# Healing the Broken - Shattered Soul Broken - Shattered Heart

## **Session 1 – Sprit, Soul and Body Connection**

**Body, Soul, Spirit connection** – 1 Thessalonians 5:23 And the very God of peace sanctify you wholly; and [I pray God] your whole spirit and soul[G5590] and body be preserved blameless unto the coming of our Lord Jesus Christ.

Hebrews 4:12 For the word of God [is] quick, and powerful, and sharper than any twoedged sword, piercing even to the <u>dividing asunder of soul</u>[G5590] <u>and spirit</u>, and of the <u>joints and marrow</u>, and [is] a discerner of the <u>thoughts and intents of the heart</u>. (Body, Soul, Spirit, Heart)

- 1. Body
  - a. Bones Skeletal System
  - b. Circulatory System Heart
  - c. Brain and Nervous System Center of Thoughts, Emotions
    - i. Hearing
    - ii. Smelling
    - iii. Tasting
    - iv. Seeing
    - v. Touching

Psalm 31:9 Have mercy on me, O LORD, for I am in trouble; My eye wastes away with grief, [Yes], my soul and my body!

Proverb 14:30 A <u>sound heart [is] life to the body</u>, But <u>envy [is] rottenness to the bones</u>. **(NLT says a peaceful heart)** 

Romans 12:1,2 - <u>Present your **bodies**</u> as a living sacrifice, holy and acceptable to God. Do not be conformed to this world, but be transformed by the <u>renewing of your **mind**</u>,

that you may be able to test and prove what God's will is - his good pleasing and perfect will. (transformed by fixing wrong ways to thinking – nous – mind or thinking)

## 2. Makeup of the Soul -

#### a. Old Testament

- i. Hebrew word for Soul 05315 שׁפּג <u>nephesh</u> neh' fesh from 05314; King James Version USED 753 TIMES it is translated soul 475, life 117, person 29, mind 15, heart 15, creature 9, body 8, himself 8, yourselves 6, dead 5, will 4, desire 4, man 3, themselves 3, any 3, appetite 2, misc 47;
- **ii.** 1) soul, self, life, creature, person, appetite, mind, living being, desire, emotion, passion
  - **1.** 1a) that which breathes, the breathing substance or being, soul, the inner being of man
  - 2. 1b) living being
  - **3.** 1c) living being (with life in the blood)
  - **4.** 1d) the man himself, self, person or individual
  - **5.** 1e) seat of the appetites
  - **6.** 1f) seat of emotions and passions
  - 7. 1g) activity of mind
  - 8. 1h) activity of the will

## b. New Testament

- i. Greek word for Soul ψυχή Transliteration psyche
- ii. Pronunciation psü-khā' (Key)
- iii. Translated 105 times The KJV translates Strong's G5590 in the following

manner: soul (58x), life (40x), mind (3x), heart (1x), heartily (with G 1537) (1x), not translated (2x).

## c. Every Living Thing has a soul -

- i. Genesis 1:20 21 And God said, Let the waters bring forth abundantly the moving creature that hath <05315> life, and fowl that may fly above the earth in the open firmament of heaven. 21 And God created great whales, and every living creature <05315> that moveth, which the waters brought forth abundantly, after their kind, and every winged fowl after his kind: and God saw that it was good.
- ii. Genesis 1:24
- iii. Genesis 1:30
- iv. Leviticus 11:10 And all that have not fins and scales in the seas, and in the rivers, of all that move in the waters, and of <u>any living</u> thing <05315> which is in the waters, they shall be an abomination unto you: (animal's have soul's)
- v. Leviticus 11:46

#### d. Every Human Being has a soul

i. Genesis 2:7 And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul <05315>.

#### e. Blood contains the soul

- i. Leviticus 17:14 For it is the life <05315> of all flesh; the blood of it is for the life <05315> thereof: therefore I said unto the children of Israel, Ye shall eat the blood of no manner of flesh: for the life <05315> of all flesh is the blood thereof: whosoever eateth it shall be cut off.
  - 1. Somehow the soul is in the blood, seems to be what this is saying. Huge ramifications. The soul can be passed on through blood?

- 2. The blood is where the soul resides? \* A lot of scientific support. People having memories of their heart donor, changing what they eat, their sexual preference, etc.
- 3. Maybe it simply means life in this context.
- 4. When our blood is poured out then the body ceases to possess the soul)

## f. A Damaged Soul affects our Body and Spirit

i. Psalm 88:3 For my soul <05315> is full of troubles: and my life draweth nigh unto the grave. (Soul can be full of trouble, leading to death)

## 3. 6 Functions of the Soul – found in scripture

## a. Soul called the mind

- Deuteronomy 28:65: but the LORD shall give thee there a trembling heart, and failing of eyes, and sorrow of mind <05315>: (Mind/Soul)
- ii. Esther 4:13 Then Mordecai commanded to answer Esther, <u>Think</u> not with thyself <05315> ... (Thinking is here done in the soul)
- iii. Proverbs 23:7 For as he thinketh in his heart <05315>, so is he:. -
- iv. 1 Samuel 2:35 And I will raise me up a faithful priest, that shall do according to that which is in mine heart and in my mind <05315>: and I will build him a sure house;... (God has a soul, here translated mind)

## b. Emotions tied to the Soul

- i. Grief Judges 10:16 : and his soul <05315> was grieved ...
- ii. **Discouragement** Numbers 21:4 the soul <05315> of the people was much discouraged ...

- iii. Bitterness 1 Samuel 1:10 And she was in bitterness of soul <05315>, and prayed unto the LORD, and wept sore. Also Ezekiel 27:31
- iv. **Grieving** 1 Samuel 2:33; 1 Samuel 30:6 And David was greatly distressed; for the people spake of stoning him, because the soul <05315> of all the people was grieved,
- v. Hatred 2 Samuel 5:8 that are hated of David's soul <05315>,
- vi. Anquish & Bitterness \*\*\* Job 7:11 Therefore I will not refrain my mouth; I will speak in the anguish of my spirit; I will complain in the bitterness of my soul <05315>. (Here we have emotions bound to both the spirit and the soul. Anquish in the spirit, bitterness in the soul Is bitterness an emotion or a sin? Anquish is definitely an emotion. Interesting)
- vii. **Sorrow** Matthew 26:38 ... My soul[G5590] is exceeding sorrowful, even unto death: tarry ye here, and watch with me.

