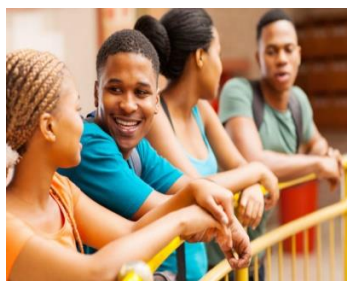




RESIDENT SERVICES PROGRAMS



UNDERSTANDING THE COMMUNITIES WE CALL HOME

HUMAN CAPITAL INVESTMENT

RESIDENT SERVICES PROGRAM CATALOG

2018

INTRODUCTION

Can I Live, Inc is a 501 C (3) national residents association dedicated to advancing progressive housing policy, economic inclusion and personal responsibility. WE Advocate for the communities WE call Home. At Can I Live, we pride ourselves in keenly understanding the needs of public housing communities. This steep knowledge is reflected through our innovative program development design and service offerings.

Can I Live (CIL) is dedicated to moving [One Million Moms OFF Welfare™](#)(1MMOW), a 10+year strategy dedicated to reducing dependency on government subsidies and empowering assisted families to achieve self-sufficiency. All CIL programming is designed to work towards creating thriving self-sustainable communities with this desired end.

ELIGIBILITY

Housing Agencies choose to bring Can I Live programming that best fits the needs of their communities. Through this process, agencies become a certified CAN I LIVE (1MMOW) Community.

WHY CAN I LIVE?

Can I Live holds the license to proprietary human capital programming. Niche program design created by professionals with over 50 years of industry experience as both the social services client and practitioner. Therefore, we understand like no other, the mindset of poverty and its damaging effects on family dynamics. We are masters at systems navigation and compelling advocates for policy and system changes. We work towards eradicating generational and inter-generational poverty through a set of approaches and proven practices executed meticulously.

The power that fuels the Can I Live program design platform is the story behind its CEO and Founder, Racquel Williams-Jones (RW-Jones). A Once struggling welfare mother of four who clawed her way out of the shame, degradation and deceit that sought to take over her thoughts, decrease her self esteem and devalue her self-worth and honor. It's through her transformation, a process emerged that would empower others like her to be accountable, responsible and resilient. Over the years, RW Jones has developed niche programming to equip assisted families and adequately address the gaping holes in the poverty paradigm.

Ms. Jones believes poverty has nothing to do with money. She believes, if you give a poor man one million dollars- he will for sure be broke again. Poverty, just like Wealth is a mindset. To this end, Can I Live's program design targets an individual's defense "firewalls" and neutralizes threats that plaque and destroy our families and communities. It's at this stage where we invite and accept emotional, mental, physical and spiritually healing into our lives and give ourselves permission to be unapologetically powerful and divine. Ms. Jones serves as a positive frame of reference for struggling dependent families. This is what makes Can I Live programming the "NOT IF" but "WHEN" choice for resident services.

FOR MORE INFORMATION

Contact Can I Live's Licensing Office:

RADAR, LLC

7474 Creedmoor Road - #160

Raleigh, NC 27613 | (919) 219-0839 | admin@getradartoday.com



PROGRAMS

RESIDENT COUNCIL LEADERSHIP

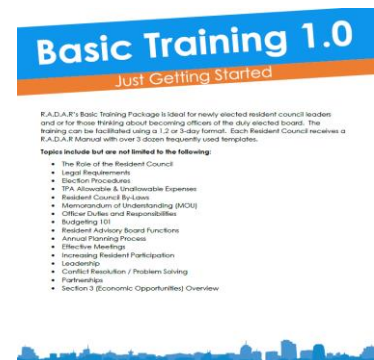
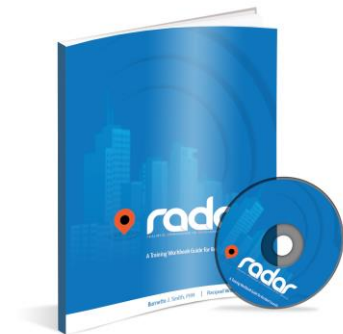
BASIC TRAINING 1.0

R.A.D.A.R's (Realistic Approaches to Developing Active Residents) is the premier resident council leadership training designed to assist and equip community advocates and leaders with the skills to govern effectively, lead by example and increase quality of life for families. The Basic Training Package is ideal for newly elected resident council leaders and or for those thinking about becoming officers of the duly elected board. The training can be facilitated using a 1,2 or 3-day formats.

