

#### 390 Lincoln Street South Portland, ME 04106

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## INSIDE: The latest news and changes at Friendship House

Friendship House began in 1985 when founder, Louise Montgomery, felt the Lord directing her to open a home for the homeless.

Friendship House, Inc. is a non-profit organization, governed by members of a volunteer Board of Directors who are committed to helping men in need by providing shelter and a warm family atmosphere for them in which to grow physically, emotionally and spiritually.



"Faith is more than our greatest gift; its sharing with others is our greatest responsibility. May we of A.A. continually seek the wisdom and the willingness by which we may well fulfill that immense trust which the Giver of all perfect gifts has placed in our hands".

### FRIENDSHIP HOUSE

#### **OUR MISSION**

To express the love of God through Christ to the poor and disadvantaged, by providing a safe home where hope and healing are extended to those who are broken spiritually, emotionally or physically.

#### **Board of Directors**

Ron Nevers - President Dave Quigley Ralph Blumenthal Scott Garland David Smallwood Steve Martin

#### Ex Officio

Sidney St. Felix Thaxter

House Manager Randy Doughty

Executive Director Herb Blake



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# 11th Annual Golf Scramble August 18, 2022

Our 11th Annual Friendship House Golf Scramble Fundraiser is scheduled for Thursday, August 18th at the beautiful Toddy Brook Golf Course in North Yarmouth. We are excited that this event is moving to August for the first time! It is also taking place on Thursday for the first time this year and we anticipate that this fundraiser will continue to grow. Toddy Brook Golf Course has elevation drops of up to 150 feet, an island green on the 18th hole and a



great variety of challenging holes with scenic backdrops. We invite you to put a foursome together of family members, friends or associates to participate in the fun and make a bid to have your names be the next to be engraved on our Montgomery Classic Champions Trophy! The cost to enter is \$100.00 per golfer, which includes 18 holes of golf with cart, luncheon meal, gift bag for each golfer and the chance to win a variety of awards and prizes, including \$10,000.00 for a hole in one! Our hole sponsors are integral in making this event a great success each year and we hope many will partner with us again this year as we raise funds to assist men in recovery in Maine. Circle the date on your calendar, put together a team and join us for a great summer day on the course. Registration will open at 8 AM and golfers will tee off at 9 AM, a shotgun start. Our team golf scramble uses gross scoring to determine our champions, handicaps are not used. It is our desire to crown a women's division champion for the first time. In order to do this, we will need at least two teams of four women team members. There are also prizes for men and women closest to the pin, longest drive and a putting contest where one golfer will have the chance to make a putt for \$2,500.00. We would love to have you join us for this great round of golf in August!

### **Easter Bundles of Kindness**

The men of Friendship House were surprised and blessed by the kindness of the kindergarten class from Windham Christian Academy! The children prepared 25 knapsacks for us, filled with a generous assortment of snacks, candy, water and useful items, along with an Easter picture, drawn by a student. Attached to each bundle was a note saying, "With love from Windham Christian Academy kindergarten class 2022" and a Scripture verse on the other side, "I am the Way, the Truth and the Life. No man cometh to the Father but by Me". (John 14:6) Thank you to each one of these wonderful students and kindergarten teacher Mrs. Kindred for organizing their efforts! A special thanks to Pastor Joel McPherson, Principal Mrs. Sands, as well as the entire faculty

and administration of WCA. They do a tremendous job providing high quality education for the students, as well as modeling and instilling a heart of service into their learning. From our perspective at Friendship House, the future is in good hands with students like these!



# THE DIRECTOR'S TAKE



After a decade of serving as director of Friendship House, I never cease to be amazed at the kindness, generosity and compassion

shown by our friends and supporters toward men in recovery. I have said often that it is by the efforts of many that this mission and ministry continue to thrive into our 37th year. As I share this fact with people, they are often inspired to give or do what they can to encourage and assist our residents in their journey to recover and rebuild their lives. We are extremely grateful for everyone that inspires others and shares in the success stories of many of our residents.

You may not recognize the name Piotr Malachowski, he is a Polish man who won a silver medal in the discus throw at the 2016 Summer Olympic games in Rio de Janeiro, Brazil. While this may seem to be the pinnacle of achievement for many athletes, it was his actions immediately following that inspired many to action. In a matter of days, Piotr put his coveted silver medal up for auction and in doing so brought the need of a three-year-old boy named Olek Szymanski into the spotlight. Olek had

retinoblastoma, a rare form of cancer. He was in need of raising approximately a half million dollars to fund a surgery in the United States that could potentially save his eyesight, as well as his life. A Polish foundation Siepomaga had raised \$126,000.00 to that point and Piotr Malachowski was hopeful that by putting his Olympic medal up for auction, funds would be raised to make Olek's surgery a possibility. In part due to Piotr's selfless generosity and his publicizing this boy's situation, shortly after the auction began, a wealthy Polish couple committed to covering the remaining amount required for Olek's surgery!

We may never know the full impact that our actions will have but it is safe to say that every act of kindness and generosity has the potential to make a dramatic difference in the lives of others! Thank you to all of you who make a significant contribution to the lives of men at Friendship House through your donations, support of our fundraisers and many acts of kindness!

