



**LEADER'S GUIDE
BOOK**

Deliverance Outreach Temple Church

Timothy and Stephanie Grant, Pastors

851 Garrettsburg Rd. Clarksville, TN 37042

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The Pastors of Deliverance Outreach Temple would like to dedicate this Servant Guide to all the Leaders within this Ministry.

Proverbs:29:21, He that delicately bringeth up his servant from a child shall have him become his son at the length.

If we will allow the character of Christ to develop within each of us and serve one another, we shall come into the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fullness of Christ.

*Thanks for your support and commitment.
Pastors Timothy & Stephanie Grant*

A GUIDE FOR THE LEADERS

***FROM: PASTOR TIMOTHY W. GRANT, SENIOR PASTOR &
FOUNDER***

TO: ALL MINISTERS OF DELIVERANCE OUTREACH TEMPLE CHURCH

***SUBJECT: GUIDELINES AND PROTOCOL FOR MINISTERS OF
DELIVERANCE OUTREACH TEMPLE***

OBJECTIVES:

***(1) TO COMMUNICATE THE VISION OF THIS MINISTRY TO THE
MINISTERIAL STAFF;***

***(2) TO PROVIDE GUIDANCE AND SUPPORT TO THE MINISTERIAL STAFF
IN DISCHARGING THEIR RESPONSIBILITIES SO THAT MINISTRY TO THE
BODY IS COMPREHENSIVE AND EFFECTIVE; AND,***

(3) TO PROVIDE STRUCTURE AND ORDER IN THE MINISTRY.



Habakkuk 2:1-4

Saints, remember the five principles about vision:

- *Vision Given: God alone gave the vision for Deliverance Outreach Temple Church.*
- *Vision Written: The vision is what God wants DOT to do in this community.*
- *Vision Declared: I am determined to communicate by faith what God has place in my heart about this Ministry. It will make an impact on this City. (salvation, healing.....)*
- *Vision Faithed: We will trust God through prayer until He fulfills the vision.*
- *Vision Realized: God said it, and in time, He will do it!*

Timothy W. Grant Sr.

“As Pastor and minister, we break this ground for His Glory in the name of the Father, Son, and Holy Spirit.”

The Vision of the Deliverance Outreach Temple Church

This is the “House of the Lord”

We believe this ministry to be of our Lord and Savior Jesus Christ and God our Father in heaven, who called us to establish this work in Clarksville, Tennessee and throughout the world.

The Deliverance Outreach Temple and the churches established will operate with Christ being head of all churches and ministries as we follow His Spirit.

We believe the outpouring of Christ Spirit will be present with signs, miracles and wonders following as He confirms His Word in and through us.

The ministry will reach out to the community and the world through a spirit of the agape love of God, ministering to the total man through music, preaching, and teaching.

The Deliverance Outreach Temple will mentor, license, and ordain those called to work in this ministry and send them out all over the world for the work of the ministry, for the perfecting of the saints and the edifying of the body of Christ.

The Deliverance Outreach Temple and all other churches established will operate according to the gifts in I Corinthians 12, the offices of the Body of Christ in Ephesians 4:11, Apostles, Prophets, Evangelists, Pastors and Teachers and all the fruits of the Spirit which is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, and temperance, according to Galatians 5:22.

The Deliverance Outreach Temple will establish a Tape ministry, TV and Radio ministry, Teaching Seminars, Prison ministry, Street ministry, Bible Schools, Children’s Christian School, and all types of outreach ministries for the community and throughout the world.

The directors and founders of the ministry is Pastors Timothy W. Grant and Stephanie Y. Grant.

The Deliverance Outreach Temple and all churches established under this ministry will receive all directions from Christ the Head to add to this vision as the Lord gives insight and a need to.

THE VISION STATEMENT

- 1. TO DISCHARGE THE MINISTRY OF RECONCILIATION, PREACHING AND TEACHING THE GOSPEL OF JESUS CHRIST TO ALL PEOPLE OF ALL NATIONS, REGARDLESS OF RACE, CREED, COLOR, GENDER, DENOMINATION, SOCIAL OR ECONOMIC POSITION, OR ANY OTHER FACTOR WHATSOEVER;*
- 2. TO MANAGE OUR AFFAIRS IN THE “ SPIRIT OF EXCELLENCE,” AS GOOD AND FAITHFUL STEWARDS OF THE LORD, JESUS CHRIST;*
- 3. TO BE VESSELS TO WHOM THE FATHER’S LOVE IS CLEARLY REFLECTED AS LOST AND HURTING PEOPLE ARE EMBRACED; AND,*
- 4. TO WORK DILIGENTLY IN BUILDING UP THE BODY OF CHRIST AS A UNITED AND INTERGRATED CHURCH IN WHICH THERE ARE NO DISTINCTIONS OR DIVISIONS, BUT IN WHICH JESUS CHRIST IS ALL IN ALL.*

DELIVERANCE OUTREACH TEMPLE CHURCH

Church History

*Deliverance Outreach Temple Church, formerly known as “House of the Lord,” began April 26, 1992 by Timothy W. and Stephanie Y. Grant. Pastor Grant received a vision from God that the church motto would be “**Hands Reaching Out to the Community.**” The first church meeting was held in Pastor and First Lady Grant’s home. The following families were in attendance: Wiggins, Lonesome, and Preston and Brisbon.*

The search for a place to worship ended at 924 Power Street. The Grant’s were drawn to the large, but symbolic picture of the cross that remained on the window of the vacant building. On May 2nd and 8th of the same year, by the leading of the Holy Spirit, the church hosted evangelistic meetings on that street. These community outreach meetings prefaced the first worship service held on May 10, 1992 with 39 in attendance. Davis, Wiggins, Lonesome, Preston, Brisbon, Freemon, Grant, Carter, and Brother Steven Chisley were some of the first families in attendance that were planted by the Lord. The House of the Lord had their first revival service during the week of August 17 -21. The Charter for the State of Tennessee was signed August 26, 1992 and filed with the State of Tennessee, on September 10, 1992.

Six months after its inception, 18 families joined the ministry. However, by year end, the Grant Family departed House of the Lord and the Clarksville community when Pastor Grant received military reassignment orders. Pastor Grant would now oversee many changes in this ministry. As a result, on January 1, 1993, Elder Garrett performed duties as the interim pastor until February 17, 1993 whereby Elder Emmanuel Davis was appointed Pastor of House of the Lord.

In March of 1993, House of the Lord was officially changed to Deliverance Outreach Temple, D.O.T. This name was recommended by Elder Emmanuel Davis to Pastor Grant. There were numerous House of the Lord's already established in the State of Tennessee, so after much prayer and consideration Pastor Grant concurred with Elder Davis.

The church celebrated its first Anniversary in May and moved to a larger facility located on 201-B Providence Blvd. Holding to the vision, again the church had an evangelistic meeting outside of the building where food, clothing and other tangible items were provided. D.O.T served a rapidly changing military community as well as local natives of Clarksville. The ministry itself was later dedicated in December followed by a new year of more change.

February 1994 the Davis family moved to Germany due to reassignment orders, as well. Nonetheless, the aforementioned Minister Lonesome became the interim pastor. In March 1994, D.O.T farewelled the Lonesome's. Overseer Grant gave ministerial licenses to Elder Preston and Minister Chisley in July, followed by appointment of Elder Preston as Pastor. In November 1995, membership grew to 91. The ministry continued to reach the community with the addition of 30 new members in 1996. By 1997, 71 new members were added to the church roll.

Elder Preston's tenure as interim Pastor ended as D.O.T. ecstatically welcomed Timothy W. Grant and family as they returned to the ministry in April 1996. D.O.T continued to respond to the needs of the community. In January of 1998 the church published its first newsletter. Moreover, in May 1998 the church revamped the clothing and food ministries, purchased a church van and a piano. The ministry maintained a steady pace into 1999 with the addition of 89 new members, new choir robes and computers and audio equipment and a CD player for the van ministry. The D.O.T. Minister's Manual was published in April 2000. To preface the many facets of change, on May 21, 2000 as Pastor Grant and his family

prepared for yet another military reassignment, he delivered the State of the Ministry address.

It was here that Elder Emmanuel Davis was re-appointed as Pastor. The Grant Family embarked on the mission field of El Paso, Texas.

*The church purchased 13.84 acres of land on Garrettsburg Road, Clarksville, with an increase of 45 new members in 2001. In 2002 an additional 12 members were added to the membership directory. Also in that year, the church van was paid in full followed by the land groundbreaking ceremony on **June 8**. On **June 10** D.O.T. celebrated its 10th anniversary. By this time, the Davis' were reassigned again and the Chairman of the Deacon Board, Joseph Wiggins, was appointed to oversee the ministry.*

In 2003 the Grant family was assigned to Hawaii. Pastor Grant traveled from Hawaii to appoint Elder Steve Pearson as the interim Pastor until 2005. During Pastor Grant's tenure in Hawaii, the vision for Partner's With Deliverance Outreach Temple (PWDOT) came when Deacon and Minister Harold asked if they could support D.O.T with Love Offerings. The fuel for PWDOT came on September 24 when Pastor called Evangelist Jones as the coordinator. Moving with the vision, from 2003- 2005 D.O.T. graciously welcomed 46 new members.

So, by April 2005 Pastor Timothy W. and First Lady Stephanie Y. Grant returned as Pastor/Overseer of the church. Soon after, Moving Towards the Vision, MTTV, was implemented and conducted on the second Wednesdays of each month, the new member's classes were reinstated and as God would allow, Pastor Grant was deployed to Iraq for one year. First Lady Grant oversaw the ministry in his absence.

D.O.T saw many remarkable changes in 2006. In January the land on Garrettsburg Road was paid in full, in April, Pastor Timothy W. Grant, Sr. returned as Pastor and Overseer of the ministry and by end of month August,

Cumberland Bank of Clarksville approved a loan for \$624,000 to help complete the building of the new church on Garrettsburg Rd, Clarksville, Tennessee.

In addition to these pacesetter landmarks, the home ministry team had the privilege of installing Steven Chisley as Pastor of Greater Works International Ministries, Clinton, Mississippi and Elder Melvin and Margaret Moore as Pastors of Kingdom Connection Christian Center, Fayetteville, North Carolina. These two churches are divinely connected with Deliverance Outreach Temple Church as well as the 49 new members added to D.O.T. in 2006. The current membership is 311 and God is still extending. As of January 2007 Deliverance Outreach Temple is now property owners of 13.84 acres of land, available for expansion of the kingdom by reaching out to the community. God is not done yet!

**THE CONSTITUTION AND BY-LAW OF "DELIVERANCE OUTREACH
TEMPLE"**

PREAMBLE

WHEREAS, It is the express purpose of God, our heavenly Father, to call out of the world a saved people, who shall constitute the Church of Jesus Christ, built and established upon the foundations of the apostles and prophets, Jesus Christ Himself being the chief cornerstone; and

WHEREAS, The members of the Body, the Church of Jesus Christ, are enjoined to assemble themselves together for worship, fellowship, counsel and instruction in the Word of God and for the exercise of those spiritual gifts and offices set forth in the New Testament ;

BE IT RESOLVED, That we recognize ourselves as a body of Christian believers according to the Scriptural plan for the local assembly, in order that we may worship God as a united body, exercising all our inalienable rights and privileges granted to a religious body by the Constitution of the United States of America and do hereby adopt the Articles of Constitution and by-laws and agree to be governed by them.

Article I.
Name

The name of this Congregation is "DELIVERANCE OUTREACH TEMPLE", a non-profit Congregation as constituted under the Laws of the United States of America, and its duration shall be perpetual.

Article II.
Purpose

- 1. To propagate the Christian Faith and to spread the Gospel of Jesus Christ as revealed through the Holy Scriptures by all means of communication, whether visual, verbal, or written.*
- 2. To provide for preaching, teaching and fostering the growth of the Christian Religion in all places; and to license and ordain ministers; to carry on the work of*

evangelism; to promote missionary work in all places; to carry on the organization of churches and foster their development and local sovereignty and independence according to this Constitution and its by-laws.

3. To erect and maintain Church buildings, social halls, business offices, school buildings recreational facilities, parsonages, and such other structures as are deemed necessary, and to organize and promote such activities as deemed necessary for the upkeep and continuance of said buildings and facilities.

4. To collect, solicit and accept funds, gifts and other subscriptions; to hold in trust, use, mortgage, lease, sell, or otherwise acquire or dispose of property, real or chattel, in keeping with the recited purposes of this Church, and it shall have and exercise all powers that are necessary or convenient to effect any and all of the purposes for which this Congregation is organized.

Article III.
Principle of Autonomy

We hold as Scriptural and fundamental the principle of local Church government by qualified men called elders, and in conjunction with the elders are qualified men called deacons, who serve both the eldership and the congregation (Philippians 1:1). These men must qualify according to the qualifications laid down in the Scriptures (I Timothy 3; Titus 1:5-9).

Article IV.
Faith

The fundamental teachings of this Congregation are reflected in the following clear statements of faith:

1. We believe in the plenary- verbal inspiration of the accepted canon of Scriptures as originally given. The Scriptures are infallible, inerrant, and the sole and final authority for all matters of faith and conduct (II Timothy 3:16; I Corinthians 2:13).

2. We believe in the Eternal Godhead who has revealed Himself as One God existing in Three Persons, Father, Son and Holy Spirit, distinguishable but indivisible (Matthew 28:19; II Corinthians 13:14).

3. *We believe in the creation, test and fall of man as recorded in Genesis; his total spiritual depravity and inability to attain to Divine righteousness (Romans 5:12, 18).*

4. *We believe in the Lord Jesus Christ, the Savior of men, conceived of the Holy Spirit, born of the Virgin Mary, very God and very Man (Luke 1:26-35; John 1:14-18; Isaiah 7:14; 9:6).*

5. *We believe Christ died for our sins, was buried and rose again the third day, and personally appeared unto His disciples (I Corinthians 15: 1-4; Romans 4: 25).*

6. *We believe in the bodily ascension of Jesus to heaven, His exaltation, and personal, literal and bodily coming again the second time for His Church (John 14:2, 3; and I Thessalonians 4:13-18).*

7. *We believe in the salvation of sinners by grace, through repentance and faith in the perfect and sufficient work of the cross of Calvary by which we obtain remission of sins (Ephesians 2:8, 9; Hebrews 9:12, 22; Romans 5:11).*

8. *We believe in the necessity of water baptism by immersion in the name of the Eternal Godhead in order to fulfill the command of the Lord Jesus Christ (Matthew 28:19; Acts 2:34-36; 19:1-6).*

9. *We believe in the baptism of the Holy Spirit as a real experience at our subsequent to salvation, with the Scriptural evidence, namely, speaking in other tongues as the Spirit gives utterance (Acts 2:1-4; 8:14; 10:44-46; Galatians 3:14-15).*

10. *We believe in the operation of the Gifts of the Spirit as enumerated in I Corinthians 12-14, as manifested in the Early Church.*

11. *We believe in the Spirit-filled life, a life of separation from the world and perfecting in the fear of God as expressing the true Christian faith (Ephesians 5:18; 11 Corinthians 6:14; 7:1).*

12. *We believe in the healing of the body by Divine power, or Divine healing in its varied aspects as practiced in the Early Church (Acts 4:30; Romans 8:11; 1Corinthians 12:9; James 5:14).*

13. We believe in the table of the Lord, commonly called the Communion or the Lord's Supper, for believers (1 Corinthians 11:28-32; Matthew 26:26-28).

14. We believe in the reality and personality of the Devil and eternal judgment in the Lake of Fire for the Devil and his angels (Matthew 25:41; Revelation 20:14, 15).

15. We believe in eternal life for believers (John 5:24; 3:16), and eternal life punishment for the unbelievers (Mark 9:43-48; 11 Thessalonians 1:9; Revelation 20:10-15).

16. We believe that there is one true universal Church, made up of genuine believers, but this one universal Church is also composed of many local Churches in given localities. These Churches are under the sovereign Headship of the Lord Jesus Christ, exercising autonomous government under Him, administering all its local affairs and ministry, as well as the propagation of the Gospel (Acts 15:22; with Matthew 16:18; 18:15-20).

17. We believe that Government is ordained of God, and the powers that be are ordained as ministers of God to us for good. To resist the powers and the ordinances is to resist the ordinance of God. We are subject not only for wrath sake but for conscience sake, rendering to all their dues, custom to whom custom, fear to whom fear, honour to whom honour. We declare our loyalty to our Government and its leaders and will assist in every way possible consistent with our faith in the Scriptures as Christian citizens (Romans 13).

Article V. **Board of Directors**

1. Board of Directors

This Church, as to its business affairs, shall be fully controlled, governed and operated by its Board of Directors, which shall consist of a minimum of three (3) members but the number may be increased as the need arises, these being taken from qualified Elders and/or Deacons. Should the Board of Directors be three (3), there shall be the President, Secretary or Secretary/Treasurer and Advisory Member. Should it consist of five ((5), there shall be the President, Vice-President, Secretary/Treasurer and two Advisory Members. Further, this Board of Directors shall consist of scripturally qualified Elders/Deacons.

a. Duties of Secretary

It shall be the duty of the Secretary to keep an accurate record of the proceedings of the meetings of the Board and of the Yearly or Special Congregational meetings of business, and all such other duties as pertain to this office as may be prescribed by the Board.

b. Duties of Treasurer

The Treasurer shall have the care and custody of all funds and securities of the Church and shall deposit the same in the name of the Church in such Bank or Banks as the Board of Directors may select.

The Board shall, by resolution, fix all matters of signatures at the time of his taking office, which shall continue during the tenure of office, or until changed by the Board.

The Treasurer shall at all reasonable time exhibit his books or accounts to any member of the Board or Committee appointed by the President for that purpose where such inspection has been requested by the majority vote of the Board on that subject.

2. Directors

The Board of Directors at this period of time consists of the following:

The President: Pastor/ Senior Minister.

Secretary\Treasurer: Deacon

Advisory Member: Deacon or an appointed Elder when there is only one Deacon active.

(The Elder will be appointed by the Pastor)

3. New Members

New members of the Board shall be appointed by the existing Board as the need arises. All Board members must be chosen and accepted on the basis of the Scriptural qualifications laid down in 1 Timothy 3 and Titus 1 and must be official

members of the Church. No person, other than an Elder (or Deacon), shall be eligible for election or appointment to the Board of Directors.

4. Term of Office

All Board members will maintain their position for life while they are active members, but are subject to removal at any time when they cease to qualify under the original qualifications by which they were appointed.

5. Replacement

The Board of Directors will determine on the basis of the majority vote of the Senior Pastor, being the quorum of its constituency, when any member of the Board is no longer fulfilling the necessary qualifications for office, and also his replacement. Board members may also withdraw voluntarily at their own request.

6. Senior Minister

Although Board members can be removed by the majority vote of the Board, the Senior Minister, upon Scriptural qualifications, can only be removed by the votes of the Board, but must also have a confirmation by three-fifths of the Voting Church Membership for his removal and replacement.

7. Successor Senior Minister

The Senior Minister shall have the authority to name his successor in counsel with the Board of Directors.

8. Powers and Duties of the Board of Directors

The Board of Directors shall have the powers and duties and the authority to implement such powers and duties as follows:

a. To exercise the power and business of the Congregation.

b. To apply the proper authorities for permission to carry on the business of the congregation wherever they may be situated in country or state.

c. To appoint an attorney but only with the consent of all members of the Board of Directors to do any acts and execute any documents for and on behalf of the Board of Directors or any of them.

d. To manage and control gifts, legacies and beneficiaries of any kind.

e. To manage and control investments.

f. To meet any costs, expense and liabilities from such funds as may be needed by the Church.

g. To ensure, build, repair and maintain property.

h. To employ such staff as may be required in the functioning of the Church and to discuss such staff.

i. To properly attend to accounts and audit and keep records of all payments; the treasurer being appointed to prepare a proper balance sheet of the Church business as at the 30th day of June in each year.

j. To call for the General Assembly of the Church for an Annual (or Special) Meeting, the date of same to be advised in the Church-News and notice of such Meeting must be given at least two weeks prior to the date of such meeting.

k. The powers more fully described in the Schedule hereto.

In the event of the dissolution of the Church, no financial requirement will be made on the property of any of the Board Members, but payment of debts and liabilities will be met from the sale of assets and disbursements of funds in Bank deposits and securities.

Article VI. **The Trustees**

1. The Trustees

For the purposes of the religious Successory and Charitable Trusts Act 1958 the Board of Directors from time to time will also constitute the Trustees. The Senior Minister shall automatically be the President of the Trustees.

2. Powers and Duties of Trustees

The powers and business of the Congregation insofar they relate to dealings with real or personal property of the Congregation shall be exercised, conducted and controlled by the Trustees for the promotion of the purpose of the Church as set forth in Article 11.

The powers and business of the Trustees shall include:

- a. To buy, sell, lease or otherwise deal in real and personal property being trust property in the name of the Congregation.*
- b. To hold trust property and manage trust funds in trust for the Congregation.*
- c. To sell, mortgage, charge or pledge trust property as affirmed by a three-fifths majority of the voting members of the Church present at a General or Special Meeting of the Church help to approve such sale, mortgage, charge or pledge.*
- d. To exercise all the powers and duties of the Board of Directors as described in Article V. 8 and implied by law insofar as they relate to any dealing with trust property. In the event of the absence of the President or Vice-President from any meeting of the Trustees, it shall be for the remaining Trustees to make decisions regarding matters other than in the areas of Spiritual Oversight.*

In respect of matters of financial decisions, no authority is vested in these members for payment of sums in excess of five-thousand (\$5,000.00) dollars (or a determined upon amount).

Article VII. ***Committees***

1. Number of Officers

The officers of the Congregation shall consist of a President, Secretary or Secretary/ Treasurer and Senior Minister. These officers may be derived solely from the Board of Directors.

2. Committees

The Board of Directors may appoint and dismiss one or more committees consisting of officers and assistant officers, as many are deemed necessary. Any officer may serve for an unlimited number of consecutive terms in office.

These officers may include Elders, Deacons; Deaconess's and Heads of various departments of the Church and such additional members as may be deemed advisable.

3. Church Council

Together the officers of all these Committees, with the Board of Directors, constitute the Church Council.

The officers of each department of the Church shall constitute the standing Committees of the Church. All standing Committees shall be auxiliary and subject to the Board of Directors, and shall have and exercise only the delegated and limited authority given to them by the said Board.

4. Senior Minister

The Senior Minister, who is automatically a member of the Board of Directors, is also an ex-official member of all Committees designated by the Board of Directors. The position of the Senior Minister is a perpetual position and he can only be removed or be replaced according to the provisions of Article 6.

The Senior Minister shall not take action independently in matters not having the approval of the Board of Directors; neither shall the Board seek to take action without the approval of the Senior Minister.

5. Replacement

Any member of the Board, the Committees, or Church Council may voluntarily resign, or be removed by the Board of Directors whenever in their judgment the Scriptural standard or best interest of the Congregation will be served thereby. A vacancy in any office because of death, resignation, removal for disqualification or otherwise shall then be replaced by the choice of the Board of Directors.

Article VIII.
Membership

1. Qualifications

The Membership of "Christians Fellowship" shall consist of those persons who meet the following qualifications:

- a. Personal faith in the Lord Jesus Christ as their Lord and Saviour, and a desire to obey the requirements laid down in Acts 2:36-47.*
- b. Agreement with the Doctrines of Faith as stated under Article IV.*
- c. A lifestyle that is consistent with Christian conduct and doctrine.*
- d. Regular attendance at the activities of the Church.*
- e. Financial support of the Church by tithes and freewill offerings.*
- f. Voluntary submission to the spiritual oversight of the Church.*
- g. Application for membership to the Senior Minister and Board of Directors.*
- h. All members are encouraged to complete The New Members Classes.*

2. Membership

Membership shall be limited to those who fulfill the above requirements and have expressed their desire for membership and a willingness to co-operate with the purposes of the church.

There shall be three classes of membership of this church designated, Active Members, Associate Members (who are temporarily in other locations but desire to maintain membership), and juniors, who are under 18 years of age. Membership may be denied if the Board of Directors decides that this person would be detrimental to the Church.

3. Certificate

Individuals accepted for membership will be received by the right hand of fellowship (Galatians 2:9) and receive a membership certificate or fellowship card which indicates the same. This certificate needs never to be renewed but it may be revoked by the Board of Directors if they unanimously decide that the individual would be a detriment to the Church. This certificate of membership shall be given to all members who complete all requirements.

4. Voting Members

Voting Church Members are adults of 18 years of age and above and have attended regular services of the Church over three months; such have voting rights. Voting members shall be entitled to one vote at any of the General (or special) Meetings of the local Church provided such vote shall be made personally.

5. Voting Limits

Members of this Church having voting privileges shall have such only in the following areas; the removal of the Senior Minister, and replacement of the Senior Minister in conjunction with Article V, 6; confirmation of major building constructions and/or extensions, purchase of lands and properties, and the disposition of funds in the event of the dissolution of the Congregation as presented in Article XI. Members in good standing have the privilege of information of the Church records at the Annual Business Meetings.

6. Discipline of members

Conduct contrary to the Scriptures as determined by the eldership shall be sufficient grounds upon which any person may be disqualified as a member. Some scriptures which support such disciplinary action are Romans 16:17, 18; I Corinthians 5:11-12; Galatians 1:18; II Thessalonians 3:6-15; Titus 3:10; II John 9-11.

The steps of the discipline of members shall always be consistent with the instructions given in Matthew 18:16-20 and Galatians 6:1.

The purpose of discipline is restorative, and remedial. However, if a person is separated from the Fellowship, they may not be re-instated until there has been

genuine repentance of the offense and reconciliation, which will be attested by the Pastor and confirmed by the elders of the Church.

7. Records

The Board of Directors will periodically update the active membership rolls in accordance with its requirements for membership. Absence from attendance of regular Church meetings for three (3) months without reasonable excuse will constitute being removed from membership. This excludes those Associate Members who are temporarily in other locations and desire to maintain membership. Persons withdrawing from membership, persons moving to distant localities, and entering into affiliation with other religious bodies should notify the Senior Minister or the Eldership of the Church of such intention.

Article IX. ***By Laws***

1. By - Laws

This Article is to provide for the making and adoption of a set of By - Laws which shall be in union with and contiguous to the Constitution.

