



August 6, 2023 • No Longer a Slave - Part 1

Scripture References

Proverbs 3:5-6 • 1 Peter 5:7 • Matthew 6:25-27

- 1) _____: To be subject to the will of someone or something - forced to do what the master tells you to do, with your own desires and will being pushed aside.
- 2) When we face situations that seem out of our control, we get scared and we allow our fear to control our _____.
- 3) Fear is always based on an unknown _____ - you don't know what tomorrow holds, and it scares you.

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Audio and notes available at www.gbcsl.com

- 4) Anxiety = Greek *mérimna*: Concerns that bring _____ to the personality and the mind.

- 5) (From 2003 survey by the American Psychological Association)

Top 4 causes of Stress:

- A. _____
- B. _____
- C. _____
- D. _____

- 6) “Never be afraid to trust an unknown _____ to a known _____.” ~ *Corrie ten Boom*