



## School Resilience:

Social & Emotional Climate

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Together for Resilient Youth (TRY)'s (TRY Resilience) positive culture strategy is based on resilience and is funded in part by the NC Behavioral Health Disparities Initiative.

- Review data on current school climate. Include Adverse Childhood Experiences, Resilience, Perception of Risk and Behavioral Health Disparities and Built Community to identify the risk and protective factors.
- Use the existing TRY coalition members and model to engage the school, staff, students, families, community members and community organizations. Each agrees to operate in an equitable and school supportive manner based on shared and collaborative commitment to a positive social and emotional school culture. – TRY Resilience teams
- TRY Resilience teams comprised of the above key stakeholders support the school on an on-going basis.
- Provide on-line and face-to-face 1hour trainings to TRY Resilience teams on ACEs, Resilience, Geographical District, Equity and Community supports.
- Identify, quantify and address needs.

### **1. Organizations**

TRY Teams develop a deeper understanding of the vital role that school climate plays in achieving positive educational outcomes and creates a plan to achieve them.

### **2. Staff**

Engage, empower, and equip interested staff as champions to build a positive climate and promote educational excellence.

### **3. Students**

Engage, empower and equip students to work in partnership with adults to create and maintain a positive climate. Students commit to embracing their school as their space via cross-cultural teams.

### **4. Families**

Engage and include parents in conversation and action plans on policy, how to protect their children and all young people from risky behaviors, bullying, harassment and cyber-bullying. Include other topics identified by parents

### **5. Community**

Bring together all the stakeholder groups responsible for raising, educating and protecting children and youth. Facilitate presentations and trainings as identified by the community

### **Return on Investment**

Research shows that this comprehensive inside and outside approach has results.

### **Fewer Alternative Education Placements**

An independent school district that implemented initiatives such as the TRY Resilience process in all of its secondary schools, over two years experienced:

- 37% reduction in mandatory disciplinary referrals
- \$255,000 average annual cost reduction

### **Reduced Suspensions, Increased Attendance, and Improved Academic Achievement**

Over a five-year period, the school replace punitive disciplinary policies with formative ones, provided extensive training and support for staff and invested in engaging and empowering students to be contributors.

- 34% fewer suspensions, and 28.5% fewer suspension days
- 2% increase in attendance, resulting in \$950,000 more revenue annually
- 11% performance improvement on state standardized tests.