2. Amendments

The power to alter, amend, or repeal any by-laws, or adopt new by-laws shall be vested in the Board of Directors, and such amendments or alterations shall be approved by the full membership of the Board of Directors.

Article X. ***Amendment of the Constitution***

This Constitution may be amended or altered with the approval of the full membership of the Board of Directors and a three-fifths majority of voting members of the Church present at a General (or Special) Meeting of the Church held to approve such amendment or alteration.

Article XI.
Dissolution of Congregation

1. Dissolution

Dissolution of the Congregation will be determined by a unanimous decision of the Board of Directors and confirmed by the majority vote of the voting membership of the Church.

2. Debts

In the event of the dissolution of the said Congregation the Board of Directors shall pay or make provision for the payment of all liabilities of the Congregation from the assets of the same.

3. Distribution of Funds

Upon such conditions as above all remaining assets of the Congregation shall be given or distributed to other like Religious or Charitable institutions in a manner consistent with this provision and the purpose of the Congregation and the direction of the Board of Directors.

IN WITNESS WHEREOF we hereunto set our hands and affix our signatures this Twelfth Day of MAY in the year A.D. 1992. (The date the Church was established)

Timothy W. Grant

Joseph N. Wiggins

IN WITNESS WHEREOF we hereunto set our hands and affix our signatures this Thirty First Day of JANUARY in the year AD 1998. (The date Constitution was typed per Charter filed with the State of Tennessee)

*Timothy W. Grant
Pastor*

*Joseph N. Wiggins
Deacon*

*Anthony Mann
Deacon*

*IN WITNESS WHEREOF we hereunto set our hands and affix our signatures this First Day of August in the year AD 2006. (The date Constitution was typed per Charter filed with the State of Tennessee).
Changes were made due to changes of locations of members.*

*Timothy W. Grant, Sr.
Pastor*

*Keith Jackson
Deacon*

*Michael D. Eatmon
Minister*

*Johnny Griffin
Deacon*

*Leonard Milton
Deacon*

IN WITNESS WHEREOF we hereunto set our hands and affix our signatures this 22nd Day of July 2007.

Upon the recommendation, motion duly made and seconded, the following Articles were altered, amended and added to the Church Constitution and By-Laws. The Specific changes will be Articles IX, X, XI, and add XII, XIII, XIV, XV, XVI, XVII, and XVIII.

ARTICLE IX.
COMPENSATION COMMITTEE

Section 1: Responsibility: *A Compensation Committee shall be established with the sole and exclusive responsibility of setting compensation annually for fiduciaries of the Church.*

Section 2: Committee Members: *This committee shall consist of no less than two (2) members and no more than five (5). Committee members shall not consist of any party who is a fiduciary or employee of the Church or is currently or has in the past maintained a business relationship thereof. Committee members shall be selected for their experience with like-kind ministries as well as for integrity and devotion to fulfilling the will of our Lord Jesus Christ.*

Section 3: Election of Committee Members: *Initial committee members shall be elected by the Board of Directors for two-year terms of office, which shall commence immediately upon their election and terminate immediately following the second subsequent annual meeting of the voting membership and Directors of the Church. Thereafter, the terms of office of each committee member shall commence upon election at said annual meeting and terminate immediately after the second subsequent annual meeting following said election, unless said committee member is re-elected.*

Section 4: Removal of Committee Members: *Committee members may be removed by majority vote of the Board of Directors only for cause, including engaging in conduct that is detrimental to the image and purpose of the Church. In no event may a committee member be removed for his deliberations and decisions regarding compensation of fiduciaries of the Church. The unexpired term of office of any committee member so removed or resigning shall be filled by majority vote of the Board of Directors of the Church.*

Section 5: Compensation of Committee Members: *Fiduciaries of the Church may not deliberate or vote upon their compensation levels, this being a function exclusively reserved to the Compensation Committee. However, the Compensation Committee may consider any dialogue or input by said member that shall bear upon the fiduciaries proper compensation level.*

Section6: Fiduciaries: *The term "Fiduciaries," for purposes of this Article of the Bylaws, shall include only those parties receiving compensation who serve on the Board of Directors.*

ARTICLE X.
AUDIT AND COMPLIANCE COMMITTEE

Section1: Audit and Compliance Committee: *The Board of Directors may, by resolution, establish an Audit and Compliance Committee consisting of no fewer than two (2) members, each of whom shall be a member of the Board of Directors, and each of whom shall have all the powers and duties set forth below.*

Section2: Election of Committee Members: *Members of the Audit and Compliance Committee shall be elected by a majority vote of the Board of Directors for a two (2) year term, subject to dismissal prior to the end of the term only by a majority vote of the Board of Trustees.*

Section3: Date and Record of Meeting of Audit and Compliance Committee: *Meetings of the Audit and Compliance Committee shall be held no less frequently than two (2) times a year. At least three (3) days before the date of each meeting, notice thereof shall be given by the Chairman of the Audit and Compliance Committee to each member of the Committee either orally or in writing. Minutes of each meeting shall be recorded by the Committee and reported to the Board of Directors no less often than two (2) times each year.*

Section4: Compensation of Committee Members: *Members of the Committee shall receive no salary or other remuneration for their services to the Committee; provided, however, that each Committee member shall be entitled to be reimbursed for out-of-town out-of-pocket expenses associated with attendance at Committee meetings. The Committee member shall be required to submit a request for reimbursement with substantiating receipts to the Board of Directors prior to approval of such reimbursements.*

Section5: Financial Audits: *It shall be the duty of the Committee to employ an independent accounting firm to conduct annual audits and to issue certified audits and financial reports. In addition, it shall be the duty of the Committee to ensure that the independent accounting firm receives such information and assistance as it may reasonably require of the officers and employees of the Church.*

Section6: Compliance Audits: *It shall be the duty of the Committee to employ an independent accounting firm to conduct annual compliance audits to determine if the organization is complying with the Internal Revenue Code and the rules and Regulations thereunder. Such audit shall specifically include the following:*

(a) A review of the total compensation and benefits paid to employees of the Church who are also members of the Board of Directors;

(b) An audit of the payment of corporate funds in excess of \$100,000 annually to any single vendor to determine whether any special relationship exists;

(c) An audit of the use of corporate aircraft to determine whether such use is being limited to exempt purposes and whether the use is being properly documented;

(d) An audit of the use of automobiles for exempt purposes and whether the use is being properly documented;

(e) An audit of the purchase and use of clothing for Church activities to determine whether the use of clothing is being tagged, inventoried and stored in segregated facilities and whether such purchases and use is properly documented;

(f) An audit of the provision of housing to employees of the Church who are also members of the Board of Directors and other employees who receive compensation which is in the top ten percent (10%) of the compensation paid to individual employees to determine whether the provision of such housing is serving exempt purposes and is being properly documented;

(g) An audit of gifts received by principal officers and employees to ensure that the gift policy of the Church is being complied with; and

(h) An audit of all exchanges, purchases or sales of real and personal property exceeding \$25,000 in value.

(i) It shall be the further duty of the Audit and Compliance Committee to ensure that policies adopted by the Board of Trustees regarding conflict of interest and the purchase of real or personal property is fully observed.

Section7: Compliance Audits for Open Years: It shall be the duty of the Committee to employ an independent accounting firm to conduct compliance audits covering substantially the same areas described in Section 6, above.

Section8: Compliance Reporting: It shall be the duty of the Committee to report its actions for consideration at the annual meeting of the Board of Directors.

ARTICLE XI.

CONTRACTS, CHECKS, DEPOSITS AND FUNDS

Section1: Contracts: The Board of Directors may authorize any officer or officers, agent or agents of the Church, in addition to the officers so authorized by these Bylaws, to enter into any contract or execute and deliver any instrument in the name of and on behalf of the Church, and such authority may be general or may be confined to specific instances.

Section2: Checks, Drafts, or Orders: All checks, drafts, or orders for the payment of money, notes, or other evidences of indebtedness issued in the name of

the Church shall be signed by such officer or officers, gent or agents of the Church, and in such manner as shall from time to time be determined by resolution of the Board of Directors. In the absence of such determination by the Board of Directors, such instruments may be signed by either the treasurer or the Pastor of the Church.

Section3: Deposits: *All funds of the Church shall be deposited from time to time to the credit of the Church in such banks, trust companies, or other depositories as the Board of Directors may select.*

Section4: Gifts: *The Board of Directors may accept on behalf of the Church any contribution, gift, bequest or devise for any purpose of the Church (Mal. 3:10; Luke 6:38; I Cor. 16:1; and II Cor. 9:6-8).*

ARTICLE XII.
INDEMNIFECATION OF FINANCE COMMITTEE MEMBERS AND
CHURCH TREASURER

The Church shall indemnify any voluntary member of its Finance Committee, and its Treasurer, or any person who may have served at its request as a member of the Finance Committee, against and for any expense, fine, penalty, tax liability or similar item or cost, or the expense actually and necessarily incurred by him or her in connection with the defense of any action, suit or proceeding in which he or she is made a party by reason of being or having been such Finance Committee member or Treasurer, except in relation to matters as to which he or she shall be adjudged in such action, suit or proceeding to be liable for negligence or misconduct in the performance of duty. “Negligence or misconduct in the performance of duty” shall not include mistakes in calculation, mistakes in filings or mistakes in connection with the processing or preparation of the Church’s payroll, accounting or books and records unless any such mistake constitutes or otherwise is attributable to the gross neglect of such person in the performance of such person’s duty as a member of the Church’s Finance committee or as the Church’s Treasurer.

The Church may also reimburse to any such member of the Church’s Finance committee, or the Church Treasurer the reasonable costs of settlement of any such action, suit or proceeding, including administrative proceedings involving the Church, brought by any government agency, if it shall be found by a majority of a committee composed of directors not involved in the matter in controversy (whether or not a quorum) that it is in the best interest of the Church that such settlement be made and that such Finance Committee member, or Treasurer, was not guilty of negligence or misconduct. Such rights of indemnification and reimbursement shall not be deemed exclusive of any other

right to which such Finance Committee member or Treasurer may be entitled under any bylaw, agreement or otherwise.

ARTICLE XIII.
INDEMNIFICATION OF
DIRECTORS, OFFICERS AND EMPLOYEES

The Church shall indemnify any Director, officer or employee or former Director, officer or employee of the Church, or any person who may have served at its request as a Director, officer or employee of another Church, against expenses actually and necessarily incurred by him or her in connection with the defense of any action, suit or proceeding in which he or she is made party by reason of being or having been such Director, officer or employee, except in relation to matters as to which he or she shall be adjudged in such action, suit or proceeding to be liable for negligence or misconduct in the performance of duty. The Church may also reimburse to any Director, officer or employee the reasonable costs of settlement of any such action, suit or proceeding if it shall be found by a majority of a Committee composed of the Directors not involved in the matter in controversy (whether or not a quorum) that it was to the best interest of the Church that such settlement be made and that such Director, officer or employee was not guilty of negligence or misconduct. Such rights of indemnification and reimbursement shall not be deemed exclusive of any other right to which such Director, officer or employee may be entitled under any Bylaw, agreement, or otherwise.

ARTICLE XIV.
BOOKS AND RECORDS

The Church shall keep correct and complete books and records of account and shall also keep minutes of the proceedings of its members, Board of Directors, committees having and exercising any of the authority of the Board of Directors, and any other committee, and shall keep at the principal office a record giving the names and addresses of the Board of Directors members entitled to vote. All books and records of the Church may be inspected by any member or his agent for any proper purpose at any reasonable time.

ARTICLE XV.
FISCAL YEAR

The fiscal year of the Church shall be the calendar year.

ARTICLE XVI.
DISSOLUTION

(a) Upon the dissolution of the Church, the Board of Directors shall, after the payment of all the liabilities of the Church, dispose of all of the assets of the Church exclusively for the purposes of the Church in such manner, or to such organization or organizations organized and operated exclusively for the purposes of the Church in such manner, or to such organization or organizations organized and operated exclusively for charitable, educational, religious or scientific purposes as shall qualify as an exempt corporation or organizations under Section 501(c)(3) of the Internal Revenue Code of 1986, as amended (or of the corresponding provisions of any future United States Revenue Law) as the Board of Directors shall determine.

(b) No part of the net earnings of the Church shall inure to the benefit of, or be distributable to, its members, officers, Directors, or any person except that the Church shall be authorized and empowered to pay reasonable compensation for services rendered, and to make payments in the furtherance of the Church. Notwithstanding any other provisions of the Articles of Incorporation or these Bylaws of the Church, the Church shall not carry on any activity not permitted to be carried on (a) by a corporation exempt from Federal Income Tax, under Section 501(c)(3) of the Internal Revenue Code of 1986, as amended, (or by the corresponding section of any future Revenue Code of the United States of America) or (b) by a corporation, contributions of which are deductible under Section 170(c)(2) of the Internal Revenue Code of 1986, as amended (or the corresponding section of any future United States Revenue Law).

ARTICLE XVII.
SEAL

The Board of Directors shall provide a corporate seal, which shall be as set forth below.

ARTICLE XVIII.
AMENDMENT OF BYLAWS

The Articles of Incorporation and these Bylaws may be altered, amended, or repealed, and new bylaws may be adopted by a two-thirds (2/3) majority vote of the Board of Directors of the Church at any regular or special combined meeting of the Board of Directors. At least fourteen (14) days written advance notice of a meeting

called for the purpose of altering, amending or repealing the Church's Bylaws or Articles of Incorporation shall be given to each member of the Board of Directors.

Adopted by full Board of Directors this _____ day of _____.

Director

Director

Director

Director

Director

Deliverance Outreach Temple Church

Mission Statement

The mission of the Deliverance Outreach Temple Church is:

- 1. To praise and worship God through Christ in the spirit and Truth.*
- 2. To make Disciples through sound preaching, sound teaching, the ministry of music, and Christian fellowship.*
- 3. To evangelize and convert our un-churched neighbors, and*
- 4. To minister, as within our capacity, to the needs of our membership and of our neighbors.*

Statement of Commitment

Knowing that I have been called by the Lord Jesus Christ into my particular area of ministry for this year in _____, I agree with the following:

Commitment to God

*Love the Lord your God with all your soul and with all your strength.
Deuteronomy 6:5*

- *I will maintain my personal walk with the Lord and be obedient to the Spirit's leading.*
- *I will seek the Lord's will on all my decisions through prayer, the Word, and counsel.*
- *I will perform my duties to the best of my abilities and talents, knowing that what I do represents Christ and therefore impacts those who attend Deliverance Outreach Temple.*

Commitment to Position/Office

*Whatever you do, work at it with all your heart, as working for the Lord, not for men.
Colossians 3:23*

- *I will attend all meetings and will notify someone in leadership in advance if I am unable to attend.*
- *I will regularly attend a Bible Study understanding that I am setting an example for the Body and seeking spiritual refreshment as I pour myself out.*
- *I will make every effort to arrive on time to assist where needed and to participate in Praise and Worship.*
- *With God's help, I will complete my term of service.*
- *I will foster a positive attitude toward my duties.*
- *I will pray regularly for the ministry and for my particular area of responsibility.*

Commitment to Each Other

Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also to the interests of others. Philippians 2:3-4

- *I will support all in their areas of ministry as much as possible.*
- *I will listen before I speak.*
- *I will speak in love and offer encouragement as much as possible.*
- *If I have a problem with someone, I will pray first and then talk to that person and not about them.*

Signed: _____ Date: _____.

“So You’ve Been Called”

MAKING SURE OF YOUR CALLING

1 Corinthians 12:27-28

“Now ye are the body of Christ, and members in particular.”

“And God hath set some in the church, first apostles, secondarily prophets, thirdly teachers, after that miracles, then gifts of healing, helps, governments, diversities of tongues.”

God sets ministry gifts in the church not man.

- 1. You do not enter the ministry, any phase of it, just because you feel it is a holy calling and would like to respond to it.*
- 2. You cannot make yourself a ministry gift.*
- 3. It is dangerous to do something just because you want to do it.*
- 4. You do not enter the ministry because someone else tells you that you are suited for it.*
- 5. Don’t go because somebody else called you.*

How can you tell a divine call?

- 1. You will have the conviction in your own spirit. You will have the witness in your own heart.*
- 2. God deals with man’s spirit.*
- 3. Learn to listen to your spirit.*
- 4. Learn to listen down on the inside of you and you will know many things you didn’t otherwise know.*
- 5. But if you are just messing along in the world, about half dedicated, half in and half out, because you are living too much in the carnal area, carnality will dominate you and you will not be conscious of your spirit.*
- 6. If you are fully dedicated and consecrated to God to do anything He wants you to do, you will become conscious of the Holy Spirit.*
- 7. There will be a divine compulsion on the inside of you.*
- 8. When a person is called, there is an anointing that just comes creeping through and on him or her. Otherwise, they just stand up and talk. It is*

good to talk and share whatever you have, but that's different from being called to a ministry and set in the church. Colossians 2:9-10

QUALIFICATIONS FOR MINISTERS OF THE DELIVERANCE
OUTREACH TEMPLE CHURCH

MEMBERSHIP: CONSISTENT ATTENDANCE FOR ONE YEAR, DEMONSTRATING LOYALTY TO THE CHURCH AND TO THE LEADERSHIP (HEBREWS 13:17; 2 TIMOTHY 2:2);

NEW BIRTH EXPERIENCE: CONFESSION (JOHN 3:5; ROMANS 10:9-10) IDENTIFICATION BY WATER BAPTISM (ROMANS 6:1-14; ACT 2:38-39) REGENERATION BY HOLY SPIRIT BAPTISM (EPHESIANS 1:13; ACTS 2:1-4);

HEART OF A SHEPHERD: LOVES AND CARES FOR GODS PEOPLE (GALATIANS 6:2; ROMANS 12:9-15);

FAT: FAITHFUL, ACCOUNTABLE AND TEACHABLE;

TITHER: FAITHFUL AND CHEERFUL GIVER OF TITHES AND OFFERINGS (2 CORINTHIANS 9:6-7); MALACHI 3:7-10);

GOOD EXAMPLE: LIVES THE LIFESTYLE OF A BELIEVER IN THE CHURCH AND IN THE COMMUNITY (2 TIMOTHY 4:12);

COMMITTED: COMMITTED TO THE VISION OF THE MINISTRY IN THE "SPIRIT OF EXCELLENCE" IN THOUGHT, SPEECH, CONDUCT AND BEHAVIOR (2 TIMOTHY 3:14);

AVAILABLE: WILLING TO SERVE IN AREAS OF THE MINISTRY AS NEEDED (ECCLESIASTES 9:10; COLOSSIANS 3:17);

MATURE: SELF-RESTRAINED AND OF SOUND SPEECH, NOT A NOVICE, BUT ONE WHO TAKES LIFE SERIOUSLY (1TIMOTHY 3:6; TITUS 2:6-8); TRAINING: COMPLETED, OR IN THE PROCESS OF COMPLETING, CREDENTIAL AND LICENSING REQUIREMENTS AND AVAILABLE FOR ON-GOING CLASSES, AS DETERMINED BY THE LEADERSHIP.

PROTOCOL FOR PASTORS

THE “JOSHUA PRINCIPLE” OF LEADERSHIP IS USED THIS MINISTRY: GOD COMMANDED JOSHUA; JOSHUA COMMANDED THE OFFICERS; AND THE OFFICERS COMMANDED THE PEOPLE (JOSHUA 1:9-11; DEUT. 34-9) .

THIS PRINCIPLE WAS USED THROUGHOUT THE NEW TESTAMENT. WHEN JESUS FED THE 5,000 PLUS PEOPLE, HE USED THIS PRINCIPLE- HE INSTRUCTED THE DISCIPLES AND THE DISCIPLES INSTRUCTED THE PEOPLE (MATT. 14:19-20).

PASTORS MUST MEET THE REQUIREMENTS UNDER THE QUALIFICATIONS SECTION OF THIS GUIDE AND ARE RESPONSIBLE FOR THE FOLLOWING:

AS UNDER- SHEPHERDS, MINISTER THE MEMBERSHIP ASSIGNED TO THEIR CARE;

DIRECT AND OVERSEE ASSIGNED AREAS OF MINISTRY IN THE CHURCH;

UNDERSTAND AND COMMUNICATE THE VISION OF THE MINISTRY THROUGH YOUR PERSONAL LIFE; AND

RENEW MINISTRY CREDENTIALS ANNUALLY

PROTOCOL FOR RULING ELDERS

THE CONCEPT OF “RULING ELDERS” HAS ITS ORIGIN IN THE OLD TESTAMENT. MOSES WAS DIRECTED BY GOD TO CHOOSE SEVENTY ELDERS WHO WOULD ULTIMATELY BECOME “RULING ELDERS.” (NUM. 11:16-18) THEIR FUNCTION WAS TO ASSIST MOSES IN THE VERY PRESSING DEMANDS OF MINISTERING TO A VAST CONGREGATION OF PEOPLE. THE ELDERS WERE SPIRITUALLY MATURE, RESPONSIBLE ACCOUNTABLE, AVAILABLE, AND EFFECTIVE IN CARRYING THE VISION GIVEN TO MOSES. RULING ELDERS WERE TO HAVE THE SAME SPIRIT THAT MOSES HAD; TO CARRY THE BURDEN OF THE PEOPLE; AND, TO SHARE IN THE REWARD OF SEEING THE PEOPLE DELIVERED.

RULING ELDERS MUST MEET THE REQUIREMENTS UNDER THE QUALIFICATIONS SECTION OF THIS GUIDE AND ARE RESPONSIBLE FOR THE FOLLOWING:

1. *RULING ELDERS WILL HAVE TO COMPLETE THE FOLLOWING COURSES:*
 - a. *NEW TESTAMENT SURVEY*
 - b. *OLD TESTAMENT SURVEY*
 - c. *HERMENEUTICS*
 - d. *HOMILETICS*
2. ***RULING ELDERS WILL BE RESPONSIBLE FOR THE PURCHASE OF THE ATTIRE DEEMED AT DELIVERANCE OUTREACH TEMPLE CHURCH.***

RULING ELDERS OF DELIVERANCE OUTREACH TEMPLE MUST MEET THE REQUIRMENTS UNDER THE QUALIFICATIONS SECTION OF THIS GUIDE:

1. *RULING ELDERS MAY BE REQUESTED TO PERFORM OR OVERSEE WEDDINGS, FUNERALS, BAPTISMS OR COMMUNIONS ; AND*
2. *RULING ELDERS ARE RESPONSIBLE FOR RENEWING CREDENTIALS ANNUALLY.*

PROTOCOL FOR ORDAINED MINISTERS

ORDAINED MINISTERS MUST MEET THE REQUIREMENTS UNDER THE QUALIFICATIONS SECTION OF THIS MANUAL, AS FOLLOWS:

I. CREDENTIALS FROM ANOTHER MINISTRY:

SUBJECT TO REVIEW AND INVESTIGATION, REFERENCE FROM OTHER MINISTRIES WILL BE REQUIRED. A PROBATION PERIOD OF AT LEAST 90 DAYS BEFORE ACKNOWLEDGEMENT AND ISSUING OF CREDENTIALS FROM DOT. IF A MINISTER IS IN GOOD STANDING WITH DELIVERANCE OUTREACH TEMPLE, CREDENTIALS MAY BE GRANTED WITHOUT TAKING THE ORDINATION EXAMINATION.

2. MINISTERS ORDAINED AT DELIVERANCE OUTREACH TEMPLE

A SUCCESSFUL SCORE ON THE ORDINATION EXAMINATION IS REQUIRED BEFORE ORDINATION CREDENTIALS ARE ISSUED. MINISTERS WILL BE PROVIDED A STUDY GUIDE TO ASSIST THEM IN PREPARING FOR THE EXAMINATION. THE EXAMINATION WILL BE GIVEN ANNUALLY OR AS OTHERWISE DESIGNATED BY THE PASTORATE.

MINISTERS PASSING THE ORDINATION EXAM MUST BE PRESENT FOR THE COMMISSION AND CHARGE BY THE, "LAYING ON OF BY HANDS" BY THE PRESBYTERY BEFORE RECEIVING CREDENTIALS. THEREAFTER, ANNUAL RENEWAL OF ORDINATION CREDENTIALS BY PAYING THE PRESCRIBED FEE IS REQUIRED.

MINISTERS WILL ALSO BE RESPONSIBLE FOR THE PURCHASE OF THE ATTIRE DEEMED AT DELIVERANCE OUTREACH TEMPLE CHURCH

III. SERVICE OUTSIDE OF DELIVERANCE OUTREACH TEMPLE

ORDAINED MINISTERS SHOULD NOTIFY THE DIRECTOR OF MINISTERIAL AFFAIRS AND OR THE PASTORATE REGARDING SPEAKING ENGAGEMENTS OUTSIDE THE TEMPLE. WE CARE ABOUT YOU AND ABOUT WHAT YOU DO. SUCH ENGAGEMENTS SHOULD NOT CONFLICT WITH THE MINISTER'S OBLIGATIONS TO THE TEMPLE. MINISTERS MAY SERVE COMMUNIONS, PERFORM BAPTISMS, FUNERALS, AND WEDDINGS OUTSIDE THE TEMPLE, HOWEVER, ACCOUNTABILITY IS ESSENTIAL.

PROTOCOL FOR LICENSED MINISTERS:

IF YOU BELIEVE THAT YOU HAVE BEEN CALLED IN THE MINISTRY BY GOD, YOU SHOULD SET UP AN APPOINTMENT WITH THE DIRECTOR OF MINISTERIAL AFFAIRS TO DISCUSS YOUR CALLING AND FUTURE PLANS WITH THE MINISTRY.

I. REQUIREMENTS FOR LICENSING IN THE TEMPLE:

ALL LICENSED MINISTERS MUST MEET THE REQUIREMENTS UNDER THE QUALIFICATIONS SECTION OF THIS GUIDE; A SUCCESSFUL SCORE ON THE LICENSED MINISTERS IS REQUIRED FOR LICENSING. YOU WILL BE PROVIDED A STUDY GUIDE TO ASSIST YOU IN PREPARING FOR THE EXAMINATION; AND,

UPON PASSING THE EXAMINATION, LICENSED MINISTERS' CREDENTIALS WILL BE ISSUED, WHICH IS AFFECTED FOR ONE YEAR. THEREAFTER, PAYMENT OF THE ANNUAL PRESCRIBED RENEWAL FEE IS REQUIRED. ALSO, MINISTERS MUST MAINTAIN GOOD STANDINGS AND BE ACTIVE WITHIN THE MINISTRY.