Each Resident Council receives a R.A.D.A.R Manual with over 3 dozen frequently used templates.

Topics include but are not limited to the following:

- The Role of the Resident Council
- Legal Requirements
- Election Procedures
- TPA Allowable & Unallowable Expenses
- Resident Council By-Laws and Amendments
- Memorandum of Understanding (MOU)
- Officer Duties and Responsibilities
- Budgeting 101
- Resident Advisory Board Functions (Annual Plan)
- Annual Planning Process
- Effective Meetings
- Increasing Resident Participation
- Leadership
- Conflict Resolution / Problem Solving
- Partnerships
- Section 3 (Economic Opportunities) Overview
- Understanding the Agency's Annual & 5-year plans



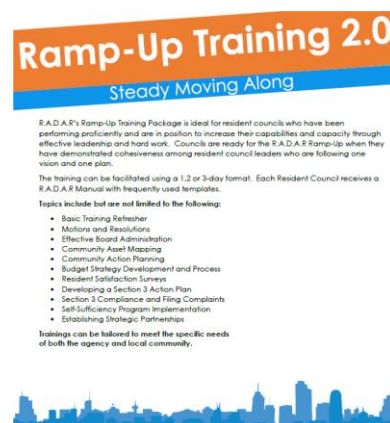
RAMP-UP TRAINING 2.0

R.A.D.A.R's Ramp-Up Training Package is ideal for resident councils who have been performing proficiently and are in position to increase their capabilities and capacity through effective leadership and hard work. Councils are ready for the R.A.D.A.R Ramp-Up when they have demonstrated cohesiveness among resident council leaders who are following one vision and one plan. The training can be facilitated using a 1,2 or 3-day format.

Each Resident Council receives a R.A.D.A.R Manual with frequently used templates.

Topics include but are not limited to the following:

- Basic Training Refresher
- Motions and Resolutions
- Effective Board Administration
- Community Asset Mapping
- Community Action Planning
- Budget Strategy Development and Process
- Resident Satisfaction Surveys
- Developing a Section 3 Action Plan
- Section 3 Compliance and Filing Complaints
- Self-Sufficiency Program Implementation
- Establishing Strategic Partnerships



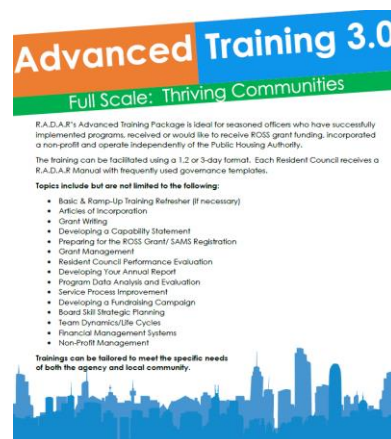
ADVANCED TRAINING 3.0

R.A.D.A.R's Advanced Training Package is ideal for seasoned officers who have successfully implemented programs, received or would like to receive ROSS grant funding, incorporated a non-profit and operate independently of the Public Housing Authority. The training can be facilitated using a 1,2 or 3-day format.

Each Resident Council receives a R.A.D.A.R Manual with frequently used governance templates.

Topics include but are not limited to the following:

- Basic & Ramp-Up Training Refresher (if necessary)
- Grant Writing
- Articles of Incorporation
- Developing a Capability Statement
- Preparing for the ROSS Grant/ SAMS Registration
- Grant Management 101
- Resident Council Performance Evaluation
- Developing Your Annual Report
- Program Data Analysis and Evaluation
- Service Process Improvement
- Developing a Fundraising Campaign
- Board Skill Strategic Planning
- Team Dynamics/Life Cycles
- Financial Management Systems
- Non-Profit Management



YOUTH DEVELOPMENT

WIN FROM WITHIN

**More than a Training...
A Transformative Experience!**

The Win from Within (WFW) Training Series offers more than 35 years of cumulative life experience that provides youth and young adults with a positive frame of reference for living a fulfilled life. The creators of WFW understand that life is more than decisions and choices—it is about the pursuit of purpose and the ability to stay on course with as few distractions as possible.

