



Peaceful Coastline

“OUR PLAN”

Five Counseling Sessions

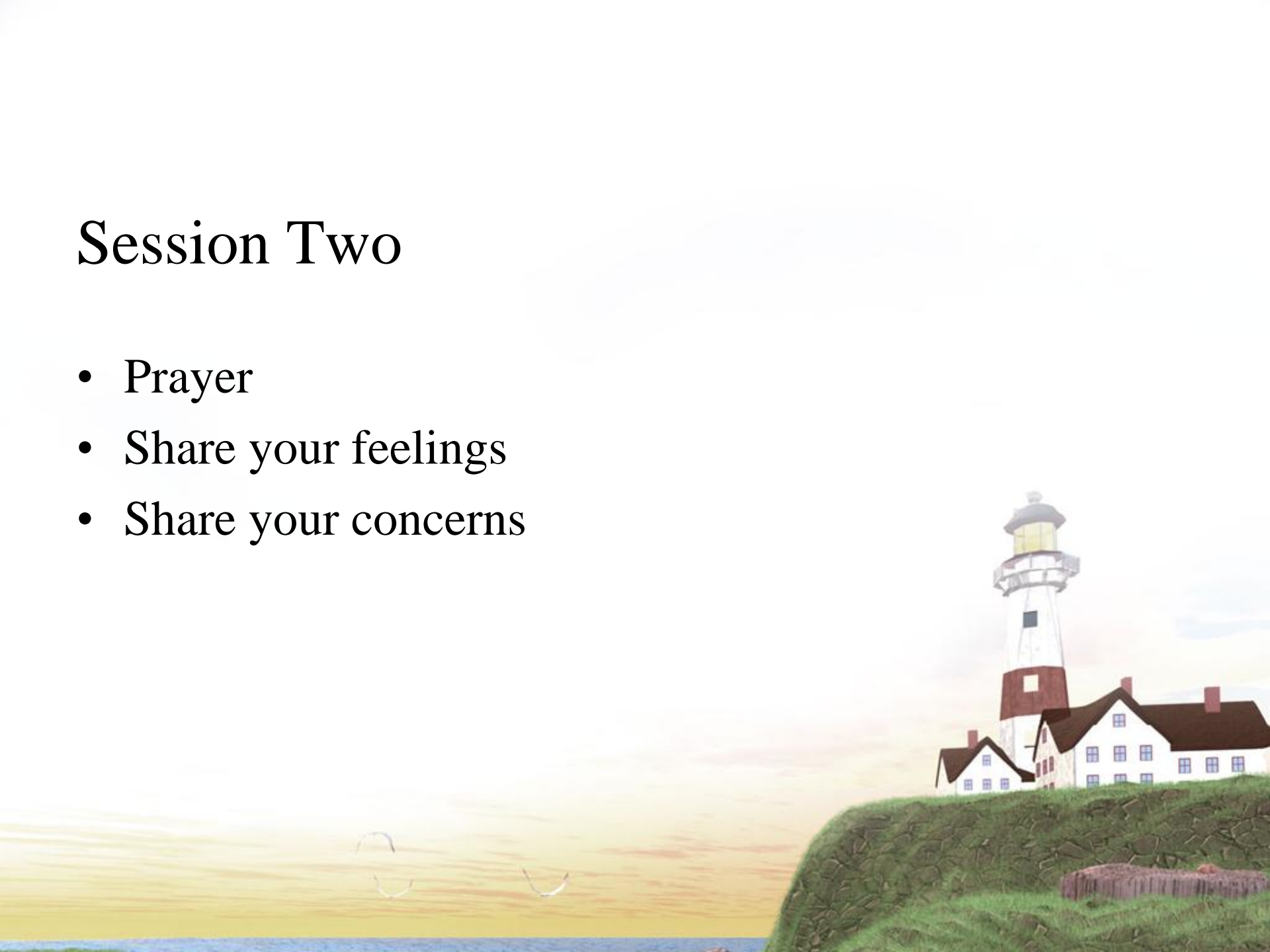
Session One

- Prayer
- Creation Therapy
 - Arno Profile System
 - Inborn temperament
- A Clear Picture of You



