

Mentor Couple Checklist

- ❑ First Session - Mentees will fill out the online *Survey for Couples*. Follow the instructions on the website for taking the survey online.
- ❑ The following tools are to be reviewed with the mentees. These tools are also located in the *Workbook for Couples*. The mentees are to bring their workbooks to every mentoring session.

Baseball Diamond – During each session, refer the mentees to *Round the Bases* baseball diamond in their workbooks. This is a good visual to help them identify what base they are on during their discussions.

Fight Plan – Review the *Fight Plan* in week two as you start mentoring in the category of Communication and Conflict Resolution. The mentees will each complete the exercise listed in the first step of the Fight Plan. Encourage them to refer to their Fight Plan periodically as a reminder of what they can do individually to improve communication during conflict.

Negotiation Tool – Review the Negotiation Tool with the mentees early in the mentoring process. Encourage them to refer to this throughout the sessions as they learn how to negotiate with love and respect.

Seven Core Heart Issues – Refer to the 7-Core Heart Issues in the Marriage Mentoring Guide (under *Additional Resources* tab). The mentees will each fill out the Self-Assessment (in their workbook). This tool is used only if you sense a rebellious spirit or core sin that needs to be dealt with. The *Breaking Strongholds* exercise is in their workbook also if needed.

- ❑ Throughout each mentoring session fill out the Marriage Mentoring Session Log. Encourage the mentees to use their workbook to take notes, to document their commitments and refer to the homework required of them each week.
- ❑ Final Session – Give the mentees the Marriage Mentoring Evaluation Form to fill out at their convenience with instructions for them to mail the form back to the church. Include a self-addressed envelope for their convenience.
- ❑ After mentoring is completed return the Red Folder to the church. Include the Survey results, the Mentor Request Forms and the Marriage Mentoring Session Log.