LICENSED MINISTERS MAY SERVE AS ALTAR WORKERS, PREACH, TEACH AND EXPECTED TO ASSIST THE MINISTERIAL STAFF IN ALL AREAS OF MINISTRY TO THE BODY OF CHRIST AS NEEDED.

LICENSED MINISTERS ARE EXPECTED TO ATTEND DESIGNATED TRAINING.

II. RESTRICTIONS ON LICENSED MINISTERS INCLUDE THE FOLLOWING:

LICENSED MINISTERS MAY NOT PERFORM FUNERALS, WEDDINGS, BAPTISMS OR SERVE COMMUNION.

LICENSED MINISTERS MAY NOT SERVE OUTSIDE THE TEMPLE WITHOUT THE PERMISSION OF A PASTORATE.

ORDINARILY, LICENSED MINISTERS WILL BE ACCOMPANIED BY AN ORDAINED ELDER OR PASTOR WHEN SERVING, AS DEEMED BY THE PASTORATE.

NOTES ON LEADERSHIP

“A GREAT LEADER IS AN EXCELLENT SERVANT”

POSITIONALLY, MORE THAN ANYTHING ELSE, A GREAT LEADER IS AN EXCELLENT SERVER. JESUS MADE THIS VERY CLEAR WHEN HE GIRDED HIMSELF WITH A TOWEL AND PROCEEDED TO WASH HIS DISCIPLES FEET. HE DEMONSTRATED THAT HE, THEIR LEADER, MASTER, AND LORD, WAS ALSO THEIR SERVANT. TO LEAD WELL IS TO SERVE WELL.

AS WE LOOK AT JESUS, WE FOCUS ON FIVE KEY CHARACTERISTICS WHO HIGHLIGHTED HIS LEADERSHIP AND MANAGEMENT STYLE. AS WE EMBRACE OUR SPIRIT OF EXCELLENCE, WE CAN ALSO ABSORB THAT SAME STYLE AND ACHIEVE EXCELLENT RESULTS IN THE MINISTRY.

CHARACTERISTICS OF A GREAT LEADER:

A SELFLESS SERVANT

JESUS CAME NOT TO DO HIS OWN WILL, BUT TO DO THE WILL OF THE FATHER WHO SENT HIM. HE SPENT COUNTLESS HOURS TEACHING HIS

DESCIPLES, MINISTRING TO THEIR NEEDS, ANSWERING THEIR QUESTIONS, TEACHING THEM AGAIN, BAR-BE-CUEING FISH FOR THEM ON THE BEACH, AND CALMING THEIR FEARS ON THE SEA AND ON LAND. HE WAS TO THEM WHAT THEY NEEDED WHEN THEY NEEDED IT. EVEN WHEN HE ALLOWED THE SOLDIERS TO TAKE HIM IN THE GARDEN, HE PROTECTED THEM TELLING THEM "YOU SEEK ME, SO LET THESE GO." HE CARED FOR THE TROOPS THROUGHOUT HIS MINISTRY.

HE WAS THE MOST LOVING, SELFLESS SERVANT AND LORD IMAGINABLE. HE DEMONSTRATED HIS LOVE FOR THEM THROUGH HIS SERVICE TO THEM. TRUE LOVE IS ALWAYS DEMONSTRATED: "IF YOU LOVE ME... KEEP MY COMMANDMENTS." LOVE ACTS. LOVE SERVES RATHER THAN WAITS TO BE SERVED. LOVE SERVES WHILE WAITING. THEREFORE SERVANT/LEADER IS THE ONLY REAL LEADER. A CRITICAL ADVANTAGE OF BEING A LEADER/SERVANT IS THAT YOU GAIN DIRECT KNOWLEDGE OF THE PROBLEMS AND NEEDS OF YOUR TROOPS AND THE ORGANIZATIONS FROM BEING RIGHT IN THE TRENCHES WITH THEM, REGULARLY FIGHTING TO FIGHT, CLEANING THE WOUNDS, HEALING THE HEARTS AND DANCING THE DANCE OF VICTORY.

A GLOBAL PERSPECTIVE

JESUS CARED FOR AND GAVE HIS LIFE NOT JUST FOR THE TWELVE; BUT FOR THE ENTIRE WORLD. HE HAD A GLOBAL PERSPECTIVE. GREAT MINISTRY WILL NOT BE CONTAINED IN A CORNER.

TODAY, WE ARE PRIVILEGED TO SERVE IN A GLOBAL MOVE TO THE HOLY SPIRIT AS HE MARVELOUSLY WORKS AT MAKING THE COHESIVE UNIT: ONE MIGHTY ARMY FIGHTING UNDER ONE INVINCIBLE HEAD, JESUS CHRIST. OUR VISION MUST EXPAND BEYOND OUR PERSONAL LIVES AND PERSONAL PRAYERS OF, "BLESS US FOUR AND NO MORE." WE MUST LOOK BEYOND OUR IMMEDIATE CIRCUMSTANCE AND COMPREHEND OUR MINISTRY WITHIN THE BODY AS PART OF GOD'S GLOBAL PLAN. LOOK UP AND YOU WILL CATCH THE VISION. THE MINISTRY AT THE TEMPLE IS THE GLOBAL MINISTRY.

UNITE THE TROOPS

A MAJOR OBJECTIVE OF ANY LEADER IS TO UNITE THE TROOPS. JESUS SAID A TEMPLE DIVIDED AGAINST ITSELF CANNOT STAND. WE SEE THIS DEMONSTRATED IN THE INTEGRITY HE SHOWED IN DEALING WITH JUDAS, THE THEIF AND TRAITOR. NOW JESUS KNEW WHAT JUDAS WAS: THAT HE WAS A THEIF, THAT HE WAS STEALING FROM THE BAG AND THAT HE WOULD BETRAY HIM. YET, HE DID NOT REVEAL TO THE DICSIPLES WHAT HE KNEW ABOUT JUDAS. WHEN JESUS SAID "... ONE OF YOU WILL BETRAY ME" THEY BEGAN TO ASK OF COURSE, "LORD IS IT I?" THEY DID NOT KNOW WHO IT WAS BECAUSE JESUS DID NOT BLOW THE COVER ON JUDAS. JUDAS CONTINUED TO WORK WITH THE OTHER DISCIPLES IN THE MINISTRY AND THE MINISTRY FLOURISHED! PEOPLE FLOCKED BY THE THOUSANDS INTO THE WILDERNESS TO HEAR THE MASTER PREACH AND TEACH. THOUSANDS OF SICK WERE HEALED, LEGIONS OF DEMONS WERE CAST OUT, THE DEAD WERE RAISED, LEPERS WERE CLEANSED, STUNNING MIRACLES WERE WROUGHT, AND JUDAS WAS THERE STILL NUMBERED AMONG THE TWELVE, STILL CARRYING THE BAG. JESUS DID NOT BLOW HIS COVER, AND THE MINISTRY ABSOLUTELY FLOURISHED! IMAGINE THAT.

AS EXCELLENT LEADERS, WE MUST BE CAREFUL TO FOSTER UNITY IN OUR DEALINGS WITH EACH OTHER IN THE CHURCH. IT IS BETTER TO SUFFER WRONG THAN TO FIGHT WITH YOUR BROTHER OR SISTER. MAKE NO MISTAKE, IT IS ABSOLUTELY WRONG TO BACK BITE, SLANDER, AND GENERALLY SPREAD NASTY RUMORS ABOUT ANYONE. TO FIGHT YOUR SIBLING IN CHRIST IS TO FIGHT THE BODY OF CHRIST BECAUSE THEY ARE PART OF THE BODY. DO NOT FIGHT YOURSELF, IT IS NOT WISE. IF WE FIGHT, BITE, AND DEVOUR EACH OTHER WE WILL BE CONSUMED OF EACH OTHER: PREFERRING OTHERS OVER OUR OWN SELVES, AS HE LOVES US AND COMMANDS US TO LOVE EACH OTHER.

REMEMBER, ORGANIZATIONS WHERE PEOPLE DO NOT PULL TOGETHER FALL APART. A HOUSE DIVIDED AGAINST ITSELF CAN NOT STAND. LET THERE BE UNITY IN THIS TEMPLE.

EMBRACE DIVERSITY

JESUS MINISTERED TO DIVERSE CULTURES. ALTHOUGH HE CAME TO THE JEWISH NATION, HE EXTENDED HIMSELF DOWN TO THE WOMAN OF SAMARIA AND TO OTHERS OF COUNTLESS COUNTRIES AND CULTURES WHO CAME TO HIM FOR HELP. ULTIMATELY, HE COMMITTED THE MINISTRY OF RECONCILIATION TO US TO CARRY TO THE ENTIRE WORLD. PETER LEARNED THAT GOD DOES NOT DISCRIMINATE AS TO RACE OR NATIONALITY: "I PERCEIVE THAT GOD IS NOT A RESPECTER OF PERSONS: BUT, IN EVERY NATION HE THAT FEARETH HIM AND WORKETH RIGHTEOUSNESS IS ACCEPTED WITH HIM." (ACTS 10:34-35)

NATURE ATTESTS TO THE FACT THAT GOD LOVES DIVERSITY! HIS BODY IS A DIVERSE BODY IN WHICH OUR SPECIAL DIFFERENCES ARE BROUGHT TOGETHER TO ACCOMPLISH HIS WILL. IT IS IMPOSSIBLE FOR ONE GENDER, ONE RACE OR ONE NATIONALITY TO ACCOMPLISH THE FATHERS WILL. HIS WILL IS TOO GREAT. IT TAKES EVERY MEMBER OF THE BODY WORKING TOGETHER TO ACCOMPLISH HIS WILL. HENCE, EACH MEMBER OF THE BODY IS SPECIAL AND NECESSARY. THE PHILOSOPHY AND PRACTICE OF THE TEMPLE IS TO EMBRACE BOTH MEN AND WOMEN OF ALL RACES, NATIONALITIES, RELIGIONS AND CULTURES. EVERYBODY IS WELCOME TO THE TEMPLE!

AS A DYNAMIC MINISTER IN A MULTICULTURAL MINISTRY, YOU MUST SEEK TO LEARN ABOUT AND TO UNDERSTAND CULTURES THAT ARE DIFFERENT FROM YOUR OWN. IF YOU DO NOT UNDERSTAND THE CULTURE, YOU CAN NOT UNDERSTAND THE HUMOR. (AND YOU WOULD NOT WANT TO MISS THAT!)

CONTROL DISTRESS

PEOPLE CAN ONLY HANDLE SO MUCH STRESS. JESUS UNDERSTOOD THIS AND TOLD HIS DISCIPLES THAT HE HAD MUCH TO TELL THEM BUT THEY COULD NOT BARE IT. SO, HE DID NOT SPRING IT ON THEM ALL AT ONCE. THEY COULD ONLY BARE SO MUCH DISTRESS IN A SINGLE DAY. HE WAS SENSITIVE TO THEIR CAPACITY TO ABSORB DISTRESS.

AS A SENSITIVE LEADER, YOU MUST SEQUENCE AND PACE WORK EFFECTIVELY. FREQUENTLY MANAGERS CONVEY THAT EVERYTHING WAS NEEDED YESTERDAY AND THAT EVERYTHING IS A PRIORITY. WHEN EVERYTHING IS A PRIORITY, THERE ARE NO PRIORITIES. THE UNFORTUNATE RESULT IS THAT OFTEN OVERWHELMED AND DISMAYED WHICH LEADS TO “BURN OUT.” THIS NEEDS NOT HAPPEN. AS AN ALERT AND SENSITIVE LEADER YOU MUST PACE WORK EFFECTIVELY. SPREAD IT OUT BY ENLISTING THE HELP OF OTHER TROOPS OR OTHER DEPARTMENTS WHEN NECESSARY. WE ARE ALL PART OF THE SAME TEAM.

AS AN EFFECTIVE LEADER, IT IS IMPORTANT THAT THE TROOPS SEE YOU WORKING AND NOT MERELY DELEGATING ASSIGNMENTS TO THEM. YOU MUST UNDERSTAND AND APPRECIATE THE AMOUNT OF TIME REQUIRED TO SUCCESSFULLY PERFORM ASSIGNED TASK AND PROVIDE THE TIME AND THE RESOURCES TO GET THE JOB DONE. WHEN THE JOB IS DONE, THE EFFECTIVE LEADER NEVER FORGETS TO SAY THANK YOU OR OTHERWISE DEMONSTRATE APPRECIATION FOR THE COMPLETED TASK.

ETHICS AND DECORUM

ALL MINISTERS ARE EXPECTED TO DO THE FOLLOWING:

TO LIVE A HOLY AND CONSECRATED LIFE AS TAUGHT BY THE BIBLE ABSTAINING FROM SMOKING, DRINKING, FORNICATION, EVIL SPEAKING AND THE LIFESTYLE OF THE WORLD (2 TIM. 2:19-22; TIT. 2:12; 1 TIM. 4:13-16; 2 TIM. 2:15);

TO BE APT, PROFICIENT, AND WELL VERSED IN THE FUNDAMENTAL TEACHINGS OF DELIVERANCE OUTREACH TEMPLE’S MINISTRY COMPLYING AND OPERATING IN UNITY WITH THE HEADSHIP AND VISION OF THE MINISTRY FAITHFULLY ATTENDING CHURCH FUNDINGS, FUNCTIONING AS TEACHER AND PREACHER IN THE SPIRIT OF EXCELLENCE AS DIRECTED BY THE PASTORATE, AND STANDING AS FINANCIAL, PHYSICAL AND SPIRITUAL SUPPORT FOR THE MINISTRY;

TO WORK WELL WITH OTHER IN-HOUSE MINISTERS, DISCOURAGING GOSSIP, ACCUSATIONS, INTERNAL FIGHTING, ANY AND ALL DIVISIVE CONDUCT AND BEHAVIOR ENDEAVORING TO KEEP THE UNITY OF THE SPIRIT AND PEACE WITHIN THE BODY (COL. 3:13);

TO BE ACCOUNTABLE TO DELIVERANCE OUTREACH TEMPLE MINISTRY ON A CONSISTENT BASIS WHENEVER CALLED TO MINISTER OUTSIDE A LOCAL CHURCH (ACCOUNTABILITY FORMS WILL BE AVAILABLE TO ASSIST IN THIS EFFORT);

TO WEAR AND MAINTAIN APPROPRIATE MINISTERIAL ATTIRE. ORDAINED MINISTERS ARE REQUIRED TO POSSESS A CLERGY SHIRT AND OR ROBES, DEDICATED FOR USE IN DELIVERANCE OUTREACH TEMPLE DURING OFFICIAL CEREMONIAL OCCASIONS OR WHEN LEADERSHIP DEEMS IT NECESSARY. (REGULAR FRONT INSERTS, NOT FULL COLLARS ARE ACCEPTABLE FOR CLERGY SHIRTS);

TO BE FAITHFULL IN ATTENDING THE MONTHLY MINISTERS MEETINGS. FAILURE TO ATTEND TWO (2) CONSECUTIVE MEETINGS WILL RESULT IN SURRENDER OF THE ALTAR WORKERS BADGE TO THE DIRECTOR OF MINISTERIAL AFFAIRS AND SUSPENSION OF WORK AT THE ALTAR. TO BE ELIGIBLE FOR REINSTATEMENT, THE MINISTER MUST ATTEND THE MONTHLY MINISTERS MEETINGS DURING THE SUSPENSION PERIOD, HOWEVER, REINSTATEMENT IS AT THE DISCRETION OF THE DIRECTOR OF MINISTERIAL AFFAIRS AND/OR THE PASTORATE; AND,

TO BE SUBJECT TO DISCIPLINARY ACTION FROM THE MINISTERIAL STAFF IF CHARGES ARE BROUGHT BY THE PASTORATE (1 COR. 5:9-13; 3:10-11).

THE MINISTER'S PLEDGE

ETHICS AND INTEGRITY ARE CRITICAL TO OUR MISSION. A CODE OF ETHICS PROVIDES GUIDANCE IN MINISTERING WITHIN THE BODY AND STRENGTHENS OUR RELATIONSHIP WITH EACH OTHER AND WITH GOD.

AS WE ABSORB AND SHARE GOD'S WORD, WE COMMIT TO LEAD MEN AND WOMEN TO JESUS CHRIST AND TO BE PATIENT IN TEACHING AND TRAINING THEM. FURTHERMORE, AS A MINISTER OF JESUS CHRIST, I SOLEMNLY PLEDGE TO:

❖ LOVE GOD WITH ALL MY HEART

❖ LOVE MY NEIGHBOR AS MYSELF

❖ BE MY BROTHERS KEEPER

❖ DO UNTO OTHERS AS I WOULD LIKE THEM TO DO UNTO ME

ALTAR ETIQUETTE

WHAT TO DO AT THE ALTAR

CHRIST CAME TO SEEK AND TO SAVE THAT WHICH WAS LOST. THERE IS NOTHING MORE IMPORTANT THAN LOST SOULS BEING BORN INTO THE KINGDOM OF GOD AND THE LIBERATION OF THE CAPTIVE. ENCOURAGE THOSE TO WHOM YOU ARE MINISTERING TO COMPLETE THE FOLLOWING:

**BE WATER BAPTIZED*

**PRAY DAILY*

**READ AND STUDY THE BIBLE DAILY*

**ATTEND CHURCH REGULARLY, INCLUDING SUNDAY SERVICE AND BIBLE CLASS*

**ENROLL AND COMPLETE NEW MEMBERS ORIENTATION CLASSES*

**ENROLL IN AND COMPLETE A HOME GROUP DISCIPLESHIP COURSE*

BE ALERT AND READY TO RESPOND

IF YOU ARE ALREADY AT THE ALTAR, ESTABLISH EYE CONTACT AS THE INDIVIDUAL APPROACHES AND EXTEND YOUR HAND TO RECEIVE THEM. SMILE AT THEM AND ASK THEM WHY THEY HAVE COME TO THE ALTAR. MINISTER ACCORDINGLY.

GENDER RULE

WHENEVER POSSIBLE, MEN ARE TO PRAY WITH MEN AND WOMEN ARE TO PRAY WITH WOMEN.

IF YOU ARE LED TO LAY HANDS ON SOMEONE, BE CONSCIOUS OF YOUR POINT OF CONTACT AND DO IT IN A RESPECTIVE AND DECENT MANNER. MEN PRAYING WITH WOMEN SHOULD ASK THE WOMEN TO PLACE HER HAND ON THE AREA ON HER BODY THAT NEEDS PRAYER. THE MAN WILL THEN LAY HIS HAND TO HER HEAD OR SHOULDER AS HE PRAYS.

BE CONSIDERATE AND SENSITIVE

REALIZE THAT THE INDIVIDUAL MAY HAVE A CRITICAL SITUATION SUCH AS TERMINAL ILLNESS, LOSS OF EMPLOYMENT, OR THE DEATH OF A CHILD. BE CONSIDERATE OF THEIR PAIN.

BE EXPEDITIOUS

OBTAIN ONLY AS MUCH INFORMATION THAT IS NECESSARY FOR EFFECTIVE PRAYER. REMEMBER THAT GOD ALREADY KNOWS ALL ABOUT IT AND YOU DO NOT NEED EVERY DETAIL. A LENGTHY MONOLOGUE OF THE PROBLEM BUILDS DOUBT RATHER THAN FAITH. DO NOT SPEN MORE THAN TEN MINUTES WITH A SINGLE PERSON.

YOUR BOUNDARIES OF RESPONSIBILITY

YOUR MINISTRY AT THE ALTAR IS LIMITED TO THOSE NEEDS THAT CAN BE ADDRESSED BY A BRIEF AND DIRECT PRAYER. IF YOU ARE PRESENTED WITH A SITUATION WHICH REQUIRES EXTENSIVE PRAYER AND MINISTRY, DO NOT HESITATE TO INTRODUCE THE INDIVIDUAL TO ONE OF THE MINISTRY STAFF AT THE ALTAR.

ALTAR ATTIRE

CLOTHING SHOULD BE NEAT, CLEAN AND APPROPRIATE FOR WORK AT THE ALTAR.

***ATTIRE FOR LADIES:** SUIT, DRESSES, OR SKIRTS AND BLOUSES. DO NOT WEAR SHORTS, LOW CUT OR MINI DRESSES, TENNIS SHOES, OR ANY ARTICLE OF CLOTHING THAT YOU ARE UNCOMFORTABLE IN WORKING AT THE ALTAR.*

***ATTIRE FOR GENTLEMEN:** SUIT OR SLACKS, SPORTS COAT SHIRT AND TIE. DO NOT WEAR TIGHT PANTS, SHORTS, TANK TOP, TENNIS SHOES, OR ANY ARTICLE OF CLOTHING YOU ARE UNCOMFORTABLE IN WORKING AT THE ALTER.*

***HYGIENE:** SINCE YOU WILL BE IN THE FACE OF ANOTHER, MAKE SURE YOUR BREATH IS CLEAN AND FRESH SMELLING. USE MOUTH WASH OR BREATH MINTS IF NECESSARY.*

DEPARTMENT AND SAFETY

DO BE ALERT SO YOU CAN PRAY AND MINISTER AT THE ALTAR. IT IS NECESSARY TO WATCH AND PRAY. REALIZE THAT PEOPLE COME TO THE ALTAR FOR A MULTIPLICITY OF REASONS. BE AWARE OF OBJECTS INCLUDING PEWS, PEOPLE AND ANY PROJECTILES IN THE IMMEDIATE AREA IN WHICH YOU ARE MINISTERING. SHOULD THE INDIVIDUAL START TO FALL DOWN DURING PRAYER, DO NOT EXTEND YOUR HAND AND SUPPORT THEM. IF A PERSON IS ON THE FLOOR, STAND BESIDE THEM AND PROTECT THEM FROM TRAMPLING.

DO NOT LEAVE ANYONE ON THE FLOOR OR AT THE ALTAR UNATTENDED.

ALWAYS ATTEMPT TO PROTECT THE PERSON FROM INJURY AND THE CHURCH FROM LIABILITY.

FINALLY MINISTER, REMEMBER THAT YOU REPRESENT CHRIST. YOU ARE HIS AMBASSADOR AS YOU MINISTER TO THOSE WHO COME TO HIM. CERTAINLY, HE DESERVES YOUR VERY BEST EFFORT AS HIS

REPRESENTATIVE IN THIS MOST IMPORTANT OF ALL WORK IN THE CHURCH, THE WORK AT THE ALTAR.

THE MINISTRY OF REPENTANCE

THE NEW BIRTH EXPERIENCE IS ESSENTIAL TO A RELATIONSHIP WITH GOD. UNLESS ONE IS BORN AGAIN, HE CAN NOT SEE THE KINGDOM OF GOD (JOHN 3:3). EVERYONE HAS SINNED AND COME SHORT OF THE GLORY OF GOD (ROMANS 3:23). SIN UNHABITED LEADS TO DEATH. FOR THE WAGES OF SIN IS DEATH; BUT THE GIFT OF GOD IS ETERNAL LIFE THROUGH JESUS CHRIST OUR LORD (ROMANS 6:23).

BUT, BEFORE ONE CAN PARTAKE OF THE NEW BIRTH OR OF WATER BAPTISM, ONE MUST FIRST REPENT. REPENTANCE IS A PREREQUISITE TO WATER BAPTISM AND TO SALVATION. DO NOT BAPTIZE ANYONE WHO HAS NOT REPENTED. JOHN THE BAPTIST, THE FORERUNNER OF CHRIST, CAME PREACHING ONE MESSAGE: "REPENT!" AND THE TOWN FLOCKED TO THE WILDERNESS TO HEAR HIM.

REPENTANCE IS GODLY SORROW FOR SIN. IT IS THE GOODNESS OF GOD WHICH LEADS MEN TO REPENTANCE (ROMANS 2:4). REPENTANCE IS THE COMPLETE WORK IN THE CONSCIENCE AND IN THE HEART. AS MEN HEAR THE GOSPEL PREACHED, THE HOLY SPIRIT BRINGS OUT GODLY SORROW FOR SIN.

THEREFORE, PREACHING THE GOSPEL IS ESSENTIAL FOR REPENTANCE. AS MINISTERS, WE MUST BE CAREFUL TO PREACH THE GOSPEL AND NOT POLITICS OR OUR PERSONAL PHILOSOPHY OR THEORIES, NO MATTER HOW BRILLIANT WE MAY THINK THEY ARE. FOR IT IS THROUGH THE PREACHING OF THE GOSPEL THAT GOD DRAWS MEN. AND, IT IS THE PREACHING OF THE GOSPEL THAT WORKS REPENTANCE IN THE HEART. AS THE GOOD NEWS IS PREACHED, THE HEART IS PRICKED. WHEN GOD SEES THE REPENTANT HEART, HE FORGIVES SIN AND OUR SIN ARE CAST IN TO THE "SEA OF FORGETFULNESS," AND HE REMEMBERS THEM NO MORE.

GOD LOVES THE BACKSLIDER

HOSEA 14:4 STATES, I WILL HEAL THEIR BACKSLIDING, I WILL LOVE THEM FREELY.” SOMEONE WHO HAS KNOWN GOD AND IS RENEWING THEIR COMMITMENT TO JESUS CHRIST MUST CONFES THEIR SIN. “IF WE CONFESS OUR SIN, HE IS FAITHFUL AND JUST TO FORGIVE US FOR OUR SIN AND TO Cleanse US FROM ALL UNRIGHTEOUSNESS.”

PRAYER OF REPENTANCE AND REDEDICATION

“FATHER, FORGIVE ME FROM TURNING AWAY FROM YOU. I HAVE BEEN REBELLIOUS AND HARDHEADED IN LEAVING YOUR TEMPLE. FATHER, I AM SORRY FOR MY SIN AND I COMPLETELY REJECT IT. CREATE IN ME A CLEAN HEART, OH GOD, AND RENEW A RIGHT SPIRIT WITHIN ME. CLEANSE MY SOUL, RENEW MY MIND AND LET YOUR SWEET SPIRIT LEAD ME. AS I DRAW NEAR TO YOU, LORD, I THANK YOU FOR DRAWING NEAR TO ME. THANK YOU FATHER, IN JESUS NAME I PRAY. AMEN.”