THE SOLUTION FOR PLANNED PARENTHOOD

Using the two self-help books: *Get Your Hands Out of My Pocket: The Hands-On Guide to Avoiding The Child Support System* and *Get Your Hands-Off of My Butt: The Hands-On Guide to Avoid Becoming A Baby Mama*; participants are taught how to apply the principles conveyed in these two powerful pieces of literature.



Topics include delaying instant gratification, increasing emotional intelligence, effective communication, the consequences of unhealthy relationships, appropriate approaches for difficult situations such as: how to avoid jail for non-payment of child support and/or how to navigate through the court system as well as how to avoid the dependence on entitlement programs such as welfare, food stamps, etc.

In addition to the training and easy-to-read self-help guide, we offer cutting edge resources including e-mentoring, conference calls, webinars, alerts called "revelations that rock" and an exclusive online community to support and enhance youth's positive personal and professional development.

Training sessions are presented using a 1/2 - 1 day format (depending on the specific requests of the client) and include mock situations where skills learned are practiced in a controlled environment, with constructive feedback. Each participant receives a book and handouts, which reinforces the content discussed during the training.

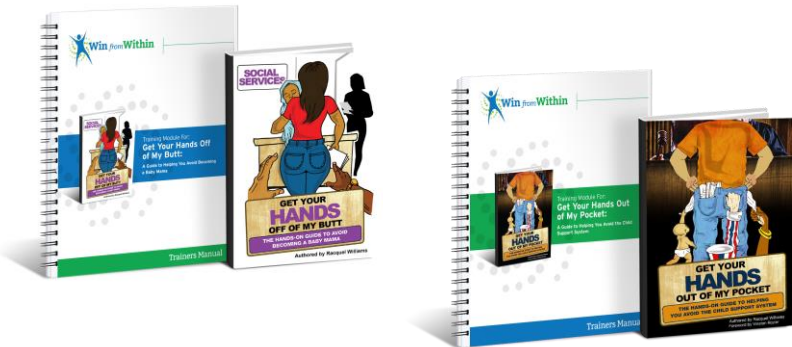


The Win from Within Training Modules teaches youth and young adult males and females how to avoid having children before they are responsibly ready.

This programming serves as a pregnancy prevention and parenting intervention tool that assist young minds to create positive, productive thoughts about their futures while implementing practical principles in their daily lives.

Youth Learn Powerful Techniques such as:

- Delaying Instant Gratification
- Emotional Intelligence
- Healthy Relationships
- Critical Thinking
- Effective Communication
- Systems Navigation
- Establishing Value Systems



The training can be facilitated using a daily, weekly or annual format and can be used to supplement and enhance existing programming. Each male/female youth receives gender appropriate textbooks.

TRAIN THE TRAINER CERTIFICATION

Train-the-Trainer Certification
We'll take your trainers to new heights!



Let our trainers train your trainers! Our flexible and client-focused approach will provide your agency with the highest-impact train-the-trainer solution.

The Win from Within Train the Trainer Certification will ensure that your staff

- Fully Understand the background and theory behind the content
- Effectively communicate relevant and key messages
- Utilize participatory learning techniques
- Maintains the ability to manage tough conversations related to course materials

SERVICE DELIVERY PROCESS IMPROVEMENT

Part of the barriers towards families achieving self-sufficiency don't only rely on families, but more so on resident services staff. Fostering the climate of independence is critical in helping families achieve self-sufficiency. Our Service Process Improvement Training is designed to assist staff with first examining their thoughts of residents, understanding the mindset of poverty and moving beyond "link and referral" service coordination.

This training will analyze the departments intake processes, reduce duplication and redundancies and eliminate deficiencies. Incorporated in this training are poverty simulations that take staff through the raw emotions residents feel while being choked in the poverty trap.

Topics Include:

- Understanding the 1MMOW Lifestyle Model
- Examining Outreach, Marketing and Recruitment Efforts
- Innovating the Intake Process
- Data Collection / Analysis
- Effective Goals (SMART-TRACKS)
- Resource Optimization (PCC)
- Cohorts (Peer to Peer Learning)
- Section 3 (Internal Mechanisms & Accountability)
- Small Business Development
- Events Matter (Quality vs Quantity)
- Motivational Interviewing
- Strategy Sessions (Coaching vs Case Management)
- Systems Navigation
- Program Performance and Evaluation



WORKFORCE DEVELOPMENT

IN-HOUSE WORKFORCE

Having our very own workforce development strategy allows us to closely monitor the training, employment and contracting needs of public housing residents. We train residents to work within the affordable housing industry by partnering with industry leaders, workforce boards, and corporations to certify, train and place residents in high income earning positions on local contracted projects.

