# Brand New Life Christian Center

# Health and Safety Plan



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# BNLCC Health & Safety Plan

# A. Health and Safety Covid-19 Coordinator

# Requirements

- Designate a staff person to be responsible for responding to COVID-19 concerns. Staff, clergy, volunteers, and congregants should know who this person is and how to contact them if they become sick or are around others diagnosed with COVID-19. This person should also be aware of state or local regulatory agency policies related to group gatherings.
- BNLCC requires there be a Health and Safety Coordinator that is responsible for creating and monitoring implementation of COVID-19 policy.

- Rachel Govan has been elected as the Health & Safety Covid-19 Coordinator by BNLCC's Board of Elders, with the title of Social Affairs Manager.
- The Social Affairs Manager will create the Covid-19 Health and Safety Plan as it relates to Brand New Life Christian Center.
- Social Affairs Manager monitors implementation of Covid-19 Health & Safety Plan.
- Social Affairs Manager will keep track of current local and state mitigation levels and help communicate updates to congregation.

# B. Screening Procedures

#### Requirements

Conduct a weekly health screening of any

- person entering the building, to identify symptoms, diagnosis, or exposure to COVID-19.

  Not allow congregants to enter the facility if they have tested positive for or are showing COVID-19 symptoms. Or they have recently had potential exposure with a person with COVID-19. A potential exposure means being in a household or having close contact within 6 feet of an individual with a confirmed or suspected COVID-19 case for at least 15 minutes during the case's infectious
- Other monitoring and screening practices.

- Temperatures will be checked upon arrival.
  - Fever: Any congregant with a temperature of 100.4 or higher should stay home.
- Each temperature will be taken with a non-contact thermometer.
  - If congregants have symptoms such as cough OR shortness of breath, they should return home and be directed to watch virtual service and connected with a staff member should they be in need of ongoing resources.
  - Displaying two or more of Symptoms such as fever, chills, muscle pain, sore throat, or loss of taste or smell will result in returning home and also being directed to watch virtual church service and connected with a staff member should they be in need of ongoing resources.
- Congregants who have had exposure to anyone with a confirmed case of Covid-19 in the past 14 days should remain home and watch service virtually.
- Congregants with recent exposure to someone with a confirmed case of Covid 19 can return to facility either when initial Covid 19 testing is negative, or they have quarantined for a period of 14 days from the last day of exposure.
- Screeners will make a visual inspection of congregants for symptoms such as flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or extreme fussiness.
- The visual inspections should be followed by confirmation that the individual is not experiencing coughing or shortness of breath.

# C. Entry Procedures

#### Requirements

- Establish and maintain communication with local and State authorities to determine current mitigation levels in your community.
- Provide protections for clergy and congregants at <u>higher risk for severe</u> illness from COVID-19.
- Offer options for staff at <u>higher risk for</u>
   severe illness (including older adults and
   people of all ages with certain underlying
   medical conditions) that limit their
   exposure risk.
- Current Green Phase orders from Governor Tom Wolf limiting work and congregate setting restrictions.
- Businesses with in-person Operations must follow business and building safety orders.
- Masks are required in businesses.
- All business operating at 50% occupancy in the yellow phase may increase to 75% occupancy, except where noted for bars and restaurants.

- Service will resume in the sanctuary on Sunday April 4, 2021 at 10am with mandatory social distancing practices.
- Congregants MUST REGISTER for attendance at each Sunday Morning Service by 5 pm on the Friday before the service, in order to determine when we're at 50% capacity.
- Congregants will simply need to text the CHURCH CELL PHONE which is being used for this purpose only, and provide your name and the number of family members attending with you, e.g., John Simms-5
- The CHURCH CELL PHONE NUMBER is (267) 892-7703.
- Vulnerable populations such as older adults or those with underlying health conditions are at higher risk for severe illnesses, and are therefore encouraged to participate in worship services remotely through our online service.
- Seating will be provided on every other row to provide adequate spacing and air flow between families.
- Check-in procedures will include monitoring attendees temperature and confirming registration upon arrival.
- Use of <u>cloth face coverings</u> among congregants are required. Face coverings are most essential when <u>social</u> <u>distancing</u> is difficult.

