



GW Football Dinner on September 8

Mount Vernon has an opportunity to joyfully serve dinner to the George Washington High School Football Team. Covid restrictions kept us from this fun mission for several years, but Coach Anderson has invited us to rotate into a new schedule.

There are several ways to participate:

- **Bring one of the 38 items needed** to the church kitchen Tuesday (Sept. 5)–Thursday between 9 a.m. and 1 p.m. or Friday (Sept. 8) between 9 and noon.
- On Friday (Sept. 8) join the cooks in the church kitchen at noon to **prep and cook the food** to deliver to the GW cafeteria at 2:30 p.m.
- **Serve the food** at GW to 70 players and the coaches (the booster club also serves, so we will be helping them) between 2:30 and 3:30.



To see the list of items needed and to sign up, see the spreadsheet at this link: <https://bit.ly/MVdinner4GW>. Or scan this QR code. Or sign up at church (on the table outside the office)!

If you can't access the spreadsheet or if you have any questions, call Wendy Sampson, 434.770.5433.

Please see page 2, for Beth Bauman's background on Mount Vernon's commitment to supporting young people in sports at GWHS.

TAP INTO COMMUNITY
SEPT 9TH **AT WILDWOOD LAKE!** 3:30-6:30 PM

Families + Young Adults: come on out to the lake for a BBQ dinner, craft beer, time on the water, and fun for all ages. Children and babies are welcome, and you don't need to bring a thing!

422 LAKE RD, PELHAM, NC
To RSVP, text Megan Gould 919.428.4589 or Beth Bauman 434.489.6514



September 17 | 4 p.m.
Dan Daniel Park
Shelter 17

It's Our Annual Picnic!

Delicious food and tons of fun are sure to be in store.

Below:

Morning & Evening Bible Studies with Jae
Unique Music Opportunity

“Why We Feed the Football Team”

Join the CROP Walk!
Minor Repairs Team Forming
Fifth Sunday/Halloween

Children's House: Great News

Mantilly Baby Girl; “Tap into Community”; Birthdays; Prayers; Sympathy
Photos ... and More Photos!

Morning Bible Study with Jae

Sept. 12–Oct. 17 | Tuesdays, 11 a.m.–noon
In the Chapel

Ready to kickstart your day with some spiritual goodness? We've got an awesome Morning Bible Study lined up. We're diving into spiritual formation, meditation, holy listening, prayer, and of course, some great fellowship. If you're up for this soul-enriching experience, just give us a shout and sign up! Let's grow together!



Evening Bible Study with Jae

Sept. 14–Oct. 5 | Thursdays, 7– 8 p.m. | In the Chapel

Is diving into United Methodist doctrine supposed to be a snooze fest? Not at all! It can actually be enjoyable. Speaking from my experience, delving into UMC doctrine was a boost for my faith in Christ. It helped me take a deep dive into my spiritual journey and get to know God better. Now you're invited to join our Evening Bible Study if you're all about chasing God's grace, having a blast in some discussions, and soaking up that awesome, grace-filled fellowship vibe. So sign up, and come on! Let's make this journey fun and faith-filled together!



A Unique Music Opportunity at Mount Vernon

As part of the requirements for a Master's Degree in the School of Music at Liberty University, I am researching how American audiences recognize the characteristics of Korean folk music.

On **September 20 at 6 p.m.**, you are invited to a *gayageum* performance in the fellowship hall. I will play this Korean traditional instrument and tell you about Korean folk music.

All are welcome to come. I will need some of the audience to participate in my research. To participate, you must be at least 18 years



old. Those participating will be asked to complete a short survey before and after the program. The entire program (including time to complete surveys) will last about an hour. From those participating in the research, I will select three volunteers to be interviewed for about 15 minutes at a later time. Each of these volunteers will receive a \$10 Amazon gift card.

I hope many of you will come to learn about and enjoy hearing Korean folk music. Thank you for your interest and support.