Our Partners, Nan McKay and Procore assist CIL with the industry standards necessary to certify and place residents within positions that pay a livable and sustainable wage.

Workforce Certifications

- Housing Quality Standards (HQS) Inspections
- Uniform Physical Conditions Standards (UPCS) Inspections
- Construction Administration/Management
- Construction (Procore)Software Certification



To obtain, maintain and stay employable, residents without a doubt need technical skills to get their foots in the doors. However, in order to make those technical skills shine, and keep the doors of opportunity open, residents must master core areas of personal and professional development. Each technical certification requires completion of 50 hours of CIL personal and professional development courses.

Courses include but are not limited to the following:

Personal	Professional
<div><input type="checkbox"/> Ethics</div> <div><input type="checkbox"/> Advocacy/Assertiveness</div> <div><input type="checkbox"/> Confidence and Self Esteem</div> <div><input type="checkbox"/> Life Organization/Management</div> <div><input type="checkbox"/> Creating Support Systems</div> <div><input type="checkbox"/> Emotional Intelligence</div> <div><input type="checkbox"/> Systems Navigation</div> <div><input type="checkbox"/> Psychology Behind Poverty</div> <div><input type="checkbox"/> Power of Partnerships</div> <div><input type="checkbox"/> Planning for Prosperity</div> <div><input type="checkbox"/> Power of Purpose</div> <div><input type="checkbox"/> Matters of the Heart</div> <div><input type="checkbox"/> Delaying Instant Gratification</div> <div><input type="checkbox"/> Personal Conflict Resolution</div>	<div><input type="checkbox"/> Workplace Etiquette and Expectations</div> <div><input type="checkbox"/> Networking and Negotiations</div> <div><input type="checkbox"/> Trading places (Thinking like an Employer)</div> <div><input type="checkbox"/> Understanding Teamwork Dynamics</div> <div><input type="checkbox"/> Managing Conflict in the Workplace</div> <div><input type="checkbox"/> Handling Criticism</div> <div><input type="checkbox"/> Effective Communication/Body Language</div> <div><input type="checkbox"/> Problem Solving and Decision Making</div> <div><input type="checkbox"/> Active Listening</div> <div><input type="checkbox"/> Time Management</div> <div><input type="checkbox"/> Critical Thinking</div> <div><input type="checkbox"/> Leadership</div> <div><input type="checkbox"/> Self-Awareness</div>

ROSS SERVICE COORDINATION

RESIDENT OPPORTUNITY AND SELF-SUFFICIENCY

The Department of Housing and Urban Development (HUD) awards millions to promote jobs, and self-sufficiency for residents of public housing through service coordination program grants.

Service Coordinators play a critical key role in helping to foster a housing plus supportive service environment that allows vulnerable persons to live independently and remain in their homes.

HUD expects that the Service coordinator will:

- ✓ Shift away from the “refer and link” approach and towards a proactive and collaborative approach
- ✓ Assess resident’s needs; help identify, access and coordinate services and monitor receipt and follow through of services
- ✓ Seek to establish and sustain strong coordination that help residents to identify and effectively manage their preventative health and social service needs
- ✓ Create and sustain partnerships with community based supportive service providers, hospitals, health agencies service providers and other community stakeholders.

These services should enable participating families to increase earned income, reduce or eliminate the need for welfare assistance, make progress toward achieving economic independence and housing self-sufficiency, or, in the case of elderly or disabled residents, help improve living conditions and enable residents to age-in-place.

REMOTE SERVICE COORDINATION



Using our superior niche self-sufficiency model, CIL will serve as your agency’s remote service coordinator to assist ground level staff in implementing and executing the 1MMOW Self Sufficiency Strategy.

Depending on the specific needs of your families and the communities they call home, CIL provides unique service coordination that perfectly integrates with your existing housing operations, enhances service delivery and increases positive impact on families.

