



HOW TO RECOVER FROM AN AFFAIR

1) FOCUS ON THE RELATIONSHIP PRIOR TO THE AFFAIR

- * Start mentoring in the category 'Communication' and 'round the bases' as you normally would. Try not to make the mentoring all about the affair.
- * Identify when the relationship began to _____.
- * Identify how they failed each other before the affair.
- * Encourage them to fully pursue their faith in _____.

NOTES: Encourage them to read Hosea 1-4

2) FOCUS ON FORGIVENESS AND REPENTANCE

- * Use the 'Seven Core Heart Issues' tool during week three or later.
- * The adulterer is often already _____.
- * 'Rounding the bases' will resolve many of their issues that possibly led to the _____.
- * Don't allow the person who didn't commit adultery to become self-righteous and continue to punish the _____.

Matthew 6:14-15, Luke 17:3-4

3) FOCUS ON CREATING BOUNDARIES (Proverbs 4:23)

* Review the adulterer's boundaries in each of the following categories.

* 'Round the bases' to create solutions for each boundary.

Interacting with the opposite sex: Yes / No / How Much?

Social _____: Texting | FB | Instagram | Chat Rooms | Emails | Other _____

Social _____: Dinner | Lunch | Breakfast | Coffee | Travel
Business Meetings | Other _____

Social _____: Bars | Night Clubs

_____ : Alcohol Consumption — Where, When, How Much? Other _____

_____ : Web Blockers | Content Filters

* This may seem extreme, but because of their lack of boundaries, they fell into a trap. Boundaries are like a 'guardrail' that protects a marriage from going off the path set by the Lord.

4) FOCUS ON WHAT LOVE REALLY IS (1 Corinthians 13)

* Forgiveness doesn't equal trust. Trust must be _____ back.

* Love is _____, kind, forgiving.

* It took years to get to a bad place, it could take years to fully recover.

FINAL THOUGHTS

Encourage the victim to trust God enough to give back their heart.

Seek help from the church leadership with a habitual adulterer who can't stop.