#### c. Soul is the seat of desires

- 2 Samuel 3:21 ... that thou mayest reign over all that thine heart <05315> desireth. And David sent Abner away; and he went in peace.- (It would seem that the soul is the seat of desire since this is a common theme)
- ii. 1 Kings 11:37 ... thou shalt reign according to all that thy soul <05315> desireth, and shalt be king over Israel.- (Soul is the seat of desire again)
- iii. Job 23:13 ... what his soul <05315> desireth, even that he doeth
- iv. **Called the heart** Deuteronomy 24:15 ... for he is poor, <u>and</u> <u>setteth his heart <05315> upon it</u>: lest he cry against thee unto the LORD, and it be sin unto thee. **(Soul here called heart)**

#### d. Our Soul can counsel us

i. Psalm 13:2 How long shall I take counsel in my soul <05315>, having sorrow in my heart daily? how long shall mine enemy be

<u>exalted over me?</u> (The psalmist was listening/taking counsel from his soul which had sorrow – it is like he had a choice whether to take counsel from his soul or elsewhere)

## e. Our Will can be tied to our soul

i. Psalm 27:12 <u>Deliver me not over unto the will <05315> of mine enemies</u>: for false witnesses are risen up against me, and such as breathe out cruelty.(Soul or Nephesh here is translated will – why not desires. That would work. Are will and desire the same?)

## f. Love can come from the soul

- i. Song of Solomon 1:7 Tell me, <u>O thou whom my soul <05315></u> <u>loveth</u>, where thou feedest, where thou makest thy flock to rest at noon: for why should I be as one that turneth aside by the flocks of thy companions? **There is a love born of the soul**
- ii. Song of Solomon 3:1-4 By night on my bed I sought him whom my soul <05315> loveth: I sought him, but I found him not. 2 I will rise now, and go about the city in the streets, and in the broad ways I will seek him whom my soul < 05315> loveth: I sought him, but I found him not. 3 The watchmen that go about the city found me: to whom I said, Saw ye him whom my soul <05315> loveth? 4 It was but a little that I passed from them, but I found him whom my soul <05315> loveth: I held him, and would not let him go, until I had brought him into my mother's house, and into the chamber of her that conceived me. **Love born of the soul soul mate**

**Small Group Exercise** – What brought you here today?

# Session 2 – The Shattered Soul & the Wounded Soul

## 2. Shattering of the Heart/Soul

## Leb Shabar - shattered heart/mind - Broken Heart

- a. inner man, mind, will, heart, understanding
  - i. inner part, midst
    - 1. midst (of things)
    - 2. heart (of man)
    - 3. soul, heart (of man)
    - 4. mind, knowledge, thinking, reflection, memory
    - 5. inclination, resolution, determination (of will)
    - 6. conscience
    - 7. heart (of moral character)
    - 8. as seat of appetites
    - 9. as seat of emotions and passions
    - 10. as seat of courage

## Leb (lav – pronunciation)

The KJV translates Strong's H3820 in the following manner: heart (508x), mind (12x), midst (11x), understanding (10x), hearted (7x), wisdom (6x), comfortably (4x), well (4x), considered (2x), friendly (2x), kindly (2x), stouthearted (with H47) (2x), care (with H7760) (2x), misc 21

Shabar – (sha var - pronunciation) H7665

The KJV translates Strong's H7665 in the following manner: break (115x), destroy (9x), break in pieces (8x), break down (4x),

hurt (3x), torn (2x), give birth (1x), crush (1x), quench (1x), miscellaneous (6x)

שָּבֵּר shâbar, shaw-bar'; a primitive root; to burst (literally or figuratively):—break (down, off, in pieces, up), broken (-hearted), bring to the birth, crush, destroy, hurt, quench, **x** quite, tear, view (by mistake for <u>H7663</u>).

- a. to break, break in pieces
- b. (Qal)
  - ii. break, break in or down, rend violently, wreck, crush, quench
  - iii. to break, rupture (fig)
- c. (Niphal)
  - iv. to be broken, be maimed, be crippled, be wrecked
  - v. to be broken, be crushed (fig)
- d. (Piel) to shatter, break
- e. (Hiphil) to cause to break out, bring to the birth
- f. (Hophal) to be broken, be shattered

Conclusions from this Leb Shabar – A severe shattering and breaking can happen in a person that affects:

- a. **Soul**
- b. **Heart**
- c. Mind
- d. Appetites
- e. Emotions

- f. Courage
- a. The Lord is Near Psalm 34:18 (ESV) The LORD is near to the brokenhearted and saves the <u>crushed in spirit</u>.
- b. God does not despise Psalm 51:17 (ESV) The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise. spirit & soul can also be broken, God does not despise, but man often does.
- c. Reproaches Psalm 69:20 (ESV) Reproaches have broken my heart, so that <u>I am in despair</u>. Reproaches which mean's taunting, being laughed at or made fun of
- d. Healing Psalm 147:3 (ESV) He heals the brokenhearted and binds up their wounds. Heals here is Rapha which literally means to mend by stitching, the binding up literally means to wrap up and hold firmly.
- e. **Binding Isaiah 61:1 (ESV)** The Spirit of the Lord GOD is upon me, because the LORD has anointed me to bring good news to the poor; he has sent me to **bind up the brokenhearted**, to proclaim liberty to the captives, and the opening of the prison to those who are bound; **Part of Jesus' mandate and part of our mandate as well. Put the broken piece of people's hearts back together. This passage may also address satanic structures put in people intentionally.**
- f. Jeremiah 23:9 Mine heart within me is broken [H7665] because of the prophets; all my bones shake; I am like a drunken man, and like a man whom wine hath overcome, because of the LORD, and because of the words of his holiness. God's Word's of correction can break our heart, courage, as we see the contrast of His Holiness and our sin.