THE MINISTRY OF SALVATION

SALVATION MEANS EMANCIPATION OR LIBERATION FROM SIN AND FROM THE WRATH OF GOD.

GOD’S AMAZING GRACE

SALVATION IS A GIFT BESTOWED BY GOD. AT OUR VERY BEST, WE COULD NEVER OWN IT. IT IS A MARVELOUS PRODUCT OF GOD’S AMAZING GRACE. FOR BY GRACE ARE YOU SAVED...EPH. 2:8-9. GOD’S GIFT TO US IS ETERNAL LIFE. GOD SO LOVED THE WORLD THAT HE GAVE HIS ONLY BEGOTTEN SON THAT WHOSOEVER BELIEVETH ON HIM SHOULD NOT PERISH, BUT HAVE AN EVERLASTING LIFE. FOR GOD SENT NOT HIS SON INTO THE WORLD TO CONDEMN THE WORLD, BUT THAT THE WORLD THROUGH HIM MIGHT BE SAVED. IF YOU WILL CONFESS WITH YOUR MOUTH THE LORD JESUS AND BELIEVE IN YOUR HEART THAT GOD HAS RAISED HIM FROM THE DEAD, YOU SHALL BE SAVED. FOR WITH THE HEART MAN BELIEVETH UNTO

RIGHTEOUSNESS; AND WITH THE MOUTH CONFESSON IS MADE UNTO SALVATION. FOR THE SCRIPTURE SAYS WHOSOEVER SHALL CALL UPON THE NAME OF THE LORD SHALL BE SAVED. (ROMANS 10:9-13)

BELIEVE

JESUS CHRIST MUST BE RECEIVED AND BELIEVED. GRAB HOLD OF GOD BY FAITH IN HIS WORD. HE IS A GOD WHO CANNOT LIE. SIMPLY TAKE HIM AT HIS WORD, HAVING CONFIDENCE IN HIS PROMISES AND HIS PROVISIONS IN JESUS CHRIST. THE ACT OF BELIEVING PLACES THE NEW CONVERT IN A POSITION TO RECEIVE THE TOTALITY OF HIS SALVATION.

THROUGH CHRIST JESUS, OUR STANDING OR POSITION IN THE SIGHT OF GOD IS ONE OF ABSOLUTE PERFECTION IN CHRIST WHICH CAN BE IMPROVED: IT IS A PERFECT POSITION. THUS, WHEN GOD LOOKS AT US HE SEES US IN CHRIST, AND HE SEES ALL OF THE PERFECTION IN CHRIST AS OURS. WHAT A MAGNIFICENT GIFT! WE SEE GOD IN CHRIST, AND GOD SEES US IN CHRIST. IT IS NOT OUR PERFECTION, BUT THE PERFECTION OF CHRIST: HOLY, WITHOUT BLAME BEFORE GOD. EPH. 1:4. WOW! WHAT A GIFT! WHAT A PHENOMENAL BLESSING! WE HAVE SO MUCH TO BE THANKFUL FOR!!!!

A PRAYER OF SALVATION

FATHER, IN THE NAME OF JESUS, I CONFESS I AM A SINNER AND I NEED YOU TO SAVE ME. FATHER, I AM SORRY FOR MY SIN AND I NO LONGER DESIRE TO CONTINUE IN IT. FATHER, RIGHT NOW, I TURN FROM IT TO YOU. I REPENT OF MY REBELLION TOWARD YOU AND OF ALL MY WICKED, HARDHEADED WAYS. FATHER, I AM SORRY AND I ASK THAT YOU CAST ALL OF MY SIN, AWAY. FATHER, I CONFESS THAT JESUS CHRIST IS LORD OF MY LIFE AND I BELIEVE THAT YOU RAISED HIM FROM THE DEAD. I RECEIVE HIM RIGHT NOW INTO MY HEART AS LORD OF MY LIFE. I SURRENDER MYSELF TO YOU, OH GOD, TO BE USED BY YOU. HAVE YOUR WAY IN MY LIFE. THANK YOU LORD FOR SAVING ME AND FOR MAKING ME A NEW CREATURE. AMEN.

THE MINISTRY OF WATER BAPTISM

THE GREEK WORD FOR BAPTISM IS “BAPTIZO,” WHICH MEANS “TOTALLY SUBMERGED.” SPRINKLING IS NOT BAPTISM AND DOES NOT INVOLVE TOTAL SUBMERGING OF THE BODY IN WATER. PETER CLEARLY STATED THE REASON FOR BAPTISM, “...FOR THE REMISSION OF YOUR SINS” (ACTS 2:38). REMISSION IS THE ACT OF RELEASING FROM A DEBT OR OBLIGATION. WHEN OUR SINS ARE REMITED, THEY ARE “BROKEN OFF.” THEY NO LONGER ARE ATTACHED TO US. CANDIDATES FOR BAPTISM SHOULD UNDER STAND THAT WHEN THEY GO DOWN INTO THE WATER THE SIN DEBT, THEIR SINFUL LIFESTYLE, and THEIR SINFUL WAYS – INCLUDING HABITS AND ADDICTIONS... ALL OF IT WILL BE BURIED IN THE WATER AND BROKEN OFF.

THE PENALTY OF THE “SIN DEBT” WAS DEATH. THIS IS A VERY HIGH PRICE. CHRIST JESUS PAID THAT DEBT AT CALVARY OVER 2000 YEARS AGO. WATER BAPTISM IDENTIFIES THE NEW CONVERT WITH THE LORD JESUS CHRIST IN HIS DEATH THROUGH LIBERATION FROM SIN AND DEATH; IN HIS BURIAL THROUGH PUTTING OFF THE SINFUL NATURE; AND, IN HIS RESURRECTION THROUGH PUTTING ON CHRIST’S NATURE.

SO, WHEN WE ARE BAPTIZED IN OBEDIENCE TO HIS WORD, WE IDENTIFY WITHIN THE LORD JESUS CHRIST IN HIS DEATH, BURIAL AND RESURRECTION. WHEN THE NEW CONVERT COMES UP OUT OF THE WATER, ALL OF THE SIN DEBT HAS BEEN WASHED AWAY AND THE VERY WINDOWS OF HEAVEN ARE OPEN TO HIM. EFFECTIVE MINISTRY PREPARES THE NEW CONVERT FOR THIS POWERFUL TRANSFORMATION.

THE APOSTLES WERE SPECIFICALLY INSTRUCTED TO BAPTIZE IN THE NAME OF THE FATHER, THE SON, AND THE HOLY GHOST. (MATTHEW 28:19) THE PERSON BAPTIZED WAS SYMBOLICALLY INTRODUCED INTO THE NAME OF CHRIST, WHICH SYMBOLIZED HIS DISCIPLESHIP, STATE OF ALLEGIANCE TO GOD AND FELLOWSHIP WITH CHRIST.

A RESPONSIBLE AGE

BECAUSE BAPTISM IS SO IMPORTANT, ONE SHOULD BE OLD ENOUGH TO UNDERSTAND THAT THEY ARE A SINNER. GENERALLY, VERY YOUNG CHILDREN DO NOT COMPREHEND THIS. MANY OLDER CHILDREN, BECAUSE THEY HAVE NOT BEEN TAUGHT, ALSO DO NOT COMPREHEND THIS. CHILDREN WHO ARE BAPTIZED SHOULD BE OLD ENOUGH TO BE REPENTANT AND TO UNDERSTAND THE SIGNIFICANCE OF WATER BAPTISM.

THE MINISTRY OF THE BAPTISM OF THE HOLY SPIRIT

PETER REFERRED TO THE BAPTISM OF THE HOLY GHOST AS A “GIFT” AND IT IS EXACTLY THAT, A WONDERFUL ENDOWMENT OF POWER. IT IS POWER TO DO RIGHT, ACT RIGHT, AND BE RIGHT. THE BAPTISM OF THE HOLY GHOST IS A BAPTISM OF POWER. THE HOLY GHOST IS REFERRED TO AS THE PARACLETE OR ONE WHO GOES ALONG SIDE TO HELP. THE PARACLETE IS ALSO AN INTERCESSOR AND ADVOCATE. SPEAKING IN TONGUES IS THE INITIAL PHYSICAL EVIDENCE IN THE BAPTISM IN THE HOLY SPIRIT. THE HOLY SPIRIT IS RECEIVED BY FAITH. HE IS NOT TARRIED UPON, HE IS NOT WORKED UPON, and HE IS SIMPLY RECEIVED BY FAITH IN GOD’S WORD.

THE HOLY SPIRIT IS ARTICULATE

PETER KNEW THAT THE HOUSE OF CORNELIUS HAD RECEIVED THE HOLY GHOST BECAUSE HE HAD “HEARD THEM SPEAK WITH TONGUES AND MAGNIFY THE GOD.” (ACTS 10:46) IF A BELIEVER TELLS YOU HE HAS THE HOLY SPIRIT BUT DOES NOT SPEAK IN OTHER TONGUES, AN APPROPRIATE RESPONSE IS: “IF YOU HAVE THE HOLY SPIRIT, THEN YOU CAN SPEAK IN OTHER TONGUES.”

NEW COVERTS SHOULD BE ENCOURAGED TO RECEIVE THE BAPTISM OF THE HOLY SPIRIT. HE IS POWER THAT THEY WILL NEED FOR A SUCCESSFUL WALK IN CHRIST AND FOR A SPIRITUAL WARFARE. PRAYING IN THE HOLY GHOST IS EDIFYING, BUILDS YOU UP AND IMPROVES YOU.

HOW TO RECEIVE THE BAPTISM OF THE HOLY SPIRIT

ACTS 2:4 READS, “AND THEY WERE ALL FILLED WITH THE HOLY GHOST AND BEGAN TO SPEAK WITH OTHER TONGUES, AS THE SPIRIT GAVE THEM UTTERANCE.” THE HOLY GHOST GIVES THE UTTERANCE, BUT THE INDIVIDUAL DOES THE SPEAKING. WHEN MINISTERING TO SOMEONE TO RECEIVE THE MANIFESTATION OF TONGUES, YOU MAY ASK THEM TO REPEAT WHAT YOU HAVE JUST SAID. WHEN THEY REPEAT YOUR WORDS, EXPLAIN THAT THEY ARE THE ONES WHO SAID THE WORDS, BUT YOU ARE THE ONE WHO GAVE THEM THE WORDS TO SAY. EXPLAIN THAT WHEN YOU PRAY FOR THEM TO RECEIVE THE BAPTISM OF THE HOLY GHOST, THEY WILL SENSE SOMETHING PROMPTING THEM TO SPEAK AND ALL THEY HAVE TO DO IS OPEN THEIR MOUTH AND LET THE WORDS COME FORTH ALTHOUGH THEY DO NOT UNDERSTAND THE WORDS.

NEXT, EXPLAIN THAT YOU ARE GOING TO TELL THEM TO PRAISE THE LORD AND TELL HIM HOW MUCH THEY LOVE HIM. WHILE THEY ARE PRAISING GOD THEY ARE TO SAY WHAT THE HOLY SPIRIT IS SAYING TO THEM ON THE INSIDE. EXPLAIN THAT GOD DWELLS IN THE MIDDLE OF SINCERE PRAISE AND HE WILL FILL THEM WITH THE GIFT OF HOLY GHOST. IN MINISTERING, YOU WANT TO FILL THEIR HEARTS WITH FAITH AND EXPECTATION. THE HOLY SPIRIT IS RECEIVED BY FAITH. LET THEM PRAISE GOD AND RECEIVE THE HOLY GHOST.

THOUSANDS HAVE RECEIVED THE HOLY SPIRIT WHILE PRAISING GOD. OTHERS HAVE JUST SIMPLY BELIEVED THE WORD OF GOD, DESIRED HIM, ASKED THE FATHER FOR HIM, OPENED THEIR MOUTHS AND IMMEDIATELY BEGAN SPEAKING IN TONGUES. BE IT UNTO YOU ACCORDING TO YOUR FAITH. THERE IS NO FORMULA FOR RECEIVING THE HOLY SPIRIT. HE IS SIMPLY RECEIVED BY FAITH.

PRAYER FOR THE BAPTISM OF THE HOLY SPIRIT

FATHER, IN THE NAME JESUS, YOU PROMISED US THAT IN THE LAST DAYS YOU WOULD POUR OUT YOUR SPIRIT ON AL FLESH. I BELIEVE YOU AND TAKE YOU AT YOUR WORD RIGHT NOW. FATHER, POUR OUT YOUR SPIRIT RIGHT NOW ON (NAME THE PERSON YOU ARE PRAYING FOR) OF LIVING WATER FLOW OUT OF THEIR BELLY. WE RECEIVE HIM NOW BY FAITH IN JESUS NAME. NOW RECEIVE THE HOLY GHOST.

PROPHETIC TONGUES

PROPHETIC TONGUES ARE AN UNTION. AN UNTION IS SOMETHING YOU SENSE AND KNOW IS THERE. PROPHETIC TONGUES ARE NEVER RUDE. GOD IS NOT THE AUTHOR OF CONFUSION, BUT OF PEACE AS IN ALL CHURCHES OF THE SAINTS (1 COR. 14:33). PROPHETIC TONGUES ARE TIMELY AND DO NOT INTERRUPT THE PASTOR'S PREACHING. THE SPIRIT OF THE PROPHET IS SUBJECT TO THE PROPHET WHICH MEANS THAT YOU CAN BE QUIET. THE HOLY GHOST IS NEVER UNSEEMLY.

THE MINISTRY OF DIVINE HEALING

1 PETER 2:24 READS, "WHO IN HIS OWN SELF BARES OUR SINS IN HIS OWN BODY ON THE TREE THAT WE BEING DEAD TO SINS SHOULD LIVE UNTO RIGHTEOUSNESS: BY WHOSE STRIPES WERE YE HEALED." HEALING IS PROVIDED FOR IN THE ATONEMENT AND IS THE PRIVILEGE OF ALL BELEVEIRS.

THE MINISTRATION OF LYING ON OF HANDS, ANOINTING WITH OIL FOR THE HEALING OF THE SICK IS GRANTED ON REQUEST OR AS NEEDED. THE SICK SHOULD UNDERSTAND THAT IT IS GOD'S WILL THAT THEY BE WELL:

"BELOVED, I WISH ABOVE ALL THING THAT YOU MAYEST PROSPER AND BE IN HEALTH, EVEN AS THY SOUL PROSPERS." 3 JOHN 2. "IS ANY SICK AMONG YOU? LET HIM CALL FOR THE ELDERS OF THE CHURCH; AND LET THEM PRAY OVER HIM, ANNOINTING HIM WITH OIL IN THE NAME OF THE LORD: AND THE PRAYER OF FAITH SHALL SAVE THE SICK, AND THE LORD SHALL RAISE HIM UP; AND IF HE HAVE COMMITED SINS, THEY SHALL BE FORGIVEN HIM." JAMES 5:14.

PRAYER FOR HEALING

FATHER, IN THE NAME OF JESUS, THIS YOUR CHILD HAS BEEN REDEEMED FROM THE CURSE OF THE LAW THROUGH THE SPIRIT OF LIFE IN JESUS CHRIST. NOW, BY THE POWER AND THE AUTHORITY OF THE NAME JESUS I COMMAND EVERY SPIRIT OF INFIRMITY TO LOOSE THEIR HOLD AND I BIND THEM FROM OPERATING ANY LONGER IN THIS BODY. I PLEAD THE BLOOD OF JESUS CHRIST OVER THEM AND

COMMAND THEM TO LEAVE. FATHER, LET EVERY ORGAN AND TISSUE IN THIS BODY FUNCTION IN THE MANNER THAT YOU INTENDED. HAVE YOU ALREADY PAID THE PRICE FOR HIS/HER HEALING AND WE RECEIVE IT NOW. AMEN.

EXAMINATION

This examination is based upon your ministerial training, “Be Successful in Your Ministry.”

All test results are subject to evaluation by the Examining Board.

YOU MAY USE ANY REFERENCE MANUAL YOU WISH; however, the examination must be returned on or before the date on the cover (call for an extension if necessary).

Please answer all questions as directed. Do not explain your answers. A grade of 70% or better is passing. Most experienced ministers, teachers and lay leaders will make a grade of 85% to 95%. Unanswered questions will be marked wrong, so answer all questions. You are allowed to miss over 100 questions and still pass. 4-8 hours is the normal testing time, however, some may need longer to complete this examination. We suggest you complete the exam in one sitting. Do not mark on this booklet; use the answer sheets accompanying this exam.

Licensing and Ordination Examination

TRUE/FALSE 1-391

1. *The existence of God is taken for granted by the Scriptures.*
2. *The source of universal belief in God comes from reason, traditions and arguments of man.*
3. *Pantheism maintains that God is a supreme being in “Heaven”*
4. *The unity of God means there are three Gods.*
5. *The trinity of God means there are three Gods.*
6. *God “knoweth all things” means God is “omnipotent.”*
7. *God is “omnipresent” means God is everywhere.*
8. *God is “omniscient” means He has all knowledge.*
9. *Jesus possessed a body, soul, and spirit.*
10. *The “immutability” of God includes Jesus Christ also.*
11. *God, the Father, judges no man; but Christ does.*
12. *Jesus Christ actually died.*
13. *Christ’s resurrection body was not real flesh and bone.*
14. *There is credibility of the resurrection of Jesus because of cause and effect upon history.*

15. *The ascension means Christ's position on the cross.*
16. *The body of Christ actually passed up through the heavens.*
17. *We are now in the Holy Ghost Dispensation.*
18. *The old treatment tells of God the Father's love, devotion and judgments with the people of Israel.*
19. *Symbols of the Holy Ghost are oil, fire, and water.*
20. *The name "spirit" is neuter, meaning "a creature of male sex."*
21. *The Holy Spirit is also called the Holy Ghost.*
22. *The Holy Spirit can be grieved, insulted and lied to because He has personal feelings.*
23. *The Holy Spirit can create, regenerate and resurrect.*
24. *Jesus Christ was anointed by the Holy Spirit.*
25. *The Holy Ghost can be resisted.*
26. *The Holy Ghost cannot be quenched (in the life of the believer).*
27. *Man, being made in the image of God, means that God must have a body like man.*
28. *God is a "great" human being.*
29. *God is visible, and has been seen many times by man.*
30. *The image of God consists of (in part, at least) knowledge, righteousness and holiness,*
31. *Original man could not conceive of morals and spiritual values.*
32. *The fall of Adam, as accounted in Genesis, is an actual record of a literal event.*
33. *The nature of the fall of Adam was in believing Satan rather than God (disobedience to God.)*
34. *The results of the fall of Adam were to bring fear and shame, hiding from God and expulsion from the Garden of Eden.*
35. *The Pelagian Theory was that the effect of sin was only that of a bad example.*
36. *The Augustinian Theory mean because of the unity of the race of Adam, all men are sinners.*
37. *There are many ways for man to come back to God, and not just by hearing the Gospel.*
38. *Men who have never "sinned" need not repent to be saved,*
39. *When we repent our sins, our intellect is touched; we sometimes are quite emotional; and our will and behavior are changed.*
40. *Repentance is produced more quickly by doing something good for someone (works).*
41. *There is silence in Heaven for 30 minutes when a soul is saved.*
42. *To be regenerated means to be baptized in water.*

43. *Regeneration comes when we join the church.*
44. *No man can see the Kingdom of God, except he be born again.*
45. *Justification means to make one righteous.*
46. *Justification is a free gift.*
47. *Sanctification has a dual meaning; separation from evil and dedication to God for service.*
48. *Adoption is eternal in nature.*
49. *The bible teaches both progressive and instantaneous sanctification.*
50. *Jesus, Paul, and other Apostles taught that angels are those people who have died.*
51. *Angels are a created order of beings.*
52. *Angels are greater in power and might than man.*
53. *There are ranks and orders of angels.*
54. *Fallen angels have no power or influence over man.*
55. *Angles will probably be redeemed some day, like man.*
56. *Satan is the greatest of the fallen angels, and no doubt is the greatest power in the universe, other than the Triune God.*
57. *Satan is set forth as the greatest enemy of God and man.*
58. *Adam and Eve were created before Satan.*
59. *We have power to resist Satan and his angels.*
60. *Satan's destiny is the same as fallen man – "the Lake of Fire" – forever and forever.*
61. *We obtain information by inspiration, observation, and experience and by reading.*
62. *You can train your mind as an athlete trains his muscles.*
63. *Those who fail usually have no "definite" major purpose in life.*
64. *Knowing what you want is the most important step in your initial training as a minister. In other words, having definite goals.*
65. *Every successful minister must have a study area.*
66. *Preparation is the basis of confidence.*
67. *Knowledge and facts are the materials with which the thinker works.*
68. *Wise men listen much and speak with caution.*
69. *Reflection is the heart of thinking (meditation).*
70. *Writing helps you to think*
We should make a "priority one" project of collecting books, Bibles and helps.
71. *Briefly, a sermon outline is a list of short sentences.*
72. *There are usually three or more main points in a sermon.*
73. *Topical preaching has excellent results.*
74. *A person should build his own sermons.*

75. *A sermon has an introduction, a body and a conclusion.*
76. *Jesus studied the habits of people.*
77. *Jesus used “word pictures” when teaching.*
78. *We should use illustrations when preaching.*
79. *Telling stories or parables while preaching helps to “rest” the mind of the listener.*
80. *We should not use stories from nature in our sermons.*
81. *We should not expect children to understand the average sermon.*
82. *Dramatizing belongs in Hollywood, never in the pulpit.*
83. *Ear impressions are longer lasting than eye impressions.*
84. *Every person has basic desires for profit, health, attainment and happiness.*
85. *Long sermons are usually quickly forgotten.*
86. *Our “actions” speak as well as our words.*
87. *A “good” sermon is usually remembered.*
88. *A good, short sermon is more powerful than a poor, long one.*
89. *Thirty minutes is normally long enough for a good sermon.*
90. *Psychology is of great value in your work as a minister.*
91. *Travel will add nothing to our education.*
92. *A good minister tries to dress and look well.*
93. *Fasting means to abstain from all food.*
94. *The unsaved can fast (non-spiritual).*
95. *Spiritual fasting is combined with prayer.*
96. *New Testament Christians believed in fasting.*
97. *Fasting is also thirsting.*
98. *Your fast should be terminated when hunger returns or when your prayers are answered.*
99. *Fasting can be dangerous for some people (diabetics, etc.).*
100. *Hell is a real place in the “heart of the earth”.*
101. *Tartarus is the prison for fallen angels.*
102. *The “bottomless pit” is also called Paradise.*
103. *Jesus went to Sheol the day He was crucified.*
104. *The Lake of Fire (Gehenna) will burn forever.*
105. *“Gehenna” was made especially for fallen man.*
106. *“Thanatos” was the Greek god of death.*
107. *Man is made of three distinct parts – body, soul, and spirit.*
108. *Man’s soul and spirit are the same.*
109. *Dead people are just “asleep” until the resurrection.*
110. *Both body and soul of the dead are in the grave (Queber).*
111. *Dead saints of God are with Christ in Heaven now.*

112. *There is consciousness, awareness and reason in the spirit world.*
113. *Christ's coming is imminent.*
114. *There are two phases in the second coming of Christ.*
115. *Christ's coming as a thief will be the secret catching away of the "bride".*
116. *This "secret" catching away of the bride will be before the tribulation period.*
117. *When Christ returns with the saints at the Battle of Armageddon, all nations will see him.*
118. *Those in Hell will not need to be resurrected.*
119. *There will be a resurrection only of the just.*
120. *Only the born-again spirit of man will be resurrected; the body is left in the grave.*
121. *There are 6,000 years between the resurrections.*
122. *God surely would not punish a wicked person for all eternity in Gehenna fires.*
123. *The blood is the life of our bodies now; but the spirit will be the life of the resurrected body.*
124. *There is only one chance for the Gentiles to be translated (to be in the bride).*
125. *Some will become "saints" after the tribulation begins; then are martyred.*
126. *Revelation, chapter 4, symbolizes the ushering into heaven of the bride of Christ; and the beginning of the seven-year tribulation period.*
127. *The earth's greatest evacuation will be the Spirit-filled Christians.*
128. *There will be only 144,000 people in the bride.*
129. *The Bible teaches a "pre-tribulation" rapture.*
130. *No one is saved after the tribulation starts.*
131. *We are now living in the final Cosmic Age; #7.*
132. *"Tohu" and "Bohu" describe the Earth as it is today (chaos and confusion).*
133. *Original Earth was "without form and void".*
134. *Satan's "fall" was evidently at the same time as the flood.*
135. *Original Earth must have been beautiful.*
136. *Cosmic Age #3 began with God re-creating the Planet Earth.*
137. *Flavious Josephus, the noted historian, indicates that there was a "shield" of water (ice) around the "Edenic" earth.*
138. *There was only one land mass in Adam's day.*
139. *The body of Adam died the day he sinned.*
140. *Spiritual Adam lived 930 years.*
141. *In Adam's day Planet Earth was, in effect, a huge hothouse.*

