



JANUARY BIBLE STUDY 2025

COURAGE TO CONQUER

MOUNT CALVARY BAPTIST CHURCH

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2025 Theme: “A Church Renewed, Restored and Revived in 2025” (Romans 12:1-2)

**LESSON ONE:
COURAGE WHEN FEAR DOMINATES YOU**

Psalm 34:1-9

In this lesson we learn how to overcome fear.

OUTLINE

- I. We Need Courage to Offer Up Our Praise**
- II. We Need Courage to Own Our Problem**
- III. We Need Courage to Overcome Through Prayer**
- IV. We Need Courage to Obtain God’s Provision**
 - A. God’s Provision Involves Deliverance
 - B. God’s Provision Involves a Deliverer

Chapter 1 Review Questions

➤ **Read 1 Samuel 21:1 – 15**

- a. What weapon did Ahimelech the priest give to David? (verse 9)

- b. Whom was David fleeing from? (verse 10)

- c. Who recognized David, and why was this dangerous for him? (verse 11)

- d. What did David do once he was recognized? (verse 13)

- e. How did Achish the king of Gath respond to David’s ploy? (verses 14 – 15)

f. Where does David head after the incident in Gath? (See 1 Samuel 22:1)

➤ **Read Psalm 34**

a. At what point in his life did David write this Psalm?

b. How does knowing the context of when this psalm was written help you understand it better?

c. List five phrases that David used in verse 1 – 3 to express his worship to God.

d. What do these verses teach you about the importance of worshipping God in the midst of difficulties?

e. According to verse 4, what did David do? and what did God do? (verse 4)

f. Finish the phrases below based on the section “God’s Provision Involves Deliverance.”

- If we seek Him, _____ . (verse 4)
- If we look, _____ . (verse 5)
- If we cry, _____ . (verse 6)
- If we fear, _____ . (verse 7)
- All He asks is that we _____ . (verses 8 – 10)