The ROSS Program allows funding to be allocated for said purposes. For more information on our ROSS Remote Service Coordination:

Contact Can I Live’s Licensing Office:

RADAR, LLC
7474 Creedmoor Road - #160
Raleigh, NC 27613
(919) 219.0839
admin@getradartoday.com



FAMILY SELF SUFFICIENCY

1MMOW SELF-SUFFICIENCY STRATEGY

The One Million Moms OFF Welfare™ (1MMOW) celebrates and aims to liberate the working poor and unemployed mothers of America who, in a land of great richness and abundant resources, are consistently challenged to feed and shelter their children and keep their families whole in crime-ridden neighborhoods. These moms face these challenges in neighborhoods with our poorest performing public schools and fewest opportunities for youth engagement, employment, access to transportation, and other basic human services. The 1MMOW is Can I Live, Inc's signature initiative, dedicated to challenge the U.S. welfare system by revealing the problems in policy implementation that, for America's moms, too often promote dependence rather than independence.

The 1MMOW takes the position that all Americans are created equal and possessed of inalienable rights to life, liberty, the pursuit of happiness—and to justice under the law. Yet the entitlements provided to millions of moms living at or below poverty are structured to keep them poor while entitlements offered to wealthier Americans and corporations assist in wealth creation and enhanced prosperity. To this end, we execute a comprehensive strategy to reduce families dependency on government programs.

The 1MMOW 10-Point Exit Strategy Consist of:

1. Private /Public Partnership Resource Optimization
2. Systems Navigation
3. Section 3 Compliance, Enforcement and Oversight
4. Policy Reform & Systems Changes
5. Service Delivery & Process Innovation
6. Educate, Empower and Equip Assisted Families
7. Technology Enhancements
8. Federal Program Accountability
9. Resident Council Investment
10. Talent Reassessment, Recruitment and Management



[Details to Each Strategy can be found here](#)

CIL 1MMOW programming provides direct services and consultation that enhances your agency's existing Family Self Sufficiency (FSS)/ ROSS Program approaches and model.

- ✓ Transform the Intake Process
- ✓ Innovate Service Delivery
- ✓ Infuse Technology to Track and Analyze Data
- ✓ Learn What your Data is Saying
- ✓ Use SMART Goal for Resident Goal Achievements
- ✓ Access the Power of Cohorts
- ✓ Maximize Your PCC Partnerships
- ✓ Become a High Performing FSS Program

CONFERENCES AND EVENTS

UNIQUE RESIDENT-FOCUSED EVENTS

What makes CIL programming truly unique and niche is our ability to understand motivation levels of residents and our capacity to target eye catchy communications to markets where they receive their 1st, 2nd and 3rd source of information.

CIL can bring one or more unique events to your agency, city or state. Although we have experts in place to execute a perfectly flawless event; we prefer to work in partnership with strong functioning resident councils to bring events to their regions and share in the revenues. This creates a nonrestrictive income stream for councils seeking to become independent of TPA funds and housing support.

We also partner with housing agencies to assist them in recouping some if not all their investment, thus making our platform not just a fun place to learn and grow, but a cost neutral solution to reducing poverty.

The Win from Within Youth Summit:



A Play-off of BET’s 106 & Park, we partner with Radio Personalities to host this live “edutainment” simulation of real life enactments within the WFW books. We create dance battles, raps and real talk after each simulation to increase learning competencies for attendees. Each attendee gets a free book and swag bag sponsored by local partners.

CAN I LIVE, INC PRESENTS

The Win from Within YOUTH SUMMIT 2013

J.D. Lewis Multi-Purpose Center
2245 Garner Rd, Raleigh
November 11, 2013 • 10am - 3pm

YOUTH AGES 13-19

LIVE RE-ENACTMENTS OF THE BOOKS:

- "Inspiration That Turns Into Action"
- "Powerful Message That Resonates Long After The Event"
- "Audience Interaction That Enhances Learning"

Live Music with DJ XL!

