



## **EVERYONE CAN BE FREE OF PORN BY FOLLOWING TWO SIMPLE STEPS**

### **1. BUILD A STRONG \_\_\_\_\_ . (Proverbs 7:6-27)**

(Scriptures that lead to freedom: 2 Cor. 3:17, John 8:36, 1 Cor. 6:12, Rom. 8:1-4)

#### **Identify The Triggers**

Stress | Anger | Alone Time | Surfing Online | In the Shower  
Watching Racy Shows | Alcohol | Flirty Women/Men | Urges  
Past Memories | OTHER \_\_\_\_\_

**James 4:7** Submit yourselves to God. Resist the devil, and he will flee from you.

**1 Thes. 1:4-5** For we know, brothers and sisters loved by God, that he has chosen you, because our gospel came to you not simply with words but also with power, with the Holy Spirit and deep conviction.

#### **OFFENSIVE PLAN**

Get in the Word Daily (Follow Jesus and run to the land of FREEDOM)

Get on your Knees

Get Accountability

Go to a Private Place

Go on a Quest

Fall in Love with Jesus - RUN



## 2. BUILD A STRONG \_\_\_\_\_. (Proverbs 7)

We can't do it alone. (Ecc 4:9)

Get an accountability \_\_\_\_\_.

Get blockers on all \_\_\_\_\_.

Clean out your \_\_\_\_\_.

Stop \_\_\_\_\_.

Stop frequenting places you are \_\_\_\_\_.

Use an accountability partner to help with their quest.

Be Honest.

If all they have is an OFFENSIVE PLAN, they will fail.

If all they have is a DEFENSIVE PLAN, they will fail.

**Going on OFFENSE, running after the LORD and creating a powerful  
DEFENSE is the path that leads to FREEDOM!**

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