142. *“Fallen angels” polluted the race of man, causing monstrosities and gigantism.*
143. *Waters of the flood came from both the “heavens” and from the underground “fountains”.*
144. *The flood and accompanying earthquakes, volcanoes, tidal waves and storms caused the formation of continents, mountains and islands of today.*
145. *The flood was only over a small area around the “Holy Land”.*
146. *Our age will be climaxed with the islands vanishing and mountains being flattened out.*
147. *Soon hailstones, weighing 100 pounds, will fall on the earth.*
148. *We are living at the close of Cosmic Age #5.*
149. *Cosmic Age #6 will begin with the reign of the Antichrist.*
150. *Satan will be loosed for a thousand years during Cosmic Age #6.*
151. *Cosmic Age #6 is a millennium of peace, tranquility, prosperity, and joy.*
152. *Christ will rule and reign on the earth during Cosmic Age #6.*
153. *Satan is cast into the Lake of Fire at the beginning of Cosmic Age #6.*
154. *There will be nations, children born, and produce grown during the Millennial Age.*
155. *Once Satan is bound, he is never again loosed upon mankind.*
156. *God says that the Heavens shall be set on fire and the planets will melt and disappear.*
157. *In eternity past, there was a perfect universe.*
158. *The New Earth will look like it does today, with oceans and continents.*
159. *The New Heavens and New Earth will last 1000 years.*
160. *Cosmic Age #7 will be an age of eternal perfection.*
161. *The Holy City, New Jerusalem, is not a real city.*
162. *Because the Bible is God’s written Word, we can believe it without question.*
163. *The Bible was written over a period of 6000 years, from Adam until now.*
164. *The Bible originated in the consciousness of men of God.*
165. *We believe the Bible must be accounted for by both natural and supernatural means because about 40 men wrote it.*
166. *Plenary inspiration means that the Bible is probably 90% complete.*
167. *The books, Ezra, Daniel, and Jeremiah were written in Old Testament Hebrew.*
168. *There are 66 books in the Old Testament.*
169. *Jesus was a Hebrew; therefore, He spoke the Hebrew language fluently.*
170. *Papyrus was a special wine used by the Old Testament prophets.*
171. *Codex was the type of plant from which paper was made.*
172. *The term “Canon” means “a measuring rod.”*

173. *The Septuagint Version was the Old Testament Hebrew translated into Greek.*
174. *The books of the Apocrypha were written during the 400 “silent years.”*
175. *Christ was born in the year 1 A.D.*
176. *Paul was crucified on a St. Andrews Cross in Rome.*
177. *The Dead Sea Scrolls contain the oldest known manuscript copies of any books of the Bible.*
178. *The first English translation was the Psalms by Abbot Alhelm in 700 A.D.*
179. *In 1428, John Wycliffe translated the whole Bible into English.*
180. *Printing was invented in 1492.*
181. *Martin Luther revolted from the Catholic Church, causing the Great Reformation.*
182. *Tyndale’s was the first “handwritten” Bible in 1525.*
183. *The King James Version took 4 men 47 years to complete.*
184. *Dispensations are the divisions of times or ages in which God has used different methods of redeeming man from his fallen state.*
185. *Man could not sin during the “dispensation of innocence.”*
186. *Man’s state changed from “probation” to “condemnation” after the fall.*
187. *The pre-flood era was 1,656 years long.*
188. *There were no “nations” during the “antediluvian dispensation.”*
189. *Man was a vegetarian before the flood.*
190. *Nimrod was the first ruler after the flood.*
191. *Adam and Noah spoke the same language.*
192. *God’s call to Abraham began the Dispensation of Law.*
193. *Isaac’s sons became the 12 tribes of Israel.*
194. *Moses was 40 years old when he led the children of Israel out of Egypt.*
195. *Moses’ law was for the Jews only.*
196. *We (Gentiles) are still under the Law today.*
197. *This dispensation (grace) will end with the Battle of Armageddon.*
198. *The “Millennial Age” will last forever.*
199. *The “white Throne Judgment” is after the Millennial Age.*
200. *The word of God was made flesh in the form of Jesus Christ.*
201. *Christ was born in the “center of the world.”*
202. *Herod the Great attempted to kill the baby Jesus.*
203. *Christ spoke Aramaic (the Jew’s mother tongue in Christ’s day).*
204. *The Pharisees believed in demons and angels.*
205. *The Sadducees did not believe in the resurrection.*
206. *Matthew was a tax collector.*
207. *The Synoptic Gospels are so-called because they contain basically the same story.*

208. *Jesus spent His youth in Nazareth.*
209. *Christ's miracle was healing blind Bartimaeus.*
210. *A double trial was held before the Jew's were allowed to crucify Christ.*
211. *Christ was seen for 40 days after His resurrection.*
212. *Christ's glorified body is the same body that was given in death.*
213. *Paul was chosen by god to bear the Gospel to the Gentiles.*
214. *God requires Gentiles to be physically circumcised to be a Christian.*
215. *Gentile Christians are required to keep Moses' law.*
216. *Christians are to abstain from idols, fornication, things strangled and from blood.*
217. *Paul declared to the people of Athens the "unknown God."*
218. *Paul took three major missionary journeys.*
219. *Paul was beheaded in Jerusalem in A.D. 67.*
220. *The promise of the Father is that we would be "baptized with the Holy Ghost"(Acts 1:4,5)*
221. *Three important events happened in quick succession: (1) Stephen was stoned. (2) Philip preached in Samaria. (3) Peter ministered to a Gentile and Roman officer.*
222. *James pastured the Jerusalem church.*
223. *God turned to the Gentiles and the whole world in the book of Acts.*
224. *It is said that Moody, Finney, and others spoke in tongues as they were baptized with the Holy Ghost.*
225. *"Glossalalia" or speaking in tongues has occurred in Christian revivals of every age.*
226. *We are correct in believing that "speaking in tongues" is an evidence of the indwelling of the Holy Ghost.*
227. *Azusa St. in Los Angeles, California, became known as the "American Jerusalem."*
228. *God is against divorce, giving fornication as the only excuse.*
229. *As an ordained minister you are legally obligated to perform all weddings asked of you.*
230. *There are legal responsibilities when performing weddings.*
231. *After each wedding the license is returned to the local county or state authorities for recording (in the U.S.A.).*
232. *It was common in Old Testament days to "purchase" a bride.*
233. *A permit is required for a burial (in the United States).*
234. *A minister's funeral duties fall into three categories: (1) pre-funeral arrangements, (2) the ceremony and service itself, and (3) post-funeral duties.*

235. *Apocalypse means the coming, appearing, uncovering of Jesus Christ Himself.*
236. *Paul said that the Christians would not be surprised on the day that Christ returns.*
237. *It is generally conceded that the “final generation” began in 1948, when Israel became a nation.*
238. *The end of this dispensation (age of Grace) will be the “rapture of the bride of Christ” not the Battle of Armageddon.*
239. *The coming, seven-year “windup” is called the Tribulation Period.*
240. *Daniel, chapter 9, indicates a 490-year period left for the Jews, given in 3 segments: (1) 49, (2) 434, and (3) 7 years.*
241. *The final seven years of Daniel, Chapter 9, are yet to come.*
242. *The fifth seal is the “Christian martyrs.”*
243. *The first four seals are called the “Four Horsemen of the Apocalypse.”*
244. *The martyrs under the fifth seal are slain after the rapture has taken place.*
245. *There will be 144,000 Jews sealed with the Holy Ghost during the tribulation period.*
246. *The seven seals are followed by seven trumpet judgments, followed by seven vial judgments.*
247. *Satan worship will form the base or foundation of the coming one-world religion called “Mystery Babylon.”*
248. *The River Euphrates is even now totally dried up in preparation of the coming of the Kings of the East.*
249. *The “spirit” of the Antichrist is even now in the world.*
250. *The Antichrist will ascend out of the bottomless pit.*
251. *The Antichrist is called a “beast” in Revelation 11:7.*
252. *Satan worship will be worldwide during the tribulation period.*
253. *The False Prophet is called the beast with seven horns, and it out of the sea.*
254. *The Antichrist will be a specialist in politics and peace.*
255. *The Antichrist has been felt in the world ever since Babylon and Nimrod, its ruler.*
256. *The Antichrist is spoken of as being the eighth king out of the seven world kingdoms.*
257. *The seventh world kingdom is diverse (different), and may be the European Common Market.*
258. *The Antichrist and False Prophet are cast into hell to await the white throne judgment.*
259. *There is now a Jewish Temple in Jerusalem, the first since A.D. 70 (The Great Synagogue).*
260. *The “daily sacrifice” was discontinued in A.D. 70.*

261. *Mt. Moriah is the site of the original temple.*
262. *Christ will, no doubt, be the rebuilder of the tribulation temple in Jerusalem.*
263. *The “daily sacrifice” will last for the duration of the seven-year tribulation period.*
264. *There will be an image of the Antichrist made and worshipped by “all of the world.”*
265. *God will protect some of the Jews for 3-1/2 years.*
266. *The “abomination of desolation” will occur at the 3-1/2 year slot of the tribulation period.*
267. *Petra (The Rock City) is thought to be the refuge of the Jews during the reign of the Antichrist.*
268. *The Battle of Armageddon will terminate the millennial reign.*
269. *The Antichrist and False Prophet are cast alive into the “Lake of Fire.”*
270. *The judgment of nations will follow the Battle of Armageddon.*
271. *Satan will be bound for 1,000 years.*
272. *We will rule and reign, on the earth, with Christ for 1,000 years.*
273. *Once Satan is bound, he is never set free again.*
274. *After the purging of the earth, comes the White Throne Judgment.*
275. *The New Jerusalem is a 1500 mile cube.*
276. *The earth will abide forever.*
277. *The soul is considered the “battleground” within man.*
278. *Man’s body and soul are the same.*
279. *We have God consciousness through our regenerated spirit.*
280. *The soul (mind) has free will (makes its own choice).*
281. *Christ’s shed blood is applied to the soul of man.*
282. *The Holy Spirit dwells in the born-again spirit of man.*
283. *We are able to comprehend God through our body senses.*
284. *The soul is held responsible for sin.*
285. *The abilities of the spirit of man include worshipping God.*
286. *Christians can be “soul controlled” (self-willed).*
287. *The “function or communion” is found in the spirit of man.*
288. *Believers who “live in the soul” are very “spiritual” persons.*
289. *Satan deals with the soul of man.*
290. *Demon possession is in man’s soul.*
291. *The “soulish” Christian is led by his mind.*
292. *“Believing” is a verb, denoting action.*
293. *Belief and faith are the same.*
294. *The “born again” believer has two sources of comprehension, “mind” and “spirit.”*

295. *The scriptural evidence of the baptism of the Holy Ghost is “speaking in tongues.”*
296. *The purpose of being baptized with the Holy Ghost is to receive power.*
297. *There are nine gifts of the spirit.*
298. *We should magnify the Lord in our spirit only.*
299. *Without faith, we cannot please God.*
300. *Saturday is the original Sabbath.*
301. *Christians have a “Sabbath Day.”*
302. *The Sabbath was instituted by God, through Abraham, while in Egypt.*
303. *The Sabbath was a sign between God and the nation of Israel.*
304. *The duration of the ordinance of the Sabbath was about 1600 years.*
305. *The Sabbath ended with the crucifixion of Christ.*
306. *“Law Keepers” of today violate the rules of the Sabbath Day.*
307. *Sunday is the “CHRISTIAN SABBATH.”*
308. *Christians who keep the LAW today are “cursed” (Gal. 3:10).*
309. *Christians recognize Sunday as the “Lord’s Day”.*
310. *Peter explains about spiritual gifts in 1 Cor. Chapter 12*
311. *The “GIFTS” are the power of the Holy Ghost within the believer.*
312. *The nine spiritual gifts are still in the church today.*
313. *We “SEE” God at work through the manifestation of the Holy Ghost.*
314. *The Holy Spirit dwells in the spirit of the believer.*
315. *Only our spirit can relate to God.*
316. *Only Spirit-filled believers can have the gifts of the spirit.*
317. *There are 19 gifts and ministries listed in the New Testament.*
318. *A “False Prophet” is of Satan, even though some of his prophecies may come true.*
319. *Satan can counterfeit God’s gifts of the Spirit.*
320. *Satan works though the soul of man, not his spirit.*
321. *All of the nine gifts of the spirit are supernatural.*
322. *There are three gifts “to know”, three “to act”, and three “to speak.”*
323. *The Word of Knowledge reveals all of God’s knowledge to us.*
324. *God reveals knowledge sometimes though dreams and visions.*
325. *The Word of Knowledge sometimes reveals diseases.*
326. *Wisdom is using knowledge right.*
327. *It is possible for several gifts to operate in a single instance of healing.*
328. *Discerning is a combination of imagination and suspicion.*
329. *The gift of miracles can cast out demons.*
330. *The gifts of the Spirit will operate anywhere the believer is.*
331. *Faith is a substance of the soul of man.*
332. *Faith is a spirit substance, coming from the Holy Spirit within man.*

333. *Seeing a miracle helps to BELIEVE God for more miracles.*
334. *Believing is an act of the soul of man.*
335. *Active faith requires positive believing.*
336. *The gift of miracles can do what the other eight gifts cannot.*
337. *Satan can, and does at times, counterfeit God's works.*
338. *Many Christians today are being led into occult practices.*
339. *There are diversities of operation, but it is the same Holy Spirit.*
340. *Praying in the spirit is praying in "other tongues."*
341. *The gift of tongues is when God speaks through the believer in an unknown language that is then interpreted.*
342. *Prophecy is the proper "gift to speak" when the entire group is Christian.*
343. *Speaking with other tongues is a supernatural gift of the Spirit.*
344. *Old Testament prophets spoke with "other tongues" as in Acts 2:4.*
345. *Tongues and interpretation are the proper gifts to speak in a group of believers.*
346. *Prophecy is for the church.*
347. *Tongues are a sign for the unbeliever.*
348. *All mind sciences deal with man's soul.*
349. *Spiritualism in any form is ANTICHRIST.*
350. *The doctrine of reincarnation is of Satan.*
351. *Many Spiritualists call themselves Christian.*
352. *Spiritualism denies the atoning blood of Jesus Christ.*
353. *Satan uses mind sciences to fool gullible and ignorant people.*
354. *Going to a medium, fortune teller, or crystal-ball gazer is against God and His commandment in the Scriptures.*
355. *Transcendental meditation is of Satan, not God.*
356. *All occult beliefs and practices are of Satan.*
357. *Satan can cause a person to see and hear supernaturally.*
358. *Clairaudience and clairvoyance are Satan's counterfeits of God's powers.*
359. *Satan's demons impersonate dead people at a séance.*
360. *Spirituals have "prayer meetings" called the "developing circle."*
361. *"Teachers" or "Guides" or "Avatars" are really Satan's demons.*
362. *Spirit-filled Christians can become UNWILLINGLY demon possessed.*
363. *A person can be demon possessed and filled with the Holy Spirit at the same time.*
364. *A sign of occult infestation is when supposedly Spirit-filled Christians are casting out demons from other supposedly Spirit-filled Christians.*
365. *Satan works through man's soul, while God moves through man's spirit.*
366. *Satan can fool even the most intellectual.*
367. *Satan plays the game of "CASTING OUT DEMONS."*

368. *Spiritualist do not believe in hell, but do believe in reincarnation.*
369. *True Christians believe in the Biblical doctrine of hell and everlasting punishment for the wicked.*
370. *Witchcraft and astrology were the ungodly sins of Babylon.*
371. *The world is even now being fooled with the same harlot religion of astrology in these last days just before the coming of Christ.*
372. *Demons are disembodied spirits or fallen angels.*
373. *Reincarnation is a concept spawned by satan.*
374. *The Karmic-dept theory is a Satanic doctrine.*
375. *All of us have lived many lives before this one.*
376. *Satan's prophets are all around, even in the Christian churches.*
377. *Many Christians are leaving the true church to follow doctrines of devils.*
378. *U.F.O.'s are probably angelic activity.*
379. *Only the Holy Ghost should supersede the pastor's authority in a church.*
380. *A good pastor can have the wrong methods, and the wrong congregation.*
381. *Church members should pay their tithes according to Malachi 3.*
382. *One secret to church growth is to "FIND A NEED AND FILL IT."*
383. *The three main church functions should be: (1) fill spiritual need, (2) supply Bible training, and (3) supply fellowship for its members.*
384. *A growing church has definite goals.*
385. *Anyone can have mass area meetings with local pastors.*
386. *Evangelists should be careful not to condemn the local pastors; both offices are ordained by God.*
387. *Overseas MASS crusades should last at least 8 days.*
388. *A small group of people should never start a church in a large building.*
389. *Unless you are an exception, it is best to start a church with prayer meetings,
not a mass crusade.*
390. *Usually "tent-goers" make good "church builders."*
391. *Fellowship associations are not "denominations."*

MULTIPLE CHOICES: ON YOUR ANSWER SHEET, MARK THE BOX THAT CORRESPONDS WITH YOUR ANSWER.

392-402

- 392. The name of Cain's mother was:**
(A) Mary (B) Martha (C) Eve.
- 393. Moses grew up and was educated in:**
(A) Palestine (B) Arabia (C) Egypt.
- 394. After the Hebrew people crossed the Red Sea, it took them how many years to get to the Promised Land:**
(A) ten years (B) forty years (C) twenty years.
- 395. When the Israelites were at last settled in the Promised Land, they were first of all, ruled by:**
(A) judges (B) prophets (C) priests.
- 396. The first king to rule the United Kingdom of Israel was:**
(A) Solomon (B) David (C) Saul.
- 397. Jeremiah was a:**
(A) priest (B) king (C) prophet.
- 398. Uzziah was a:**
(A) priest (B) king (C) prophet.
- 399. Andrew, one of Christ's Disciples, was a:**
(A) carpenter (B) vineyard keeper (C) fisherman.
- 400. The Apostle Paul was a:**
(A) boat builder (B) tentmaker (C) tax collector.
- 401. Cornelius, the Italian soldier, was converted through the ministry of:**
(A) Paul (B) Timothy (C) Peter.

THE EVENTS LISTED BELOW ARE NOT IN CORRECT HISTORICAL SEQUENCE. THEY ARE JUMBLED. REARRANGE THESE EVENTS IN THE CORRECT CHRONOLOGICAL ORDER (BY LETTER). THEN MARK THESE ANSWERS ON YOUR ANSWER SHEET.

403-407

- 402. *A – The great flood*
- 403. *B – Giving of the Ten Commandments*
- 404. *C – Creation*
- 405. *D – Temptation and fall of Adam and Eve*
- 406. *E – Death of Moses*
- 407. *F – Children of Israel crossing the Red Sea*

408-413

- 408. *A – Feeding of the 5,000*
- 409. *B – Babylonian Captivity*
- 410. *C – Fall of Jericho*
- 411. *D – Building of Solomon's temple*
- 412. *E – Birth of John the Baptist*
- 413. *F – Crucifixion of Christ*

414-416

- 414. *A – Ascension of Christ*
- 415. *B – Paul's final trip (to Rome)*
- 416. *C – Pentecost: outpouring of the Holy Spirit upon believers*

**MULTIPLE CHOICE: ON YOUR ANSWER SHEET, MARK THE BOX THAT
CORRESPONDS WITH YOUR ANSWER.**

417-426

- 417. Jacob had a twin brother whose name was:
(A) Isaac (B) Esau (C) David.**
- 418. Moses had a brother who helped him in his work, whose name was:
(A) Saul (B) Uzziah (C) Aaron.**
- 419. Solomon's Temple was built in the city of:
(A) Bethlehem (B) Jerusalem (C) Aaron.**
- (B) Most of the Psalms were written by:
(A) David (B) Moses (C) Paul.**
- (C) The scriptures set fourth the teaching that we should give one-tenth of your
income to God. This practice is known as:
(A) giving (B) tithing (C) gleaning.**
- (D) After the death of Christ, His mother went to the home of the Apostles:
(A) John (B) Peter (C) Paul.**
- (E) Immediately following the Book of Acts, you will find the Book of:
(A) I Corinthians (B) Romans (C) Hebrews.**
- (F) A great Jewish ruler came to talk to Jesus at night. His name was:
(A) Nicodemus (B) Gamaliel (C) Nimrod.**
- (G) Jesus was buried in a rich man's tomb: This rich man's name was:
(A) Eutychus (B) Lazarus (C) Joseph.**
- (H) The author of the Book of Galatians was: (A) Paul (B) John (C) Galatia.**

THE EVENTS LISTED BELOW ARE NOT IN CORRECT SEQUENCE. THEY ARE JUMBLED. REARRANGE THESE EVENTS IN THE PROPER CHRONOLOGICAL ORDER (BY LETTER). THEN MARK THESE ANSWERS ON YOUR ANSWER SHEET.

427-433

- (I) A – Age of Law**
- (J) B – Age of Innocence**
- (K) C – Age of Human Government**
- (L) D – Millennial Age**
- (M) E – Age of Grace**
- (N) F – Age of Conscience**
- (O) G – Age of Promise**

LISTED BELOW ARE TWO LISTS, ONE OF PERSONALITIES, ONE OF THE DISPENSATIONS. MATCH THE PERSONALITY TO THE CORRECT DISPENSATION. ON YOUR ANSWER SHEET, MARK THE BOX WHICH CORRESPONDS WITH THE ANSWER.

434-440

- | | |
|------------------------------------|---------------------------|
| (P) Age of Law | A – Christ as King |
| (Q) Age of Grace | B - Nimrod |
| (R) Age of Conscience | C - Methuselah |
| (S) Age of Innocence | D - Moses |
| (T) Age of Human Government | E - Abraham |
| (U) Age of Promise | F - Adam |
| (V) Millennial Age | G – Martin Luther |

**REARRANGE THE FOLLOWING IN PROPER CHRONOLOGICAL
ORDER (BY LETTER). THEN MARK THESE ANSWERS ON YOUR
ANSWER SHEET.**

441-447

- (W)** *A – Edenic Earth*
- (X)** *B – Original Earth*
- (Y)** *C – Present Earth*
- (Z)** *D – New Earth*
- (AA)** *E – Millennial Earth*
- (BB)** *F – Chaotic Earth*
- (CC)** *G – Pre-Flood Earth*

448-452

- (DD)** *A – Outpouring of the Holy Ghost*
- (EE)** *B – Christ’s Death in A.D. 30*
- (FF)** *C – John the Baptist’s Birth*
- (GG)** *D – Ascension of Christ*
- (HH)** *E – Jesus Christ’s Birth*

453-457

- (II)** *A – Azusa Street Revival*
- (JJ)** *B – Apostle Paul’s Death in Rome*
- (KK)** *C – John’s Banishment to Patmos*
- (LL)** *D – Martin Luther’s Protestant Revolt*
- (MM)** *E – Destruction of the Temple by Titus*

458-460

- (NN)** *A – Seven Vial Judgments*
- (OO)** *B – Seven Seal Judgments*
- (PP)** *C – Seven Trumpet Judgments*

461-465

- (QQ)** *A – Satan Chained*
- (RR)** *B – The “Rapture”*
- (SS)** *C – Mark of the Beast (666)*
- (TT)** *D – Two Witnesses*
- (UU)** *E – Battle of Armageddon*

466-470

- (VV)** *A – Purging of the Earth*
- (WW)** *B – The Millennial Reign*
- (XX)** *C – New Jerusalem*
- (YY)** *D – White Throne Judgment*
- (ZZ)** *E – Satan Loosed*

**ON YOUR ANSWER SHEET, DEFINE OR DESCRIBE EACH OF THE
FOLLOWING.**

471-499

- (AAA) Denomination**
- (BBB) Nondenominational**
- (CCC) Interdenominational**
- (DDD) Pro-Denomination**
- (EEE) Doctrines**
- (FFF) Sanctification**
- (GGG) Baptism**
- (HHH) Incarnation**
- (III) Reincarnation**
- (JJJ) Agnostic**
- (KKK) Atheism**
- (LLL) Heretic**
- (MMM) Propitiation**
- (NNN) Reconciliation**
- (OOO) Immutability**
- (PPP) A Created Order of Beings**
- (QQQ) Created Race**
- (RRR) Omniscience**
- (SSS) Omnipotence**
- (TTT) Omnipresence**
- (UUU) First Resurrection**
- (VVV) Second Resurrection**
- (WWW) Papyrus**
- (XXX) Apocrypha**
- (YYY) The Reformation**
- (ZZZ) Vicarious Atonement**
- (AAAA) Eschatology**
- (BBBB) Thanatology**
- (CCCC) Ecclesiology**

501-507 PLEASE LIST THE NON SACERDOTAL FUNCTIONS.

508. PLEASE FILL IN THE BLANKS WITH THE APPROPRIATE ANSWERS

(A) IRS (B) 1099 (C) Service

When rendering a _____ the person shall receive a _____ form as required by the _____.

509-512 PLEASE IDENTIFY THE FOUR TYPES OF CHURCH GOVERNMENT.

513-516 PLEASE EXPLAIN EACH TYPE OF CHURCH GOVERNMENT.

ON YOUR ANSWER SHEET, MARK TRUE OR FALSE.

517. All churches or nonprofit organizations are considered Tax-Exempt.

518. Churches & nonprofit organizations do not apply for a Federal Identification Number.

519. Clergy are considered employees for Tax purposes, but self-employed for Social Security purposes.

PLEASE SELECT THE APPROPRIATE ANSWERS.

520. Who is the responsible party of the church accounting records and compliance to regulations?

**Church Treasurer
Minister
CPA**

**Attorney
Board of Directors
Elders and Deacons**

Ministry

Homiletics - How to Preach the Gospel **INTRODUCTION TO MINISTRY**

Bible Study helps for preachers and teachers (Some hints, helps, methods and ideas for those who want to share the Word of God effectively.) MAY GOD BLESS HIS WORD TO YOUR HEARTS AS YOU GO THROUGH THIS MATERIAL. There is material here for the Preacher, the Teacher, and those who would like to know their Bible better.

In addition to these notes, you would do well to have a Bible study program on your computer. I use the PowerBibleCD from <http://www.powerbible.com>. E-sword.net is also useful and reasonably priced.

The Word of God itself says, Preach the Word; be instant in season, out of season; reprove, rebuke, exhort with all longsuffering and doctrine. (II Timothy 4:2)

We might keep this saying in mind: "I preached as never sure to preach again; and as a dying man to dying men." Richard Baxter, 17th Century The text is found in II Timothy 2:2. "And the things that thou hast heard of me among many witnesses, the same commit thou to faithful men, who shall be able to teach others also."

This material is based on fifty-five years of experience in the Lord's work. I am still somewhat active in the Lord's work as of this date, December 1, 2007.

Much of this material is from lectures given as early as 1978 in a book called, PREACH THE WORD. (Preach the Word, Copyright 1978 by Glenn C. Tompkins This book is now out of print.)

Scriptures quoted here are from the King James Version.

SECTION I. PREACHING, THE PREREQUISITES

"And that from a child thou hast known the Holy Scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus. All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: That the man of God may be perfect, thoroughly furnished unto all good works. II Timothy 3:15-17

A. One who would preach must first of all, have a personal relationship with the Lord Jesus Christ. He must know from the Scriptures that he has been saved from sin, and know what it means to trust Christ alone for salvation.

