



From the Pastor's Desk...

Greetings Church!

With all that is going on in this country and the world it can be hard to know how to respond. It can be hard to know what to believe. It can be hard to know how much attention to pay to the variety of information that is available. It is all too easy for me to get carried away reading piece after piece of news and trying to make sense of it all. This is even more complicated by the variety of (loud) opinions on everything that are being broadcast. Something that I have been doing for a while is to deliberately take a break from trying to consume all of the information coming my way. There is too much and it comes too fast. I can easily get overwhelmed – or at the least, unsettled. I confess that this is a work in progress. Often I still spend too much time and energy and it distracts me from being able to focus on what is more important. It also can lead to anxiety and/or depression.

Taking a break for me means a couple of things. One, of course, is to pray. To stop what I am doing and talk to God – and listen to God. The Lectio365 app uses a helpful acronym for their morning prayer session. It is “P.R.A.Y.” – Pause – stop for a time and breathe – slowing down, calming down. Reflect – reading/listening to a piece of scripture and thinking about what it says, how it feels, what it means for today. Ask – requesting help for yourself and others and the world. And finally Yield – acknowledging the need for God’s presence and power and willingness to follow as God leads/directs.

Another thing I do is to take 10 to 15 minutes a couple of times a day to meditate. This is not complicated – it is slowing down, closing my eyes and focusing on my breath. In the meantime I let my thoughts go. I do not focus on anything but just watch them ‘go by’ in my mind. I have found some ways which help me relax and calm down and release some of the nervous energy that can build up during the day. Ask me about it – or see some suggestions online.

The LORD is gracious and full of compassion, slow to anger and abounding in steadfast love.
(Psalm 145:8)

As always- if you have any questions, comments, concerns – please let me know. [revspanogle@gmail.com] I am (We are) always looking for ways to enhance our sense of community together. Do you have any suggestions?

I am thankful to be able to continue to serve among/with you. The Peace of Christ be with you all.

Pastor Jim

Worship Scripture Texts for October:

10/4 – Pentecost 19 Matthew 21:33-46 Isaiah 5:1-7 Psalm 80:7-15 Philippians 3:4b-14

10/11 – Pentecost 20 Matthew 22:1-14 Isaiah 25:1-9 Psalm 23 Philippians 4:1-9

10/18 – Pentecost 21 Matthew 22:15-22 Isaiah 45:1-7 Psalm 96:1-13 1 Thessalonians 1:1-10

10/25 – Reformation Sunday Matthew 22:34-46 Leviticus 19:1-2, 15-18
Psalm 1 Thessalonians 2:1-8

11/1 – All Saints Day Matthew 5:1-12 Revelation 7:9-17 Psalm 34:1-10,22 1 John 3:1-3



**Could you be a
Volunteer?**

**Do you have an hour or so to volunteer
at the church?**

**Ask what needs to be done or check the
“Help Wanted” poster in the Narthex.**



We have so many
“behind the scenes”
people- Thank you to each
of you- We couldn’t survive
without you!!

Meet our Church Leaders

Pastor Jim Spanogle

Worship Music Leader-

Jimmy Driskell

Church Council Members-

Liz Embree- President

John Hogenson- Vice President

Debbie O’Hara- Secretary

Diane Barefield, Roberta Mitchals,

Pastor Jim Spanogle, Pat Wilson

Altar Guild- Diane Barefield,

Dawn Hogenson,

Debbie O’Hara, Anita Wojcik

Communion Assistants-

Diane Barefield, Liz Embree

Greeter Teams-

Wayne and Gloria Gates,

Louise Crouse, Roberta Mitchals

Counters- Jan Deigl, Liz Embree,

Roberta Mitchals, Mary McGrath,

Nancy VonSee, Diane Polton

Treasurer, Office Administrator,

Newsletter Editor- Louise Crouse

Friends & Family- Debbie O’Hara,

Roberta Mitchals, Anita Wojcik

Church Council Reports:

- Church Council will meet on Tuesday, October 13th at 2:30pm in the Fellowship Hall.
- An Outdoor Electric outlet will be installed on the patio to aid in outdoor worship and other celebrations- funding from the V2A Grant for Expanding Worship Opportunities.
- Landscaping plans continue- funding from donations- waiting for cooler weather to begin plantings at the church and Memorial Garden.
- Usage of disposable water bottles was discussed. Possibly an in line water filter for the kitchen to reduce costs and plastic usage.
- If there are no volunteers to organize the Trunk or Treat Barefoot Bay Community event on October 31st, the church may not be able to participate.
- Friends and Family events may be limited to a Spring and Fall event. Volunteers are needed to organize events.
- Redecorating the Fellowship Hall discussions were started. Paint, window coverings, flooring and sound improvements were included. Anyone interested in taking part in the discussion is welcomed.
- The water leak has not been identified. Water will be turned on for the church when there are church functions.

Do you have an idea to share- a question to ask or a problem to think about? Talk with Pastor Jim, a Church Council Member, the church office or any of one of our church family members. Share your ideas, your concerns and be involved in the church family. We need you!



praying
FOR
you

and all of our Church Family.

Continue prayers for:

Judy Andress, Erik Buck,
Florence Doyle, Molly Kirby,
Jane Steinsiek, Evan Williams

Jimmy Driskell, Richard Edwards,
Leslie, Sandra Stawinski, Helen,
Nancy, Pam, Patti, Rosann, Tom and
All Service Men & Women



Thank You!

This suggestion list is part of the total grocery and household items that are placed in each donation bag for families in our area through the Roseland Ecumenical Food Pantry. All non-perishable food items, paper products, personal care items and monetary donations help those in need.

October 4	Spaghetti Sauce
October 11	Pancake Mix and Syrup
October 18	Peanut Butter and Jelly
October 25	Canned Meats- Tuna, Salmon, Spam



Birthdays

10/3	Florence Doyle
10/7	Louise Crouse
10/9	Gary Barefield
10/10	Liz Embree
10/10	Wayne Gates
10/11	Gayle Williams
10/17	Nancy Von See

Anniversary

10/15	Sandra & Sig Stawinski
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God Bless You

September 2026						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

November 2026						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Music Team Rehearsal 3:00pm	2 Office Closed	3
4 Discussion 9:15am Worship/ Communion 10:30 am	5	6	7	8 Music Team Rehearsal 3:00pm	9 Office Closed	10
11 Discussion 9:15am Worship/ Communion 10:30 am	12	13 Church Council 2:30 pm	14	15 Music Team Rehearsal 3:00pm	16 Office Closed	17
18 Discussion 9:15am Worship/ Communion 10:30 am	19	20	21	22 Music Team Rehearsal 3:00pm	23 Office Closed	24
25 Discussion 9:15am Worship/ Communion 10:30 am	26	27	28	29 Music Team Rehearsal 3:00pm	30 Office Closed	31 Trunk or Treat 2:00-4:00 pm Under the Oaks

Please go to www.barefootlutheran.com to access the Web Page, find additional resources for devotions, prayer and other events. A brief Sunday video message is also available through the web site or sent to your email. Please register your email at the office to receive the newsletter and other communications. Thank you.

Our Mission Statement

We, the family of Concordia Lutheran Church, believe that we are loved, forgiven, and redeemed by the grace of God. As the blessed children of God, the Lord continues to call and guide us through the Holy Spirit, offering to each the power of prayer:

Our Mission

Equipped through his love and grace, we strive to grow closer to Christ through the Word, worship, fellowship, and service, witnessing by reflecting the love of God through our words and deeds.