### **Thank You For Your Service**

We would like to sincerely thank Dave Smallwood for his 14 years of service to Friendship House as one of our board of directors! It has been a pleasure for our board and staff to serve alongside him. Dave has served faithfully and was a constant source of encouragement for many of our residents over the years. Unknown to many of our supporters and Friendship House family, he provided a great deal of the wood that has been used to operate our wood doctor boiler in the winter months over the past decade. On behalf of all of us at Friendship House, we wish him blessings and happiness as he begins the next chapter and season of his life and ministry.

# **House Manager Ramblins**

Greetings to you all! I pray life finds you well and blessed in every way. We have had some changes since the last time I wrote. The biggest change (and to me the most important) being the gentlemen residing at Friendship House. It would be incredible if recovery from addiction of any type was a one and done process. How much better lives would become knowing that the burden was gone. I know from experience that is not the case. It has taken multiple efforts to get sober and stay this way. For individuals like myself, we struggle with an illness that is three-pronged: a deficiency in mental, physical and mostly spiritual ways. Having said this, we have had a few men relapse recently. Unfortunately, relapse is a revisited chapter in any addiction. "One time wonders" are rare in the disease of addiction. We keep these men, as well as all people who struggle with this in prayer and leave lines open to support them. It may seem easy to get better, but it is not. Human emotions can be heavy to carry. Regrets, self-esteem, embarrassment, shame and remorse are just a few of these emotions that are part of a wall that keep people in the grip of their addiction. Each time that we get up from our falls, it is a victory in this battle which can be won "one day at a time". Until we find God, it is too much for us. On a lighter note, spring has sprung! The new season brings about a few tasks. The men and I will be doing the spring cleaning inside and out. There are plans for some fresh paint in a few areas of the house. Eighteen cord of hardwood has been processed for next winter's heating season. I extend my thanks and gratitude to all who have done their share. We continue to be blessed with everything that we need. Food, toiletries and other staples almost always appear "on time". My thanks and most importantly my prayers are sent to you all, for your families, as well as your church family. May God always bless you in all ways! Randy

### **Our New Look** Kitchen



We are thrilled to have completed the renovations in our kitchen! A generous \$5,000.00 grant through the Town & Country Better Neighbor Fund made this possible. Thank you to our wonderful supporters who took the time to vote for Friendship House throughout the month of October and helped us become one of the top three vote-getters, enabling us to receive this grant for our kitchen upgrade. We were able to install a durable luxury oak vinyl planking and purchase a GE oven, along with new cookware and bakeware. We would also like to thank Andy from Seacoast Paving for purchasing a brand-new dishwasher to finish off this kitchen makeover. We are truly blessed!

### **Circle the Date** - 2022 Banquet/ **Auction**

Our annual banquet/silent auction has been scheduled for Friday, October 28th at Seasons Event & Conference Center. Preparations for this great event are ongoing throughout the year. We are anticipating another special evening gathered with our friends and supporters. There were 160 who joined us last year and we are expecting to add to that number this year. We hope that you will join us! Resident testimonials, delicious food, a fantastic silent auction with a wide variety of items, great fellowship and new to last year, a raffle with some terrific items, are all on the agenda again this year. Our table sponsors have

been a tremendous help in making this fundraiser so successful each year. A table sponsorship for \$250.00 allows you to invite family and friends to sit at your table (10 seated per table) and enjoy all of the festivities! There are a few other ways that you can assist our banquet/silent auction: (1) Plan on attending (2) Donate an item for the silent auction or (3) Bidding on the fantastic items that will be colorfully displayed on our auction tables. I have included a sneak peek of a few of the great items that we already have in store for this year's event (a Vera Bradley bag and a Samsung A7 Tablet)! We gather donations right up to the week of our banquet. If you have not yet joined us for this annual event, we extend a warm invitation to join us this year, we are sure that you will want to come





### **Website Redesign Coming Soon**

Our Friendship House website is currently in the process of getting a fresh, new design! We are expecting that it will be live by the middle of May. We invite you to go to www.https:// friendshiphouses.org and check it out. It will contain announcements, fundraiser details, downloads of FH applications and access to online donations, along with much more information about Friendship House

### **Our Spring Wish List**

- Paper Towels
- Bath Tissue
- Laundry Detergent
- 55 Gallon Trash Bags
- Disinfectant Cleaners
- Antibacterial Hand Soaps
- Personal Hygiene Items
- Glass Cleaners

A special thanks to all of our supporters who make monthly/ quarterly donations, the churches that continue to provide delicious monthly meals and donations of household items and supplies, individuals who make food/ clothing/household supplies donations and all of you who support us with your prayers, time and thoughtfulness. You provide a strong foundation for this ministry and all of the great opportunities that are provided to many men in recovery!

# ACKNOWLEDGMENTS

- Thank you to the following churches for your generosity through monthly support, donations and meals: Covenant Family Fellowship (Windham), Holy Martyrs Church (Falmouth), First Parish Church UCC (Yarmouth), St. Bartholomew's Episcopal Church **Trinity** Lutheran (Yarmouth), Church (Westbrook), Mountainside Community Church (Falmouth), Tree of Life Church A/G (Windham)
- Thank you to all of our supporters who made donations to provide for resident needs (clothing/household supplies/ items from our wish list)
- Thank you to all of our supporters who provide generous financial support
- Thank you to the Roy A. Hunt Foundation for providing a generous \$3,000.00 grant toward our general operations for 2022