- g. False Shepherds Ezekiel 34:4 The diseased have ye not strengthened, neither have ye healed that which was sick, neither have ye bound up [that which was] broken,[H7665] neither have ye brought again that which was driven away, neither have ye sought that which was lost; but with force and with cruelty have ye ruled them. ... the signs of a false shepherd is that they do not bind up the shattered
- h. **God the Shepherd Ezekiel 4:16** I will seek that which was lost, and bring again that which was driven away, and will bind up [that which was] broken,[H7665] and will strengthen that which was sick: but I will destroy the fat and the strong; I will feed them with judgment. **God himself binds up the broken and strengthens the sick**
- i. Shepherds who don't heal Zechariah 11:16 For, lo, I will raise up a shepherd in the land, [which] shall not visit those that be cut off, neither shall seek the young one, nor heal that that is broken,[H7665] nor feed that that standeth still: but he shall eat the flesh of the fat, and tear their claws in pieces. Warning that God will raise up a shepherd that does not heal the broken
- j. Messianic Mandate Luke 4:18(KJV) The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, Jesus claims to have the calling of Messiah which is to heal the brokenhearted
- k. Pieces/Parts Psalm 7:2 Lest he tear my soul <05315> like a lion, rending it in pieces, while there is none to deliver. (A soul can be torn to pieces interesting what does that mean?) Pieces Hebrew word here 06561 קרפ paraq paw-rak' a primitive root; v; {See TWOT on 1828} AV-break off 3, break 2, rent 1, rend in pieces 1, redeem 1, deliver 1, tear in pieces 1; 10 = to tear apart or away, tear off, break away, snatch, rescue, to tear off from oneself, be broken off, be broken in pieces

- I. **United heart Psalm 86:11(ESV)** Teach me your way, O LORD, that I may walk in your truth; <u>unite my heart</u> to fear your name
- m. Judgement Psalm 119:20 Hebrew word 01638 סרג garac gaw-ras' a primitive root; v; {See TWOT on 387} AV-break 2; 2 1) to be crushed, be broken 1a) (Qal) to be crushed 1b) (Hiphil) to crush, break (the teeth)
- n. **Prison** Ps 142:7 Bring my soul <05315> out of prison, that I may praise thy name: the righteous shall compass me about; for thou shalt deal bountifully with me. **(soul can be in prison/captive)**
- o. **Soul vs. Spirit Hebrews** 4:12**(ESV)** For the word of God is living and active, sharper than any two-edged sword, piercing to the <u>division of soul and of spirit</u>, of joints and of marrow, and discerning the thoughts and intentions of the heart.
- p. **Double Soul James 1:8 (ESV)** he is a <u>double-minded man</u>, unstable in all his ways. **Double Souled man**
- q. **Double Soul James 4:8(ESV)** Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. –
- 3. Goal of Broken Soul Ministry
  - a. No Dark Parts
    - i. **Luke 11:33-36 KJV]** ...having **no part dark**, the whole shall be full of light, as when the bright shining of a candle doth give thee light.

- b. Love the Lord with all your heart and all your soul
  - i. Deuteronomy 4:29 (What if part of your soul seeks him?)
  - ii. **Deuteronomy 6:4-5 (KJV)** Hear, O Israel: The LORD our God *is* one LORD: And thou shalt love the LORD thy God <u>with all thine</u> heart, and <u>with all thy soul</u>, and <u>with all thy might</u>.
  - iii. Deuteronomy 10:12
  - iv. Deuteronomy 30:6
  - v. **Joshua 22:5** ... to <u>love the LORD your God</u>, and to walk in all his ways, and to keep his commandments, and to cleave unto him, and to <u>serve him with all your heart and with all your soul</u>.
  - vi. Turn to God 2 Chronicles 6:38 If they return to thee with all their heart and with all their soul <05315> in the land of their captivity, ...: (Turning to God must be with our entire soul does that imply the possibility of parts or is it simply saying it can't be half hearted)
  - vii. **Matthew 22:37 (KJV)** Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.
- c. Implications

- DID Dissociative Identity Disorder A disorder characterized by the presence of two or more distinct personality states. (Mayo Clinic)
- ii. **Dissociative identity disorder**, previously called multiple personality disorder, is usually a reaction to trauma as a way to help a person avoid bad memories. (Mayo Clinic)
- iii. **Dissociative identity disorder** is characterized by the presence of two or more distinct personality identities. Each may have a unique name, personal history, and characteristics. (Mayo Clinic)
  - 1. AMA Can't be cured.
  - 2. Jesus Heals all!
- iv. MPD Multiple Personality Disorder old name for DID
- v. **Bipolar Disorder** A disorder associated with episodes of mood swings ranging from depressive lows to manic highs.
  - 1. **AMA** Can't be cured, only treated
  - 2. **Jesus –** Heal's all
- vi. Schizophrenia, Psychosis
- vii. Trauma
  - 1. Abuse
  - 2. Accidents
  - 3. Death of family/friend/pet
  - 4. Million ways a heart can be broken

## viii. Programming

- 1. Occultic
- 2. Military
- 3. Government
- ix. SRA Satanic Ritual Abuse

- d. Signs of a Broken Soul
  - i. Watching Yourself unloading in anger wondering why you are saying what you are saying, wanting to not say or do what you are saying or doing.
  - ii. Emotions Welling up Emotions well up for no apparent reason, no control
  - iii. Feeling like there are two of you ie. Strong and confident vs. fearful

**Small Group Exercise** – Do you ever feel like you have a divided heart/soul? Give an example and Pray for each other

# Session 3 – How Soul's Become Damaged

<u>Soul's Need Healing</u> – Everyone's Soul needs healing, every heart has been broken, not every soul has been shattered

- a. 1 Peter 1:9 Receiving the end of your faith, [even] the salvation of [your] souls. (Soteria, not Sozo Health of your soul)
- **b.** 1 Peter 2: 25 For ye were as sheep going astray; but are **now returned unto the Shepherd and Bishop of your souls.[G5590]**
- **c.** Psalm 41:4 I said, LORD, be merciful unto me: <u>heal my soul <05315>; for I have sinned against thee</u>.  **(The soul can be in need of healing)\*\*\*\*\***
- **d.** 3 John 1:2 Beloved, <u>I wish above all things that thou mayest prosper and be in health, even as thy soul[G5590] prospereth.</u>

## How the Soul Can be Defiled and Broken

- a. Souls are Defiled by the Occult & Witchcraft
  - i. Leviticus 20:6 ... Huge ramifications for messing with Occult, God will set his face against that soul and will cut that person off from God's people.
  - ii. Witches Hunt for Souls Ezekiel 13:18-20 -.

## b. Souls are taken captive by Sexual Sins

- i. **Adulteress Hunts Souls** Proverb 6:26 For by means of a whorish woman a man is brought to a piece of bread: and the adulteress will hunt for the precious life <05315>.
- ii. **Adultery destroys the soul** Proverb 6:32 But whoso committeth adultery with a woman lacketh understanding: <u>he that doeth it destroyeth his own soul</u> <05315>.
- iii. **Harlots trap souls** Proverb 7:23 Till a dart strike through his liver; as a bird hasteth to the snare, and knoweth not that it is for his life <05315>.

