna Bevington		
11 am Worship	Diann Flanigan		

Sunday Worship Prayer Concerns

Al Smith Send your prayer concerns and request to Pastor John Gill Doug Keir (Bob Keir's Son) Johngillumc@bellsouth.net Ginger Horner Inez Fielding and Pelican Gardens, in Covid Lock-Down Murray Goldman and the Sheppard Family Kathy Casey

Pray for the Homebound & those in Assisted Living

Minnie Hungerford, Janice & Ed Ertel, June Crain, Carmen Wilson, Inez Fielding

Pray for Our Men and Women In the Military

MSgt. David Schumacher (USAF), Airman Blake Greishaw (USAF)

Ongoing Prayer Concerns	Jim Schwomeyer
Lisa Davis	Dick Rickert
Yvonne Oleksy	Sheri Peterson
Ed Oleksy	Ray Royall
Kevin Snyder	Mary Jo Barton
Marlene Kalsch	Lloyd Thomas
Jane Hino	Sean Cousins
Pat Banta	Chuck Benjamin
Sam Roper	Sima
Ana Castro	Sherry and Richard Hunter
Kathi Schwomeyer	

This Week

		THE FEEK
01/31/21	9 am	Worship in Sanctuary
	10 am	Worship service on Facebook was recorded at the 9 am service
	11 am	Worship in Sanctuary
	3 pm	LOL Youth Fellowship Hall
02/1/21	10 am-2pm	Soul Café FH Meals to go only
	10 am	Barb Farrington Bible Study will be ZOOM only
	2 pm	SPRC FH
02/2/21	10 am	Pastor's Bible Study FH & ZOOM
	12 pm	Gator Rug Hooking Group
02/3/21	1pm—3pm	Church office open
	1 pm	Ed J Computer Circle FH
02/4/21	9am-11am	Church office open
	9:30 am	Mary Lou Small Group FH
	7 pm	Virtual Choir
02/7/21	9 am	Worship in Sanctuary
	10 am	Worship service on Facebook was recorded at the 9 am service
	11 am	Worship in Sanctuary
	3 pm	LOL Youth FH

Face Coverings Required at SUMC Social Distancing



Ash Wednesday, February 17, 2021

Ash Wednesday marks the official start of the 40-day Lenten season and is hallmarked by the placing of ashes on the foreheads of parishioners while saying the ancient words from Scripture, "You are dust and to dust you shall return" (Genesis 3:19). Traditionally made by the burning of the palm leaves from the previous Palm Sunday, the ashes symbolize our mortality

as well as our sorrow over our sins. The practice harkens back to Old Testament days when God's people wore sackcloth and ashes to visually show to God and those around them the depth of their repentance for their wayward behavior. The prophet Jeremiah called for repentance by saying: "O daughter of my people, gird on sackcloth, roll in the ashes" (Jer 6:26). Today wearing ashes on our heads in the shape of a cross becomes a reminder to us and a witness to others who see us wearing these ashen crosses that we firmly believe that though we will one day die, we know we will one day be made alive again forevermore, forgiven and free through the precious cross of Christ.

For Ash Wednesday the sanctuary will be open from 10am-1pm and 4pm-7pm. There will be several prayer stations available for you to participate in. They will include a station to seek forgiveness, to pray for others, create your own cross artwork to add to the LOL artwork on display, communion, and self-service ashes. You are invited to spend as much time at each station as you desire or simply commune with God in silent prayer.