B. He should be able to teach someone else the basic plan of salvation, that is:

- 1. God Loves YOU. John 3:16*
- 2. All have sinned and need salvation. Rom.3:23, Isaiah 64:6*
- 3. Christ died for our sins. Romans 5:6-9*
- 4. Christ is the Son of God and God the Son. Matt. 3:17, John 1:1-14*
- 5. Christ is risen and alive today. I Cor. 15:3,4*
- 6. Christ is the only way to Heaven. John 14:6 Acts 4:12*
- 7. Salvation is a gift, not earned by works. Romans 6:23, Ephesians 2:8, 9*

C. He must maintain a regular daily devotional life of Bible reading and prayer. You cannot talk for God if you do not walk and talk with God.

D. He must believe that the Bible is the Word of God, and that God has promised to honor His Word. Isaiah 55:11

E. He must have a good testimony and a good reputation, both before the church and before the world. I Tim. 4:12

F. His own heart must be right with God: no sin allowed to remain, whether of thought, word or deed. Psalm 66:18, I John 1:9.

G. His life must be fully surrendered to the Lord Jesus Christ. Romans 12:1, 2 "I'd rather see a sermon than hear one any day; I'd rather one should walk with me than merely tell the way. The eye's a better pupil and more willing than the ear; Fine counsel is confusing, but example's always clear; And the best of all the preachers are the men who live their creeds, For to see good put in action is what everybody needs. "Edgar Guest"

SECTION II. THE PROBLEM OF WHAT TO PREACH

"Woe is unto me, if I preach not the Gospel." I Cor.9:16 "Preach the Word; be instant in season, out of season; reprove, with all longsuffering and doctrine." II Timothy 4:2

"Go ye into all the world, and preach the Gospel to every creature." Mark 16:15

A. It is the message of the Gospel by which we are saved. I Cor. 15:1-4

B. The essentials of the Gospel are:

The fact that God is holy and man is sinful.

Christ died and rose again, taking the punishment for our sins.

Man's best efforts all fall short, and we are hopelessly lost if we trust in our own goodness and efforts. God's grace offers a free salvation that cannot in any way be earned or merited.

We must come to Christ humbly trusting Him alone for our salvation. We must receive it as a free gift.

Our assurance of salvation, forgiveness and Heaven are based on the Word of God alone. John 5:24, I John 5:13

Preaching the Gospel is making the truth of salvation as clear as possible, and using enough Scripture so that the Holy Spirit will be able to:

Convince from the truth of the Scriptures

Convict of the sin in the life, and Convert the soul from trusting self to trusting Christ,

Change the life inwardly and outwardly.

Preaching the Gospel is our part. Only the Holy Spirit of God is able to convince, convict, convert and change lives.

The Gospel may be preached with a Bible story such as:

Naaman II Kings 5:1-14

The Brazen Serpent Numbers 21:5-9

Nicodemus John 3:1-18

The Prodigal Son Luke 15:11-24

The Philippian Jailer Acts 16:22-34

Or texts such as:

Isaiah 45:22 Look and Live! (See Brazen Serpent)

Isaiah 53:6 Go in at the first All, and come out at the last All.

John 1:12 Who are the Children of God?

John 3:16-18 The unpardonable sin - terminal unbelief

John 3:36 The only two groups of people in the world

John 5:24 Passed from death to life!

John 6:37 An invitation with a promise

Romans 1:16 God's Dynamite (Gr. Dunamis - power)

Romans 4:5, 21 God's Grace and our Faith

Romans 5:6-9 Christ died for Ungodly, Us, You.

Romans 6:23 God's gift, vs. the devil's wages.

Romans 10:9, 10, 13 Believe, Confess openly, Call.

B. It is the preaching and teaching of the Word of God that produces spiritual growth. I Peter 2:2, II Peter 1:2-8

C. Be alert to the spiritual needs of the group to which you will be speaking.

Are they merely church attenders, or non-attenders?

Earnest Christians or hope-so Christians? Young or old?

Those with Bible knowledge, or very little Bible knowledge.

D. Prayerfully search the Scriptures for God's leading as to what you should preach.

E. Take into consideration any special occasion on the calendar, in the news, or in the life of the church. This is often good for the introduction of the message.

F. Keep a notebook or disk file of ideas for sermons. If you get an idea during your daily Bible reading, jot it down for later research.

Learn to take notes on sermons you hear or read. (Keep those that are good, get rid of the rest.) Turn to this notebook or file for ideas when you have to prepare a sermon

G. Remember that in every congregation there may be:

Sinners who need salvation

Suffering believers who need comfort

Backsliders who need restoration

Carnality that needs to be rebuked

Errors that need to be corrected

People who are confused, needing direction

Those who need to be assured that the Lord is real and that His Word is true.

THEREFORE, DON'T PREACH YOUR DOUBTS, OR YOUR GRIPES, OR YOUR NOTIONS, YOUR OPINIONS, YOUR POLITICS OR YOUR VIEWS, BUT PREACH THE WORD OF GOD WITH ALL THE AUTHORITY THAT GOES WITH IT! "For we preach not ourselves, but Christ Jesus the Lord; and ourselves your servants for Jesus' sake." II Corinthians 4:5

SECTION III. PREPARATION FOR PREACHING

"Study to show thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the Word of truth." II Timothy 2:15

A. Have an aim or goal. What do you seek to accomplish in the lives of individuals? If you aim at nothing, you will be sure to hit nothing. You may want to:

Win people to Christ

Strengthen new Christians

Teach some specific doctrine

Create a greater love, and worship of the Lord

Help in some area of personal living

Expose some cult or doctrinal error

Challenge believers to live dedicated lives

Exhort believers to serve Christ in some specific way

B. You must have a Scriptural foundation for your message

There are three types of sermons:

Topical - One theme or topic, but using a number of portions of the Bible to develop the overall teaching of the Bible on the subject.

Good resources are available for this:

The Thompson Chain Reference Bible

Nave's Topical Bible

The New Topical Text Book and others

Textual - This method develops an outline from a single verse or a short passage of Scripture. You will want to check lexicons for meanings of words, and cross references for other verses that will help in the understanding of the passage.

Some helpful materials:

Power Bible CD or Online Bible Software with cross-references and lexicons.

The Treasury of Scripture Knowledge

Vine's Expository of New Testament Words

Other Reference works and software.

Expository - The teaching of a book or longer passage of the Bible, usually as a series of messages. Consecutive teaching that does not let you ride some hobby or avoid difficult passages.

Helpful materials:

Bible dictionaries and atlases

Bible handbooks for background information

C. Do not force the Bible to fit your views. Let the Bible teach you. When the plain sense of Scripture makes common sense, seek no other sense, or you may have nonsense.

D. Every text must be interpreted in the light of its context. John Wycliffe wrote, "It will greatly help thee to understand Scripture if thou mark: (take notice of) not only what is spoke or written, but of whom, and to whom, with what words, at what time, where, to what intent, in what circumstances, considering what goeth before, and what followeth after."

E. Be aware of differences.

Pay attention to whether God or man or satan is speaking.

Know the difference between Old & New Testament truth

O.T. Judaism. Obey and you will be blessed.

N.T. Church You have all blessings in Christ. Obedience is out of love & gratitude

Is the passage talking to believers or unsaved?

Is it a parable (story with a meaning) or an event?

Is it appropriate for today?

F. Keep in mind some definitions of terms:

INSPIRATION refers to God's stamp of accuracy and authority on that which is recorded in the Bible.

REVELATION refers to those parts of the Bible revealed by God that would not otherwise be known. (Illustration: Historical sections of the Bible are inspired, but not a revelation of otherwise unknown information.)

ILLUMINATION is when the Holy Spirit makes a Bible truth clear as a believer reads the Bible.

INTERPRETATION is determining what the passage meant when it was written.

APPLICATION is the way we use a portion of Scripture to meet a present need. There is only one correct interpretation to any portion of the Bible, but there may be many applications.

G. Make notes! Lots of notes! (If you are doing it on computer, print it out, sort it out, and then put it in order on your word processor.) If you are doing it on paper, keep all notes on one side. (Many good ideas get lost because they were on the back of a sheet of paper.) Collect your ideas, key verses, quotations, poems, illustrations, etc. Spread them out, pray about it, and put them in order.

DWIGHT L. MOODY ON SERMON PREPARATION:

"I have no secret. I study more by subjects than I do by texts. If when I am reading, I meet a good thing on any of these subjects, I slip it into the right envelope and leave it there. I always carry a notebook, and if I hear anything in a sermon that will throw light on that subject, I put it down and slip it into the envelope. Perhaps I let it lie for a year or more. When I want a new sermon, I take everything that

has been accumulating. Between what I find there and the results of my own study I have material enough.

I am all the time going over my sermons, taking out a little here and adding a little there. In that way they never get very old. I am never ashamed to repeat a sermon."

(D.L.MOODY LIVED BEFORE THE TIME OF FILE FOLDERS SO HE USED LARGE ENVELOPES WITH TOPIC NAMES ON THEM. IN THIS DAY OF COMPUTERS, IT IS MUCH EASIER TO COMPILE INFORMATION.)

DEVELOP YOUR MESSAGE TOWARD A CLIMAX, NOT JUST A CONCLUSION. KEEP YOUR GOAL OR AIM IN MIND.

A message is not just 3 points and a poem. It is not just a way to fill up 30 minutes of time.

People have come for a message from God for their souls. We dare not give them anything less.

There was an old uneducated preacher from the south who was asked how he prepared his sermons. His answer was, "I read myself full, think myself clear, pray myself hot, and then I let's go!" Perhaps he had something.

SECTION IV. THE PATTERN FOR THE SERMON

"For after that in the wisdom of God the world by wisdom knew not God, it pleased God by the foolishness of preaching to save them that believe." I Cor. 1:21

"Let all things be done decently and in order." I Cor.14:40

A. A sermon must have an introduction. Often the introduction will make the difference in whether or not the congregation will pay attention to the sermon.

The purposes of the introduction:

To get the attention of the people

To arouse interest in the subject

To introduce your text or topic

To relate the subject to some occasion

To make the people want to listen

The introduction may be:

A rhetorical question - one you will answer your text

An observation or illustration

A quotation on your subject. (You may agree or disagree with the person quoted.)

The background of your Scripture passage

B. A sermon needs a well organized body of truth so that God's people will not go away hungry and the unsaved will not go away unaware of their need of Christ as Saviour.

The body of the message may have several points, but only one aim or purpose. The truths presented should be illustrated out of present day living, and then applied to current experience.

A simple outline of this is to:

State the truth - Illustrate the truth - Apply the truth

C. A sermon should have a CLIMAX, NOT JUST A CONCLUSION. The entire sermon should build toward this to accomplish the aim of the sermon.

I heard a preacher deliver an excellent message, with a heart-touching illustration of leading a person to Christ on their death-bed. The aim was accomplished, but the preacher had more in his outline, and he went on to finish the outline. He could have given an invitation at the end of the illustration, and forgotten the rest of his outline, and he would have been far more effective.

YOU DO NOT HAVE TO TEACH EVERYTHING YOU KNOW OR HAVE STUDIED FOR THE MESSAGE TO BE EFFECTIVE.

Be like a good salesman - close when you have made the sale.

A conclusion may be a poem, an effective illustration, or some other portion of Scripture that reinforces your text.

D. The conclusion of a sermon may tie the whole sermon together, and end with an invitation or a challenge.

(A SERMON SHOULD HAVE ONLY ONE CONCLUSION)!

E. A sermon is a message from God's Word that should inform the mind, stir the emotions, and move the will to action or a decision.

F. The preacher should double check the sermon for aim, clarity, doctrinal accuracy, good illustrations, and a message from God, not just the preacher.

G. "Sir, we would see Jesus." John 12:21

NEVER ASSUME THAT EVERYONE IN FRONT OF YOU IS REALLY SAVED. ALWAYS INCLUDE THE GOSPEL IN SOME WAY.

SECTION V. THE PRESENTATION OF THE SERMON

Public speaking takes various forms:

A lecturer presents a set of opinions, views or truths for the information of the hearers.

A political speaker presents his or her position on issues with a view to persuading the audience to agree, or support that position.

A teacher presents information in a way that he or she may analyze how much has been learned. This is done by examination, discussion or other participation.

A sermon is the presentation of Biblical truth in a way that will warm the heart, challenge the mind, and affect the life. It may lead to an invitation to respond for salvation, dedication or other commitment.

A model for preaching is in Nehemiah 8:8. "So they read in the book of the law distinctly, and gave the sense, and caused them to understand the reading."

A. Preaching is communicating God's truth. Learn how to project your voice so that even without a public address system you will be heard clearly in the back row. Don't shout, but speak from the diaphragm. Don't use a "Holy tone." or "preacher voice." Speak a little more slowly than you normally do.

*Stand up to be seen
Speak up to be heard
Sit down to be appreciated
(Some of us learned this as Stand up, speak up and shut up. Some never learned the last point.)*

B. The text of Nehemiah 8:8 gives an outline of the simplest and best kind of preaching.

*Distinct Bible reading - State Clearly
Gave the sense - explained and illustrated
Caused them to understand - present application*

C. The apostle Paul had a burdened heart

"I am debtor." Romans 1:14

*The preacher must have a love for the Lord and a concern for souls.
Be earnest. Put your heart into your preaching.*

D. Paul also had a prepared mind.

"I am ready" Romans 1:15

Being well prepared is essential to a good message. Being well prepared is the best way to overcome fear or stagefright. Remember, people have come for a message from God for their souls. Dare we give them less than our best?

E. We have a glorious Gospel!

"I am not ashamed." Romans 1:16

*Have a vision of the holiness of God, the sinfulness of sin, the lostness of the lost, the reality of Heaven and Hell, and **PREACH FOR A VERDICT!***

F. Ask God's blessing on His Word before and after the sermon.

G. Keep records! Your memory is not perfect. Keep a final outline as a record of what you preached. Make notations on the back of it as to date, place, results, etc. You may want to keep a paper or computer

file (database) of such things as: Subject, Text, Title, date, place, and possibly a consecutive number.

*"I love to tell the story, 'tis pleasant to repeat
What seems each time I tell it, More wonderfully sweet?
I love to tell the story, For some have never heard
The message of salvation From God's own Holy Word.
I love to tell the story, 'Twill be my theme in glory
To tell the old, old story of Jesus and His love.*

PREMARTIAL COUNSELING

Premarital counseling widens into a planned program of education, guidance and counseling. Significant strides are being taken today toward helping those contemplating marriage within a month, two months or after a longer period of time. In fact the churches are beginning to see the total related field of education, guidance and counseling. Classes are being set up in the church school, community wide training schools, and in our colleges and universities to strengthen the home life of our country. We are dealing with life at its source, and seeking to build the foundations of physical, mental, social and spiritual life that the level of character development may be lifted. Both church and state have a stake in this enterprise. Home, church, and community are involved.

As a result of purposeful training in college, university and seminary class rooms, ministers are recognizing the great value of premarital interviews. In some marriages the minister has no choice but to act quickly and to depend heavily upon the solemnity of the marriage ceremony itself; but where it is at all possible for him to interview both the man and the woman separately, he may do so with effectiveness. Within a practical frame work of reason and in the spirit of encouragement, he may include in these interviews:

1. A social approach-

How long have you two known each other?

For what period of time have you been engaged?

Have either of you been engaged before?

What interests do you have in common?

What is your attitude toward your future in-laws?

2. An economic approach -

Will both of you work, or only one? What will the combined income be?

Have you considered working out a budget of expense in keeping with your total income?

Do you plan to rent, or will you attempt to buy a home?

Which of you will control the purse strings?

Is either of you inclined to be extravagant or a "tight wad"?

Do you plan to open one or more charge accounts?

3. A personal approach -

It is wise for the woman to have a complete physical examination.

What is your attitude toward children?

Have you had any arguments?

Do either or both of you have quick tempers?

What recreation can you both enjoy together?

How will you face discouragement or elation?

Are there any particular problems that bother you?

Are you deeply in love with one another?

4. A spiritual approach -

What is the church background of each of you?

If you come from different faiths, what are your plans for agreement?

Have you considered asking a blessing on the food before each meal?

What has been your experience and practice in prayer?

Have you carried a responsibility in your local church, such as leading a youth group, teaching in the church school or singing in the choir?

Some have found a brief devotional at the breakfast table helpful.

Various booklets are available.

Preliminaries to the marriage

Within the period of premarital counseling, the couple should be made familiar with the ceremony to be used and all the details relating to it so no embarrassment may occur to anyone. These matters are covered in detail in the chapter on "Wedding Etiquette."

HOW TO MANAGE YOUR ANGER



STUDY GUIDE

D.O.T. Education Department
Pastors: Timothy & Stephanie Grant
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Introduction

Anger Pre-Test

Anger is a confusing subject for many people. There are a lot of misconceptions about anger that exist in our culture. This Anger Pre-Test is designed to start to help you think about and identify some of the information, beliefs, values, and attitudes that you have about anger. Please answer TRUE or FALSE to each of the following questions. Usually going with your first impulse in answering these questions will yield the best results regarding what you actually know and think about anger.

Please click either the True or False radio button to the left of each of the following 25 statements to indicate your answer.

True False 1) Anger is a bad emotion that should be avoided at all costs.

True False 2) Everyone gets angry at times.

True False 3) Too much anger can hurt your physical health.

True False 4) Screaming and throwing things are helpful ways to get anger out of your system.

True False 5) Angry people can never change the way they handle anger.

True False 6) There is one right way to handle anger with others.

- True False 7) Frustration just naturally leads to aggression.
- True False 8) People should never raise their voices when they are expressing anger.
- True False 9) Women are less likely to feel angry than men are.
- True False 10) Getting angry never leads to a productive outcome.
- True False 11) Anger often makes people lose control of their behavior.
- True False 12) Angry people tend to be powerful and confident of themselves and their abilities.
- True False 13) Anger is the same thing as hostility and cynicism.
- True False 14) Stress is related to anger.
- True False 15) It's okay to use put-downs, name-calling, and cussing from time to time in a marriage and in other close relationships.
- True False 16) All people have cues and triggers that can help them recognize when they are becoming tense, frustrated and angry.
- True False 17) Temporarily getting away from a potentially volatile situation is one way to start to learn to handle anger more effectively.
- True False 18) If people are angry, they should always express it directly to the person they're angry with.
- True False 19) Angry people tend to want to control what is happening around them.
- True False 20) Some people just deserve to be yelled at because of the way they act.
- True False 21) The way that you think about a person or situation has a lot to do with how angry you end up getting.

True False 22) Families who yell at each other a lot are emotionally closer
 because they're more willing to express their true feelings with one another.

True False 23) Explosive and disrespectful anger destroys intimacy, trust and safety in a family environment.

True False 24) If your anger is justified, you have the right to really 'go off' on the other person.

True False 25) If you grew up in a family where people were abusive and explosive with one another, you are more likely to be abusive and explosive in your adult life.

SESSION 1

WHAT IS ANGER?



DEFINITION OF ANGER

What is anger?

Anger is a natural response to perceived threats. It's a warning bell that tells you when something is wrong. Anger causes your body to release adrenaline — the fight-or-flight hormone — which can increase muscle tension, heart rate and blood pressure. Anger might trigger or encompass other emotions, such as sadness, disappointment or frustration. Anger becomes a problem only when you don't manage it in a healthy way.

So it's not 'bad' to feel angry?

Being angry isn't always a bad or negative thing. Being angry can motivate people to listen to your concerns. It can prevent others from walking all over you. It can motivate you to get involved with causes that you care about. The key is managing your anger in a healthy way.

What causes people to get angry?

You might have many things to feel threatened about — from financial crises and peer pressure to drug addiction and war — and some people respond in a negative way. Still, most people don't walk around feeling mad all the time. When someone explodes with anger, there's usually a triggering event — such as a disagreement at work or being stuck in traffic — that brings a mix of simmering emotions to the boiling point.

Your personal history feeds your reactions to anger as well. That's why some people react so angrily to certain situations, such as losing a parking space, while others take it in stride. For example, if you were taught that being angry is a negative thing, you might not know how to express anger appropriately — so your

frustrations simmer and make you miserable, or build up until you explode in an angry outburst. In other cases, changes in brain chemistry or underlying medical conditions can trigger angry outbursts.

Anger itself isn't a problem — it's how you handle it. Consider the nature of anger, as well as how to manage anger and what to do when you're confronted by someone whose anger is out of control.

POSITIVE ANGER VERSUS NEGATIVE ANGER

Have you ever been so angry you couldn't see straight or you felt like taking it out on anyone who happened to be available, like the dog, a spouse or child? These are good times to back off and control your anger. Once we control it, we can channel it into successful problem-solving by beginning with an I-statement.

One approach to use is called the STAR-R approach, from the book, *Preparing for the Drug (Free) Years: A Family Activity Book*. STAR-R stands for stop, think, ask, reduce, and reward.

Stop. Notice when you get angry and look for the signs. Is your voice rising, neck tightening, face getting hot, hand shaking, jaw tightening and breath shortening? Do you want to run away?

Think. Try to picture the consequences if you lose control. Most of us don't want to hurt our children, spouse, co-workers or others, either physically or emotionally. If you try to picture the consequences both for you and for the person with whom you are angry, it can help you engage your brain before you engage your tongue or fist. Example: "If I lose control, I'll feel worse, be embarrassed, humiliate myself and the other person in front of friends. There might even be a newspaper story with my name in the headlines tomorrow."

Ask. Ask yourself what you're really angry about. What do you want? All too often the family member we're angry at is just in the wrong place at the wrong time. We may actually be angry about a decision our boss made, the slow driver who made us late, or ourselves for not handling a situation as well as we should have. (Notice the unmet expectations in each case?)

It usually is safer to take our anger out on a spouse or child than on other people. It also is probably easier to yell at our children for not doing their homework than to face the possibility that we made a mistake or that we don't have enough money to pay the bills. Still, sometimes we need to tell the person by using an effective I-

statement. ("When you _____, I felt angry, and what I want now is _____.")

Reduce anger. Often we're so angry that we can't resolve the problem until we cool down. Ask yourself, "What can I do to reduce my anger?" Take a walk or a 20-minute run, a cold shower or bath, listen to relaxing music, do stretching exercises, call a friend, split wood, or sit in the shade and unwind.

Reward. Reward yourself by saying, "I did a good job and I'm going to _____." You've controlled your anger and maintained a bond with a family member, friend or other fellow human being. To continue this new behavior, reward yourself, go to lunch, see a movie, buy something special, or spend time with a friend. By controlling anger and thinking about effective solutions, we increase our chances of finding healthy solutions to our problems

SESSION 2

ANGER TRIGGERS AND WARNING SIGNS

Anger is harmful when:

You get angrier than the situation calls for

You can't cool off quickly, making it hard to move on

You feel angry all the time or many times a day

You're not always sure why you're angry, or with whom

You have a 'hair trigger' response and find yourself angry with those closest to you for very little reason

You turn to physical or verbal aggression

You lose jobs, friends, or intimate relationships because of your anger

You turn to drugs or alcohol to cope with feeling angry

What does anger look like on me?

Symptoms of Anger www.innerhealthstudio.com

How do you know when you are angry? All of us have symptoms of anger –

- Physical and mental signs that tell us we are angry.
- Physical signs Mental Signs Other signs (Place X beside the ones you exhibit)
- Fast heart beat
- Sweating
- Shaking
- Clenched jaws

- Clenched fists
- Fast breathing
- Headaches
- Stomach aches
- Upset feeling in the stomach
- Tight chest
- Tense muscles
- Frowning, scowling
- Red face
- Problems concentrating
- Confusion
- Memory problems
- Thoughts of doing harm
- Angry thoughts
- Irritability
- Short tempered
- Yelling
- Swearing
- Withdrawing from others
- Throwing things
- Pacing

SESSION 3

FEELINGS VERSUS BEHAVIOR



You don't want to make me mad

If you don't use your thoughts to control anger, it will use them to control you.

And if you find yourself falling into the following thought patterns when something makes you angry, that's exactly what's happening:

Labeling: "He's a jerk!" "She's an idiot!"

Mind reading: "He did that on purpose!" "He knew better!"

Fortune telling: "She'll never change!"

Awfulizing: "They're driving me crazy!" "I can't stand it!"

Moralizing: "He shouldn't act like that!"

Vengeance: “I’ll show him!” “I’ll wring his neck!”

These reactions are counterproductive for three reasons:

They over-personify the situation. The responses listed above are entirely subjective—they are about you and your reaction to events. Viewed objectively, the events that anger you often have very little or no direct relationship to your needs or goals. A traffic jam does not form deliberately to thwart your progress, nor will any emotional response on your part affect the course of it. If the situation does constitute a deliberate attack, the injury is more likely to be to your ego than your body, and may be intended to elicit an angry response from you to further the attacker’s ends.

They block more productive responses. Trying to think of a way to escape the traffic jam and an alternate route to your destination is far more likely to serve your purposes than pounding your steering wheel and raging against the equally trapped drivers in front of you. If the attack is deliberate, taking time to weigh the most effective response is probably better than lashing out reflexively. To quote the well-worn Sicilian proverb, “revenge is a dish best served cold.”

They telegraph a weak point. Anyone who wants to undermine you, professionally, socially or personally, can readily see from such responses that you can’t control your anger. Your predictability makes it easy for them to put you at a disadvantage, because anger blinds you to subtle realities and inclines people to dislike and mistrust you.

You think you are using anger as a weapon, or at least as a shield. But since it’s not controlled, it’s simply a vulnerability.

The only way you can turn your anger to your own advantage is to STOP, DISENGAGE and THINK! <http://www.intheknowzone.com>

Why Am I Always Angry

Being Angry All The Time

Yet there is a serious down side to anger. First, anger can open a gateway to a spiral of despair. Getting angry on a frequent basis increases our sensitivity to things that make us angry (Step 1). Accompanying increased sensitivity is a reduced ability to manage anger (Step 2), followed by an increase in the intensity of vented anger (Step 3). The usual relief that follows anger is reduced with each incident of anger (Step 4), leading to a greater sensitivity to situations of anger (Step 1).