#### iv. Soul's Can be Defiled and Bound to Others

- Shechem defiled Dinah and his soul clung to her [Gen 34:1-3 KJV] 1 And Dinah the daughter of Leah, which she bare unto Jacob, went out to see the daughters of the land.
   And when Shechem the son of Hamor the Hivite, prince of the country, saw her, he took her, and lay with her, and defiled her. 3 And his soul clave unto Dinah the daughter of Jacob, and he loved the damsel, and spake kindly unto the damsel.
- v. **Unhealthy Soul Ties** his soul clung to Dinah (Unhealthy soul tie)
- vi. Damage to the Soul through Rape, Ungodly sexuality of any kind, Incest, etc.

## c. Soul Damaged by Abandonment, Abuse, Rejection

i. Joseph's Brother's Physically Assault Him, Sell Him as a Slave and Steal His Coat - Genesis 42:21 And they said one to another, We are verily guilty concerning our brother, in that we saw the anguish of his soul <05315>, when he besought us, and we would not hear; therefore is this distress come upon us.

- ii. Questions to ponder:
  - 1. How do you feel when you find out someone stole something from you?
  - 2. How do you feel when physically assaulted? When the pain has left the body is it gone?
  - 3. What hurts you worse Abandonment, Physical Assault or being stolen from?
- iii. **Persecution** Psalm 143:3 For the enemy hath persecuted my soul <05315>; he hath smitten my life down to the ground; he hath made me to dwell in darkness, as those that have been long dead.
- iv. Curses can be put upon a soul
  - 1. Job 31:30 Neither have I suffered my mouth to sin by wishing a curse to his soul <05315>. (It is a sin to wish a curse on someone else.)
- d. Vows Bind Souls The occult uses vows, oaths, covenants
  - i. Leviticus 27:2 Speak unto the children of Israel, and say unto them, When a man shall make a singular vow, the persons < 05315> shall be for the LORD by thy estimation. (a vow binds a person's soul to the Lord.)
  - ii. Numbers 30:2 If a man vow a vow unto the LORD, or swear an oath to bind his soul <05315> with a bond; he shall not break his word, he shall do according to all that proceedeth out of his mouth.
     (Soultie)
- e. **Soul's Damaged by Violence –** PTSD, Abuse (Verbal, Physical, Emotional, Spiritual, Sexual)
  - i. **Violence** Psalm 86:14 O God, the proud are risen against me, and the assemblies of <u>violent men have sought after my soul <</u> 05315>; and have not set thee before them.

- ii. **Condemnation** Psalm 94:21 <u>They gather themselves together</u> <u>against the soul <05315> of the righteous</u>, and condemn the innocent blood.
- iii. **War Mongers** Psalm 120:6 My soul <05315> hath long dwelt with him that hateth peace.

## f. Soul Damaged by Words

- i. Psalm 57:4 My soul <05315> is among lions: and I lie even among them that are set on fire, even the sons of men, whose teeth are spears and arrows, and their tongue a sharp sword. (The soul is affected by what people say)
- ii. Soul Afflicted and broken to pieces by Words
- iii. Job 19:2 How long will ye vex my soul <05315>, and break me in pieces with words? (Most interesting verse, the soul is being vexed by words. What does vexed mean? How does it break Job into pieces?)
- iv. Vex yagah afflict (4x), grieve (1x), cause grief (1x), sorrowful (1x), vex (1x).
- v. Break Daka <u>break</u> (3x), <u>break in</u> <u>pieces</u> (3x), <u>crush</u> (3x), <u>bruise</u> (2x), <u>destroy</u> (2x), <u>contrite</u> (1x), <u>smit</u> <u>e</u> (1x), <u>oppress</u> (1x), <u>beat to pieces</u> (1x), <u>humble</u> (1x).

## g. Souls can be in bondage – Castles, Mazes, Hospitals,

- i. Psalm 6:4 Return, O LORD, <u>deliver my soul <05315</u>>: oh save me for thy mercies' sake
- ii. Psalm 105:18 Whose feet they hurt with fetters: he <05315> was laid in iron: (A soul can be laid in iron?)
- iii. Psalm 124:7 Our soul <05315> is escaped as a bird out of the snare of the fowlers: the snare is broken, and we are escaped.

- iv. Psalm 142:7 Bring my soul <05315> out of prison, that I may praise thy name: the righteous shall compass me about; for thou shall deal bountifully with me. **(soul can be in prison/captive)**
- v. satan wants to get at our souls We don't wrestle against Flesh and Blood
- vi. Job 2:6 And the LORD said unto Satan, Behold, he is in thine hand; but save his life <05315>.(The Lord would not let satan touch Job's soul/life)

# SESSION 4 - HEALING A BROKEN SOUL/WOUNDED SOUL

- 1. Any Soul can be Redeemed
  - a. Psalm 69:18 <u>Draw nigh unto my soul <05315>, and redeem it</u>: deliver me because of mine enemies.(**Soul can be redeemed**)
  - b. Psalm 71:23 My lips shall greatly rejoice when I sing unto thee; and my soul <05315>, which thou hast redeemed.
  - c. God is All about Redeeming our Souls

- i. Psalm 72:14 He shall redeem their soul <05315> from deceit and violence: and precious shall their blood be in his sight.
- ii. Psalm 86:13 For great is thy mercy toward me: and thou hast delivered my soul <05315> from the lowest hell. (Our Soul can be delivered from Hell)
- iii. Psalm 94:17 Unless the LORD had been my help, my soul <05315> had almost dwelt in silence.
- iv. Psalm 97:10 Ye that love the LORD, hate evil: <u>he preserveth the souls <05315> of his saints; he delivereth them out of the hand of the wicked.</u>
- v. Psalm 141:8 But mine eyes are unto thee, O GOD the Lord: in thee is my trust; **leave not my soul <05315> destitute**.
- vi. Jeremiah 31:25 For I have satiated the weary soul <05315>, and I have replenished every sorrowful soul <05315>.
- vii. Jeremiah 32:41 Yea, <u>I will rejoice over them to do them good, and I will plant them in this land assuredly with my whole heart and with my whole soul <05315>. God's Soul delights to do good and to heal</u>
- viii.Lamentations 3:58 O Lord, thou hast pleaded the causes of my soul <05315>; thou hast redeemed my life.
- d. Jesus came to redeem every broken heart and soul He experienced what every part experienced