HOSTED BY:

YOUTH SUMMIT

Facquet Williams (FW)
Female Mentor

Anthony James (AJ)
Male Mentor

REGISTRATION INCLUDES:

- Support Workshop/Registration
- Autographed Book of Choice
- Networking with presenters AJ and FW
- Lots to treasure
- T-shirt
- Lunch

\$40 per person
\$35 groups 10+

Register online: www.canilive.org/youth-summit
or call: 919-650-6050

SPONSORS & PARTNERS:

www.canilive.org/WFWYS-REGISTRATION
CONTACT: TYSHARNA BONEY 919-915-6050 | OR EMAIL: TYSHARNA@CANILIVE.ORG

CLICK HERE FOR DETAILS

The One Million Moms OFF Welfare Empowerment Conference:



A Two (2) day conference designed to communicate across agencies, programs, and systems to bring about best choices for the individuals and families we serve. Whether you are staff, charged with meeting program goals, resident leaders charged with improving quality of life or a mom who desires real economic independence-this unique one of a kind gathering is a must attend conference experience...

Bring the Blueprint for Economic Uplift to your Region!



[Click here for Details](#)

The Resident Council Leadership Conference:



The Resident Council Leadership Conference (RCLC) is the premier grassroots gathering for resident leaders who call Public Housing home. This national convening has taken a local approach to building capacity. Through partnership with local resident councils, the RCLC exist to keep training needs local, thus minimizing the need for excessive travel and hotel accommodations.

This conference highlights local, state and regional efforts of resident leaders, policies impacting families and share best practices for increasing economic inclusion and strength for low income families.

Our 2017 Feature Included:

Conference Highlight: The Glen Hazel Community Resident Management Corporation



The Glen Hazel Community RMC under the leadership of Michael Wilson owns, operates and is in the process of developing 70 senior units in Pittsburgh, Pennsylvania.

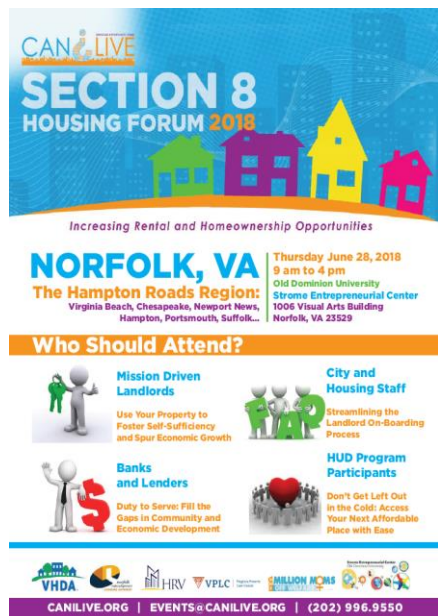
Partner with CIL to bring the RCLC to your region or state to maximized impact!

Create an extra revenue stream for your resident council organizations while increasing the capacity of your neighboring leaders!

The CAN I LIVE Section 8 Housing Forum:



As Public Housing Authorities (PHA's) undergo major redevelopment through the RAD (Rental Assistance Demonstration), LIHTC (Low-Income Housing Tax Credit) and other affordable housing development programs; public housing residents in most cases will be granted Section 8 vouchers to assist them in their relocation efforts. The shortage of available landlords is proving disastrous for housing staff and their budgets but will also contribute to an increase in homelessness if not adequately coordinated and supported.



The Can I Live Section 8 Housing Forum is a multifaceted gathering which primary focus is to facilitate dialogue among housing stakeholders by gathering its thought leaders to increase access to affordable housing and homeownership opportunities for Housing Choice Voucher and Public Housing program participants and to spur innovation in reinvestment and community development opportunities.

Attendees include residents who receive subsidies, mission driven landlords, housing developers, community-based organizations and government officials.

To this end, there is no better time to support the CAN I LIVE Section 8 Housing Forum.

The CAN I LIVE Section 8 Housing Forum Seeks to:

- Incentivize and increase Mission Driven landlord HCV participation
- Educate Lender's on the benefits and process of working with the HCV program
- Increase and strengthen rental and homeownership options for public housing and HCV program participants
- Innovate and improve HCV program delivery, while increasing self-sufficiency outcomes for Section 8 participants
- Bridge the gaps within the HCV (Section 8) program that will increase smart affordable housing options for low-income families.

For More Information, Contact

Can I Live Licensing Office:

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P.O. Box 25502 | Alexandria VA 22314 | 202.996.9550 | CANILIVE.ORG

Human Capital Investment for Resident Services Departments

Can I Live, Inc is a 501 C(3) national residents association dedicated to advancing progressive housing policy, economic inclusion and personal responsibility.

OUR MISSION

To Become an Effective Voice and Conduit of Opportunities for Residents of Public and Indian Housing Communities.



A Certified Licensed Member