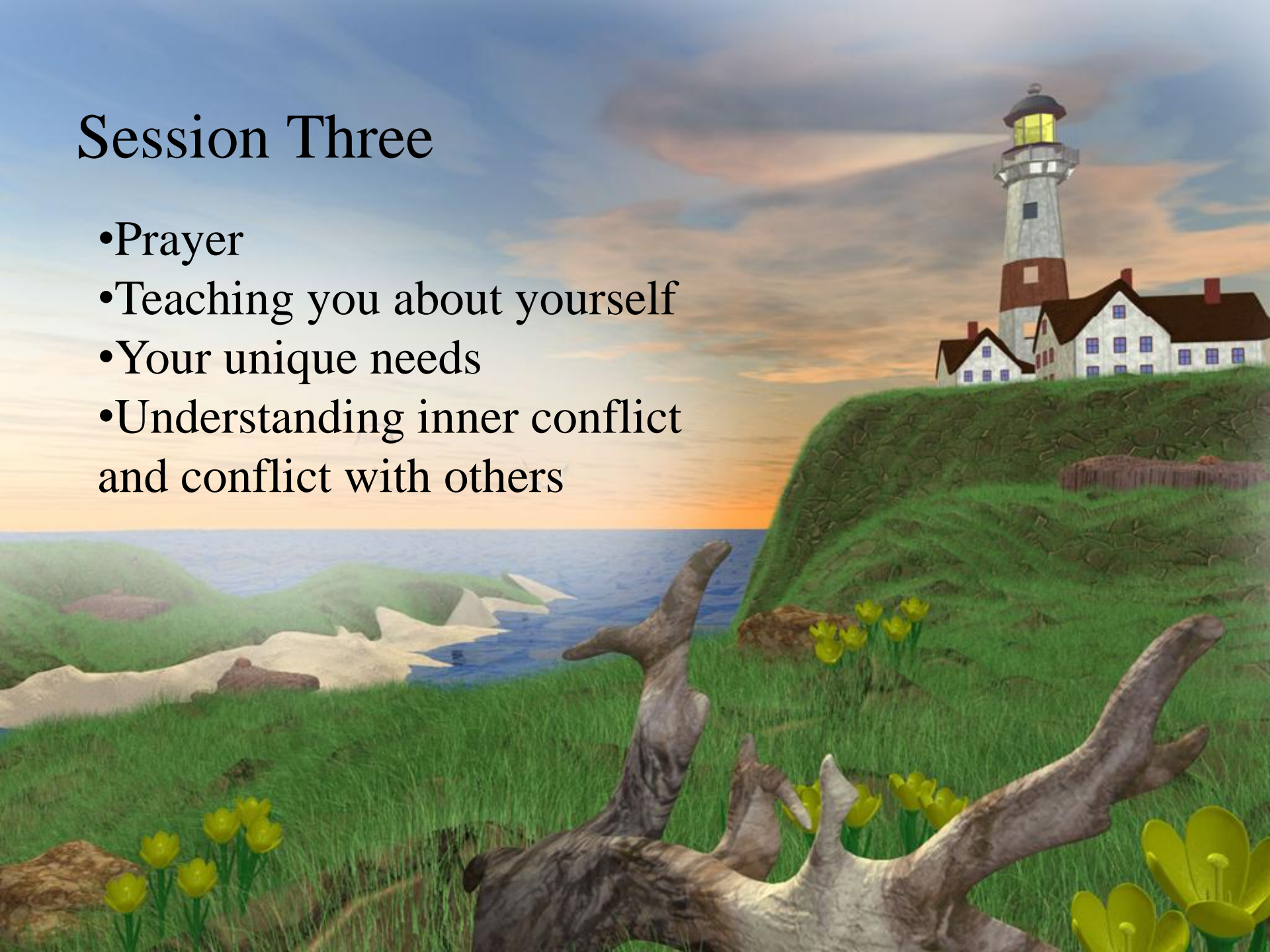
Session Two

- Prayer
- Share your feelings
- Share your concerns



Session Three

- Prayer
- Teaching you about yourself
- Your unique needs
- Understanding inner conflict and conflict with others



Session Four

- Prayer
- Examine each individual need you have
- Identify which needs are being met
- Identify which needs are going unmet
- Identify which needs are causing you harm



Session Five

Final Session

- Prayer
- Begin finding ways to meet your needs
- Begin finding ways which will not cause you harm
- Begin finding ways which will not cause harm to your family, and loved ones

Additional Session

- Prayer
- Additional Christian counseling sessions are provided upon request or as indicated
- Follow-up session as needed