- i. Isa 53:11 He shall see of the **travail of his soul** <05315>, and shall be satisfied: by his knowledge shall my righteous servant justify many; for he shall bear their iniquities. Isa 53:12 Therefore will I divide him a portion with the great, and he shall divide the spoil with the strong; because he hath poured out his soul <05315> unto death: and he was numbered with the transgressors; and he bare the sin of many, and made intercession for the transgressors. Jesus' Soul travailed and was poured out in death
- ii. Matthew 20:28 Even as the Son of man came not to be ministered unto, but to minister, and to **give his life[G5590] a ransom for many**.
- iii. Luke 9:24, 56 KJV] 24 For whosoever will save his life[G5590] shall lose it: but whosoever will lose his life[G5590] for my sake, the same shall save it. ... 56 For the Son of man is not come to destroy men's lives,[G5590] but to save [them]. And they went to another village. Sozo means to make whole or to heal, saving souls can very clearly mean healing broken hearts and souls.
- iv. John 10:11, 15, 17, 24 KJV 11 I am the good shepherd: the good shepherd giveth his life[G5590] for the sheep. ... 15 As the Father knoweth me, even so know I the Father: and I lay down my life[G5590] for the sheep. ... 17 Therefore doth my Father love me, because I lay down my life,[G5590] that I might take it again.
- v. John 15:13 <u>Greater love hath no man than this, that a man lay down his life[G5590] for his friends</u>.
- vi. Hebrew 6:17-20 NLT] 17 God also bound himself with an oath, so that those who received the promise could be perfectly sure that he would never change his mind. 18 So God has given both his

promise and his oath. These two things are unchangeable because it is impossible for God to lie. Therefore, we who have fled to him for refuge can have great confidence as **we hold to the hope that lies before us**. 19 **This hope is a strong and trustworthy anchor for our souls**. It leads us through the curtain into God's inner sanctuary. 20 Jesus has already gone in there for us. He has become our eternal High Priest in the order of Melchizedek. – **HOPE IN JESUS IS THE ANCHOR FOR OUR SOULS** 

- vii. 1 John 3:16 Hereby perceive we the love [of God], because he laid down his life[G5590] for us: and we ought to lay down [our] lives[G5590] for the brethren.
- viii. Hebrews 12:1-3 NKJV] 1 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares [us], and let us run with endurance the race that is set before us, 2 looking unto Jesus, the author and finisher of [our] faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. 3 For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.

## 2. We Can and Should Minister to Our Own Soul

#### a. Speaking to our Soul

i. Psalm 42:11 Why art thou cast down, O my soul <05315>? and why art thou disquieted within me? hope thou in God: for I shall yet praise him, who is the health of my countenance, and my God.
(We can talk to our soul and tell it to put hope in the Lord – The soul is cast down)

- ii. Psalm 43:5 Why art thou cast down, O my soul <05315>? and why art thou disquieted within me? hope in God: for I shall yet praise him, who is the health of my countenance, and my God.
   ( Talking to the soul The soul is disquieted The soul needs to put hope in the Lord
- iii. Psalm 103:1 «A Psalm of David.» <u>Bless the LORD, O my soul</u> <05315>: and all that is within me, bless his holy name.:2 <u>Bless the LORD, O my soul <05315></u>, and forget not all his benefits: (**Speaking to the Soul to Bless the Lord**)
- iv. Psalm 103:22 Bless the LORD, all his works in all places of his dominion: bless the LORD, O my soul <05315>. (Soul blesses the Lord)
- v. Psalm 104:1 <u>Bless the LORD, O my soul <05315</u>>. O LORD my God, thou art very great; thou art clothed with honour and majesty. **(Soul blesses the Lord)**
- vi. Psalm 116:7 Return unto thy rest, O my soul <05315>; for the LORD hath dealt bountifully with thee. Speaking to one's Soul Soul at rest Lord's blessings allow the soul to be at rest)
- b. Encouragement from others heals a soul
  - i. Jacob blessed Isaac with Words from His Soul
    - 1. Genesis 27:19 And Jacob said unto his father, I am Esau thy firstborn; I have done according as thou badest me:

arise, <u>I pray thee, sit and eat of my venison, that thy soul</u> <05315> may bless me.

- 2. Genesis 27:25 And he said, Bring it near to me, and I will eat of my son's venison, that my soul <05315> may bless thee. And he brought it near to him, and he did eat: and he brought him wine, and he drank.
- 3. Genesis 27:31 And he also had made savoury meat, and brought it unto his father, and said unto his father, Let my father arise, and eat of his son's venison, that thy soul <05315> may bless me.
- 4. Proverb 16:24 Pleasant words are as an honeycomb, sweet to the soul <05315>, and health to the bones. – pleasant word are sweet to the soul and good for our bones \*\*\* connecting soul with physical health
- 5. Proverb 25:25 As cold waters to a thirsty soul <05315>, so is good news from a far country. good news is water to the soul
- c. God's Word Ministers Healing to the Soul
  - i. Psalm 19:7 The law of the LORD is perfect, converting the soul <05315>: the testimony of the LORD is sure, making wise the simple. (God's law, His Word, converts the soul we must put God's Word in our hearts and minds to be transformed)

- ii. Psalm 119:25 DALETH. My soul <05315> cleaveth unto the dust: quicken thou me according to thy word. (Soul is thirsty God's Word will quicken the soul)
- iii. Psalm 119:28 My soul <05315> melteth for heaviness: strengthen thou me according unto thy word.(Soul is heavy God's Word strengthens the soul)
- iv. Psalm 119:81 CAPH. My soul <05315> fainteth for thy salvation: but I hope in thy word. (Soul Faints God's Word brings hope)
- v. Psalm 119:109 My soul <05315> is continually in my hand: yet do I not forget thy law.
- vi. Psalm 119:129 PE. Thy testimonies are wonderful: <a href="mailto:therefore doth-my-soul">therefore doth-my-soul</a> <05315> keep them. (Soul keeps God's Word)
- vii. Psalm 119:167 My soul <05315> hath kept thy testimonies; and I love them exceedingly. (Soul keeps God's Word)
- viii.James 1:21 KJV] 21 Wherefore lay apart all filthiness and superfluity of naughtiness, and receive with meekness **the engrafted word, which is able to save your souls**.[G5590]

### d. Hearing God's Voice heals the soul

Isaiah 55:3 Incline your ear, and come unto me: hear, and your soul <05315> shall live; and I will make an everlasting covenant with you, even the sure mercies of David. – listening to God's voice gives life to your soul

#### e. Grandchildren can restore a soul

i. Ruth 4:15 And he shall be unto thee a restorer of thy life <05315>, and a nourisher of thine old age: for thy daughter in law, which loveth thee, which is better to thee than seven sons, hath born him.
 (Our soul can be restored through blessing of a child)