Second, chronic anger chokes out other feelings and becomes a solution for most problems. If there is an awareness of chronic anger, then the person goes into a guilt-binge cycle, that is, unsuccessfully suppressing anger because of guilt

feelings, then getting intensely angry without reserve, and then returning to anger suppression. This cycle prevents the person from learning other ways to express feelings.

And third, the chronically angry person nurtures a social and emotional environment that promotes anger. Blame, vengeance, unkindness, sarcasm, cynicism, and a critical spirit pervade the most meaningful social exchanges, while withdrawal, depression and loneliness characterizes non-social periods. Physical aggression against self or others then becomes a constant threat.

Why Are You Angry?

It is often difficult to explain a feeling as intense as anger. However, there are some specific antecedents of anger that are well documented.

(1) Substance Abuse. Alcohol intoxication and withdrawal, withdrawal from tranquilizers and barbiturates, and use of cocaine, marijuana, anabolic steroids, PCP (Phencyclidine), and amphetamines all produce degrees of irritability, anger, hostility and sometimes aggression.

(2) Depression. A characteristic sign of depression (and burnout) is a general mood of irritability, and frustration that sometimes expresses itself as self-blame, joylessness and despair.

(3) Anxiety. Like depression, anxiety also accompanies irritability and anger responses. The high levels of activity may translate into violent, aggressive expression and lowered tolerance of others.

(4) A history of abuse. Abusive backgrounds often produce angry people. Even children who come from physically or emotionally abusive families tend to exhibit a great deal of anger, often accompanied by aggression.

(5) Grief. Anger is a common response when dealing with an intense loss. Such losses may come in numerous forms: death, divorce, marital separation, breakdown of the family, financial failure, failure to achieve a significant goal, embarrassment (loss of "face"), and loss of health (especially terminal illness).

SESSION 4

THE EFFECTS OF ANGER

The physical effects

Anger triggers the body's 'fight or flight' response. Other emotions that trigger this response include fear, excitement and anxiety. The adrenal glands flood the body with stress hormones, such as adrenaline and cortisol. The brain shunts blood away from the gut and towards the muscles, in preparation for physical exertion. Heart rate, blood pressure and respiration increase, the body temperature rises and the skin perspires. The mind is sharpened and focused.

Health problems

The constant flood of stress chemicals and associated metabolic changes that accompany recurrent unmanaged anger can eventually cause harm to many different systems of the body. Some of the short and long-term health problems that have been linked to unmanaged anger include:

Headache

Digestion problems, such as abdominal pain

Insomnia

Increased anxiety

Depression

High blood pressure

Skin problems, such as eczema

Heart attack

Stroke.

<http://www.betterhealth>

Effects of Anger: What Anger Does to Your Body and Brain



I came across the effects of anger first hand. A friend I knew lived most of her life in anger and resentment.

It came as no surprise to us when she developed cancer and passed away before her fiftieth birthday.

This might seem like a simple cautionary tale, but according to medical research, the correlation between anger and illness is fast becoming a 21st century truism.

Anger does kill. A study in the journal "[Circulation](#)" finds that those who explode with anger are at a greater risk of strokes and sudden death.

What are the Effects of Anger on Your Body?

Emotional stress and anger trigger the release of stress hormone cortisol in the body. Small releases of cortisol can give the body a quick burst of energy.

However, higher and more prolonged increases can bring into the body a host of negative effects.

It can create a blood sugar imbalance; it can decrease bone density, suppress the body's immune response and make it susceptible to chronic inflammation; it can suppress thyroid function, slowing down the body's metabolism; it can impair the brain's thinking ability and increase blood pressure.

According to Christina Boerma, [the physiology of anger](#) is something we all need to be aware of. We cannot afford to ignore the effects of anger on the body.

Anger can raise your heart rate to 180 beats a minute. It can raise your blood pressure from 120 over 80 to 220 over 130, perhaps even higher.

Your breathing becomes rapid as you try to get more oxygen into your body.

Your body tenses and your muscles become tight.

When you become stressed, your mind is in survival mode and your body releases chemicals to clot the blood, creating a potentially dangerous situation: a clot can travel through the blood vessels the brain or heart, resulting in a stroke or heart attack.

Anger also impedes circulation. Lack of oxygen can cause severe chest pains. Uncontrollable anger can trigger the bursting of a brain artery resulting in a stroke.

Tight neck and head muscles can cause tension headaches, migraines or lead to insomnia.

Even your metabolism is at risk. Anger is blocked energy that can slow down your body's metabolism. Stress and anger can trigger eating binges and weight gain.

Anger stimulates the release of acids in the stomach causing acid reflux and gastric ulcers.

Anger can also compromise lung function.

What are the Effects of Anger and Stress on the Brain?

Anger comes from the amygdale, the reptilian part of our brain. Resilient people are able to make rapid recoveries from stress, with their prefrontal cortex working to calm the amygdale--which is the remnant of our reptilian emotional brain, the brain that cannot negotiate itself out of an emotional rut; instead it floods the body with a cascade of cortisol or stress hormones.

The effects of anger and stress on the brain cannot be ignored. There is evidence that chronic stress can alter brain function at the cellular level. [Researchers](#) at the Hotchkiss Brain Institute in Calgary have discovered that one of the effects of anger on the brain is that neurons in the hypothalamus, the brain's command center for stress responses can be compromised.

Normally these neurons receive different chemical signals that prompt them to switch on or off. Stress and anger compromise these functions and jeopardize the brain's ability to slow down.

[Other studies](#) also show that stress blocks the growth of new neurons in the brain resulting in neuronal death or depression. Increased stress hormones can also lead to memory impairment and learning difficulties.

A link has also been established between emotional stress and the transmission of uneven signals from the [brain to the heart](#).

www.help-your-child-with-anger.com

Spiritual

Dealing with Anger...God's Way

by Joyce Meyer

Everybody has to deal with anger from time to time. But what's the best way to handle it? To answer that question, we must first understand what anger really is. Anger is an emotion often characterized by feelings of great displeasure, indignation, hostility, wrath and vengeance. Many times, reacting in anger is how we express our dissatisfaction with life. It's defined in the Greek language as the strongest of all passions. Anger begins with a feeling that's often expressed in words or actions. We feel something and it causes a reaction.



Get to the Root of the Problem

Anger is the fruit of rotten roots. One of the primary roots of anger stems from the family. Angry people come from angry families because they learn from their role models and carry on the same behavior in their own lives, eventually passing it on to their children.

Other Roots of Anger Include...

Injustice—when people mistreat us but there's nothing we can do about it, we get angry because we feel it isn't fair. As much as we'd like to change the situation or the person who's treating us badly, we can't. People can't change people; only God can change people. So it's best to put our energy into praying for the offender.

Strife—which is hidden, repressed anger, begins with judgment, gossip, backbiting and thinking too highly of yourself. Strife is often exhibited in arguing, bickering, heated disagreements and angry undercurrents.

Impatience—often produces anger when we can't get what we want when we want it. When our progress is hindered or slowed down because of others, it's easy to become impatient. Most of us struggle with impatience on a daily basis simply because of today's fast-paced world.

Abuse of any kind—sexual, physical, verbal, emotional or mental abuse almost always leads to anger. They're all injustices, which eventually leave the abused feeling helpless and angry. Abuse of any kind can't be ignored. We must deal with it and process it before we can get free of it.

Unmet needs—can also produce anger. We all have needs that can and should be met by those closest to us; however, they don't know and understand our needs unless we communicate with them. But even then they may sometimes fail to meet our needs. Therefore, the answer is to go to God with our needs and not to other people.

Jealousy—anger caused by jealousy was one of the first negative emotions mentioned in the Bible. Genesis 4 tells us that Cain killed his brother Abel because he was jealous to the point of being angry. Although this is one of the more extreme results of jealousy, it reminds us of how dangerous jealousy can be. In today's society many people feel their status is dependent on their job or position in the church. Because of this mindset, they're afraid someone else may get promoted ahead of them. Jealousy causes them to try to be important in the eyes of man. If you have this problem, understand that God has you where you are for a reason. He knows what's in your future, and He may have you in training for it right now. There's a big difference between being able and being ready to do a specific thing. So don't despise the days of small beginnings. Remember, we must answer to God. Our rewards come from obeying the specific callings He's placed on our lives, not from the great things we accomplish as far as the world is concerned.

Other roots that lead to anger include fear of confrontation, insecurity, and feeling controlled by a job or other people and their problems. I used to get mad at people who controlled me until God told me one day, "You're just as guilty as they are because you're letting them do it." We shouldn't put excessive pressure on ourselves by making too many commitments just because we don't want to say no to someone.

Masks of Anger

Sometimes we use masks to cover up the things we don't want anybody to see. If we're harboring anger, we think masking it keeps others from knowing the real us. So we hide behind a variety of masks in an attempt to trick people into thinking we're something or someone we're not. I've discovered that people respect you more if you share your real self with them rather than trying to hide everything. After all, people can tell when something isn't right. You may think you're hiding your anger, but it'll eventually find a way to come out—either in voice tone, body language or attitudes. Some people use the cold-shoulder mask. When someone makes them angry, they may say they've forgiven them, but they become cold, showing no warmth or emotion in dealing with that individual. These people live a lonely existence. Because they're so afraid of being hurt, they avoid close, meaningful relationships. This is a classic example of "choosing your pain." They'll choose the pain of living an isolated, lonely life instead of working through

the problem, determined to develop good friendships. Other people like to use the silent-treatment mask. They say they're not angry with you, yet they refuse to talk to you, or they only communicate when it's absolutely necessary, usually with a grunt or nod. When people avoid being with, touching, or doing things for the person they're angry with, they're hiding behind a mask, which isn't the answer.

Face the Truth... And Choose Your Pain

If you want the great and mighty things God has for you, you must get to the root of anger and deal with it. Get rid of the masks and face the things that happened in your life that made you the way you are today. Admit that you can't change by yourself. Until the root is removed, it'll continue to produce one bad fruit after another. Too often we spend our lives dealing with the bad fruit of our behavior, but we never dig deep enough to get to the root of the problem. Actually, when we're faced with anger, we must choose our pain. Digging deep to take care of the bad root is painful, but it's the only lasting way to take care of the problem. We can either suffer positively, doing what's right or we can go with the devil's plan. But remember, the same devil who tempts you to follow your human feelings will later condemn you for doing it. You must decide if you want the pain that will take you into a new realm of glory or to keep your same old pain and try to hide it while it's rotting inside you.

Peter tells us to be well-balanced and temperate, withstanding the devil at his onset (see 1 Peter 5:8-9). When you begin to feel anger, it's the perfect time to exercise the fruit of self-control. You may have a good reason to be angry, but don't use it as an excuse to stay that way. Instead of denying or justifying it, ask God to help you deal with it in a positive way. Romans 12:21 gives good advice: Do not let yourself be overcome by evil, but overcome (master) evil with good. When Satan attacks you, instead of getting mad, go bless someone. Responding in a positive way is the direct opposite of what the enemy wants you to do, defeating his plan to keep you upset. It doesn't come naturally, and it isn't always easy, but when we do what we can do, God will do what we can't do. Do not be quick in spirit to be angry or vexed, for anger and vexation lodge in the bosom of fools (Ecclesiastes 7:9). If we hang on to anger, we're just being foolish. We must turn the anger and the people who caused it over to God and let Him take care of it. ...Vengeance is Mine, I will repay (requite), says the Lord (Romans 12:19). Trust God and He will take care of you and protect you. You can't change your past, but when you give it to God, He'll use it to bring you a better future.

Is Anger Sin?

Is all anger sin? No, but some of it is. Even God Himself has righteous anger against sin, injustice, rebellion and pettiness. Anger sometimes serves a useful purpose, so it isn't necessarily always a sin. Obviously, we're going to have adverse feelings, or God wouldn't have needed to provide the fruit of self-control.

Just being tempted to do something is not sin. It's when you don't resist the temptation, but do it anyway, that it becomes sin. God sometimes allows us to feel anger so we'll recognize when we're being mistreated. But even when we experience true injustices in our lives, we must not vent our anger in an improper way. We must guard against allowing anger to drag us into sin. Ephesians 4:26-27 tells us, When angry, do not sin; do not ever let your wrath (your exasperation, your fury or indignation) last until the sun goes down. Leave no [such] room or foothold for the devil [give no opportunity to him]. Refuse to give the devil any opportunity to get a foothold in your life through anger.

All anger, regardless of its cause, has the same effect on our lives. It upsets us, causing us to feel pressure. Keeping anger locked inside and pretending it doesn't exist can even be dangerous to our health. Most of the time we're only hurting ourselves, and the person who angered us isn't even aware of it. So we must take responsibility for our anger and learn to deal with it. Process it and bring closure to it, and that will relieve the pressure. I have been through some rough times in my life, and for many years those experiences caused me to feel miserable. I was so mad about the abuse in my childhood that it was making me bitter and hateful. I was angry with everybody, but one day God confronted me and said, "Joyce, are you going to let that make you bitter or better?" That got my attention, and I eventually had to find a positive way to process my anger. That was a place of new beginnings for me. When you face your anger and decide to deal with it God's way, you can overcome it. The Holy Spirit gives us the power to be stable and walk in the fruit of the Spirit. We have the power to forgive those who do injustices in our lives and to love the unlovely.

Take Steps Toward Freedom

People are born to be free; it's a gift from God. We're not to be free from responsibility, but free to be led by the Holy Spirit. Any time our freedom is taken away or given away, we experience anger. Are you willing to go through whatever it takes to be free, or do you want to stay in the mess you're in for the rest of your life? If you want to be free, just start doing what God wants you to do, one step at a time, and you'll eventually walk out of your messes. When we are battling anger, we must realize that ...we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places (Ephesians 6:12 KJV). When Satan makes you angry, remember that he's trying to keep you from accomplishing the will of God in your life.

In 2 Timothy 4:5, Paul told Timothy to be calm, cool and collected and to keep performing the duties of his ministry. That's good advice for all of us. When we get angry, we should calm down and start doing what God has called us to do. You

can be bitter or better—it's up to you! If you're mad about something, instead of letting it ruin your life, turn it into something good. Overcome evil and anger by praying for those who hurt and abuse you. Forgive them and be a blessing to them. It may not be easy at first, but when you make the decision and stick with it, God will take care of the rest.

This article is taken from Joyce's audio teaching, *How to Handle and Deal with Anger*

SESSION 5

MY FAMILY, MY FRIENDS, MY ANGER

Was anger an everyday part of your family's life?



A legacy of anger impacts future generations

If you [learned how to express anger](#) from core beliefs, it usually indicates you grew up in a family where anger was a regular response to a variety of situations. You would probably have permissions and messages (learned or accepted sets of beliefs and behaviors) regarding anger that have been passed from your family to you. As a result, these messages "allow" you to respond to anger in ways similar to how you saw your family respond. In other words, you have a family tradition and legacy of anger.

Transgenerational legacies: our families teach us many things

Legacies within families determine some of our most [powerful values](#). Our families instill values and core beliefs in us that usually stay with us for the rest of our lives. In fact, we become quite loyal to those values and replicate them in our lives and in the family that we establish.

When our family legacies are positive ones, the passing of those legacies from our family to us becomes an asset to us. Conversely, if our family legacies, unfortunately, are negative ones, we pass them on as well.

We often carry out those negative legacies (or beliefs and behaviors) because of our unknowingly extreme loyalty to them. The transgenerational nature of family legacies is a powerful influence in each of our lives whether we are aware of it or not.

If we have learned that [excessive anger](#)—yelling, highly emotional expressions and out of control rage—are acceptable, that is, as a family member placed in us as our personal legacies and core beliefs, then we will more likely replicate that kind of anger in ways similar to how we have learned. Moreover, the response becomes an imprint in our brains that we will quickly access [if we are triggered](#) by the kinds of situations that also triggered anger for our family members.

Knowing someone's family legacies can be helpful

Therefore, if you, or someone you know, has experienced intense anger as a child within his family or care giving environment, then he will tend to repeat the same types of angry responses to the same types of situations in his life. So, you can see that the anger response is much more easily triggered for that individual than for someone who does not have anger as a family legacy.

If you, or someone you know, is really struggling with anger, it is important to evaluate and assess how anger may have become a belief and legacy. It is equally important to recognize that learning how to manage anger requires a very [intentional process](#). Further, it is okay to seek professional assistance because it may take a therapist to help him or her sort out all the ways that a legacy of family anger has had an impact (the impact can be significant).

An anger legacy is an anger trigger

In essence, the family legacy of anger can be a trigger for anger. It is a detrimental way we honor our family. Once we realize that we are triggered by our past, we can get better control of our anger. We can acknowledge where it comes from, make choices about our options and put ourselves in a position to take control of this emotion. This intentional process ([ACEing](#)) really can help you deal effectively with anger legacies.

Once again, if it seems that you are unable to manage your level of anger, then get help from someone you trust who knows how to work with you to process your anger as well as your historic sense of obligation to re-enact that anger.

Maybe you can be the one who breaks that particular anger legacy within your family. Maybe then, you will have a positive impact on the generations that will follow you. What a great new legacy!

Gerry Vassar, President and CEO, [Lakeside Educational Network](#)

Some information taken from [Understanding Anger](#), 2004, Diane Wagenhals

SESSION 6

TAKING RESPONSIBILITY FOR MY ANGER



What does the Bible say about anger?

Is it hard for you to stop your anger from escalating? Here is a list of Scriptures that you can meditate on to help you control your anger. These scriptures were taken from the New King James Version of the Bible.

Cease from anger, and forsake wrath; Do not fret—it only causes harm ([Psalms 37:8](#)).

A quick-tempered man acts foolishly, and a man of wicked intentions is hated ([Proverbs 14:17](#)).

He who is slow to wrath has great understanding, but he who is impulsive exalts folly ([Proverbs 14:29](#)).

A soft answer turns away wrath, but a harsh word stirs up anger ([Proverbs 15:1](#)). He who is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city ([Proverbs 16:32](#)).

The discretion of a man makes him slow to anger, and his glory is to overlook a transgression ([Proverbs 19:11](#)).

Make no friendship with an angry man, and with a furious man do not go, Lest you learn his ways and set a snare for your soul ([Proverbs 22:24-25](#)).

But I say to you that whoever is angry with his brother without a cause shall be in danger of the judgment. And whoever says to his brother, 'Raca!' shall be in danger of the council. But whoever says, 'You fool!' shall be in danger of hell fire ([Matthew 5:22](#)).

"Be angry, and do not sin": do not let the sun go down on your wrath, nor give place to the devil ([Ephesians 4:26-27](#)).

Let all bitterness, wrath, anger, clamour and evil speaking be put away from you, with all malice. And be kind to one another, tender-hearted, forgiving one another, even as God in Christ forgave you ([Ephesians 4:31-32](#)).

So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; for the wrath of man does not produce the righteousness of God ([James 1:19-20](#)).

But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth ([Colossians 3:8](#)).

Do not say, "I will recompense evil"; Wait for the LORD, and He will save you ([Proverbs 20:22](#)).

A fool vents all his feelings, but a wise man holds them back ([Proverbs 29:11](#)).

But avoid foolish and ignorant disputes, knowing that they generate strife. And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient (2Timothy 2:23-24).

Finally, all of you be of one mind, having compassion for one another; love as brothers, be tender-hearted, be courteous; not returning evil for evil or reviling for reviling, but on the contrary blessing, knowing that you were called to this, that you may inherit a blessing (1Peter 3:8-9).

For if you forgive men their trespasses, your heavenly Father will also forgive you ([Matthew 6:14](#)).

Do not hasten in your spirit to be angry, for anger rests in the bosom of fools ([Ecclesiastes 7:9](#)).

SESSION 7

TAKING CONTROL OF MY ANGER



What's the best way to handle anger?

When you're angry, you can choose to express or suppress the emotion. Here's the difference:

Expression. This is the act of conveying your anger. Expression ranges from a reasonable, rational discussion to a violent outburst.

Suppression. This is an attempt to hold in or ignore your anger. It also includes passive-aggressive responses — in which you don't express your anger constructively but instead scheme to retaliate.

Anger management: 10 tips to tame your temper

Keeping your temper in check can be challenging. Use simple anger management tips — from taking a timeout to using "I" statements — to stay in control.

- No. 1: Take a timeout

Counting to 10 isn't just for kids. Before reacting to a tense situation, take a few moments to breathe deeply and count to 10. Slowing down can help defuse your temper. If necessary, take a break from the person or situation until your frustration subsides a bit.

- No. 2: Once you're calm, express your anger

As soon as you're thinking clearly, express your frustration in an assertive but non-confrontational way. State your concerns and needs clearly and directly, without hurting others or trying to control them.

- No. 3: Get some exercise

Physical activity can provide an outlet for your emotions, especially if you're about to erupt. If you feel your anger escalating, go for a brisk walk or run, or spend some time doing other favorite physical activities. Physical activity stimulates various brain chemicals that can leave you feeling happier and more relaxed than you were before you worked out.

- No. 4: Think before you speak

In the heat of the moment, it's easy to say something you'll later regret. Take a few moments to collect your thoughts before saying anything — and allow others involved in the situation to do the same.

- No. 5: Identify possible solutions

Instead of focusing on what made you mad, work on resolving the issue at hand. Does your child's messy room drive you crazy? Close the door. Is your partner late for dinner every night? Schedule meals later in the evening — or agree to eat on your own a few times a week. Remind yourself that anger won't fix anything, and might only make it worse

- No. 6: Stick with 'I' statements

To avoid criticizing or placing blame — which might only increase tension — use "I" statements to describe the problem. Be respectful and specific. For example, say, "I'm upset that you left the table without offering to help with the dishes," instead of, "You never do any housework."

- No. 7: Don't hold a grudge

Forgiveness is a powerful tool. If you allow anger and other negative feelings to crowd out positive feelings, you might find yourself swallowed up by your own bitterness or sense of injustice. But if you can forgive someone who angered you, you might both learn from the situation. It's unrealistic to expect everyone to behave exactly as you want at all times.

- No. 8: Use humor to release tension

Lightening up can help diffuse tension. Don't use sarcasm, though — it can hurt feelings and make things worse.

- No. 9: Practice relaxation skills

When your temper flares, put relaxation skills to work. Practice deep-breathing exercises, imagine a relaxing scene, or repeat a calming word or phrase, such as, "Take it easy." You might also listen to music, write in a journal or do a few yoga poses — whatever it takes to encourage relaxation.

- No. 10: Know when to seek help

Learning to control anger is a challenge for everyone at times. Consider seeking help for anger issues if your anger seems out of control, causes you to do things you regret or hurts those around you. You might explore local anger management classes or anger management counseling.

SESSION 8

DEVELOPING AN ANGER MANAGEMENT PLAN



Plan development

ANGER MANAGEMENT TECHNIQUES FOR EXPLOSIVE PEOPLE

"There are two kinds of angry people in this world: explosive and implosive. Explosive, which is the most common, is the type of individual you see screaming at a grocery store cashier for not taking his coupon." This is how Dr. Buddy Rydell from the comedy "Anger Management" would describe the most common way of expressing anger.

Do you tend to express your anger externally? So, you need the right anger management techniques, which will help you decrease your aggressiveness.

Here are some techniques, which you can apply, when you feel you are in an anger provoking situation and you are about to explode:

1)Breath D Breathe Deep!

Deep diaphragm breathing helps reduce the level of adrenaline and to calm you down. Inhale a deep breath, hold it for a few seconds, and then exhale. Repeat this until you calm down. Repeat to yourself and picture the following: "Relax! Calm down! Relax!"

2) Count to Ten!

Slow counting to ten will not channel anger, but can decrease the damage that you can cause while you are angry. It helps you step away from the situation and gives you time to evaluate the problem better – something very important in an anger provoking situation.

3) Remember an Anger Quote!

Wise people have tried to sum up their observations on anger in interesting thoughts and proverbs. Memorizing and remembering them in a dire situation can be of real help. Usually they are quite original and it is not hard to remember them. Read, for example, these three quotes and see how easy it is to remember them:

"He who angers you conquers you" (Elizabeth Kenny).

"Anger is one letter short of danger" (Popular Saying).

"People who fly into a rage always make a bad landing" (Will Rogers).

They are very easy to remember, right? Why not use them as a means to curb anger then? Remember them and repeat them to yourself when you are tempted to respond in an inappropriate way in an anger provoking situation.

The solution of the anger issue of explosive people does not end here. There is more you can do. You probably have noticed that even when the situation, which provoked anger has passed, the negative mood and tension still linger. The longer you have been engaged in such a situation (i.e. angry), the stronger and more daunting is the residual effect of anger. What do you have to do to release the residual effect of anger on you?

1) Humor Up!

Redirect your thoughts towards something funny by reading jokes or funny stories, watching funny videos or movies. These are activities, which will distract you and release you from the primary anger and will allow you to move on relieved.

We have developed for you a few amusing videos, which you can watch absolutely free. They are so entertaining you will not feel how they will relieve you from the residual effect of anger.

[Watch Funny Videos here!](#)

2) Immerse Yourself in a Relaxing Atmosphere!

Close your eyes and imagine a relaxing experience. Travel in your mind around beautiful and calming places. If possible, look at calming pictures and listen to relaxing music. This will strengthen your imagination allowing you to immerse yourself in a more relaxed world.

For this purpose we have developed for you a gallery of slide-shows, which can help you relax and calm down. They are free and will provide you an amazing relaxing atmosphere.

[Visit our Relaxation Gallery here!](#)

3) Play Anger Management Games!

One of the most effective ways to cope with anger and with its residual effect on us is playing anger management games. Their goal is to help people realize that each situation has different solutions and that they cannot control everything in their life. It is more reasonable to learn how to cope with matters that are out of our control than to succumb to anger.

4) Write in an Anger Diary!

Another technique to release the residual influence of anger is to write in an "anger diary." It is like keeping the usual diary only you describe in it everything that makes you feel upset and angry. Pour all your feelings in it! Find those models and triggers that make you feel angry. Once you find the problem, you will be able to find the solution.

5) Work Out!

One of the most recommended techniques for releasing accumulated tension, stress and anger, is physical exercise. We also recommend it to you – exercise! Do the exercises that you like.

However, in order for the exercises to achieve their goal, it is recommended that you experience the anger emotion in its entire strength while exercising. That will help you release it without having it come back.