<ul> <li>Note: Cloth face coverings should not be placed on children younger than 2 years old, anyone who has trouble breathing or is unconscious, and anyone who is incapacitated or otherwise unable to remove the cloth face covering without assistance.</li> <li>Cloth face coverings are meant to protect other people in case the wearer is unknowingly infected but does not have symptoms.</li> </ul>
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# D. Healthy Hygiene Practices

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- Encourage congregants to maintain good hand hygiene, washing hands with soap and water for at least 20 seconds.
- Have adequate supplies to support healthy hygiene behaviors, including soap, hand sanitizer with at least 60 percent alcohol (for those who can safely use hand sanitizer), tissues, and no-touch trash cans.
- Encourage congregants to cover coughs and sneezes with a tissue or use the inside of their elbow. Used tissues should be thrown in the trash and hands washed.
- Whenever soap and water are not readily available, hand sanitizer with at least 60% alcohol can be used.
- Consider posting signs on how to stop the spread of COVID-19 and how to promote everyday protective measures, such as washing hands, covering coughs and

# Strategies, Policies, Procedures

- Children should be supervised when using Hand sanitizer to avoid ingestion or contact with eyes.
- For younger children adults should rub the children's hands together to ensure they are dry.
- Hand sanitizer is to be stored out of reach of children. Should a child accidentally digest hand sanitizer, call poison control immediately at 800-222-1222.

Hand hygiene should be practiced at the following times, (and wash for at least 20 seconds):

- 1. Entry to facility with hand sanitizer.
- 2. Before and after preparing food, bottles, and drinks.
- 3. Before and after diapering.
- 4. Before and after medication administration.
- 5. After using the toilet or before and

sneezes, and properly wearing a face covering.

- after assisting a child in using the bathroom.
- 6. After coughing, sneezing, or blowing a child's nose. (Please cover all coughs and sneezes with a tissue or inside of elbow as much as possible).
- 7. After coming in contact with bodily fluids.
- 8. After handling garbage.
- Please refer to signs that are posted throughout the facility on how to help stop the spread of COVID-19 and promote everyday protective measures.

# E. Intensify Cleaning, Sanitizing, Disinfecting, and Ventilation

# Requirements

- <u>Clean and disinfect</u> frequently touched surfaces at least daily and shared objects in between uses.
- Develop a schedule of increased, routine cleaning and disinfection.
- Avoid use of items that are not easily cleaned, sanitized, or disinfected.
- Ensure <u>safe and correct application</u> of disinfectants and keep them away from children.
- Cleaning products should not be used near children, and staff should ensure that there is adequate ventilation when using these products to prevent children or themselves from inhaling toxic fumes.
- Ensure that ventilation systems operate properly and increase circulation of outdoor air as much as possible by opening windows and doors, using fans, etc. Do not open windows and doors if they pose a safety risk to children using the facility.
- If your faith community offers multiple services, consider scheduling services far enough apart to allow time for cleaning and disinfecting high-touch surfaces between services. <u>Take steps</u> to ensure that all water systems and features (for

- Weekly cleaning, disinfecting, sanitizing, and ventilation procedures are in place.
- Frequently touched surfaces will be cleaned routinely during Sunday service.
   These areas will include: tables, chairs, podiums, door knobs, light switches, toilet seats, counter tops, faucets, and sinks every 30 minutes by those designated for cleaning ministry.
- All cleaning materials should be kept secure and out of reach of children.
- Cleaning products should not be used near children and cleaning volunteers should ensure there is adequate ventilation after use to prevent persons from inhaling toxic fumes.
- Nearby doors and windows should remain open while cleaning to ensure proper ventilation.
- All drinking fountains are closed at this time.
- The kitchen is also closed at this time

example, drinking fountains, decorative fountains) are safe to use after a prolonged facility shutdown to minimize the risk of <u>Legionnaires' disease</u> and other diseases associated with water.