#### f. REPENTANCE RESTORES THE SOUL TO GOD

i. 1 Kings 8:48 And so return unto thee with all their heart, and with all their soul <05315>, in the land of their enemies, which led them away captive, and pray unto thee toward their land, which thou gavest unto their fathers, the city which thou hast chosen, and the house which I have built for thy name: - (Provision is made for Israel if they repent and turn back to God with all their heart and soul)

## g. Worship & Rejoicing can Minister to the soul

- i. Psalm 35:9 And my soul <05315> shall be joyful in the LORD: it shall rejoice in his salvation. (The soul here rejoices and is joyful two emotion words or ar they action words of the will)
- ii. Psalm 71:23 My lips shall greatly rejoice when I sing unto thee; and my soul <05315>, which thou hast redeemed.
- iii. Psalm 86:4 Rejoice the soul <05315> of thy servant: for unto thee, O Lord, do I lift up my soul <05315>.(**The Lord can rejoice our soul**)
- iv. Psalm 119:175 Let my soul <05315> live, and it shall praise thee; and let thy judgments help me.

v. Jeremiah 31:12 Therefore they shall come and sing in the height of Zion, and shall flow together to the goodness of the LORD, for wheat, and for wine, and for oil, and for the young of the flock and of the herd: and their soul <05315> shall be as a watered garden; and they shall not sorrow any more at all.

## h. Prayer for Healing the Soul

- i. Psalm 116:4 Then called I upon the name of the LORD; O LORD, I beseech thee, deliver my soul <05315>.
- ii. Psalm 138:3 In the day when I cried thou answeredst me, and strengthenedst me with strength in my soul <05315>. (God strengthens our soul
- iii. Jonah 2:7 When my soul <05315> fainted within me I remembered the LORD: and my prayer came in unto thee, into thine holy temple.

## i. Mercy and Forgiveness are good for the soul

- i. Proverb 11:17 The merciful man doeth good to his own soul <05315>: but he that is cruel troubleth his own flesh. **Showing mercy is good for the soul**
- ii. Isaiah 38:17 Behold, for peace I had great bitterness: but thou hast in love to my soul <05315> delivered it from the pit of corruption: for thou hast cast all my sins behind thy back. forgiveness of sins brings healing to the soul
- j. Asking for and receiving forgiveness brings joy

i. Isaiah 61:10 I will greatly rejoice in the LORD, my soul <05315> shall be joyful in my God; for he hath clothed me with the garments of salvation, he hath covered me with the robe of righteousness, as a bridegroom decketh himself with ornaments, and as a bride adorneth herself with her jewels. – **Soul is joyful that is forgiven** 

## k. Giving Generously is good for the soul – time for an offering

- i. Proverb 11:25 The liberal soul <05315> shall be made fat: and he that watereth shall be watered also himself. Giving generously is good for the soul
- Quieting Our Soul especially those who have experienced traumas PTSD, Abuse, Triggers
  - i. Psalm 131:2 Surely <u>I have behaved and quieted myself <05315></u>, as a child that is weaned of his mother: my soul <05315> is even as a weaned child.
  - ii. Proverb 13:3 He that keepeth his mouth keepeth his life <05315>: but he that openeth wide his lips shall have destruction. **keeping your mouth is healthy for your soul**
  - iii. Proverb 21:23 Whoso keepeth his mouth and his tongue keepeth his soul <05315> from troubles. **keeping your tongue, keeps your soul from trouble**
  - iv. Proverb 22:5 Thorns and snares are in the way of the froward: <u>he that doth keep his soul <05315></u> shall be far from them.

## m. Diligence is better for the soul than slothfulness

- i. Proverb 13:4 The soul <05315> of the sluggard desireth, and hath nothing: but the soul <05315> of the diligent shall be made fat. It is better for the soul to be diligent than to be a sluggard
- ii. Proverb 19:15 Slothfulness casteth into a deep sleep; and <u>an idle soul <05315> shall suffer hunger.</u>

## n. Wisdom is good for the soul

- i. Proverb 2:10 When wisdom entereth into thine heart, and knowledge is pleasant unto thy soul <05315>; - when wisdom enters your heart knowledge is pleasant to your soul
- ii. Proverb 3:22 So shall they be life unto thy soul <05315>, and grace to thy neck. **Wisdom will be life to your soul**
- iii. Proverb 19:8 He that getteth wisdom loveth his own soul <05315>: he that keepeth understanding shall find good. **getting wisdom** is loving your soul
- iv. Proverb 24:14 So shall the knowledge of wisdom be unto thy soul ≤05315>: when thou hast found it, then there shall be a reward, and thy expectation shall not be cut off.

## o. Fasting is good for the soul

- i. Psalm 35:13 But as for me, when they were sick, my clothing was sackcloth: <u>I humbled my soul <05315> with fasting</u>; and my prayer returned into mine own bosom. (Fasting can humble the soul the soul can be humbled)
- ii. Psalm 63:5 My soul <05315> shall be satisfied as with marrow and fatness; and my mouth shall praise thee with joyful lips: (**Our soul can be satisfied desires met)**
- iii. Psalm 69:10 When <u>I wept</u>, and chastened my soul <05315> with <u>fasting</u>, that was to my reproach. **(Fasting chastens our soul)**
- iv. Isaiah 58:3 Wherefore have we fasted, say they, and thou seest not? wherefore have we afflicted our soul <05315>, and thou takest no knowledge? Behold, in the day of your fast ye find pleasure, and exact all your labours. **Fasting Afflicts the soul**
- v. Isaiah 58:5 Is it such a fast that I have chosen? a day for a man to afflict his soul <05315>? is it to bow down his head as a bulrush, and to spread sackcloth and ashes under him? wilt thou call this a fast, and an acceptable day to the LORD? **Fasting afflicts the soul**
- p. Righteousness is good for the soul Many parts feel guilt and shame, unforgiveable
  - i. Ezekiel 18:27 Again, when the wicked man turneth away from his wickedness that he hath committed, and doeth that which is lawful and right, he shall save his soul <05315> alive.

