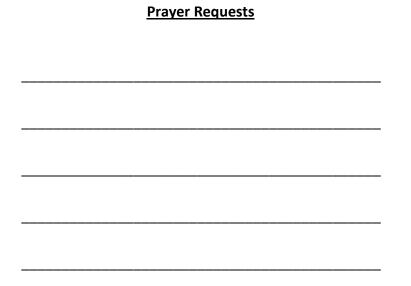
Read 2 Corinthians 12:9-10. How can these verses be applied to being authentic?

Do you find it easy or difficult to believe that God really loves you, that you are secure in his love? Why or why not?

In what areas could you be more honest and transparent?





Refocus 4 - October 26, 2025

Scripture References

1 Peter 2:1 • Romans 7:14-24 1 John 1:8-10 • Philippians 2:3 • Colossians 3:13 Romans 8:1; 31-34 • Psalm 27 1-3

1)	Authenticity: To seek a life where our match our
	, free from pretense, hypocrisy or deceit.
	Demonstrated by: honesty, integrity and transparency in all
	aspects of life.
2)	Before we can be honest and transparent with, we have to be honest and transparent with
	Grace Bible Church • Message by Dave Zierenberg
	Audio and notes available at www.ghcsl.com

3)	For someone to be a Christian, they must first admit
	to being a
4)	Confess = Greek $homologe\bar{o}$: to be of one with
	someone else; to speak the same, to agree.
5)	Authenticity starts with looking at our own hearts and finding
	the that's in there.
6)	When we realize how much we need, it's
	much easier to others.
7)	We have to be honest about our struggles and our
8)	Our doubts and our failures make us, but the one
	who is healed becomes the healer; your becomes
	your
Closing thought: As we grow spiritually, we form stronger and	
healthier relationships with God and with others, giving us the	
security to be truly authentic.	

Small Group Discussion Questions

Please try to think these over and jot down some ideas prior to discussing them at the meeting, it will improve the discussion.

Have you ever known a hypocrite—someone who was living a double life or intentionally deceiving others in an important area of life? Did this person claim to be a Christian? How did that affect those

involved?

What do you think of the idea that insecurity is often what keeps us from being authentic?

Read Hebrews 4:15-16. In what way might Jesus have struggled with being authentic? How do these verses help us be honest and transparent?