You have to keep something in mind, though. Talking and dealing with an emotion repeats and builds this emotion. Therefore, this technique is certainly very useful for people who suppress their anger, because it helps them to get it out of their system. It can be a double edged sword for explosive people, though. There is a chance to reinforce the accumulated tension in you. The smartest way is to find out what works best for you. Try exercising while you make an effort to feel the anger emotion in its entire strength. If you find out that in the end you are getting more stressed out and angry, then it is recommended that you exercise after you have reached some level of relaxation through the aforementioned techniques without combining it with your anger emotions. Simply find out what works best for you.

The Anger Venting Myth

During the 1970s the venting therapy (expressing anger in an aggressive way) was quite popular approach for dealing with anger. However, recent researches prove that it is not useful and harmless, because it actually increases blood pressure and the adrenaline level, and this is not recommended when a person needs to calm down, which is our goal for explosive people. This technique actually creates more tension in the body extending the anger state instead of reducing it. So, instead of reducing anger and tension, it only leads to their increase and the possibility to

make the person more aggressive.

Also, anger venting creates negative reaction models in anger provoking situations, which can be repeated in the future. It does not make the hostile feelings go away. Instead, they stay and start stalking you. In addition, the practice of this technique harms other people and makes them respond in the same aggressive manner.

We absolutely do not recommend this technique for coping with anger for explosive people! If you feel the need to release the accumulated tension in you, do it through exercising following the aforementioned advices.

6) Share!

The last step for releasing the residual effect of your anger is to share how you feel with the person, who made you angry. That is the goal of anger management – to be able to calmly discuss your anger emotion exactly with the person who made you angry. This should not be delayed. However, you have to do it when you are completely calm. That is why we leave this technique for coping with the residual influence of anger as last.

When you talk, use the form "I feel" instead of "You are" or "You did": "When you said that, I felt bad," instead of "You made me feel bad, when..."

Do not criticize and accuse! This closes doors and estranges people. First, think carefully what you will say, so you don't regret your words later. Remember that the goal here is a peaceful and free expression.

It is essential that you get to the point where you can freely discuss your feelings with the subject of your anger. This is one of the most important indicators that you have made a serious progress in managing your anger. The aforementioned techniques aim to prepare you for that moment.

Working on your anger issue is not just applying the specific techniques for coping with it while you are in an anger provoking situation or after it has passed. The effort in coping with this issue has to go deeper. The most important part of your success is to change the way you think. What can you do to change your way of thinking and to start approaching anger in a more mature way?

1) Truthful Thinking!

Do you know that people's emotions and behavior can be influenced by the way they think? If people can consciously change their thinking habits and the mental images they build for themselves, they can become happier and less prone to anger. This is called Cognitive Restructuring technique – to replace your irrational beliefs with more rational ones. In other words, to change the way we think and feel about different matters. Try replacing the negative words and thoughts with some more sensible and realistic ones. For example, instead of saying: "Oh, that is horrible, it's

all over," try saying: "This is disappointing and it is completely understandable that I am upset, but this is not the end of the world and if I get angry this will not fix anything."

Logic defeats anger, because anger, even when justified, can easily become irrational. Therefore, when trying to explain a situation use cold hard logic. Remember, the world is not out to get you. You are just going through some of the adversities of everyday life that everyone goes through. Instead of expressing anger, a more constructive reaction would be to find a solution of the problem. Changing your thoughts, words, and behavior with rational instead of irrational ones, is an anger management technique that takes time to be mastered, but is the core of the solution.

2) Forgive and Ask for Forgiveness!

No doubt, one of the worst results of anger is hurting other people. This ruins relationships. If we want to move on, we have to learn to recover the ruined relationships. The only way for this is... forgiveness. So, do not be afraid to ask for forgiveness the person you have hurt in your anger. Though you might be nervous that you seem insecure, asking for forgiveness makes you a noble and worthy person. This does not diminish your reputation – on the contrary, it elevates it. If it is the other person's fault, forgive the person that made you angry. Even if he/she is not apologizing, forgive them! It is unrealistic to expect everyone to behave the way you want them to.

The ability to forgive gives you freedom, relief from a terrible burden. It will make you a better person. Forgiveness is maybe the strongest approach that can change your way of thinking and to help you deal with anger in a more mature way.

If you apply regularly these thought altering techniques, you will realize that you are more resilient in anger provoking situations and that later the residual effect of your anger has a weaker impact on you. This is exactly why the thought altering techniques are most important in your struggle with anger and help the most in containing anger and its controlled expression.

Try to apply these techniques in the order they are listed. This is very important, because this order will help you first subdue your aggression and only then, once you are calm, proceed to less passive techniques for your complete release of the residual anger effect. So, as much as possible, follow that sequence!

Follow these anger management techniques and enjoy a happy and abundant life!

Remember to take advantage of all free anger management resources that we have developed for you. These will be of exceptional help in releasing the residual effect of anger and will successfully complement your efforts in changing your way of thinking.

ANGER MANAGEMENT TECHNIQUES FOR IMPLOSIVE PEOPLE

"There are two kinds of angry people in this world: explosive and implosive... Implosive, the least common, is the cashier at the store who remains quiet at his job day after day until he then finally loses it and just shoots everyone in the store. You're the cashier," says Jack Nicholson (who plays the anger management Doctor Buddy Rydell) to Adam Sandler's character (Dave Buznik) in the movie "Anger Management."

Are you the cashier? If you are inclined to suppress your anger, here you will find anger management techniques that will help you overcome this dangerous tendency. The healthy approach to controlling your anger is associated with the slight increase of your aggressiveness.

You might be able to contain your anger and stay calm in anger provoking situations, but that doesn't mean that you're not angry. On the contrary, you are angry and your anger is pressuring and torturing you even long after the anger provoking situation has passed. That is why you need to release it before it starts ruining you from the inside, and then bursting out and doing something that cannot be undone. By all means, you should block your tendency to bottle it up inside you, and learn how to release it in a healthy and harmless for you and other people way.

So, what do you have to do to liberate yourself from the influence of anger and not let it settle inside you?

1) Play Anger Management Games!

One of the most effective ways to cope with anger for implosive people is playing anger management games. Although, it may seem that most anger management games are geared towards explosive people, they would be very beneficial to those that suppress their anger.

2) Write in an Anger Diary!

Another way of releasing the anger inside you is keeping an "anger diary." It is just like keeping a regular diary only you describe what make you feel upset and angry. Just pour all your feelings in it! Don't keep anything inside and express it in words.

Find those models and triggers that make you feel angry. Once you find the problem, you will be able to find the solution.

3) Work Out!

One of the most recommended techniques for releasing accumulated tension, stress and anger, is physical exercise. We also recommend it to you – exercise! Do the exercises that you like.

The exercises can only be effective if they are combined to your mental effort to release your anger. In other words, it is not enough just to exercise. You need to feel your anger emotion to its full extent while you exercise. This will help you release your anger and keep it out of your system. Keep repeating this process because the deeply suppressed anger is released in layers and cannot be released in a single attempt.

This technique is based on the fact that talking or acting with one emotion repeats and builds this emotion. It is exactly what helps you "get anger out of your system." Therefore, this technique will be very beneficial to you.

4) Vent in a Safe Way!

Even though anger venting is not appropriate technique for explosive people, if applied correctly, it can be very useful for implosive people, because it can be one of the ways they can learn to be a bit more aggressive, which can lead them to a better balance. As an implosive person it is important that you learn how to vent in order to relieve stress. This must be done in a safe way. If for example, working out proves not enough for you, venting in a safe way maybe an appropriate technique.

What exactly can you do? Go to a room, where you will be alone, and hit pillows with fists or kicks or a plastic bat. Imagine that the pillow is the subject of your anger and express your anger at it. If your anger (or another emotion) is directed towards a certain person, you can find it useful to have a symbol of that person and direct your anger towards it. It can be an enlarged picture on a piece of paper, on which you can draw, tear it, burn it or destroy it in another way.

What else can you do? Tear sheets of paper. Hit the sofa with a plastic bat. Think of something else that lets you vent your anger in a safe way. Similarly to working out, here as well, the physical activity should be complimented by a mental effort to release your anger. You should feel the anger emotion to its full extent while you hit the pillow, tear the paper, beat on the sofa, etc. This will enable you to release the anger energy once and for all, so that it doesn't come back.

Remember, never, ever, ever to hurt yourself or anyone else! Don't ever target your anger directly and literary at another person. What is important here is your **EXPRESSION** of the negative emotion, not **WHO** receives it.

5) Humor Up!

Redirect your thoughts towards something funny by reading jokes or funny stories, watching funny videos or movies. These are activities that intend to relax you after you have put an effort to release your anger from your system, before you suppress it. These will help you if there is any residual tension and relieve it, so that you can move on relieved.

Don't just take in something fun, participate in one. Make jokes, but remember that impulsive people are inclined to turn their humor into sarcasm. And as Dr. Buddy Rydell says, "Sarcasm is anger's ugly cousin." That is why you should do your best to avoid being sarcastic and cynical in your humor.

We have developed for you several entertaining videos that you can watch absolutely free. They are so enjoyable you will not feel how they will change your perspective in a more positive way.

6) Immerse Yourself in a Relaxing Atmosphere!

Close your eyes and imagine a relaxing experience. Travel in your mind around beautiful and calming places. If possible, look at calming pictures and listen to relaxing music. This will strengthen your imagination allowing you to immerse yourself in a more relaxed world.

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7) Share and Speak in a More Assertive Way!

The last step in overcoming the anger in you is sharing how you feeling with the person that triggered your anger. You can't skip this step, because it is the ultimate goal of anger management – to be able to calmly talk about your anger feeling with the person that triggered it.

People that suppress anger inside them are afraid of expressing their anger feelings, because they are afraid of rejection. Therefore, it would be very useful for them to learn to be more assertive. According to some experts if anger is expressed in a healthy way, it really is the same as assertiveness. So, if your goal is to learn to express your anger the right way, you will benefit from practicing assertiveness. Mastering assertiveness will help you express your anger the right way.

Assertiveness does not mean aggression. If you learn to be more confident and let people know your expectations, boundaries, issues, etc., you will have more successful relationships with others.

So, start practicing assertiveness. Find the ways that make you feel more assertive.

This will encourage you to be such even when you share how you feel with the person that made you angry.

When you talk, use the form "I feel" instead of "You are" or "You did": "When you said that, I felt bad," instead of "You made me feel bad, when..."

Do not criticize and accuse! This closes doors and estranges people. First, think carefully what you will say, so you don't regret your words later. Remember that the goal here is a peaceful and free expression.

It is essential that you get to the point where you can freely discuss your feelings with the subject of your anger. This is one of the most important indicators that you have made a serious progress in managing your anger. The aforementioned techniques aim to prepare you for that moment.

Working on your anger issue is not just applying the specific techniques for releasing accumulated anger or avoiding bottling it up inside you. The effort in coping with this issue has to go deeper. The most important part of your success is to change the way you think.

What can you do to change your way of thinking and to start approaching anger in a more mature way?

1) Truthful Thinking!

Did you know that people's emotions and behavior can be greatly affected by the way they think? If people can consciously change their habits about what they tell themselves or what mental pictures they build for themselves, they could be happier and less likely to let anger ruin them from the inside. This is called Cognitive Restructuring technique – to replace your irrational beliefs with more rational ones. In other words, to change the way we think and feel about different matters.

Try replacing the negative words and thoughts with some more sensible and realistic ones. Even when justified, anger can quickly become irrational. Therefore, when trying to explain a situation use cold hard logic. Remember, the world is not out to get you. You are just going through some of the adversities of everyday life that everyone goes through.

Changing your thoughts, words, and behavior with rational instead of irrational ones, is an anger management technique that takes time to be mastered, but is the core of the solution.

2) Forgive and ask for forgiveness

Because the impulsive people are inclined to accumulate the aggression and attacks against them, they are also inclined to remember them. Some of these people can go as far as considering and planning revenge. One of the most successful

techniques to control your anger and to get rid of the harmful thoughts is to forgive people who have hurt you. Do not hesitate! Do it and you will feel what freedom is. The ability to forgive sets you free and releases a terrible burden. This will make you a better person, too.

Although impulsive people rarely hurt other people they also need to ask for forgiveness when appropriate. Forgiveness is the only way to restore broken relationships. While developing your ability to talk in a more assertive way, don't be afraid to ask for forgiveness from the person that you have hurt. Though you might be nervous that you seem insecure, asking for forgiveness makes you a noble and worthy person. This does not diminish your reputation – on the contrary, it elevates it. Forgiveness is maybe the strongest approach that can change your way of thinking and to help you deal with anger in a more mature way.

If you use regularly the technique to change your way of thinking, you will notice that with time you will find it easier to release the accumulated anger and not even allow yourself to suppress it inside you. This is exactly why the thought altering techniques are most important in your struggle with anger and help the most in containing anger and its controlled expression.

Try to apply these techniques in the order they are listed. This is very important, because the order you apply these techniques lets you start with being more aggressive to block your tendency to suppress anger and when you release it, to start using more passive techniques for your complete relaxation. So, as much as possible, follow that sequence!

Follow these anger management techniques and enjoy a happy and abundant life!

Remember to take advantage of all free anger management resources, which we have developed for you. These will be extremely helpful to release suppressed anger and will complement nicely your efforts to change the way you think.

ANGER PRE-TEST ANSWERS

Statement

Answer and Discussion

1) Anger is a bad emotion that should be avoided at all costs.

FALSE. Anger is a normal natural human emotion. It is how you respond to the anger you experience that determines whether it is helpful or destructive in your life.

2) Everyone gets angry at times.

TRUE. Anger as an emotion is a fact of life. It exists on a continuum from mild annoyance and frustration to feeling rageful and "out of control." Some people get angry less frequently but they still get angry at times.

3) Too much anger can hurt your physical health.

TRUE. Recent and ongoing research indicates that anger, particularly when it leads to a hostile and cynical attitude, can be damaging to your physical well-being and can play a part in high cholesterol, heart attacks, strokes, and other significant medical problems.

4) Screaming and throwing things are helpful ways to get anger out of your system.

FALSE. Research indicates that, especially for people who are prone to become explosively angry, ventilation (e.g. yelling and screaming) and catharsis (acting out your anger, e.g. hitting a wall) only escalate you more and, in fact, train you to handle your anger poorly with people in other life situations.

5) Angry people can never change the way they handle their anger.

FALSE. Even explosive, disrespectful, and abusive people can learn to react differently to their anger triggers, change their negative attitudes, and learn to handle their responses to feeling angry more effectively.

6) There is one right way to handle anger with others.

FALSE. There are many ways to handle anger responsibly and productively. Sometimes you may want to talk to the other person involved with your anger directly. Sometimes you may want to talk to someone else about the anger you

are feeling. Sometimes you may want to handle the anger by yourself in a completely different way (e.g. getting some aerobic exercise, looking at a different perspective).

7) Frustration just naturally leads to aggression.

FALSE. In the past, it was believed that human beings, like animals, experienced an inevitable build-up of internal tension and frustration and that aggressive impulses had to be discharged periodically or they would build to the point where they explode spontaneously and uncontrollably. These hypotheses have been disproved, however, and more recent research indicates that even animals need specific environmental triggers in order to act out in an aggressive way.

8) People should never raise their voices when they are expressing anger.

FALSE. It is unrealistic to believe that you will always respond to your anger in a calm and measured manner. Expressing anger often involves intensity, increased volume, and firmness in the way you say things. These do not necessarily mean disrespect, cruelty, intimidation, or abuse. The other person's reaction to your expression of anger is important, however, and can move you in a helpful direction in terms of how to effectively deal with your anger in that particular relationship.

9) Women are less likely to feel angry than men are.

FALSE. A large study about women and anger reported that women frequently get angry, most often at partners (whether or not they are the source of the anger) or at co-workers. The younger a woman, the more likely she was to express it directly (women over 55 reported the least anger). Anger is a part of living for both women and men.

10) Getting angry never leads to a productive outcome.

FALSE. In fact, anger can be a helpful motivator and a catalyst to take constructive action if you

respond to the anger you feel in a positive and productive manner.

11) Anger often makes people lose control of their behavior.

FALSE. People often use this excuse to justify disrespectful or abusive behavior toward others. But the truth is that, although people may "feel" out of control, they are continually making choices and decisions about how they will respond to their anger. In reality, people are never truly out of control unless they have a complete break from reality like a major mental illness like paranoid schizophrenia might create.

12) Angry people tend to be powerful and confident of themselves and their abilities.

FALSE. Often, abusive and explosive people appear to others as if they are powerful and "in charge." But the reality is that people who allow their volatile anger to control them and their interactions with others actually feel insecure and inadequate. People who basically feel good about themselves do not have a need to try to assume power over others and put themselves above others. Explosive people actually become other peoples' puppets because they are simply reacting to others' behaviors rather than living by the "game plan" they would like to have for themselves.

13) Anger is the same thing as hostility and cynicism.

FALSE. Anger is a normal human emotion. Cynicism and hostility are negative and destructive attitudes which color the way that we look at and respond to the world around us. These attitudes, if they become your primary way of dealing with life, lead eventually to lashing out at others verbally or physically or pulling inside yourself, withdrawing, and "stuffing" your anger. Both these behaviors are harmful to ourselves and our relationships with others.

14) Stress is related to anger.

TRUE. Stress, and the "fight or flight" response that we as human beings are "hard-wired" to

experience, is always a part of our becoming angry, especially if we are prone to label or interpret this physical response with a negative conclusion about why the physical sensations are there in the first place.

15) It's okay to use put-downs, name-calling, and cussing from time to time in a marriage and in other close relationships.

FALSE. Put-downs, name-calling, and cussing and swearing are verbal abuse and are always hurtful and destructive in human relationships and have the potential to create fear, intimidation, and emotional distance in those around us.

16) All people have cues and triggers that can help them recognize when they are becoming tense, frustrated and angry.

TRUE. There is always an escalation, a build-up of stress and tension, that precedes an outburst of explosive or abusive anger. It is critical to begin to notice, identify, and respond more effectively to the different kinds of triggers that are a part of this escalation process.

17) Temporarily getting away from a potentially volatile situation is one way to start to learn to handle anger more effectively.

TRUE. Taking a time-out, which means temporarily leaving a situation where you notice yourself becoming more and more tense, angry, and escalated, is an important first step in learning to handle anger more effectively. This strategy can give you the opportunity to figure out what is going on within you, can help you calm down, and can lead to returning to discuss the issue without saying or doing something that you will only end up regretting later.

18) If people are angry, they should always express it directly to the person they're angry with.

FALSE. Although sharing your anger with someone directly is one option, talking it out with another person who is not involved with your anger and working it out within yourself and then "letting it go" are others.

19) Angry people tend to want to control what is happening around them.

TRUE. Anger often arises when we feel that things around us are "out of control." A desire to exert control over people and situations around us is an important part of why we get angry and

how we stay angry. This is especially true with explosive or abusive anger when we are, in fact, often able to control what happens around us on a short-term basis (i.e. if we blow up, people will do what we want for a while). Long-term, however, control, disrespect, and abuse destroy relationships and drive people away.

20) Some people just deserve to be yelled at because of the way they act.

FALSE. No one "deserves" to be shamed, punished, or abused. It will not work to effectively change their behavior over time and it creates the possibility that you will end up experiencing negative consequences for yourself or in the relationship as a result.

21) The way that you think about a person or situation has a lot to do with how angry you end up getting.

TRUE. Your thoughts and what you are saying to yourself at any given moment are a powerful part of escalating yourself and becoming more tense and angry OR calming yourself down and finding effective ways to handle difficult and frustrating situations.

22) Families who yell at each other a lot are emotionally closer because they're more willing to express their true feelings with one another.

FALSE. In fact, yelling and other forms of verbal abuse push people away and destroy trust. Often, the anger serves as a "cover" and hides other thoughts and feelings that, if they were actually shared, could increase the potential for trust, caring, and intimacy in your relationships.

23) Explosive and disrespectful anger destroys intimacy, trust and safety in a family environment.

TRUE. Explosive and hurtful anger creates fear, intimidation, mistrust, and a lack of safety. In an abusive atmosphere, family members will be much less likely to take emotional risks and to share honestly and openly with one another.

24) If your anger is justified, you have the right to really 'go off' on the other person.

FALSE. Even if your anger is "justified" (i.e. if you have accurately perceived that someone or something really is "out to get you"), it is still not okay to become explosive and disrespectful. And it is not an effective and useful way to

address the ongoing issue or problem that exists between the two of you.

25) If you grew up in a family where people were abusive and explosive with one another, you are more likely to be abusive and explosive in your adult life.

TRUE. Although not everyone from abusive families becomes disrespectful and abusive themselves, this is the primary place where you learn how to experience and express our anger and this is a important reason that many adults, in fact, become abusive in their own lives.

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CONCLUSION

God understands that people become angry because He also felt anger towards people and situations. However, it's not the anger that you feel that is the problem, it's what you do with that feeling. God used his anger to make situations and people better and did not hold onto resentment.

DELIVERANCE OUTREACH TEMPLE CHURCH DORCUS' S DAUGHTERS



But speak thou the things which become sound doctrine: That the aged men be sober, grave, temperate, sound in faith, in charity, in patience. The aged women likewise, that they be in behavior as becometh holiness, not false accusers, not given to much wine, teachers of good things, that they may teach the young women to be sober, to love their husbands, to love their children, to be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed. TITUS 2: 1-5, King James Version

At the core of all organized activity within Deliverance Outreach Temple Church is the Word of God, “the Bible”. It is therefore no strange thing that the Bible is the standard by which the auxiliary Dorcus’s Daughters is guided by and that the membership should measure themselves by.

Who was Dorcus?

**Excerpts from: *A Woman of a Giving Heart*
by Kathryn Capoccia**

All Scripture references are taken from the HOLY BIBLE: NEW INTERNATIONAL VERSION (C) 1978 by the New York Bible Society, used by

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I. Character Profile: Dorcas, A Woman of a Giving Heart

A. WHO WAS SHE? (ACT 9:36-43)

"In Joppa there was a disciple named Tabitha (which, when translated, is Dorcas), who was always doing good and helping the poor. About that time she became sick and died, and her body was washed and placed in an upstairs room. Lydda was near Joppa; so when the disciples heard that Peter was in Lydda, they sent two men to him and urged him, 'Please come at once!' Peter went with them, and when he arrived he was taken upstairs to the room. All the widows stood around him, crying and showing him the robes and other clothing that Dorcas had made while she was still with them. Peter sent them all out of the room; then he got down on his knees and prayed. Turning toward the dead woman, he said, 'Tabitha, get up.' She opened her eyes, and seeing Peter she sat up. He took her by the hand and helped her to her feet. Then he called the believers and the widows and presented her to them alive. This became known all over Joppa, and many people believed in the Lord."

B. WHAT WAS HER NAME? Her name was Tabitha, in Hebrew, or Dorcas, in

- i. Greek. Both words mean "gazelle".

C. WAS SHE A BELIEVER? She is called "a disciple".

- 1) Mathetes = one who receives instruction, a learner
- 2) She was a follower of Christ and a member of the church at
ii. Joppa (ACT 9:38).

D. WHAT DID SHE DO?

1. SHE DID "GOOD WORKS"-A BENEFACTRESS

- a) She was always doing good - "always" means "full"; from a word meaning to swell from a burn, i.e. bursting: she was bursting with deeds that were generous and stemmed from feelings of

pity.

- b) She helped the poor (ACT 9:36)
- c) She sewed clothes (ACT 9:39)
Because they took so long to make they were considered to be valuable
- d) She helped widows (ACT 9:39)

II. SHE WAS RAISED FROM THE DEAD

A. She died

B. She was raised to life

- a) The disciples sent for Peter
- b) Peter came and prayed for her (ACT 9:40)
- c) Peter presented her to the disciples alive (ACT 9:41)

C. SHE WAS THE CAUSE OF AN EVANGELISTIC EXPLOSION

ACT 9:42 "This became known all over Joppa, and many people believed in the Lord."

III. WHAT CAN WE LEARN FROM HER?

A. God requires believers to do good to others, especially the poor and widows.

GAL 6:10 "Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers."

JAM 1:27 " Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world."

1TI 6:18 "Command them to do good, to be rich in good deeds, and to be generous and willing to share."

B. Our good works testify about our faith: they prove that we are believers.

JAM 2:26 "As the body without the spirit is dead, so faith without deeds is dead."

C. God will use our good works to not only benefit others but to bring glory to Himself.

MAT 5:16 "In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven."

D. God can use our lives to draw men toward salvation.

IV. WHAT FRUIT OF THE SPIRIT CAN WE SEE IN HER?

A. love

B. kindness

C. goodness

The following are expectations for those women who are or strive to be a part of the Church's auxiliary Dorcus's Daughters:

- ❖ **Full of the Holy Spirit exhibiting the Fruit of the Spirit (love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control).**
- ❖ **A firm belief and consistent life style that embodies holy living.**
- ❖ **Assist the Pastors and other Leaders in the ministry when requested.**
- ❖ **Pays attention to the spiritual and physical needs of those around her.**
- ❖ **Knowledgeable of and able to articulate Church teachings and doctrinal beliefs.**
- ❖ **Respected by and role model for fellow members.**

- ❖ **Able to provide Godly and wise counsel and guidance.**
- ❖ **Comfortable in praying and encouraging others.**
- ❖ **Assist in welcoming new member and visitors.**
- ❖ **Apt to teach (if requested).**

The Pastors of Deliverance Outreach Temple Church are responsible for appointing, supervising, disciplining and dismissing those selected for Dorcus's Daughters.

Signature

DATE

Signature

DATE

DORCAS'S DAUGHTERS AUXILARY APPLICATION

DATE: _____

Purposes and Uses — The primary purpose of the information collected is for use in the administration of the above named auxiliary and to document the nomination of participants.

NAME: _____

ADDRESS: _____

TELEPHONE:
H _____ C _____ W _____

E-MAIL: _____

What auxiliary(s) are you already involved in within the ministry? _____

What organization(s) are you already involved in outside the ministry? _____

Why do you desire to be a part of the DORCUS'S DAUGHTERS auxiliary?

ADMINISTRATIVE ONLY:

DATE RECEIVED: _____

RECEIVED BY: _____

APPLICATION: APPROVED: _____

DISAPPROVED: _____

REASON FOR

DISAPPROVAL: _____