- q. Upholding someone's Soul caring for those whose souls have been fractured
  - i. Psalm 54:4 Behold, God is mine helper: the Lord is with them that uphold my soul <05315>. (We can have people uphold our soul?)
  - ii. Psalm 55:18 He hath delivered my soul <05315> in peace from the battle that was against me: for there were many with me. (The Lord can deliver our soul in peace from battles, and the fact that many were with him made a difference
  - iii. Psalm 142:4 I looked on my right hand, and beheld, but there was no man that would know me: refuge failed me; no man cared for my soul <05315>. (people can care for our souls)
  - iv. **Isaiah 58:10** And if thou draw out thy soul <05315> to the hungry, and satisfy the afflicted soul <05315>; then shall thy light rise in obscurity, and thy darkness be as the noonday:  **God will light your way if you care for afflicted souls**
  - v. 2 Corinthians 12:15 And I will very gladly spend and be spent for you; [G5590] though the more abundantly I love you, the less I be loved. (Paul was pouring out his life for the souls of others)

## r. Waiting upon the Lord

i. Psalm 62:1 «To the chief Musician, to Jeduthun, A Psalm of David.» <u>Truly my soul <05315> waiteth upon God</u>: from him cometh my salvation.

- ii. Psalm 62:5 My soul <05315>, wait thou only upon God; for my expectation is from him.
- iii. Psalm 63:1 «A Psalm of David, when he was in the wilderness of Judah.» O God, thou art my God; early will I seek thee: my soul <05315> thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is; (The soul can thirst and desire)
- iv. Psalm 63:8 My soul <05315> followeth hard after thee: thy right hand upholdeth me. (Our soul can and should follow hard after God.)
- v. Psalm 84:2 My soul <05315> longeth, yea, even fainteth for the courts of the LORD: my heart and my flesh crieth out for the living God. (The soul is the seat of longing and desire)
- vi. Psalm 107:9 For he satisfieth the longing soul <05315>, and filleth the hungry soul <05315> with goodness. (God satisfies the hungry and longing soul)
- vii. Psalm 130:5 I wait for the LORD, my soul <05315> doth wait, and in his word do I hope. (Our soul can wait)
- viii.Psalm 130:6 My soul <05315> waiteth for the Lord more than they that watch for the morning: I say, more than they that watch for the morning. (soul waiting)
- ix. Isaiah 26:8 Yea, in the way of thy judgments, O LORD, have we waited for thee; the desire of our soul <05315> is to thy name, and to the remembrance of thee. **soul desiring God**

- x. Isaiah 26:9 With my soul <05315> have I desired thee in the night; yea, with my spirit within me will I seek thee early: for when thy judgments are in the earth, the inhabitants of the world will learn righteousness. **A soul longing for God**
- xi. Isaiah 58:11 And the LORD shall guide thee continually, and satisfy thy soul <05315> in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not. The Lord satisfies the soul that seeks Him.
- xii. Lamentations 3:24 The LORD is my portion, saith my soul <05315>; therefore will I hope in him.
- xiii. Lamentations 3:25 The LORD is good unto them that wait for him, to the soul <05315> that seeketh him.

## s. Meditating on God's Blessings

i. Psalm 94:19 In the multitude of my thoughts within me thy comforts delight my soul <05315>.(The Lord's Comforts delight our soul)

#### t. Receive Counsel - Don't know it all

i. Proverb 15:32 He that refuseth instruction despiseth his own soul <05315>: but he that heareth reproof getteth understanding. –
 rejecting instruction or correction is hatred for our soul

ii. Proverb 27:9 Ointment and perfume rejoice the heart: so doth the sweetness of a man's friend by hearty <05315> counsel. -

## \*\*\*Counsel of the Soul\*\*\*

iii. Ezekiel 33:5 He heard the sound of the trumpet, and took not warning; his blood shall be upon him. But he that taketh warning shall deliver his soul <05315>.

## u. Community is Good for the soul

- i. Acts 4:32 And the multitude of them that believed were of one heart and of one soul: [G5590] neither said any [of them] that ought of the things which he possessed was his own; but they had all things common.
- ii. Philippians 1:27 Only let your conversation be as it becometh the gospel of Christ: that whether I come and see you, or else be absent, I may hear of your affairs, that ye stand fast in one spirit, with one mind[G5590] striving together for the faith of the gospel; (we can live together in unity of soul)
- iii. [1Jo 3:16 KJV] 16 Hereby perceive we the love [of God], because he laid down his life[G5590] for us: and we ought to lay down [our] lives[G5590] for the brethren (we should lay down our souls for others)

## v. True Shepherds Care for Souls

- i. Hebrews 13:17 Obey them that have the rule over you, and submit yourselves: for they watch for your souls, [G5590] as they that must give account, that they may do it with joy, and not with grief: for that [is] unprofitable for you.
- ii. 1 Thessalonian 2:8 So being affectionately desirous of you, we were willing to have imparted unto you, not the gospel of God only, but also our own souls,[G5590] because ye were dear unto us. (We can impart or share our soul with others)
- iii. Hebrews 13:17 Obey them that have the rule over you, and submit yourselves: for they watch for your souls, [G5590] as they that must

give account, that they may do it with joy, and not with grief: for that [is] unprofitable for you. (We can watch over each other's souls)

## w. When God Heals a Soul - Testify

i. Psalm 66:16 Come and hear, all ye that fear God, and <u>I will</u> declare what he hath done for my soul <05315>. (God ministers to our souls)

## 3. Miscellaneous Points about the Soul

- a. God's Vengeance for those who torment our souls
  - i. Psalm 63:9 But those that seek my soul <05315>, to destroy it, shall go into the lower parts of the earth. (seeking to take David's life/soul could bring consequences)
  - ii. Psalm 70:2 Let them be ashamed and confounded that <u>seek after</u> <u>my soul <05315>: let</u> them be turned backward, and put to confusion, that desire my hurt.
  - iii. Psalm 71:13 Let them be confounded and consumed that are adversaries to my soul <05315>; let them be covered with reproach and dishonour that seek my hurt.
  - iv. Psalm 104:35 Let the sinners be consumed out of the earth, and let the wicked be no more. Bless thou the LORD, O my soul <05315>. Praise ye the LORD. (Soul blesses the Lord)
  - v. Psalm 143:12 And of thy mercy cut off mine enemies, and <u>destroy</u> <u>all them that afflict my soul <05315</u>>: for I am thy servant.

vi. Proverb 28:17 A man that <u>doeth violence to the blood of any</u> <u>person <05315> shall flee to the pit;</u> let no man stay him. – **violence to the blood of a soul?** 

## b. Soul's Can Refuse Ministry/Comfort

i. Psalm 77:2 In the day of my trouble I sought the Lord: my sore ran in the night, and ceased not: my soul <05315> refused to be comforted. (The soul can refuse comfort)

## c. Fulfilling our Own Desires does not satisfy the soul

i. Psalm 106:15 And he gave them their request; but sent leanness into their soul <05315>. (Desires don't satisfy the soul)

## d. True Shepherds Care for Souls

i. Hebrews 13:17 Obey them that have the rule over you, and submit yourselves: for they watch for your souls, [G5590] as they that must give account, that they may do it with joy, and not with grief: for that [is] unprofitable for you.

