



Manna Messenger

A Publication of Feed My People

September/October 2013

FEED MY PEOPLE

A Christian
Interdenominational
help center showing God's
love and compassion
for His people in need.

South County Office

171 Kingston Drive
St. Louis, MO 63125
(314) 631-4900
Fax (314) 631-7930

High Ridge Office

3295 Ottomeyer Road
High Ridge, MO 63049
(636) 677-9885
Fax (636) 677-8691

Web Site

<http://www.Feed-My-People.org>

E-mail

fmphelp@earthlink.net

Directors

John & Carol DeGuire

Editor

Carol DeGuire

Programs

Emergency and long term
food help

Energy Assistance

Medical and Transportation
Financial Assistance

Weatherization Materials

Fan/Heater Program

Counseling/Referrals

Job Assistance

Clothing Assistance

Home Visitation Program

Advocacy

Adopt-a-Family and
Giving Tree Programs at
Christmas

Low-Cost Thrift Stores

Spring Seeds Program

Smoke Detectors

Computer Literacy

Affordable Housing

Feed My People



2013 Manna March Walk

Benefiting Feed My People's Food Pantries and Help Centers

Sunday, September 29, 2013

1-3 PM, Jefferson Barracks Park

Kids Fun Zone (new this year)

To form a walking group or to register, please see registration link
in current events section of our website – www.feed-my-people.org
or contact Roy Wunsch, walking coordinator (314) 631-4900

Food Supplies Remain Slim

Having enough food on hand is always a big challenge during the summer. This year we've been challenged since January to have enough food on hand. Thank God for all of you who have done special collections for us this summer or helped us with our door-to-door food drive in June or who took our barrels and had a Freedom from Hunger food drive in July or are contributing each month at the Meal-A-Month food collections at your churches. Because of your efforts we have not run out of canned foods this year (we have been down to a one-day supply a few times, though).

Please keep us in your prayers and continue to collect food or send funds for the many people who depend on us to survive. Thanks and God bless you for caring. Carol and John DeGuire, co-founders.



Upcoming Events

Saturday, September 28 –

Will Work for Food

Sunday, September 29 –

Manna March

Sunday, October 13 –

Crop Walk

Saturday, November 9 –

Fashion Show

Check out our website at www.feed-my-people.org under current events to find our more about these!

Fourth Annual Will Work for Food Fundraiser

Sponsored by:

Waterproof Solutions

- ☆ Cake Walk
- ☆ 50/50 Raffle
- ☆ Balloon Pops
- ☆ Silent Auction

Saturday, September 28, 2013

at Jilly's Café & Steakhouse

12 pm – 6 pm

1630 Gravois Road

High Ridge, MO 63049

Volunteer Nutritionists Needed

Seeking volunteer Nutritionists (or similar knowledge) to help us with our W.E.L.L. Program at both High Ridge and South County locations. Our W.E.L.L. Program designs diet plans and menus, evaluate diets to determine if they are actually helping our clients/volunteers to remain healthy and/or lose weight, and teach individuals to eat healthy foods. In addition, also educate with current staff or outside assistance in preventing obesity.

Note:

Entertainment Books are now available. You can purchase them at the Lemay or High Ridge office. They make a nice gift especially for that hard to buy person. Make sure you get yours before we run out.

Volunteer Positions are Available

For more information in becoming a VOLUNTEER, please contact:
Ted West (South County) or
Mary Hettenhausen (High Ridge)



**Bringing Fashion to Action
2013 Fall/Holiday Fashion Show Luncheon**

To benefit Feed My People

Saturday, November 9, 2013

Fashion Show/Luncheon: 11:30 am

Pop-Up Boutique: Following Show

With a special presentation of the John & Carol DeGuire Humanitarian Award

at St. Matthias Catholic Church

796 Buckley Road, St. Louis, MO 63125

Table of 10: \$250 or \$25/person



Sponsorship opportunities available. Sponsorships are a crucial part of the success of our events and we have sponsorships available for our exciting fall fashion show. This is a great way to increase your business profile within the community. A sponsorship can create a lasting impression on consumers.

For more information on sponsorships, please contact

Gail Davis, Financial Development Coordinator or Roy Wunsch at (314) 631-4900

Return this portion with payment to: Feed My People Fashion Show
Mail: 171 Kingston Dr., St. Louis, MO 63125 Fax: 314-631-7930

Payment Type (check one):

Check (made to "Feed My People")

Visa MC Disc

Card # _____

Expiration Date: _____

CVS Code: _____ Billing Zip Code: _____

Name: _____ Company: _____

Email: _____ Phone: _____

Address: _____

Reservations @ \$25 each (Tables of 10 available): _____

Amount Enclosed: \$ _____



Thrifty Hanger

Just to remind everyone that our Thrift Store is also open to the public! We accept MasterCard, Visa and Discover. There are great values to be found!

In Memoriam

To honor those we dearly miss:

Joan Wentzel – May 2, 2013 - High Ridge

Joan will always hold a special place in our hearts and will always be a part of our Feed My People family.