– Juliet Cho, Music Director

Why I Love Feeding the GW Football Team

By Beth Bauman

In the years after Hurricane Katrina devastated the Gulf Coast (2009–2011), teams of youth and adults funded by Mount Vernon Church went to assist with home repairs. In addition to youth from our church, many were GW athletes who became active in our youth program. They were wonderful young people, and I enjoyed going to their football and basketball games to support them.



At the end of the last game of the season, some of the boys seemed devastated that the season was over. They were in tears and heartbroken. Others were sad but not overly so. In processing this with the teenagers I knew, I began to understand. For those who were headed to college and who lived in supportive families, the end of the season was sad but they had plenty to look forward to. For those living in poverty, whose father was incarcerated, who weren't going to college, etc., this team was the best thing that

ever happened to them and was probably the high point of their young lives. Lots of father figures who truly care about the boys and hold them to high standards. Lots of adulation at school and in the community. They knew with all their hearts that for them, it probably wasn't going to get any better than this.

The community support these boys receive when churches volunteer to prepare a meal for them makes them feel special. There are some hurting kids on the team who need our love and care. It is a joy to be the hands and feet of Christ for them on one afternoon of their lives. It's a small thing for us to do – just one meal – but the cumulative effect of churches taking a turn speaks volumes to these young guys.

And I am so thankful for all in our church and community who are working hard to transform our community into a place where no one is without hope for a better future.



Sign up for the Sixteenth Annual Danville Walk!

2023 Danville Area CROP Hunger Walk

Sunday, October 1 | Starts at 3 p.m. from Ballou Park



Mount Vernon Church can be proud that we have been a leader in organizing and supporting the CROP Walk since its Danville beginning in 2008. Four members of our church family are on the 11-person 2023 Walk planning team, which makes the Walk happen: Beth Bauman (Chair), Lin and Gary Benefield, and Leslie Mantipty. Most importantly, Mount Vernon has always had a large team at the Walk and generous financial support.

Over the years, this Danville Walk has raised more than a quarter of a million dollars to fight hunger and extreme poverty! And the Walk has donated more than \$73,000 to God's Storehouse, our local food pantry.

Please join people of all ages as we walk the 1-mile or 5k (3.1 mile) route – rain or shine. Even if you are unable to walk, please donate to our Mount Vernon team!

Last year we raised \$7,700.00 from Mount Vernon (including sponsorships). Our 2023 goal is \$8,000.00.

You can raise money in two ways:

1. **Cash or checks – Register** at the table outside the church office **and pick up a donation envelope**. Have donors make checks payable to “Mount Vernon UMC” with CROP Walk in the memo line.

2. **Register online, make your online donation, and raise money virtually!** Go to:

<https://events.crophungerwalk.org/2023/teams?event=danvilleva>



October 29: Fifth Sunday Fellowship – Halloween Style!

4 p.m., Fellowship Hall

Costumes encouraged for a night of carnival games and fun for all ages.

And we'll be serving a chili supper with extra to take home – all to support Children's House daycare and preschool. Both meat chili and veggie chili will be served!



Minor Repairs Team Forming



Occasionally minor repairs are needed at the church for plumbing, lighting, electrical issues, etc. We are organizing a rotating team of volunteers who could be contacted by our church secretary to take a look at the problem before we call a professional, and who could fix it, if it's simple. If a professional is needed, we can do that. If you would be willing to serve in this way, please contact Beth Bauman (434.489.6514) or Elizabeth Hylton (434.709.1572).

Children's House Launches New Curriculum, Hosts "1-2-3 Read!" Training

Children's House was recently chosen to be a part of the pilot program for **STREAMin3** – the brand new early childhood curriculum created at the UVA School of Education. It focuses on six STREAM skills (Science, Technology, Reading, Engineering, Art, Math) and five core skills (Relate, Regulate, Think, Communicate, Move) to promote children's development and early learning. All, of course, in a loving, diverse, play-based environment that reflects God's love.

In addition, Children's House received complete sets of classroom books to accompany each age-based curriculum, in partnership with UVA and Barnes & Noble.