## e. On Disciplining Children

- i. Proverb 19:18 Chasten thy son while there is hope, and <u>let not thy</u> soul <05315> spare for his crying. a child's crying can affect our soul and keep us from doing what is right
- ii. Proverb 23:14 Thou shalt <u>beat him with the rod, and shalt deliver</u> his soul <05315> from hell.
- iii. Proverb 29:17 Correct thy son, and he shall give thee rest; yea, he shall give delight unto thy soul <05315>.

## f. Possible warning against soul travel – interesting passage on a current trend and phenomenon

i. Ezekiel 13:18 And say, Thus saith the Lord GOD; Woe to the women that sew pillows to all armholes, and make kerchiefs upon the head of every stature to hunt souls <05315>! Will ye hunt the souls <05315> of my people, and will ye save the souls <05315> alive that come unto you? 19 And will ye pollute me among my people for handfuls of barley and for pieces of bread, to slay the souls <05315> that should not die, and to save the souls <05315> alive that should not live, by your lying to my people that hear your lies? 20 Wherefore thus saith the Lord GOD; Behold, I am against your pillows, wherewith ye there hunt the souls <05315> to make them fly, and I will tear them from your arms, and will let the souls <05315> go, even the souls < 05315> that ye hunt to make them fly.

## SESSION 5 MINISTERING TO THE BROKEN SOUL

## Ministry Process

## 1. Explanations

#### a. The Person

- i. Know God is with them
- ii. Relax and be at peace
- iii. No performance, please!

## b. How parts show themselves!

i. Emotion – beginning to feel fear, tears, sadness, any emotion that does not fit the moment is normally a part of the soul beginning to manifest.

- ii. See something vision in their mind, could be a location, you could see the part itself, you could see something disturbing.
- iii. Memories arise -
  - 1. Usually more emotions are attached to the memories than would be normal.
  - 2. May start as innocuous even though the break is based in a trauma most memories start before the trauma
- iv. Voice in your head "I'm here." "Where's my Mommy?", etc.

## c. What if Nothing Happens

- i. Sometimes blocks need to be removed
  - 1. Too detached from emotions
  - 2. Strong guardian who won't let parts come up
    - a. Either demonic or part
  - 3. Performance Anxiety
  - 4. Conflicts with the minister
    - a. (I hate men could hinder ministry and could be unknown)
  - 5. Some parts can't talk preverbal
    - a. You can have a part nod
- **2. Answering Questions** I normally ask people if they have any questions.
- 3. Opening Prayer

## a. Pray for the Person

- i. The person will be at peace
- ii. Know God is with them
- iii. Relax
- iv. No performance

## b. Pray for any broken parts of their soul

- i. Pray for them to be at Peace
- ii. Pray that the parts now that we are there to minister to them
- iii. Any and all demonic that has been associated with the parts will be cut off from any and all parts
  - 1. Demonic can be attached to the parts
  - 2. The person may have broken rights while part of their soul is still open to the demonic
  - 3. We can bind before we can cast out. Take authority
- iv. Pray for the parts to be open to talking

## c. Pray against all demonic interference

- i. That all the demonic will be bound up, shackled and removed.
- ii. That no spiritual forces of darkness will be able to speak, that their tongues will be bound
- iii. Know your authority, remind yourself of it if you need to.
- iv. Believe when you pray
- d. Invite Jesus to bring you to whatever part or parts that He wants to minister to at that time.

- i. Sometimes parts will talk to God the father, or the Holy Spirit and not Jesus, because He was a man
- ii. Encourage the person you are praying with to interrupt and tell you what is going on during this phase
- iii. This is often when things begin to happen
- iv. Sometimes the Lord will show the minister a revelation about the part that God wants to deal with.
- v. Feel freedom to prophesy to the part if a word is rising within you.
- vi. If nothing is happening, I often ask the Lord silently if He wants to address a part through me (prophecy)
- vii. Ask the person what is happening They will normally have begun to see something, hear something or feel something and can either report or allow the part to talk
  - 1. Reporting
  - 2. Allowing the part to talk

## e. Ways that a fractured part can begin to manifest

- i. Emotions begin to arise. These emotions will not be attached to what is happening in the moment
  - 1. Ex. A person may begin to feel sadness, or suddenly feel agitated or fearful. Any emotion can arise. This is because the part is carrying those feelings in relationship to the trauma associated with their breaking.
- ii. A person may begin to see something. It could be that they see themselves as a child, or just see a child. They could see a word or any other type of vision.
- iii. A memory may begin to arise

iv. The person may begin to hear something

## 4. Allowing Jesus to lead

- **a.** One of the most freeing things is to allow the Lord to lead the entire process.
- **b.** Rely more on the Holy Spirit than on your experience, knowledge and training.
- **c.** I keep asking the Lord to open their eyes to see and their ears to hear him.
  - i. Not because He forgets to and I need to remind Him to.
  - **ii.** People get distracted and are not used to dwelling in His presence. That is where the greatest healing takes place.
- **d.** The Lord is wiser than any of us and He knows everything about the person you are ministering to.

## 5. Training the person to minister to their own soul

- a. David ministered to His own soul
- b. Sometimes the person can do more to speak to their own soul than anyone
- c. Sometimes a person needs to ask forgiveness of the broken parts of their soul for suppressing the, silencing them, disregarding them.
- d. Once a person becomes aware of the activity of parts that get triggered they can learn to manage the internal battle more effectively.

## 6. Progression of the Healing Process

- **a.** Truthfully this ministry can begin to mess with a system that has been working
  - i. Dysfunctional works, just doesn't work well

- **ii.** When you start to change the structure and system, even when healing is taking place it can make life difficult.
- iii. Change is difficult.
- **b.** Intensive ministry allows you to make the greatest progress in the most concentrated period of time. That is 3-5 days of ministry to parts.
- c. Honestly no idea how many parts a person has.
  - i. I've seen whole large groups of broken parts receiving ministry and healing.
  - ii. One woman saw a massive stadium filled with parts that were healed and integrated. That is what I would prefer every time.
- d. God uses the process
  - i. Discipleship Disciples are made, not born.
  - ii. Sanctification We know that it is a process
  - iii. Restoration "Extreme Makeover" Soul edition

7.