2013 Christmas Programs

Our Adopt-A-Family Christmas Basket Program includes canned goods, non-perishable groceries, miscellaneous items and a grocery gift certificate which can be purchased here (to purchase perishable items such as meats, vegetables and dairy products). As a donor of this program, you will be assigned a specific family or families you would like to help this holiday season. A letter will be sent to you with family information and a date/location for drop-off (please check location best for you), and your adopted family will pick them up the next day. This year we have more multi-generational families in one home and elderly individuals. We have set our goal high this year because we have more families in need than ever before. Will you help us bring joy to a family in need this Christmas season?

Giving Tree is a simple program that centers on the "Tree of Giving". Individuals purchase new "gifts" such as toys, games, clothing or what YOU would like to buy for someone else in this Christmas season. We have all ages from newborn to elderly and every size and likes imaginable. Gifts are delivered to either office of Feed My People after the Thanksgiving Holiday to be sorted and when we have enough gift items we open the "Giving Tree Room" to our clients to choose from the new and unwrapped gifts that best will suit their family members. This program also, needs volunteers, so if you have extra time, please call our Volunteer Office to schedule a date so you can give your gift of time!

Please fill out the form and return to us to participate in either program

Please Return no later than November 18, 2013

Mail to: Feed My People – Adopt-A-Family Program or Giving Tree Program
171 Kingston Drive Fax (314)631-7930
St. Louis, MO 63125

Check which program you would like to participate in and more information will be sent to you.

Adopt-A-Family Giving Tree

Please Print

Name _____ Address _____

City/State/Zip _____ Fax # _____

E-mail _____

Contact Person & Ph. # (if group, church or organization) _____

Please indicate what size family/families you would like to help for Adopt-A-Family only

Please indicate what you would prefer on these statements:

The size family/families you would like to help: Any size 1 to 4 people 5 or more

I would like to give food only

I would like to give gifts & food

I would like to adopt one elderly person

I would like to help a multi-generational family

Total Number of Families

Drop-off site preference:

St. Matthias Hall, South County

Knights of Columbus, House Springs



Memorials

Harold Bartz
Shirley Beeson
Shiley Belko
Lois Birrittieri
Arthur Bodine
Helen Brommer
Michelle (Eaton) Brummett
Brad Carson
Allen Christmann
Neal Cook
John H. Daerda, Jr.
Bea Davidson
Mary K. Davis
Betty Ellinger
Russ & Sherry Fink
Mary Ann Frank
Judy H. Fulkks
Betty Furrer
Joseph J. "Bud" Goellner
Ray & Dorothy Goodhart
Richard & Rosemary Hagarty
Edward & Norma Huxhold
Gary Imo
Audrey G. Johnson
Irene Krieg
Herbert G. Laudel
Gertrude Lohman
Gus & Sophie Lohman
Fred Mallon
Robert & Virginia May
Eugene Mogab

James K. & Joan N. Monteith
Jean Murphy
Evelyn Nienhaus
John O'Donnell
Verdon & Ida Dean-Payne
Herbert George Peth
Herman Pollien, Jr.
Paul Reichert
George Rensch
Rosemary Reyring
Ernest Robbins
Judith Roesch
Judy Sanders
Ed & Rose Schenk
Richard J. Scweppe
John Sieber
Phyllis Siemens
Maxine Smith
Gene Snider
Ray Spehr
Shawn Spiros
Mark Stratmann
Les Sterwart
Richard Joseph Sykora
Stan Szykowski
Helene Temme
Randy Thompson
Henry & Rose Von Rohr
Berry Jo Wagoner
Marcella Walter
Bill Weible
Dottie West – Best Friend
Deloris Weston

Tributes

Rich & Anita Behnke
50th Anniversary
Dr. Paul & Marilyn Bles
45th Anniversary
Ken Herrick
80th Birthday
Michele Highley
Larry & Betty Hood
Anniversary
Dorothy Lauman
90th Birthday
Richard Lohman
Birthday & Father's Day
Sherry Moschner
60th Birthday
John & Donita Overmann
50th Anniversary

Angela Remes
100th Birthday
Frank & Pat Schmer
50th Anniversary
Mr. & Mrs. Mike Sippel
Wedding
St. Johns EUCC
175 Years!
Evelyn Stolz
90th Birthday
Ginny White
Birthday
Fred Wolff
Birthday
Karen Wolff
Birthday

Manna Messenger Via E-Mail

If you're interested in getting the Manna Messenger by email, it will help us save postage and printing costs. Send your email address to ginny_macrum@feed-my-people.com.

Thanks to everyone who has responded so far!

Memorial / Tribute Program

Enclosed is my gift of \$ _____

In Memory of (Name) _____

In Honor of (Name) _____

(In Honor of Occasion) _____

Please send Name _____

Notifications to: Address _____

City/State/Zip _____

From: Name _____

Address _____

City/State/Zip _____

Phone: _____

I want to help hungry people in this area and to make a difference.

Enclosed is my donation of:

\$25 \$50 \$100 \$200 \$500 Other _____

- I am interested in volunteering at one of your two offices. Please send me information.
- I am interested in information adding Feed My People to my will/estate planning.
- I would like to make a monthly pledge of \$ _____. Please send a year's supply of return envelopes.
- Please send me information about how I can make automatic monthly donations.
- My group would like information on Feed My People and hunger in this area. Please call me at _____.