# F. Promote Social Distancing

#### Requirements

- Take steps to limit the size of gatherings in accordance with the guidance and directives of state and local authorities and subject to the protections of the First Amendment and any other applicable federal law.
- Promote <u>social distancing</u> at services and other gatherings, ensuring that clergy, staff, choir, volunteers and attendees at the services follow social distancing, as circumstances and faith traditions allow, to lessen their risk.
- Consider holding services and gatherings in a large, well-ventilated area or outdoors, as circumstances and faith traditions allow.
- Consider appropriate mitigation measures, including taking steps to limit the size of gatherings maintaining <u>social</u> <u>distancing</u>, at other gatherings such as funerals, weddings, religious education classes, youth events, support groups and any other programming, where consistent with the faith tradition.
- Provide physical guides, such as tape on floors or walkways and signs on walls, to ensure that staff and children remain at

- Indoor services will remain at no more than 50% capacity.
- An overflow room will be available for those who come, but did not preregister. They will watch the service on a television screen.
- Maintain social distancing (6ft. distance) between those not living in the same household to reduce the chance that one infected individual will infect others.
- The goal is to decrease the number of people that an infected person could pass the virus to if other steps are not successful.
- Doors and windows will be propped to promote continuous air flow.
- Bathroom use will be limited to two people at a time. Others must remain in the marble hall while distanced 6 feet apart.
- Signs on the walls and tape and arrows on floors will be labeled to help provide a guide for remaining socially distanced and providing one-way routes.

least 6 feet apart in lines and at other times (e.g. guides for creating "one-way routes" in hallways).

# G. Minimize Sharing Worship Materials

# Requirements

# Consistent with the community's faith tradition, consider temporarily limiting the sharing of frequently touched objects, such as worship aids, prayer rugs, prayer books, hymnals, religious texts and other bulletins, books, or other items passed or shared among congregants, and encouraging congregants to bring their own such items, if possible, or photocopying or projecting prayers, songs, and texts using electronic means.

- Modify the methods used to receive financial contributions. Consider a stationary collection box, the main, or electronic methods of collection regular financial contributions instead of shared collection trays or baskets.
- Consider whether physical contact (e.g., shaking hands, hugging, or kissing) can be limited among members of the faith community.

- All songs, bulletins, and congregant information should be shared electronically to limit the passing of materials.
- There will be only one Praise and Worship Leader each Sunday. He/she will be standing on the floor, 6 feet away from congregants, at a podium with a shield in front of the top part of the podium.
- The Preacher of the hour will be standing at a podium on the pulpit, with a shield in front of the top part of the podium.
- Financial contributions for tithes, offering, books, or other means are encouraged to be accepted through online payment options.
- Physical Contact such as hugging, shaking hands, fist and elbow bumping is discouraged.

- If food is offered at any event, consider pre-packaged options, and avoid buffet or family-style meals if possible.
- Train all clergy and staff in the above safety actions. Consider conducting the training virtually, or, if in-person, ensure that social distancing is maintained.
- Friendly hand waving and conversations at a 6 ft. distance with a mask is instead encouraged.
- Virtual training and learning activities will be provided for all clergy and leaders in the above safety actions. Consider conducting the training virtually, or, if inperson, ensure that <u>social distancing</u> is maintained.

### H. Face Masks

#### Requirements

- Use of face coverings (masks or face shields) by all congregants.
- If face shields are used without a mask they should wrap around the sides of the wearers face and below the chin; as it is not known if face shields provide any benefit as source control to protect others from the spray of respiratory particles.
- Use of face masks by children 2 years of age and older (as appropriate).

- All congregants should wear masks whenever in facility except when leading worship through song, sermon, dance, or other means of service while remaining socially distanced.
- Use of face shields without a mask will require being wrapped around the face and chin. Absence of this method will require use of a face mask.
- Face shields should NOT be placed on newborns or infants.
- Disposable masks are available at the facility for emergency purposes when congregants are not otherwise wearing one.
- Cloth masks should be laundered daily.
- Masks should NOT be placed on:
  - Babies and children younger than 2 years old.
  - Anyone who has trouble breathing or is unconscious.

<ul> <li>Anyone who is incapacitated or otherwise unable to remove the cloth face covering without assistance.</li> <li>Children during nap time.</li> </ul>