Thank you, Rachel Holden – Mount Vernon member, Children's House Board member and parent, and our resident librarian – for cataloging our new children's library!



"Tap into Community" Schedule

After launching this new fellowship group at Wildwood Lake on September 9 (see page 1), then we'll meet every few weeks at 3 p.m. over a cold beverage for friendship and casual connection. Usually we'll meet at Two Witches Brewery, and here are projected dates for the rest of this year:

- September 16 and 30
- October 14 and 28
- November 11 and 25
- December 16 and 30



*Congratulations
to Leslie and Sam
Mantiply!
Their daughter,
Lucy Pearl,
was born on August 24.*



*Our Deepest Sympathy
to the family of Peggy Handy,
who died on August 17.*



***In Our
Prayers***

*Phillip Blackmon,
Don Cairns,
Pat Giles, Bill Hardy,
Rev. Joyce Johnson,
Jerrye Mayhew,
Dorothy Stephens,
Donald Turner, Betty Yates*

Gifts in memory of ...

Peggy Handy
*have been received from
Ann & Darrell Williamson,
Sue Barker, Frank & Sue Davis,
Lamar & Claude Owen, and
Fran & Sonny Ramsay.*

Mary Ellen Dean
...from Howard & Jan Lester.

Francis McMillan
...from MVUMC Ladies Circle #2

Birthdays

September

- | | |
|--|--|
| <ul style="list-style-type: none"> 1 Jesse Mayhew, III 2 Phyllis Acker 3 Chris Griffith 4 Jeff Clifton 5 Cathy Grogan 6 Lauren Slayton 8 Glen Milam 9 Cathy Darkis 10 Saunders Milligan 11 Jeff Rudder 13 Adam Caldwell 15 Lester Payne 16 Taylor Daniels Wilhelm | <ul style="list-style-type: none"> 17 Sidney Harris 18 Brendan deAristizabal 19 Mark Leggett 21 Jennifer Caldwell 22 Rebecca Daniels 23 Joanna Caldwell 24 Suzanne Thompson 25 Eddie Mitchell 26 Madi Barker 27 Pat Farley 28 Mary Alice Anglea 29 Linda Burton 30 Dorothy Adkins |
|--|--|

October

- 1 Patrick Clifton
- 2 Rob Coleman
- 3 Jimmy Anglea
- 4 Juliet Cho
- 5 Eric Keck
- 6 Alana Mitchell
- 7 Ali Stephens-Pickeral
- 8 Melissa Charles
- 11 Catherine Rickmond
- 12 Betty Ann Smith
- 13 Stuart Coleman
- 14 Greyson Bennett

Pastor and Staff

Rev. Jae Cho: 678.770.9060
email: jaewukcho@gmail.com

Beth Bauman, Children & Youth:
434.489.6514; email:
bethwbauman@gmail.com

Juliet Cho, Music: 770.377.1871
email: hisloverjuliet@gmail.com

Jessica Saunders, Office Admin.:
434.793.6824; email:
church@mtvernonumc.org

Don Haymore, Finance:
434.793.6824;
email: businessoffice.
mtvernonumc@gmail.com

Leave a message any time:
434.793.6824 (office)

Send email to:
church@mtvernonumc.org

Send U.S. mail to: 107 W.
Main St., Danville, VA 24541

Scan this QR code to support the ministries of Mount Vernon with your gift – anytime, from anywhere.





**SUNDAY
AUGUST 13**



Sunday Youth Supper: High school and middle school youth, as well as children, now meet on Sunday nights, and our groups are growing!

The 1-2-3 READ! early literacy training is an interactive, practical training for early childhood teachers and directors that helps boost early language support and facilitated exploration, language modeling, and facilitation of learning and development in infants and toddlers.



August 26: The Center for Early Success welcomed early childhood educators from across the region right here at Mount Vernon through the Virginia Infant and Toddler Specialist Network.



August 20
#BeUMC
Breakfast



August 20: ASP Sunday. The wonderful service by our ASP team closes with the benediction.